

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2026 Six Dimensions of Wellness Key: Physical- Blue Cognitive - Red Emotional- Orange Social- Purple Spiritual- Gray Occupational- Green *** See Activities to sign Up \$\$\$- Requires Personal Funds All activities subject to changes				9:30 Dart Games (3E) 10:00 Nail Painting (1W) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Balloon Volleyball (1W) 2:00 Bingo (2E) 2:30 Charade Games (3E) 4:00 Calming Hymns (1W) 1	9:30 Sit To Be Fit (2E) 10-11:30 Pictionary Games (U) 1:30 Easy Listening Music (1W) 2:00 Music with Kathy Carr (2E) 3:00 Sensory Bins (1W) 3:30 Family TV Time (3E) 4:00 Parachute Fun (1W) 4:30 Evening Wake Up (1E) 2	9:30 Chair Dancing (1W) 10:00 January Coloring (2E) 10:30 Supported Bingo for 1W (1W) 1:30 Comedy Hour (2E) 2:00 Spa Hour (3E) 3:00 Classical Hymns (1W) 4:00-5:00 Table Talk (U) 3
New Year's Day				9:30 Dart Games (2E) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Praise Service (1W) 2:00 Bingo (2E) 3:00 Prayer Family Service (Ch) 3:30 Chaplain's Book Club (Ch) 4:00 Short Story Reading (1W) 4:30 Resident Roles: Table Setting (1W) 8	9:30 Sit To Be Fit (1E) 10-11:30 Name 5 Game (U) 11-12 Praise Service (2E/3E) 1:30 Challenge Me - Trivia (1W) 2:00 Bingo Bash (MPR) 3:00 Bible Study Life Group (Ch) 3:30 Nail Painting (1W) 4:00 Mini Golf Fun (3E) 6:00 Cookie Baking (1W) 7:00 Meditation Hour (1W) 9	9:30 Chair Dancing (1W) 10:00 Basketball Games (1E) 10:30 Supported Bingo for 1W (1W) 11:00 Moving to the Music (2E) 1:30 Poetry Pals (1W) 2:00 Wii Gaming (2E) 3:00 Classical Hymns (1E) 4:00-5:00 Table Talk (U) 10
9:45 Morning Stretch (3E) 10-11:30 Sunday News Club (U) 1:30 Soulful Sunday's Church (Ch) 2:00 Spa Hour (2E) 2:30 Mandala Coloring (1E) 3:30 Sunday Snack Cart (U) 4:00 Story Telling (1W) 4	9:30 Beach Ball Kick (2E) 10:00 Wheel of Fortune (3E) 10:30 Bible Study with Dave E (2E) 1:30 Making Music (2E) 2:00 Music With Brian B (3E) 2:30 Comedy Hour (1W) 3:30 Resident Roles: Laundry (1W) 4:00-5:00 Gratitude Conversations (U) 5	9:30 Balloon Volleyball (1E) 10-11:30 Color By Number (U) 2:00 Tasty Tuesday's Snack Cart (U) 2:00 Bingo (3E) 3:30 Pet Videos and Reminisce (1W) 4:00 Guided Meditation (2E) 4:30 Table Talk (U) 6	9:30 Seated Yoga (1W) 10:00 Catholic Mass on the IN2L (1W) 10:10 Praying the Rosary (Ch) 10:30 Catholic Mass (Ch) 11:00 Hair Braiding (2E) 2:00 Wheel of Fortune (3E) 2:30 Winter Craft (2E) 3:30 Book Club (3E) 4:00 Reminisce Round Up: Recipes (1W) 7	9:30 Dart Games (2E) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Praise Service (1W) 2:00 Bingo (2E) 3:00 Prayer Family Service (Ch) 3:30 Chaplain's Book Club (Ch) 4:00 Short Story Reading (1W) 4:30 Resident Roles: Table Setting (1W) 8	9:30 Sit To Be Fit (1E) 10-11:30 Name 5 Game (U) 11-12 Praise Service (2E/3E) 1:30 Challenge Me - Trivia (1W) 2:00 Bingo Bash (MPR) 3:00 Bible Study Life Group (Ch) 3:30 Nail Painting (1W) 4:00 Mini Golf Fun (3E) 6:00 Cookie Baking (1W) 7:00 Meditation Hour (1W) 9	9:30 Chair Dancing (1W) 10:00 Basketball Games (1E) 10:30 Supported Bingo for 1W (1W) 11:00 Moving to the Music (2E) 1:30 Poetry Pals (1W) 2:00 Wii Gaming (2E) 3:00 Classical Hymns (1E) 4:00-5:00 Table Talk (U) 10
