

God of mercy and compassion, of grace and reconciliation, pour out your power upon all your children in the Middle East. Let hatred be turned to love, fear to trust, despair to hope, oppression to freedom, occupation to liberation. Grant that violent encounters may be replaced by loving embraces and peace and justice be experienced by all. Amen

Gracious Mary, Mother of God and Our Lady of Kiev, we humbly ask for you to intercede for the people of Ukraine, for the people, their government, and all who suffer because of war. Be with them as you stood beside you son at Calvery. Give them strength and courage through faith, hope and justice. Grant, through your prayers, that peace may come to that troubled land. Amen

FOR THE SICK AND DECEASED OF OUR PARISH

We pray for the sick of our parish both at home, in hospital and in care homes: Joan Dykes, Ann Orchard, Teresa Gross and Barbara (Floss) Preedy, Sandi Bray, Father Paul Johnson. We pray for those who have died, Robin David, Adrian Quinn, Kathleen Keeler, Slawomir Gabrhlewicz-Gorbaslewicz (Slav) and all those whose anniversaries of death occur about this time.

PRAYERS FOR THE PARISH – Every Saturday morning (10.00am), we have Exposition and Benediction for the intentions of growing our parish and reaching out to those who need our prayers. There is an opportunity for the Sacrament of Penance (Confessions). This is followed by the Mass at 11.00am. If you cannot be there in person, join us on the live stream. (see the parish website)



If you would like a Mass to be said for your intention, there are envelopes available at the back of church for you to use. Holy Mass makes present the mystery of the Lord's death and resurrection. There is no greater prayer than the Mass, since it is the most perfect offering we can make to God. In offering Mass for a specific intention, we are asking that the fruits of Christ's redemptive power may be applied to the requested intention. The offering you make

also helps support the clergy. I will try my best to accommodate your request however, if the date given is not available, the nearest possible date will be given. Please give a contact number so that I can ring you if need be.

Spiritual Reflection

Precious Lord, I am tired, I am weak. Take my hand, Lord, and lead me home. It is human nature to desire the trappings of success but, no matter how much money we have we will not be remembered for these things when our earthly lives have ended. No! We will be remembered for our love and goodness, and these do so much more for our Lord than expensive possessions. Saint Paul tells us that we need to fight against the sins of deceit and greed and work towards a Jesus inspired life. Of course, despite our best efforts and intentions, we will inevitably fail sometimes because we are human and we sin, but we know that Jesus will always forgive us. Our Blessed Lord died for our sin and, by His death and resurrection, He guarantees us a place with Him in Heaven. So today let us promise to try put the Lord first in our lives and then thank Him for His forgiveness and glory.



PARISH OF OUR LADY QUEEN OF MARTYRS

101 Belmont Rd, Hereford, HR2 7JR
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Website: www.olgmhereford.org.uk

Hospital visits: Fr Patrick Lobo 07922 323603

Served by the monks of Belmont Abbey

Safeguarding Reps: Jan Winter & Leigh Brazewell Email: OLQMsafeguardingrep@outlook.com

Our Lady's Catholic Primary School Headteacher: Mrs Kathy Weston Telephone: 01432 274814

Parish email: hereford@rcadc.org

Charity number 242380

YR C - 20th July 25

16th Sunday in Ordinary		10:00am	Pat Staton RIP
Time		6.30pm	Pro Populo
Monday, 21st July	Feria	9.30am	For Family
Tuesday, 22nd July	St Mary Magdalene	9.30am	Pro Populo
Wed, 23rd July	No Mass	No Mass	Mass at Belmont Abbey & SFX
Thurs 24th July	Feria	6.30pm	Holy Souls
Friday, 25th July	No Mass	No Mass	Mass at Belmont Abbey & SFX
Saturday, 26th July	Saints Joachim and Anne.	10-10.50am	Adoration and Confessions
		11:00am	Souls of Priests and Religious in Purgatory
17th Sunday in Ordinary Time		10:00am	Val Woods RIP
		6.30pm	Pro Populo

PLEASE NOTE THAT THERE WILL BE NO MASS HERE AT OUR LADY'S ON FRIDAY 25TH.

Longworth Catholic Chapel



We are very fortunate and grateful that His Grace Archbishop Mark O'Toole will be coming to celebrate Holy Mass in Longworth Chapel on Thursday 24th July at 11.00 am. The Chapel is on the road leading to St. Michael's Hospice, Bartestree. All are welcome

Contact: desmondkeohane@gmail.com for further

information



Saints of the Week:

Joachim and Anne

"Joachim" and "Anne" are traditionally the names given to the parents of the Blessed Virgin Mary. Although not mentioned in the authorised scriptures they are mentioned in the Proto-Evangelium of James, a second century gospel which tells of the birth of Mary, her upbringing and subsequent marriage to Joseph. Although not part of the official writings and teaching of the Church, it provides us with an insight in how the early church viewed Mary and the later traditions that grew up around her. The strong character of Mary in making decisions, her continuous

practice of prayer, her devotion to the laws of her faith, her steadiness at moments of Crisis, and her devotion to her relatives—all indicate a Close-knit, loving family that looked forward to the next generation even while retaining the best of the past. Joachim and Anne—whether these are their real names or not—represent that entire quiet series of generations who faithfully perform their duties, practice their faith, and establish an atmosphere for the Coming of the Messiah, but remain obscure.

Saints Joachim and Anne are the Patron Saints of: Grandparents Saint Anne is the Patron Saint of: Mothers, Women in Labour



Last week's parish shared table event was a roaring success, a very enjoyable time was had by all and it really did help to bring us together as a parish family. A massive thank you to all those who helped arrange the event, especially Denise and her team who made some delicious food to go alongside that which others had brought, I can personally vouch for the black puddings all the way from

Bolton[©]. Well done everyone, it shows what we can do when we pull together as a parish.

Baptism

We welcome into God's family Beau Albie Templeton who will be baptised on Sunday here at Our Lady's. We warmly welcome Beau into God's Holy Church and pray that God will bless him and his family.





Altar servers form a very important role in making sure that the sacred liturgy is celebrated properly and with dignity and I am grateful to our serving team for all their hard work. However, we urgently need more altar servers to assist at God's holy altar If there are any children or indeed adults who have received their first Holy Communion who would like to become a server please have a word with Fr. Andrew or Chris Moore. I am also planning on

having regular training sessions for the altar servers so please look out for details.

Collection at Our Lady's for Week Ending 13th July

Last week's Statistics

Attendance: 95

Plate Collection: £221.96 Second Collection for Sea Sunday: £91.30

Sick and Housebound

If you are sick or housebound and would appreciate a visit, then please let me know. Don't assume that I do already the chances are that I am in blissful ignorance. This also applies to those who are in a care home.