

Tri Cities Soccer Association

Recreational League Age Group Specifics

U14

- ☐ Number of Players - 9 v 9 (8 field players and 1 goalkeeper)
- ☐ Maximum Roster Size - 14 players
- ☐ Field Size (yards) - 80 x 60
- ☐ Ball Size - 5
- ☐ Goal Size - 7 x 21
- ☐ Length of Game - two 30 minute halves
- ☐ Substitutions - approximately every 7.5 minutes, at referee's discretion
- ☐ Headers - YES
- ☐ 2nd Chance Throw Ins - NO
- ☐ Offside - YES
- ☐ Free Kicks - Direct & Indirect
- ☐ Standings - YES
- ☐ Slide Tackling Allowed - YES
- ☐ Punting - YES
- ☐ Build Out Line - NO
- ☐ Referees - YES
- ☐ Coaches on Field - NO
- ☐ End of Spring Season Tournament - YES