

8th grade discussion questions

The Eucharist – The Mass

1. At the moment of the consecration, the Church teaches the bread and wine truly become Jesus. Why do you think God chose to come to us in something that still looks like ordinary bread and wine?
2. When you go up to receive Communion, you say “Amen,” which means “I believe.” What exactly do you think you are saying yes to in that moment?
3. The Eucharist unites us not only with Jesus but also with the entire Church. How do you think receiving Communion should affect how we treat other people?
4. Confirmation strengthens us with the Holy Spirit to live as witnesses for Christ. How do you think the Eucharist helps us actually live that mission?
5. Imagine a friend asked you: “Why do Catholics believe the bread and wine actually become Jesus?” How would you explain it to them?
6. After receiving Jesus in Communion, the Mass ends with “Go forth, the Mass is ended.” Why do you think the Church sends us out right after we receive Jesus?
7. You are about to be confirmed as an adult member of the Church. What role do you think the Eucharist should have in your life going forward?