

# September 2025

PH. 785-336-2714  
PH. 785-284-3594

Seneca Nutrition Center  
Sabetha Nutrition

| Sunday    | Monday                | Tuesday              | Wednesday           | Thursday             | Friday                           | Saturday  |
|-----------|-----------------------|----------------------|---------------------|----------------------|----------------------------------|-----------|
|           | <b>1</b>              | <b>2</b>             | <b>3</b>            | <b>4</b>             | <b>5</b>                         | <b>6</b>  |
|           | <b>CLOSED</b>         | CHICKEN RICE         | Pizza Casserole     | BAKED                | FISH SANDWICH                    |           |
|           | <b>NO BUS SERVICE</b> | CASSEROLE            | SANTA FE BLEND      | STEAK TERIYAKI       | W/ BUN                           |           |
|           | <b>NO MEALS</b>       | ROLL                 | BLUEBERRY CHEESE    | BREAD                | POTATO SALAD                     |           |
|           | <b>LABOR DAY</b>      | CARROTS& PEAS        | CAKE                | MASHED POTATOES      | Broccoli Salad w/Sunflower Seeds |           |
|           |                       | FRUIT CUP            |                     | GREEN BEANS          | APRICOTS                         |           |
|           |                       |                      |                     | PEACHES              | 2 COOKIES                        |           |
| <b>7</b>  | <b>8</b>              | <b>9</b>             | <b>10</b>           | <b>11</b>            | <b>12</b>                        | <b>13</b> |
|           | SLOPPY JOE            | BAKED TILAPA         | ITALIAN CHICKEN     | HAMBURGER ON BUN     | LASAGNA w/ NOODLES               |           |
|           | BUN                   | BREAD                | BISCUIT             | LETT, TOM, PICKLE,   | GARLIC BREADSTICK                |           |
|           | Green Beans w/Almond  | POTATO WEDGES        | SCALLOPED POTATOES  | & ONION              | LETTUCE SALAD                    |           |
|           | TRI TATORS            | BROCCOLI w/CHEESE    | COOKED CABBAGE      | POTATO WEDGES        | FRUIT COBLER                     |           |
|           | FRUIT DESSERT         | BANANA PUDDING       | BERRY PRETZEL       | BAKED BEANS          |                                  |           |
|           |                       | w/ VANILLA WAFERS    | DESSERT             | FRUIT CUP            |                                  |           |
| <b>14</b> | <b>15</b>             | <b>16</b>            | <b>17</b>           | <b>18</b>            | <b>19</b>                        | <b>20</b> |
|           | MEAT LOAF             | TACO SALAD           | BAKED BREADED POLLO | HAM & POTATO         | GOULASH                          |           |
|           | ROLL                  | CORN BREAD           | ROLL                | SOUP                 | BREAD                            |           |
|           | MASHED POTATOES       | Santa Fe Blend       | BAKED POTATO        | 1/2 SANDWICH         | CORN                             |           |
|           | GREEN BEANS           | FRESH FRUIT          | CALIFORNIA BLEND    | FRESH FRUIT          | CHOCALATE LAYERED                |           |
|           | MANDARIN ORANGES      | Refried Beans        | SPRINKLED PEARS     |                      | DESSERT                          |           |
|           |                       |                      |                     |                      | Fruit Cup                        |           |
| <b>21</b> | <b>22</b>             | <b>23</b>            | <b>24</b>           | <b>25</b>            | <b>26</b>                        | <b>27</b> |
|           | HAMBURGER VEGGIE      | CHICKEN TETRAZZINI   | ROAST BEEF          | BAKED BATTERED SHRIN | CHICKEN PATTY                    |           |
|           | SOUP                  | GARLIC BREADSTICK    | BREAD               | ROLL                 | SANDWICH BUN                     |           |
|           | CORNBREAD             | MIXED VEGETABLES     | MASHED POTATOES     | POTATOE WEDGES       | POTATO SALAD                     |           |
|           | FRUIT CRISP/w Walnu   | MANDARIN ORANGES     | WINTER MIX          | MIXED VEGETABLES     | 3 BEAN SALAD                     |           |
|           |                       | w/JELLO              | BREAD PUDDING       | BERRIES& CREAM       | TROPICAL FRUIT                   |           |
|           |                       |                      | w/ RAISINS & GLAZE  | SALAD                |                                  |           |
| <b>28</b> | <b>29</b>             | <b>30</b>            |                     |                      |                                  |           |
|           | SHEPHERDS PIE         | Sausage Egg Bake w/  |                     |                      |                                  |           |
|           | CORNBREAD             | Onions,Green Peppers |                     |                      |                                  |           |
|           | ITALIAN VEG           | Cinn. Bread          |                     |                      |                                  |           |
|           | AMBROSIA SALAD        | Hashbrowns           |                     |                      |                                  |           |
|           |                       | V8 Juice             |                     |                      |                                  |           |
|           |                       | Oranges              |                     |                      |                                  |           |

For a ride call 785-336-8011

To make or cancel reservations please call 785-336-2714 before 8:30 am