

Prayer Corner



Mary, Our Lady of Kiev, Mother of God, We ask you to intercede for the people of Ukraine, For their government, and all who suffer as a result of war. Be with them as you stood beside your Son, Suffering on the Cross at Calvary. Give them strength and courage through faith, hope and justice. May we, in our turn, Support them through prayer and generosity that human lives may be saved, that the injured may be healed, that the dead may rest in peace, that there will

be peace after war. Amen.

Prayer for Our Parish

Loving God, you gather us as your people and have formed us into a community of faith, hope and love; a priestly, prophetic and kingly people. Humbly we ask you, make our parish a place of love and peace. Help us to turn away from sin and believe the Gospel, so that we may be faithful disciples of Jesus Christ, and to be more like Him day by day. Guide our parish leaders with your wisdom and love. Inspire all our parishioners to offer our time, talents and treasures as stewards of the Gospel, for the growth of your Kingdom. May the Holy Spirit enlighten and invigorate us to actively participate in the mission you entrusted to us, so that we may be a worshipping, witnessing, evangelising and serving community. We ask this through Christ, our Lord. Amen.

Prayer for the anxious of heart

Dear God, I come before You to lay my panic and anxiety at Your feet. When I'm crushed by my fears and worries, remind me of Your power and Your grace. Fill me with Your peace as I trust in You and You alone. I know I can't beat this on my own, but I also know that I have

We pray for the sick of our parish both at home and in hospital, for those who have died, Judy Perks, Brian Tanswell, Sue Forder, Ann Orchard and all those whose anniversaries of death are at this time in particular: David Peter Motuzzi, Merriel Cotterel, Jenny Adams and those whose names are known only to God.



PARISH OF OUR LADY QUEEN OF MARTYRS

101 Belmont Rd, Hereford, HR2 7JR.

Parish Priest: Rev Andrew Berry OSB

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Safeguarding Reps: Jan Winter & Leigh Brazewell Email: OLQMsafeguardingrep@outlook.com	Our Lady's Catholic Primary School Headteacher: Mrs Aga Przybylska Telephone: 01432 274814
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Third Sunday in Lent Year A, 2026

Sunday 8th March 2026	Third Sunday in Lent	10.00am 6.30pm	Pro Populo Fr. Andrew's Intention
Monday 9th March 2026	Feria	9.30am	Judy Perks RIP
Tuesday 10th March 2026	Feria	9.30am	Merriel Cotterel RIP
Wednesday 11th March 2026	No Mass	No Mass	Mass at Belmont Abbey and SFX
Thursday 12th March 2026	Feria	6.00pm	Bernard and Gladys Bradshaw RIP
Friday 13th March 2026	Feria	9.30am	Holy Souls
Saturday 14th March 2026	Memoria of Our Lady	10.00am 11.00am	Exposition and confessions Mass: For Deceased members of the Wyman family

Last week's Statistics here at Our Lady's
Attendance over two Masses: 238
Plate Collection: £277.20

Sunday 15th March 2026	Fourth Sunday in Lent	10.00am	Pro Populo
		3.30pm	Mass for the Keralan Community
		6.30pm	Fr. Andrew's Intention

Stations of the Cross

Every **Friday Evening at 7.00pm** during Lent we will be saying the Stations of the Cross in remembrance of Our Lords passion and death. This is an excellent Lenten devotion and a chance to reflect on what Christ suffered for our salvation.



HOSPITAL CHAPLAIN: Fr Patrick is currently helping out on our parish in Whitehaven. If you or a loved one requires a priest to visit you in hospital, please contact Fr Andrew on the parish number, or Fr. Augustine if you are a Belmont parishioner

Safeguarding for all: The care and safeguarding of those in our community is something we all need to be aware of, and the Diocese provide safeguarding sessions tailored for those who volunteer in each of our Parishes. We are planning to hold such a session for all Our Lady's volunteers after Easter (SFX are holding their session over at Belmont in March). We'd like to have all Our Lady's volunteers get together to share good practice and look specifically at our own issues (this would include Eucharistic Ministers, Children's Liturgy & Catechists, and Youth group workers, for example), so if this is you please watch this space for further details of the session for Our Lady's - or email us on OLQMSafeguardingRep@Outlook.com if you'd like any further information, or want to put your name down in advance, thank you!

Parish Quiz Night with Cold Supper

On **Saturday 21st March at 7.00pm** in the parish hall we will be holding our parish quiz night. Entry is £10.00 per person (£5 for children) with teams of up to six players. The price also includes a delicious cold supper. Tickets available after Mass. Come along, have a great evening and enjoy each other's company.

Please pray for...

It is with deep sadness that I must inform you of the death of one of our long-standing parishioners, Catherine Simons, mother of Fr. Richard, who passed to her eternal reward on Friday 27th February. Mrs Simons was very well known to many of you and had an important place in the life of the parish. We pray for her soul and for Fr. Richard as he grieves for the death of his mum.

Walsingham Rosary for Peace: Takes place on the first Tuesday of the month in the Abbey Church. Everyone is welcome to 21, Woodfield Gardens, Belmont for tea afterwards.

Lenten Spiritual Reflection

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your heart with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.

Pope Francis



The Bible: Myth or History: A free illustrated lecture series in Biblical Archaeology with David Rohl Saturday, 14th March 2.00 - 4.00pm, Belmont Abbey Parish Centre, Free parking, Free entry. Monthly lectures on the second Saturday of each month.



'EMMAUS DISCOVER': For teenagers in Year 8 to Year 13 - The day will be an experience of monastic life, an opportunity to pray together during Lent, and a chance to get to know other young Catholics. The event is £15pp taking place at Belmont Abbey on Saturday, March 14th, 2026, 11am-6.30pm. To register for the event please scan the QR code which you'll also find on the poster in the foyer and on the