TURN ON MULTI-FACTOR AUTHENTICATION (MFA)

WHAT IS **MFA?**

A security feature that requires you to verify your identity in multiple ways before accessing an account.

HOW DOES **MFA WORK?**

Enabling MFA means tweaking your login process. First, enter your username and password. Then, verify your identity in a second way.

FOLLOW THESE STEPS

1. Go to **Settings**.
   *It may also be called Account Settings or Settings & Privacy.
2. Look for and **Turn On MFA**
   *It may also be called Two-Factor Authentication or Two-Step Verification.
3. **Confirm.** Select how to provide extra login security.

OPTIONS FOR VERIFICATION

- A text or email with a one-time code.
- A prompt in an authentication app.
- A biometric scan (e.g., fingerprint or facial recognition).
- A physical security key.

WHERE DO I **ENABLE MFA?**

Start by checking the accounts you use daily. Some accounts include: banking, email, social media, and online shopping. If a service offers MFA, turn it on!

Source: National Cybersecurity Alliance

APEX technology group

FAQ: TURN ON MULTI-FACTOR AUTHENTICATION (MFA)

DID YOU KNOW?

Enabling MFA can Prevent 99% of Automated Hacking Attacks

(Microsoft)

WHY BOTHER WITH MFA?

Passwords alone can be stolen or guessed, especially if they are short, use common words, or are reused. MFA makes it harder for cybercriminals to break into your accounts.

CAN MFA BE HACKED?

While MFA is very effective, it's not invincible. Some cybercriminals use social engineering to trick users into granting access. For example, they may flood you with MFA requests, hoping you'll prove one out of frustration or confusion.

WHAT IF I RECEIVE A REQUEST WHEN I'M NOT TRYING TO LOGIN?

If you receive an MFA request and you aren't logging in, don't approve it. Instead:

- Contact the account's platform immediately.
- Change your password for the account.
- Update any other accounts that use the same password – this is why every password should be unique to the account.

Source: National Cybersecurity Alliance

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