



What Members Will Be Working On

June & July at Thrive

In June and July, Thrive members will be taking part in activities including:



Communi-Tea Café sessions – customer service, team roles & responsibility



Local shop visits – practising budgeting & food choices



Pub lunches – menu choices, ordering confidence & social etiquette



Omelette planning, shopping, cooking & recipe-card creation



Gardening, planting, painting & BBQ visits



Fruit tasting, smoothie making & healthy eating discussions



Padel tennis, Boccia, Zumba & community outings



Cinema planning & trips



End-of-month reflection & planning for the next month



June focus

Food, budgeting, road safety, customer service, kitchen safety, gardening & monthly reflection.

July focus

Fruit tasting, smoothie making, burger planning & cooking, padel tennis, Boccia, cinema planning & Zumba.



Email thrive@dscheshire.org.uk to enquire about Thrive