

St. Paul Parish est. M 1876 + St. James Parish est. 1888 + St. Philip Parish est. 1910

Rev. Mario P. Farana, Pastor

Noe Valley Parishes

St. Paul's Catholic Church

Liturgy Schedule

Saturday: 4:30 p.m. Vigil Mass

Sunday: 8:00 and 9:15 a.m.

Coffee & Donuts following 9:15 Mass

Holy Days: 8:30 a.m. and 6:00 p.m.

Daily Mass and Devotions

Monday through Friday, 8:30 a.m. in the Chapel

The Sacrament of Reconciliation

Saturday 3:30 - 4:15 p.m. or by appointment

Parish Office and Rectory

221 Valley Street, San Francisco, CA 94131

Telephone: 415 - 648 - 7538

www.stpaulsf.org

lmiller@stpaulsf.org

Parish Secretary: Laurie Miller

Liturgical Schedule & Bulletin Editor: Joan Strachan

RCIA Program: Terri Brady and Deacon Bill McLoughlin

Music Ministry: Joseph Duggan, Director & Cantor

Diane Costa, Pianist

Parish Worship and Religious Education:

Dorothy Vigna, Director

religiouseducation@stpaulsf.org

Grades Kindergarten through 8th Grade

Saturdays: 9:00 - 11:00 a.m.

September - May

Confirmation Preparation for High School Teens

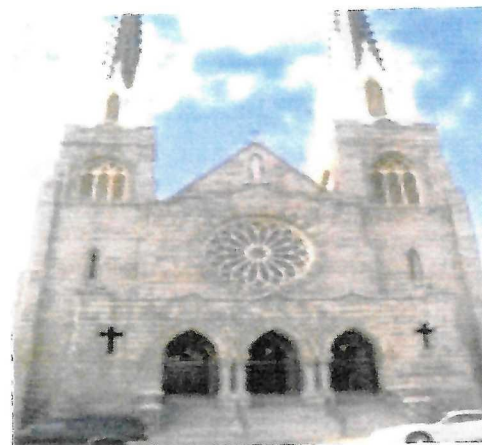
Tuesdays 7:00 - 8:30 p.m. in Chapel

Baptismal Catechesis Class - by appointment only

English on the first Wednesday of the month

Rite of Christian Initiation of Adults, program runs September through May

Marriage Preparation, contact Fr. Mario Farana at least six (6) months in advance



