



FOR IMMEDIATE RELEASE

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Denson joins The Clinic as primary care physician

ADA – The Clinic has added Kent Denson, M.D., as a primary care physician at its Colony B location. Denson treats common conditions such as high blood pressure, diabetes, and chronic obstructive pulmonary disease, with an emphasis on preventive care.

“I would like to help my patients prevent disease before it begins, instead of waiting until after the disease is diagnosed and then managing it,” Denson said, reflecting a core principle of The Clinic’s approach to keeping people healthy and out of the hospital.

Denson, a graduate of the University of Oklahoma College of Medicine, joins The Clinic after 20 years of experience at the Logan County Medical Center in Guthrie and the Chickasaw Nation Medical Center in Ada.

“I went into the field of health care because I’ve always had an interest in science, specifically anatomy and physiology,” Denson said. “I have also always admired a couple of local doctors, Charles Mettry and Tom Ahrend.”

Denson, a Chickasaw citizen, is a native of Wapanucka. His wife, Cari, is a pharmacist in Ada. They have two daughters, the oldest attending Oklahoma State University and the youngest now a junior at Ada High School. As a family they raise Spanish goats on their ranch. Denson also enjoys working in his vegetable garden.

Living and working in a rural area underscores Denson’s desire to treat patients living outside metropolitan settings who need the same quality care options as their big city neighbors.

“Our patients lead busy lives and need quick, accessible care to remain healthy,” Denson said. “Traveling long distances to receive that care is often a barrier that many cannot overcome.”

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Denson said he thinks The Clinic is doing a “great job” of providing quality health care to its rural patient population and that he appreciates the way the patient’s needs are always first.

“It is evident that The Clinic team works hard to provide a healthy work atmosphere, which in turn allows the medical teams to deliver quality care to our patients,” Denson said. “It has been a great experience. Good health care doesn’t have to be expensive. A little education goes a long way and resources are more available to The Clinic’s patients than ever before.”

Forming lifelong relationships with his patients is important to Denson. He said his goal as a primary care physician is to provide them with the best medical care so that he can increase the overall quality of their lives. As a doctor, he also values his spiritual beliefs.

“I realize that I am not in control,” Denson said. “As a person of faith, and through years of medical experience, I have come to realize that life and healing aren’t mine to give. My job is to care for the patient to the best of my ability and He will do the rest.”

To schedule an appointment with Denson, call The Clinic at 580-436-5111.

The Clinic @ Central Oklahoma Family Medical Center, or “The Clinic,” is a Federally Qualified Health Center (FQHC) meeting a stringent set of requirements, including care services on a sliding-fee scale based on federal poverty guidelines. Governed by a board of directors, including patient directors, The Clinic remains thoroughly invested in the needs of patients and its service areas. The Clinic currently operates in four Oklahoma communities – Konawa, Ada, Stratford, and Seminole. To learn more about The Clinic, The Women’s Clinic and The Kids Clinic, please visit www.cofmc.com.