

Tri Cities Soccer Association

Recreational League Age Group Specifics

U10

- ☐ Number of Players - 7 v 7 (6 field players and 1 goalkeeper)
- ☐ Maximum Roster Size - 12 players
- ☐ Field Size (yards) - 60 x 40
- ☐ Ball Size - 4
- ☐ Goal Size - 6 x 18
- ☐ Length of Game - two 24 minute halves
- ☐ Substitutions - approximately every 6 minutes, at referee's discretion
- ☐ Headers - NO
- ☐ 2nd Chance Throw Ins - YES
- ☐ Offside - YES
- ☐ Free Kicks - Direct & Indirect
- ☐ Standings - YES
- ☐ Slide Tackling Allowed - NO
- ☐ Punting - NO
- ☐ Build Out Line - YES
- ☐ Referees - YES
- ☐ Coaches on Field - NO
- ☐ End of Spring Season Tournament - YES