



FOR IMMEDIATE RELEASE

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Walker-Cox brings counseling skills, experience to The Clinic

ADA – Jennifer Walker-Cox, LMHP, LPC-S, is bringing her counseling skills and experience to The Clinic’s Behavioral Health team.

Walker-Cox is a familiar face to many people. She comes to The Clinic from East Central University, where she spent the past decade serving as director of the ECU Counseling Center.

“I fell in love with Psychology in college and became interested in trying to decrease stigma around mental health,” Walker-Cox said. “It’s a privilege to witness my clients’ courage as they engage in the challenging work of therapy and creating meaningful change.”

Walker-Cox earned a Bachelor of Science degree in Psychology and a Master of Science degree in Psychological Services from ECU. Before returning to lead its counseling center, she worked at Mental Health Services of Southern Oklahoma in Ada, Providence of Oklahoma in Ada, and later Multi-County Counseling with offices in Ada, Lawton, Purcell, and Wewoka.

As a Licensed Mental Health Professional, Walker-Cox offers her patients a full range of counseling services including, but not limited to, individual therapy, family therapy, cognitive behavioral therapy, trauma therapy, and suicide prevention.

“I’ve always been interested in helping people and I’m very passionate about mental health,” Walker-Cox said. “I’m excited about becoming a provider with The Clinic. My goal is to provide a safe and supportive space to help individuals understand themselves, discover their strengths, and develop skills to help them navigate challenges and build healthier patterns of thinking and behavior.”

To schedule an appointment with Walker-Cox, or any of The Clinic’s Behavioral Health counselors, please call (580) 436-5111.

The Clinic @ Central Oklahoma Family Medical Center, or “The Clinic,” is a Federally Qualified Health Center (FQHC) meeting a stringent set of requirements, including care services on a sliding-fee scale based on federal poverty guidelines. Governed by a board of directors, including patient directors, The Clinic remains thoroughly invested in the needs of patients and its service areas. The Clinic currently operates in four Oklahoma communities – Konawa, Ada, Stratford, and Seminole. To learn more about The Clinic, The Women’s Clinic and The Kids Clinic, please visit www.cofmc.com.