



Dear Parent(s)/Guardians(s):

Routes Youth Centre is going on a hike to the **Dundas Peak**! Come see the best view in all of Dundas! If the hike concludes early, Routes will spend some time in the afternoon at Witherspoon Park.

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|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------|
| <i>Date</i>                  | Tuesday August 4th, 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <i>Time</i> | 12pm – 4pm |
| <i>Location</i>              | Meet at Routes and walk to the Dundas Peak                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |             |            |
| <i>Cost</i>                  | Free!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |             |            |
| <i>Transportation</i>        | Walking. Routes will leave on foot for the Dundas Peak hiking trail at <b>12:30PM</b> . Please be on time, as we may not be able to wait for late arrivals!                                                                                                                                                                                                                                                                                                                                                                                             |             |            |
| <i>Important Information</i> | <ul style="list-style-type: none"><li>• The deadline to register is <b>Fri July 31st by end of day</b>.</li><li>• Spots are limited; hand in your permission form ASAP!</li><li>• Routes will provide lunch at the centre prior to departure and a light snack while on the trail.</li><li>• This is an outdoor trip; <b>please bring sunscreen, a water bottle, a hat/sunglasses, and proper hiking footwear</b>. Be prepared for hot weather and dress accordingly!</li><li>• Trip Agreement &amp; Contact Card must be filled out on back.</li></ul> |             |            |

I \_\_\_\_\_ (parent/guardian), grant permission for \_\_\_\_\_ (youth's name) to attend a field trip to the **Dundas Peak**. I understand that Routes Youth Centre and/or the Dundas Youth Chaplaincy are not liable for any incident(s) that may occur during this trip.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
(or youth if 16 or older)

☐ I have read and signed the Trip Agreement & Emergency Contact Card on the back

☐ I consent to photos/videos being taken of my child/youth on this trip, knowing these photos may be used in Routes promotional materials, social media, and/or other Routes online content.

## TRIP AGREEMENT

By registering for field trips with Routes Youth Centre, youth and parents/guardians agree with the following trip agreement:

- I agree to arrive to trips on-time and to attend trips I have registered to attend. I understand that not arriving to trips on-time can mean I will not get a refund or be able to attend the trip at all. If I have registered for a trip and can no longer attend, I will reach out to Routes ASAP to try to make other arrangements with Routes staff.
- I agree to listen to all safety instructions given by staff, volunteers, and facilitators.
- I agree to demonstrate respect and responsibility to everyone and everything.
- I recognize that trips may be postponed or cancelled (weather, etc.), and in the event trips are cancelled refunds will be given and alternate programming will run.
- I recognize that youth are able to attend Routes trips at the discretion of staff.

## EMERGENCY CONTACT CARD

Routes Youth Centre requires the parent/guardian of each youth who wishes to attend any offsite event to fill out the **Emergency Contact Card** provided below. **All youth must have at least two Emergency Contacts.**

Name of Youth \_\_\_\_\_ Pronouns \_\_\_\_\_

Date of Birth (DD/MM/YY) \_\_\_\_\_ Age \_\_\_\_\_

Allergies/Chronic Illness: \_\_\_\_\_

Will youth take any medication at Routes (e.g. inhaler)? Y / N If you circled yes, please provide any details we might need to know (e.g. will youth carry it, does it require refrigeration, etc.):  
\_\_\_\_\_

### Parent/Guardian:

Name \_\_\_\_\_ Relation to youth \_\_\_\_\_

Main phone # \_\_\_\_\_ Text capable: Y / N (circle one)

Other phone # (if applicable) \_\_\_\_\_

### Emergency Contact #2

Name \_\_\_\_\_ Relation to youth \_\_\_\_\_

Main phone # \_\_\_\_\_ Text capable: Y / N (circle one)

Other phone # (if applicable) \_\_\_\_\_

### Emergency Contact #3

Name \_\_\_\_\_ Relation to youth \_\_\_\_\_

Phone # \_\_\_\_\_ Text capable: Y / N (circle one)

Other phone # (if applicable) \_\_\_\_\_

*In an emergency, the listed parent/guardian would be contacted first. If parent/guardian listed above cannot be reached, Contact #2 followed by Contact #3 would be contacted.*

### Any other important information we should know:

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