**Rev. Mario P. Farana,
Pastor**

Rev. James Liebner, SVD

Parochial Vicar
In Residence, St. Philip's

Deacon Bill McLoughlin

Rev. Ulysses D'Aquila,

In Residence St. James

Rev. H. Brendan McBride,

In Residence St. Philip's

Littlest Angel Preparatory Preschool

Tina Baluyut, Director

415 - 824 - 5437

tina@littlestangelpreschool.com

+ **Follow the Yellow Brick Road** +

St. Paul's Elementary School

Kindergarten through Eighth-Grade

Ms. Jacqueline Curran, Principal

415-648-2055 or jcurran@stpaulsf.net

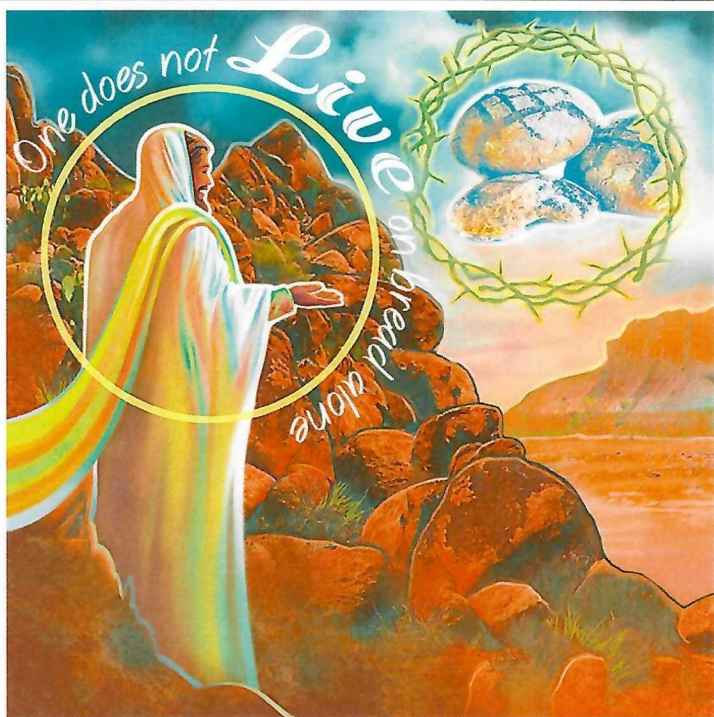
www.stpaulschool.org

St. Paul's: Yesterday, Today, and Tomorrow + serving Noe Valley over 140 years

February 26th First Sunday in Lent

WHO WE ARE AND WHOSE WE ARE

The Lenten season is a fresh invitation to explore again who God is, who we are, and what it means to be human. We begin by hearing the tragic story of the first humans in the book of Genesis. As Paul describes in Romans, our struggles started when our ancestors broke the bond of unity with God, sought self-sufficiency, and grew apart from their true purpose and identity. In Matthew's Gospel, we see how Jesus resists the lure of living outside of unity with God. Jesus rejects false promises of possessions, power, and status. Instead, he puts his life in his Father's hands. As our model for living as a fully human person, Jesus demonstrates that we are created to live in relationship with and trust in God, and in harmony with and for all of creation.



READINGS FOR THE WEEK

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15;
Mt 25:31-46
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19;
Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8;
Mt 7:7-12
Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8;
Mt 5:43-48
Sunday: Gn 12:1-4a; Ps 33:4-5, 18-20, 22;
2 Tm 1:8b-10; Mt 17:1-9

CATHOLIC PRAYER CORNER

Prayer during Lent

Holy God,
now is the acceptable time to return to you.
As we walk the path of these forty days,
may we turn away from sin
and embrace a life of goodness and truth.
Strengthen us on our Lenten journey
and keep us focused on the cross and resurrection
of your Son, our Savior and Redeemer.
He is Lord forever and ever. Amen.

February 26th First Sunday in Lent

May every human person,
from conception to natural death,
be recognized as precious and beloved
in the eyes of the Lord;

We pray to the Lord:

FIRST SUNDAY OF

Lent

FEBRUARY 26, 2023

*Jesus was led by the
Spirit into the desert
to be tempted
by the devil.*

Matthew 4:1

Excerpt from the Lectionary for Mass © 2001, 1993, 1997, 1986, 1970, CDD.

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THE PILLARS OF LENT

As we begin our Lenten journey, reflect on how your prayers, fasting and almsgiving can guide you. As Pope Francis explains, these are "elements which, when lived sincerely, can transform life and provide a sure foundation for dignity and fraternity." How can practicing the Lenten pillars transform your life and the lives of our sisters and brothers around the world? Visit crsricebowl.org to learn more.

CALENDAR OF THE WEEK

Monday	Feb. 27 th .	
Tuesday	Feb. 28 th .	Lenten Spiritual Journey 9:30a
Wednesday	March 1 st .	Altar Society Meeting 9:30am Stations of the Cross 6pm in the Chapel Followed by Soup Supper
Thursday	March 2 nd .	
Friday	March 3 rd .	Stations of the Cross 9am in the Chapel Adoration 2:30pm to 7:00pm
Saturday	March 4 th .	CCD class 9:30am to 11am
Sunday	March 5 th .	Coffee and Donuts following 9:15am mass

ST. PAUL'S THANKSGIVING RESPONSE TO GOD THIS PAST WEEK

Weekly Collection: Feb 19, 2023	\$ 2,870.85
E-contributions for Jan 2023	\$ 11,430.20

Adoration of the Blessed Sacrament will take place on the First Fridays every month at St. Paul's Church, this coming months will be on Friday **March 3, 2023**. Father Mario invites you to stop by and visit with the Sacramental Jesus from 2:30 - 7:00 PM in St. Paul's Church. We are grateful to the Missionaries of Charity who will prepare the altar and have assured us of their presence in the church

SECOND COLLECTION – PRESERVATION FUND

Next weekend March 4th/5th. there will be a Second Collection for the Preservation Fund. This collection helps in Preserving our beautiful Church. As always, your generosity, prayers and support are always appreciated

Community Outreach Lenten Giving

Next Weekend March 5th. we will be collecting, **sweatshirts**. Please place your donations in the bins on the altar.

