

November 2025

PH. 785-336-2714
PH. 785-284-3594

Seneca Nutrition
Sabetha Nutrition



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
Baked Taliapa ww Roll Baked Potato Harvard Beets Sprinkled Pears	Chicken Cheesy Feista Cass. w/ Lettuce Salad 8 Tortilla Chips Corn Berries and Cream Salad	BBQ Meatballs ww Bread Cheesy Hashbrowns Italian Veg. Fruit w/ Jello	Bun Mashed Potato Sauerkraut Cheesy Broccoli Cherry Surprise	Ham and Bean Soup Cornbread / Crackers Layered Salad Mandarin Oranges		
9	10	11	12	13	14	15
Spaghetti Breadstick Lettuce Salad w/ Sunflower seeds Baked Apples	Closed No Meals No Bus Veterans Day	Chicken and Rice Soup Crackers Kolache Carrots Fruit Cup	Meat Loaf Roll Baked Potato Baked Beans Pineapple Chunks	Shrimp ww Roll Mashed Potatoes Scandinavian Veg. Apricots		
16	17	18	19	20	21	22
Chicken Tetrazzini Noodles ww Bread Peas and Carrots Mandarin Oranges Cookie	Hamburger Beef Soup w/ Lima Beans Cranberry Bread Zesty Broccoli Salad Sliced Peaches Crackers	Fish Patty ww Roll Scalloped Potatoes Italian Vegetables Strawberry Shortcake	THANKSGIVING Turkey ww Bread Dressing Loaded Mashed Potato Green Beans Tropical Fruit Pumpkin Bars	Chicken Alfredo Noodles ww Roll Sliced Carrots Strawberry Bars		
23	24	25	26	27	28	29
Salisbury Steak ww Roll Mashed Potatoes California Blend Plums Brownie	Creamy Chicken / Cheddar Rice Cass. Garlic Bread Stick Sante Fe Blend Orange Creamsicle Salad	Chili Soup Cinnamon Roll Spaghetti Salad Fruit Cup	Closed No Meals No Bus Thanksgiving Day	Closed No Meals No Bus Thanksgiving		
30	NOTES: 11/17 SUNFLOWER SEEDS IN BROCC SALAD					
All Jello/Crisp are sugar free						
To call for a reservation call by 8:00 a.m.				8:30 a.m.		
To cancel a reservation call by 8:00 a.m.				8:30 a.m.		

Call For A Ride) Nemaha County Public Transit #(785)336-8011

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