



Mary of Nazareth

COTILLION

Capitol Manners Cotillion is a fun series of empowering personal image and modern life skill sessions. This exclusive course is intended to enhance students social and dance skills. Teenagers will be able to gain a tangible advantage by becoming the most polished, confident versions of themselves.

EVENT HIGHLIGHTS

Etiquette and Social Dance Lessons

- First Impressions
- Conversation Skills
- Social Media Manners
- Positive Body Image
- Table Manners
- Being a Guest, Host, Friend, & Teammate
- Learn the Waltz, Foxtrot, and more
- Celebration Dinner Dance

Eligible Attendees

Eighth Grade Boys & Girls

Registration

<https://www.maryofnazareth.org/cotillion>

Fee

\$240 (MON Students), \$300 (Non-MON Students)



Mandy Wagner

mandywagner27@gmail.com

- Chaperones provided by Mary of Nazareth
- Proper behavior & attire is expected
- White gloves will be for sale



Capitol Manners

www.capitolmanners.com
contact@capitolmanners.com



6 PM - 8 PM

**SEPT. 13
SEPT. 20
SEPT. 27
OCT. 4
OCT. 18***

*GRADUATION DINNER
ENDS 8:30 PM

**MARY OF
NAZARETH**

14131 SENECA RD,
DARNESTOWN, MD