

SEASONS OF HOPE

Mission

A Catholic program that focuses on the spiritual aspects of grieving the death of a loved one. The program's mission is to help people:

- Share in God's love
- Find healing and spiritual growth
- Find friends in Christ
- Figure out the meaning of their grief
- Get on with life
- Accept the roller coaster ride of grief
- Feel comforted
- Strengthen their faith

What Does Your Committee Provide

- A bereavement program designed to help loved ones navigate the grieving process
- Four Seasons per year, each made up of Six-week sessions per season
- Weekly sessions present a faith-based topic and include Scripture, discussion, and prayer
- Fellowship with others who are also grieving the loss of a loved one

Who Is Your Target Audience For Participants

Anyone grieving the loss of a loved one, no matter how long the loss has been, or the relationship to the individual

Who Is Your Target Audience For Volunteers

Any caring adult who is familiar with the grief process and wants to be involved

What Are The Ministry's Greatest Needs

To keep getting the word out about SOH! We're here not only for our parishioners at St. Joseph but also surrounding parishes and the community as a whole

How To Get Involved

Register by calling one of the SOH facilitators or just by showing up!

Ministry Point Person

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