WELCOME

If you are new to our parish -family, please complete the form below and drop it into the collection basket, in the mail, or at the Rectory. Or just call the Rectory 415-648-7538. Or visit our website at www.stpaulsf.org

Name: _____
Address: _____
Phone: _____
Email address: _____

We have a new look

Come see our newly updated Web page.

www.stpaulsf.org

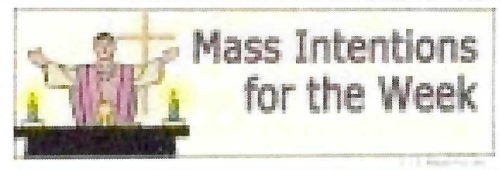
Follow us on Facebook at

St. Paul's Catholic Church

Please pray for those in our book of the sick and especially for the following:

Leslie McLoughlin, Fred Directo

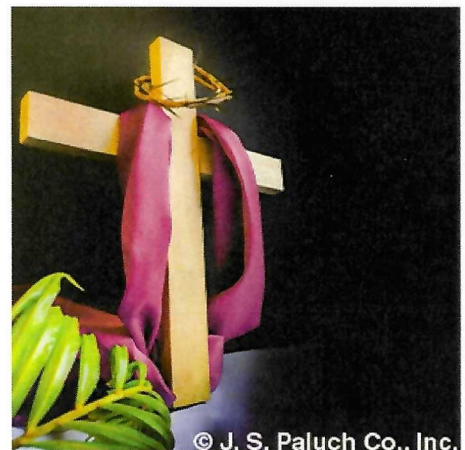
For those who have died we remember: Stephanie Gordon Rugg



Saturday Mass 4:30pm
Stephanie Gordon Rugg (D)
Sunday Mass 8:00am
Amulio & Paolina Petrini (D)
Altar Society (L&D)
Sunday Mass 9:15am
Barbara Torre (D)
Filemon Morales (D) 2nd Anniversary

Monday 8:30am
Rosalie Carvajal (L)
Tuesday 8:30am
Alma Ruth Vargas (L)
Rosalie Carvajal (L)
Richard Cortez (D)
Ronald Lopez (D)
Wednesday 8:30am
People of St. Paul's (L&D)
Thursday 8:30am
Linda Lenzen (D)
Friday 8:30am
People of St. Paul's (L&D)

Saturday Mass 4:30pm
Josephine & Jack Shea (D)
Sunday Mass 8:00am
Margaret & Jack Kotlanger (D)
Rev. Michael Kotlanger (D)
Harvey Anderson (D)
Sunday Mass 9:15am
Altar Society (L&D)
Michael Perez (D)



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Women of St. Paul Annual Luncheon



Saturday, March 25

No Host Cocktails at 11:30 am
Luncheon served at Noon

**Basque Cultural Center
599 Railroad Ave
South San Francisco, CA**

Please Join Us

*as we celebrate another year
of service, spiritual sharing and
social gatherings. The
luncheon is open to all women
of the St. Paul Parish and
School community and their
guests.*

*You may also contribute an
item for our White Elephant
raffle. Always, a lot of fun!*

**For more info: Nancy Brana
415-786-0116/ Lisa Violetto
415-987-9284**

Advanced Reservations Required by March 10. No day of purchases.

Tickets are \$50 pp. Fill out the form and return with check to: WSOP Luncheon 2023
c/o Nancy Brana 1509 Dolores St., SF 94110

Name:

Phone:

Email:

Please indicate your meal choice: ☐ Salmon w/champagne sauce
☐ Breast of Chicken Chasseur ☐ Vegetarian Pasta

☐ I will need a ride to and/or from event

☐ I will provide a ride to and/or from event

Luncheon \$50pp _____

Annual Dues \$25 _____

**Raffle Tickets 5 for \$5 or
12 for \$10** _____

TOTAL Enclosed _____

THE SACRAMENT OF PENANCE

WHAT?

