

RDAVR TRAINING PROGRAMME



STRUCTURE:

The Training Programme will consist in 6 Modules:

- Module 1-Introduction to Violent Radicalization and Violent Extremism in Europe
- Module 2 -Restorative Justice Theory and the Good Lives Model
- Module 3-Restorative Justice Practice
- Module 4-Community engagement
- Module 5-Resilience, Mental Health and Neurodiversity
- Module 6-Trauma Informed practice

The training programme

RDaVR training programme is a programme for a general (initial) training about Violent radicalization and Restorative Dialogue Strategies to be adopted for prevention and intervention. That means that must be flexible and applicable to different contexts and learners.



The content

"Violent radicalisation & extremism in Europe" is the first of six modules that have been created for the "Restorative Dialogue Against Violent Radicalization" project.

This introductory chapter led by the Irish partners presents an overview of the violent radicalisation and the extremism context in Europe, highlighting key challenges posed by both threats while outlining some inspiring practices regarding the issue across some European countries.

The Modules 2 and 3 describe how **Restorative Justice Theory** and **The Good Lives Model** assist

Restorative Dialogue Against Violent Radicalisation (Mod. 2) and which are the possible strategic approaches, the distinguishing elements, the characteristics, purposes and methods of implementation of the most commonly used **Practices**.



The **Community Engagement & Empowerment** module (Mod. 4) serves as an introduction to the roles communities play in the prevention of violent radicalisation and extremism, highlighting the benefits of accountability and commitment-driven efforts that allow for conversations and initiatives to be framed under a transformation and change context.



The results on the ultimate beneficiaries

The results of the pilots will be captured through feedback forms and the data presented in an evaluation report.

It is important that we evaluate the impact of the training not only on the professionals but also on the ultimate beneficiaries i.e. the offenders/ ex-offenders individuals at risk whom they support.

Therefore, pre and post intervention evaluation will be carried out in the local partner environment with a sample of people from project target group.

The evaluation of the course impact will look at to what extent it has fostered resilience across five core domains:

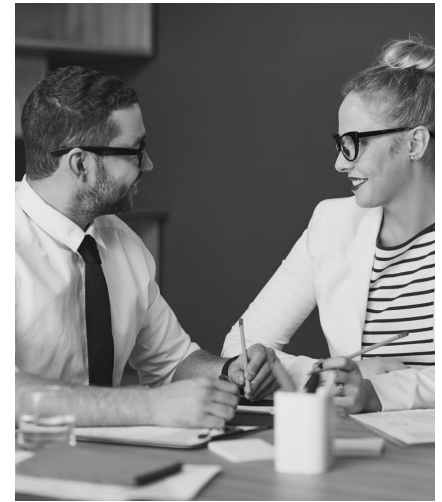
- (1) Self-concept and self-relatedness**
- (2) Emotional regulation and relating to others**
- (3) Choice and options**
- (4) Responding with resilience**
- (5) Engaged citizenship.**

The **Resilience, mental health & neurodiversity** module 5 serves as an introduction to mental health disorders, analyses of relation between neurodiversity, resilience and emotional intelligence and impact of multi-disciplinary approach to the problem.

The last Module introduces **Trauma-Informed Practice (TIP)** as a new approach for the Restorative justice and Restorative Dialogue. Module formed with a comprehensive knowledge for the trainers, to help them how to teach the individuals to strengthen their own control mechanism, emotions while respecting the physical, psychological and emotional safety of the individual, also guide them to rebuild their emotions from the beginning, if necessary, in crucial cases.

The face to face piloting

RDAVR training programme will be tested through a face to face piloting *in each involved country* (UK, Italy, Romania, Spain and Turkey) with criminal justice professionals in correction and probation services, educators and volunteers in community services.



The e-course

The training programme will be available in the form of **online course**: its structure will mirror their respective face-to-face course only digital and other online *interactive features* will also be introduced.

Here you will find out more about the e-course:

<https://rj4all.uk/online/courses/rdavr/>



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