



HbA1c Screening

Measurement for Prediabetes
and Diabetes



What does the HbA1c Screening measure?*

The A1c test shows the average blood sugar level over the past 3 months and it checks how much sugar is stuck to the hemoglobin in the red blood cells. Red blood cells live about 3 months, which helps offer a broader picture of the participant's prediabetes and diabetes risk.



How does CHA conduct the HbA1c Screening?

CHA conducts the HbA1c screening using the finger stick method.



Who should participate in the HbA1c Screening?

It is recommended for someone over 45 years old, someone who is overweight, and someone who has any other risk factor for prediabetes and type 2 diabetes.

*Check out the next page for more information.



How are results measured?

The ranges are as follows: Normal (below 5.7%), Prediabetes (5.7% to 6.4%), and Diabetes (6.5% and higher).

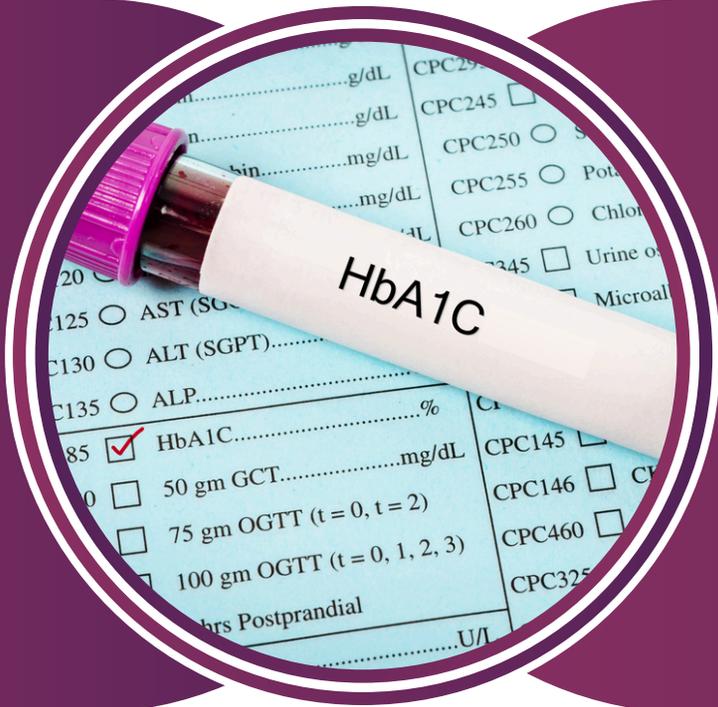


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Risk Factors*

Who & Why should someone
participate in a HbA1c Screening?



Who should participate in the HbA1c Screening?

CHA recommends these criteria to determine if a participant should get the A1c Screening:

1. 45 years or older
2. 30 years or older **and** Overweight/Obese[^]
3. A current or previous glucose or HbA1c score in the borderline or high risk range
4. Immediate family history of Diabetes



[^]What qualifies as "Overweight/Obese"?

When two or more body measurements and/or body calculations are within the borderline or high-risk categories, the participant qualifies for the screening.



Clients can choose which criteria they want to apply to their event(s).

The client can choose any of the risk factors listed above as qualifiers to screen participants and determine who will receive the HbA1c test.

The estimated, minimum and pack numbers are dependent on which criteria you select for your event(s).



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