# Theo 101, Session #13: How to Pray the Rosary The University of St. Francis

#### HOW TO PRAY THE HOLY ROSARY

- 1. Make *The Sign of the Cross* and pray *The Apostles' Creed*.
- 2. Pray the *Our Father*.
- 3. Pray three *Hail Marys* and the *Glory Be*.
- 4. Announce the first mystery. Pray the *Our Father*.
- 5. Pray 10 Hail Marys, Glory Be, and the Fatima Prayer.
- 6. Announce the first mystery. Pray the *Our Father*.
- 7. Pray 10 Hail Marys, Glory Be, and the Fatima Prayer.
- 8. Announce the first mystery. Pray the *Our Father*.
- 9. Pray 10 Hail Marys, Glory Be, and the Fatima Prayer.
- 10. Announce the first mystery. Pray the Our Father.
- 11. Pray 10 Hail Marys, Glory Be, and the Fatima Prayer.
- 12. Announce the first mystery. Pray the *Our Father*.
- 13. Pray 10 Hail Marys, Glory Be, and the Fatima Prayer.
- 14. Pray the Hail Holy Queen.



### **Joyful Mysteries** (Mondays & Saturdays)

- 1. The Annunciation.
- 2. The Visitation.
- 3. The Birth of our Lord.
- 4. The Presentation of our Lord.
- 5. The Finding of Jesus in the Temple.

#### **Luminous Mysteries** (Thursdays)

- 1. The Baptism of Christ in the Jordan.
- 2. The Wedding at Cana.
- 3. The Proclamation of the Kingdom of God.
- 4. The Transfiguration of Jesus.
- 5. The Institution of the Eucharist.
- **Sorrowful Mysteries** (Tuesdays & Fridays)



- 1. The Agony in the Garden.
- 2. The Scourging at the Pillar.
- 3. The Crowning of Thorns.
- 4. The Way of the Cross.
- 5. The Crucifixion.

## Glorious Mysteries (Wednesdays & Sundays)

- 1. The Resurrection of our Lord.
- The Ascension of our Lord to Heaven.
- 3. The Descent of the Holy Spirit.
- 4. The Assumption of Mary into Heaven.
- 5. The Coronation of Mary as Queen of Heaven.