The way we embrace Christ's call to **conversion**.

The step we take to express true **repentance** for our offenses.

The **confession** of our sins.

The reception of **God's pardon and peace**.

The **restoration** of our relationship with God
and with the Church.

After Jesus declared that
Peter would be the rock
upon which he would build
his Church, he said to Peter,
"I will give you the keys to the
kingdom of heaven.

Whatever you bind on earth
shall be bound in heaven;
and whatever you loose on earth
shall be loosed in heaven."

(Mt 16:13-20)

WHY?

We were born with the effects of **original sin**:
disobedience toward God and a lack of trust
in his goodness (Gen 3:1-11).

God the Father sent his Son, **Jesus Christ**,
to save us from our sins (Jn 3:16).

Jesus accomplished his saving mission
by establishing the **Kingdom of God**
and by suffering, dying on the cross, rising from the dead,
and ascending into heaven (Mt 5:17).

Jesus established the **Church**
to continue his saving mission by the power of
the Holy Spirit through the celebration of the sacraments
(Mk 1:15, Jn 19:34, Acts 2: 1-4, 2 Cor 5:18).

Through **faith** in the Gospel and **Baptism**,
we are first washed clean of all sin (Acts 2:38).

Through the **Sacrament of Penance**,
we continue to experience the forgiveness of our sins
(Mt 16:13-20, Jn 20:19-23).

After his resurrection,
Jesus appeared to his disciples,
extended his peace,
breathed the holy Spirit on them,
and sent them out saying,
"Whose sins you forgive
are forgiven them,
and whose sins you retain
are retained."

(Jn 20:19-23)



How?

THE ORDER OF PENANCE

The Church celebrates the Sacrament of Penance using the *Order of Penance*.

The revised rites and formulas of the *Order of Penance* of the Second Vatican Council were promulgated in 1973. A new translation was provided in 2023.

Celebrating the Sacrament of Penance or **“going to confession”** is a liturgical action that consists of:

1. The Reception of the Penitent
2. The Reading of the Word of God (Optional)
3. The Confession of Sins and The Acceptance of Satisfaction
4. The Prayer of the Penitent and The Absolution
5. The Proclamation of Praise of God and The Dismissal of the Penitent

THE ACTS OF THE PENITENT

1. Contrition (sorrow for sin)
2. Confession (inward examination, outward accusation)
3. Satisfaction (an act of penance)

"Penance requires . . . the sinner to endure all things willingly, be contrite of heart, confess with the lips, and practice complete humility and fruitful satisfaction."

(Catechism of the Catholic Church, 1450)



Going to Confession in Twelve Easy Steps

1. **Examine your conscience, call to mind your sins, and then enter the confessional.**
2. The priest will welcome and receive you.
3. **Make the sign of the cross and say:** "In the name of the Father and of the Son and of the Holy Spirit. Amen."
4. The priest will invite you to trust in God. He may also read a text of Sacred Scripture.
5. **Say these or similar words:**
"Bless me Father for I have sinned. It has been _____ long since my last confession. These are my sins..."
6. **Tell the priest your sins. Then say these or similar words:** "For these and all of my sins, I am sorry."
7. **Accept your work of penance (prayers, act of kindness, etc.) to help make satisfaction and amend your life.**
8. **Express your sorrow for your sins (Act of Contrition) in these or similar words:**

"O my God, I am sorry and repent with all my heart for all the wrong I have done
and for the good I have failed to do,
because by sinning I have offended you,
who are all good and worthy to be loved above all things.
I firmly resolve, with the help of your grace, to do penance, to sin no more,
and to avoid the occasions of sin.

Through the merits of the Passion of our Savior Jesus Christ, Lord, have mercy."

9. **Receive God's forgiveness as the priest prays the Prayer of Absolution.**
10. **At the end of the Prayer of Absolution, reply:** "Amen."
11. **Give praise to God. When the priest says:** "Give thanks to the Lord, for he is good,"
conclude: "For his mercy endures forever."
12. **Go in peace and remember to say or do your penance.**



ROMAN CATHOLIC
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The Office of Liturgy and the O.C.I.A.