



Is a support group intended primarily for those suffering through the stages of grief due to the death of a loved one. The feelings of hurt, failure and alienation may be helped by group support. The trauma, agony and pain that accompany the loss of one's spouse or other loved one can be shared with those who have had a similar experience. Participants can work through the grief process in hopes of finding new meaning, happiness and spiritual growth in their lives.

**THIS NON-DENOMINATIONAL PEER MINISTRY SUPPORT GROUP WILL
MEET ON MONDAYS AT 4:30pm**

**St Joseph Catholic Church
Education Building, Rm 5
617 Poplar St
Crosby, MN**

Contacts:

Deacon Phil Mayer	218-851-6125
Nancy Fordahl	612-867-4630

*For everything there is a season,
and a time for every matter under heaven:
a time to be born, and a time to die; ...
a time to weep, and a time to laugh;
a time to mourn, and a time to dance;*

-Ecclesiastes 3:1,2,4