

Dear Parent(s)/Guardians(s):

Routes Youth Centre is going to **Valens Lake Conservation Area** for a day of fun in the sun with an outdoor grill, swimming in the lake, and outdoor games! A volunteer lifeguard will be present to supervise lake swimming. Lifejackets are mandatory and will be provided by Routes Youth Centre.

<i>Date</i>	Tuesday July 21st, 2026	<i>Time</i>	9:30am – 5pm
<i>Location</i>	Meet at Routes and travel to Valens Lake Conservation Area (Flamborough)		
<i>Cost</i>	<i>Pay What You Can!</i> – up to \$10. Contribute a small suggested amount to go towards field trip and summer programming costs.		
<i>Transportation</i>	Chartered bus. The bus will be leaving Routes at 10AM . Please be on time as we may not be able to wait for late arrivals!		
<i>Important Information</i>	• The deadline to register is Friday July 17th by end of day. • Spots are limited; hand in your permission form ASAP! • Routes will provide lunch and a light snack during the trip. • This is an outdoor trip; please bring a water bottle, hat, sunscreen, and a swimsuit and towel (if applicable). Be prepared for any weather – rain or shine! • Trip Agreement & Contact Card must be filled out on back.		

I _____ (parent/guardian), grant permission for
 _____ (youth's name) to attend a field trip to **Valens Lake**

Conservation Area. I understand that Routes Youth Centre and/or the Dundas Youth Chaplaincy are not liable for any incident(s) that may occur during this trip.

Parent/Guardian Signature _____ Date _____
 (or youth if 16 or older)

☐ I have read and signed the Trip Agreement & Emergency Contact Card on the back

☐ I consent to photos/videos being taken of my child/youth on this trip, knowing these photos may be used in Routes promotional materials, social media, and/or other Routes online content.

Our BBQ lunch includes a side of chips and a juice box. Please select a lunch option below:

☐ Hamburger ☐ Hot dog ☐ Veggie burger

☐ None of the above; I am bringing my own lunch

TRIP AGREEMENT

By registering for field trips with Routes Youth Centre, youth and parents/guardians agree with the following trip agreement:

- I agree to arrive to trips on-time and to attend trips I have registered to attend. I understand that not arriving to trips on-time can mean I will not get a refund or be able to attend the trip at all. If I have registered for a trip and can no longer attend, I will reach out to Routes ASAP to try to make other arrangements with Routes staff.
- I agree to listen to all safety instructions given by staff, volunteers, and facilitators.
- I agree to demonstrate respect and responsibility to everyone and everything.
- I recognize that trips may be postponed or cancelled (weather, etc.), and in the event trips are cancelled refunds will be given and alternate programming will run.
- I recognize that youth are able to attend Routes trips at the discretion of staff.

EMERGENCY CONTACT CARD

Routes Youth Centre requires the parent/guardian of each youth who wishes to attend any offsite event to fill out the **Emergency Contact Card** provided below. **All youth must have at least two Emergency Contacts.**

Name of Youth _____ Pronouns _____

Date of Birth (DD/MM/YY) _____ Age _____

Allergies/Chronic Illness: _____

Will youth take any medication at Routes (e.g. inhaler)? Y / N If you circled yes, please provide any details we might need to know (e.g. will youth carry it, does it require refrigeration, etc.):

Parent/Guardian:

Name _____ Relation to youth _____

Main phone # _____ Text capable: Y / N (circle one)

Other phone # (if applicable) _____

Emergency Contact #2

Name _____ Relation to youth _____

Main phone # _____ Text capable: Y / N (circle one)

Other phone # (if applicable) _____

Emergency Contact #3

Name _____ Relation to youth _____

Phone # _____ Text capable: Y / N (circle one)

Other phone # (if applicable) _____

In an emergency, the listed parent/guardian would be contacted first. If parent/guardian listed above cannot be reached, Contact #2 followed by Contact #3 will be contacted.

Any other important information we should know:
