



FOR IMMEDIATE RELEASE

Date: Friday, August 14, 2026

Contact: mark.bratcher@cofmc.org

The Women's Clinic welcomes new doctor, midwife to team

ADA – The Women's Clinic is pleased to welcome Dr. Bidhya Pandey and Jenilee Skidmore, APRN-CNM, to its team of women's health providers.

Pandey, MD, comes to The Women's Clinic from Mount Sinai Hospital in Chicago, where she spent the past four years. Pandey specializes in Obstetrics and Gynecology and will provide a full range of women's care, including laparoscopies, hysteroscopies, prenatal and postnatal care, Pap smear screenings, birth control planning, minimally invasive surgery, and more.

"Caring for women through every stage of life is more than my profession, it's a privilege," Pandey said. "I believe every patient deserves to feel heard, respected, and genuinely cared for."

Skidmore, an Advanced Practice Registered Nurse and Certified Nurse Midwife, will provide labor and delivery support in addition to prenatal and postpartum care, breastfeeding support, STI testing and treatment, contraception management, family planning, genetic screenings, pregnancy tests, reproduction health counseling, and more.

"As a midwife, I believe that pregnancy and birth are profound, natural life events," Skidmore said. "My approach centers on partnership, education, and support through holistic, evidence-based care. It is truly an honor and privilege to serve patients and their families."

Both providers also perform routine wellness exams. To schedule an appointment, please call (580) 332-8855.

The Clinic @ Central Oklahoma Family Medical Center, or "The Clinic," is a Federally Qualified Health Center (FQHC) meeting a stringent set of requirements, including care services on a sliding-fee scale based on federal poverty guidelines. Governed by a board of directors, including patient directors, The Clinic remains thoroughly invested in the needs of patients and its service areas. The Clinic currently operates in five Oklahoma communities – Konawa, Ada, Stratford, Seminole, and Holdenville. To learn more about The Clinic, The Women's Clinic, The Kids Clinic, and The Pharmacy, please visit www.cofmc.com.