

3x3 Discipleship *Journey*



PARK HILL
BAPTIST CHURCH

Week 1: The Power of Community

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up." Ecclesiastes 4:9-10

We live in a world where it's easy to present curated versions of ourselves—where everything looks fine on the surface. But God designed us for something deeper: authentic community where we can be known, supported, and encouraged in both our struggles and our joys.

This week, we're exploring what it means to move beyond surface-level relationships and into the kind of honest fellowship that strengthens our faith and reflects God's heart for His people.

Questions for Meeting One

1. Getting Started: Think about a time when someone showed up for you during a difficult season. What did their presence mean to you, and how did it impact your faith or perspective?
2. Going Deeper: The passage says "two are better than one" because of the support they provide each other. What are some barriers (internal or external) that keep you from being vulnerable and asking for help when you need it?
3. Practical Application: In what areas of your life right now could you use someone to "help you up"? How comfortable do you feel sharing that need with this group?
4. Spiritual Growth: How does being personal and open with other believers help you grow in your relationship with God? Can you share an example from your own experience?
5. Moving Forward: What's one practical step you can take this week to be more intentionally present for someone else in your life—whether in this group or outside of it?

Week 2: Living as Sent People

John 1:40-42 - "Andrew, Simon Peter's brother, was one of the two who heard what John had said and who had followed Jesus. The first thing Andrew did was to find his brother Simon and tell him, 'We have found the Messiah' (that is, the Christ). And he brought him to Jesus."

When Andrew encountered Jesus, his first instinct wasn't to keep it to himself—it was to find his brother and bring him along. Notice that Andrew didn't just tell Simon about Jesus; he brought him to Jesus.

God calls us to the same posture: to genuinely connect with people in our lives who don't yet know Christ, building real friendships that create natural opportunities to invite them into the life-changing community we've found.

This week, we're exploring what it means to live as "sent people" right where we are—in our neighborhoods, workplaces, and daily routines.

Questions for Meeting Two

1. **Getting Started:** Who first invited you to church or introduced you to Jesus? What did that person do that made their invitation meaningful or compelling to you?
2. **Going Deeper:** Think about your current relationships with non-Christians (neighbors, coworkers, friends, family). How would you describe the quality of those connections? Are they surface-level or genuinely invested friendships?
3. **Honest Reflection:** What fears or hesitations do you have about inviting someone to church or talking about your faith? What makes it feel uncomfortable or awkward?
4. **Spiritual Growth:** Andrew's first response to meeting Jesus was to bring someone else to him. How does your encounter with Jesus shape the way you relate to people who don't know him yet? What would it look like to be more intentional about this?
5. **Moving Forward:** Who is one person in your life who doesn't know Jesus that you could intentionally invest in this week—through a conversation, a meal, or simply spending time together? How might you take that first step of building (or deepening) that relationship?

Week 3: Love That Overflows

John 13:34-35 - "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

Jesus didn't just tell us to love people—he showed us how. His love was sacrificial, intentional, and inclusive. He ate with tax collectors, touched lepers, and invited outcasts into relationship. And Jesus said that this kind of love would be the defining mark of his followers. When we truly experience God's love for us, it naturally overflows into love for others—including those who don't yet know him.

This week, we're exploring how God's love for us compels us to draw others into our faith journey, trusting that he will use our genuine care and connection to reveal himself to them.

Questions for Meeting Three

1. Getting Started: When have you felt most deeply loved by God? How did that experience change the way you saw yourself?
2. Going Deeper: Jesus says that our love for one another is how the world will recognize us as his disciples. What does this tell us about the value of building relationships with those who need to see this love in action? How is this different from just sharing information about God?
3. Honest Reflection: Think about someone in your life who doesn't know Jesus. Do you genuinely love that person, or are they more of a "project" or someone you feel obligated to reach? Why does that distinction matter?
4. Spiritual Growth: In what ways has God used someone else's love and friendship to draw you closer to Him? How might God want to use your love and presence in someone else's life in the same way?
5. Moving Forward: What would it look like this week to love someone who doesn't know Jesus with no agenda other than reflecting God's heart for them?

Week 4: Be Witnesses

Acts 1:8 - "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

Before Jesus ascended to heaven, he gave his disciples a promise and a mission. The promise: they would receive power from the Holy Spirit. The mission: they would be his witnesses everywhere they went. Notice Jesus didn't say "you will do witnessing" but "you will be my witnesses."

Being a witness isn't about having all the right words or a perfect presentation—it's about living in such a way that your life points to what God has done. Every conversation, every act of kindness, every moment of integrity is an opportunity to reflect Christ.

This week, we're exploring what it means to live as witnesses in our everyday lives, trusting that the same Holy Spirit who empowered the early church empowers us today.

Questions for Meeting Four

1. Getting Started: When you hear the word "witness," what comes to mind? Does it feel natural or intimidating? Why do you think that is?
2. Going Deeper: Acts 1:8 promises that we'll receive power from the Holy Spirit to be witnesses. How have you experienced the Holy Spirit's presence or power in your own life? How does that impact the way you think about being a witness?
3. Honest Reflection: Think about your "Jerusalem"—your everyday places like home, work, school, neighborhood. How would you evaluate the ways that you have seen/not seen the Lord using you to help others see Jesus?
4. Spiritual Growth: Jesus says we will be witnesses "in all Judea and Samaria, and to the ends of the earth." What does it look like to be intentional about being a witness not just in comfortable spaces, but also in places or with people who might feel unfamiliar or outside your usual circle?
5. Moving Forward: What is one specific way you can be a witness this week—through your words, actions, or presence—trusting that the Holy Spirit will work through you? Who might God be calling you to reach?

Week 5: Love in Action

1 John 3:16-18 - "This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters. If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person? Dear children, let us not love with words or speech but with actions and in truth."

Jesus didn't just talk about love—he demonstrated it by laying down his life for us. And John tells us that this same sacrificial love should mark the way we treat others. But notice how practical he gets: it's not just about grand gestures or dying for someone. It's about seeing someone in need and actually doing something about it. It's about moving love from our vocabulary into our actions.

This week, we're exploring what it looks like to love the people God has placed in our lives—not with empty words, but with tangible, sacrificial action that reflects the heart of Jesus.

Questions for Meeting Five

1. **Getting Started:** Think of a time when someone showed you love through their actions, not just their words. What did they do, and how did it impact you?
2. **Going Deeper:** John asks a piercing question: if we see someone in need and do nothing, how can God's love be in us? Why do you think it's so easy to say we love people but so much harder to act on it? What gets in the way?
3. **Honest Reflection:** Who has God placed in your life right now that has a genuine need—whether physical, emotional, or spiritual? What's stopping you from meeting that need in a tangible way?
4. **Spiritual Growth:** The passage says we should "lay down our lives" for others. That might not mean literal death, but it does mean sacrifice. What does sacrificial love look like in your everyday life—with your time, resources, comfort, or convenience?
5. **Moving Forward:** What's one concrete action you can take this week to show love "in truth"—not just words—to someone God has placed in your life? How can this group support you or hold you accountable in taking that step?

The Plan

Select two others of the same sex, make a plan to meet five times, and use this booklet as a guide.

Allow time for each person to share and commit to pray for one another while you are apart.

Please let the church know the names of those in your group and communicate your needs using the following QR code.



Notes