



## What is ADHD?

Attention-Deficit/Hyperactivity Disorder (ADHD) is a condition that affects how a child focuses, controls their behavior, and manages their energy.

## Children with ADHD may:

- Have trouble paying attention or staying focused
- Be very active or have difficulty sitting still
- Act quickly without thinking (impulsive behavior)

ADHD is something children are born with; it is not caused by parenting. It can look different in every child. Some may struggle with attention, while others may be more active or impulsive. With the right support, children with ADHD can do well in school, build strong relationships, and succeed in everyday life!

## When Should I Be Concerned?

Talk to your child's doctor if:

- Behaviors happen often, in multiple settings (home, school)
- Learning or relationships are affected
- Teachers or caregivers have concerns

## How to Get an Evaluation

- Talk to your pediatrician. Share concerns. Ask about ADHD.
- Request a referral to Sari Lawless of The Kids Clinic.
- Schedule a full evaluation.

## What Happens During an Evaluation?

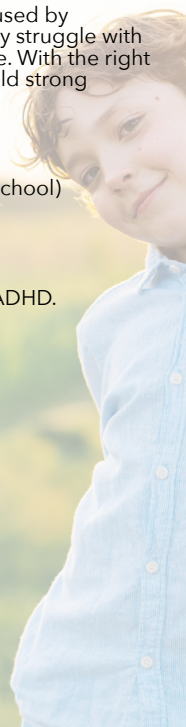
- Review of behavior and development
- Input from parents and teachers
- Rating scales and questionnaires
- Possible additional testing

## Why Early Diagnosis is Important

- Helps your child succeed in school
- Improves behavior and relationships
- Connects families to support and services

## Common Supports

- Behavioral therapy
- Parent training
- School accommodations (IEP/504 Plan)
- Medication (if recommended by your doctor)



*"Trust your instincts. You are not alone.  
Many families go through this process.  
Support is available and early steps  
can make a meaningful difference!"*

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