9:45 Morning Stretch (2E) 10-11:30 Sunday News Club (U) 1:30 Soulful Sunday's Church (Ch) 2:00 Epiphany Retreat (Ch) 2:00 Spa Hour (2E) 2:30 Mandala Coloring (3E) 3:30 Sunday Snack Cart (U) 4:00 Story Telling (1W) 11	9:30 Beach Ball Kick (1E) 10:00 Favorite Board Games (2E) 10:30 Dance Circle with Thaddeus (1W) 1:30 Religious Music on the IN2L (1W) 2:00 Bingo (3E) 3:00 Sing -A-Long Music (1W) 4:00-5:00 Gratitude Conversations (U) 6:00 Resident Roles: Cookie Baking (2E) 7:00 Calming Coloring (1W) 12	9:30 Balloon Volleyball (1W) 10-11:30 Puzzle Fun (U) 1:30 Chair Exercise (1E) 2:00 Tasty Tuesday's Dessert Cart (U) 2:30 Favorite Movies (1W) 3:30 Riddle Me This (2E) 4:00 Guided Meditation (3E) 4:30 Table Talk (U) 13	9:30 Seated Yoga (3E) 10:00 Catholic Mass on the IN2L (1W) 10:10 Praying the Rosary (Ch) 10:30 Catholic Mass (Ch) 2:00 Bingo (2E) 2:30 Winter Craft (3E) 3:30 Book Club (2E) 4:00 Reminisce Round Up: Pets (1W) 14	9:30 Dart Games (1E) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Praise Service (1W) 2:00 Music with Brian B (2E) 2:30 A-Maze-ing Puzzles (3E) 3:00 Prayer Family Service (Ch) 3:00 Sensory Bin Fun (1W) 3:30 Praying the Newspaper (Ch) 4:00 Calming Music and Scenery (1W) 15	9:30 Sit To Be Fit (1W) 10:30 Music With Cindy Sue (1W) 11-12 Praise Service (2E/3E) 1:30 Dot to Dot Fun (1W) 2:00 Name that Tune (3E) 2:30 Hair Braiding (1W) 3:00 Bible Study Life Group (Ch) 3:30 Family TV Time (1E) 4:00 Challenge Me - Dart Games (2E) 16	9:30 Chair Dancing (1W) 10:30 Supported Bingo for 1W (1W) 11:00 Moving to the Music (3E) 2:00 Spa Hour (1E) 3:00 Classical Hymns (2E) 3:30 Animal Caretaking (1W) 4:00-5:00 Table Talk (U) 17
9:45 Morning Stretch (1E) 10-11:30 Sunday News Club (U) 1:30 Soulful Sunday's Church (Ch) 2:00 Rev. Dr. Martin L King Jr. Prayer Retreat (Ch) 2:30 Mandala Coloring (2E) 3:30 Sunday Snack Cart (U) 4:00 Story Telling (1W) 18	9:30 Beach Ball Kick (1W) 10:30 Bible Study with Dave E (2E) 10:30 Learning About MLK Jr (3E) 11:15 MLK Coloring Pages (1E/1W) 1:30 Learning About MLK Jr (2E) 2:00 Challenge Me- Brain Games (3E) 3:30 Favorite Card Games (1W) 4:00-5:00 Gratitude Conversations (U) 19	9:30 Balloon Volleyball (3E) 10-11:30 Art Therapy- Watercolors (U) 1:30 Chair Exercise (2E) 2:00 Tasty Tuesday's Snack Cart (U) 2:30 Calming Sounds and Smells (1W) 3:30 Riddle Me This (3E) 4:00 Guided Meditation (1E) 4:30 Table Talk (U) 20	9:30 Seated Yoga (2E) 10:00 Catholic Mass on the IN2L (1W) 10:10 Praying the Rosary (Ch) 10:30 Catholic Mass (Ch) 12:00 Take Out Lunch *** \$\$ (MPR) 2:00 Bingo (3E) 2:30 Winter Craft (1E) 3:30 Book Club (3E) 4:00 Reminisce Round Up: Occupations (1W) 21	9:30 Dart Games (1W) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Praise Service (1W) 2:00 Bingo (2E) 3:00 Prayer Family Service (Ch) 3:00 Bracelet Making (3E) 3:30 Praying the Psalms (Ch) 4:00 Pet Videos on the IN2L (1W) 4:30 Resident Roles: Table Setting (1W) 22	9:30 Sit To Be Fit (3E) 10:00 Shopping Outing (Dollar General) *** \$\$ 11-12 Praise Service (2E/3E) 2:00 Music with Brian B (1W) 2:30 A-Maze-ing Puzzles (2E) 3:00 Bible Study Life Group (Ch) 3:30 Family TV Time (3E) 4:00 Bean Bag Toss (1E) 6:00 Cookie Baking (2E) 7:00 Functional Kit Fun (1W) 23	9:30 Chair Dancing (1W) 10:30 Supported Bingo for 1W (1W) 11:00 Moving to the Music (1E) 1:30 Poetry Pals (2E) 2:00 Wii Gaming (2E) 3:00 Classical Hymns (3E) 4:00-5:00 Table Talk (U) 24
Martin Luther King Jr. Day				9:30 Dart Games (3E) 10:00 Mandal Coloring (2E) 10:30 -11:30 Coffee and Chat Club (U) 1:30 Praise Service (1W) 2:00 Bingo (2E) 2:30 Parachute Fun (1W) 3:30 Bracelet Making (1E) 4:30 Calming Music and Scenery (1W) 29	9:30 Sit To Be Fit (2E) 10-11:30 Wheel of Fortune (U) 11-12 Praise Service (2E/3E) 2:00 Bingo Bash (MPR) 3:00 Bible Study Life Group (Ch) 3:30 Family TV Time (2E) 4:00 Challenge Me - Basketball (1W) 30	9:30 Chair Dancing (1W) 10:30 Supported Bingo for 1W (1W) 11:00 Moving to the Music (2E) 1:30 Poetry Pals (3E) 2:00-3:30 Color By Number (U) 3:30 "Tell Me The Stories OF Jesus" (Ch) 4:00-5:00 Table Talk (U) 31
National Story Telling Day						