

APRIL



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Call, text, or email to register for Hamilton Family Health Team (HFHT) workshops!			01 3-5:30pm: Easter Egg Decorating & Dinner (8+)  5:30-7pm: Youth Council (12+)  <i>No Open Gym today!</i>	02 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Teen Drop-in (13+)	03 CLOSED <i>for Good Friday!</i>	04
05 	06 CLOSED	07 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Teen Drop-in (13+)	08 3-5:30pm: Drop-in & Dinner (8+)  3:45-5:15pm: Open Gym (8+) 5:30-6:30pm: HFHT Youth Workshop Series (13+)	09 3-5:30pm: Drop-in, Cooking Club, and Dinner (8+)  5:30-7pm: Teen Drop-in (13+)	10 3-5:30pm: Drop-in and Dinner (8+)  5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: DANCE (Ella & Mohamed)	11
12	13 CLOSED	14 3-5:30pm: Drop-in, Colouring Circle, and Dinner (8+)  5:30-7pm: Teen Drop-in (13+)	15 3-5:30pm: Drop-in & Lunch (8+)  3:45-5:15pm: Open Gym (8+) 5:30-6:30pm: HFHT Youth Workshop Series (13+)	16 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Positive Space (11+) 	17 3-5:30pm: Drop-in and Dinner (8+)  5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: DANCE (Ella & Mohamed)	18
19	20 CLOSED	21 3-5:30pm: Self Care Spa Day & Dinner (8+)  5:30-7pm: Teen Drop-in (13+)	22 3-5:30pm: Drop-in & Dinner (8+)  3:45-5:15pm: Open Gym (8+) 5:30-6:30pm: HFHT Youth Workshop Series (13+)	23 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Teen Drop-in (13+)	24 3-5:30pm: Drop-in and Dinner (8+)  5:30-7:30pm: Open Gym (8+) 7:30-8:30pm: Open Gym (13+) 7:30-8:30pm: DANCE Finale!	25  Ella's Last Day!
26	27 CLOSED	28 Teen Tuesday 3-7pm: Drop-in and Dinner 	29 3-5:30pm: Drop-in & Dinner (8+)  3:45-5:15pm: Open Gym (8+) 5:30-6:30pm: HFHT Youth Workshop Series (13+)	30 3-5:30pm: Movie Screening (8+) 5:30-7pm: <u>Tabletop Games Club</u> (13+) 	01 CLOSED <i>due to city event</i>	

Update!

See reverse for program descriptions...

Light Dinner and Snack Provided on all Regular Programming Days



Wednesday Open Gym: Have fun with us and participate in non-structured physical activity! The gym will only be **open from 3:45-5:15pm**. There is **no Open Gym on April 1st** this month due to a city event.



Friday Open Gym: Dedicated time to get your blood flowing through physical activity starting at 5:30pm! A reminder that **starting at 7:30pm every Friday, youth ages 13+ will have exclusive access to the gym.**



Cooking Club: Learn a new recipe and have fun cooking or baking with friends while preparing a delicious treat for Routes to enjoy!



Routes Youth Council: Come be a part of a Routes Youth Committee to have your say in what youth-led programs and events can happen at Routes this year! Youth Council is for **youth ages 12+**.



Positive Space: An evening for **2SLGBTQIA+ youth ages 11+** to come together to enjoy community, laughs, and discussion in a space exclusively for them.



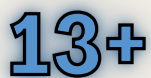
Movie Day: Join us for a movie screening at the Centre - popcorn provided! Please note this month's Movie Day will only be one 8+ movie showing.



Youth Workshop Series: On April 15th, 22nd, and April 29th* join the **Hamilton Family Health Team** for a free workshop series on conflict resolution & stress management. Youth must be **turning 13 or older this calendar year** to attend. Please contact the centre via call, text, or email to inform of your attendance!



Tabletop Roleplaying Games (TTRPG) Club: Join our Game Master to play games similar to Dungeons and Dragons! This month's TTRPG Club is **rescheduled to April 30th beginning at 5:30pm!**



Teen Day: This is a day for youth ages 13+ to have exclusive access to Routes to hang out, play games, and enjoy snacks and dinner!



DANCE: Every week, you can feel the groove in an instructional dance class with our wonderful Routes Youth Workers Ella (contemporary) and Mohamed (hip-hop)! **Youth ages 13+ of all skills levels are welcome!** The final class for DANCE will be April 24th - registration is open up to and including this date!

