

MARCH



2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 CLOSED	03 3-5:30pm: Painting with Heather & Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	04 3-5:30pm: Drop-in & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Youth Council (12+) 	05 3-5:30pm: Drop-in, Cooking Club, and Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	06 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: DANCE with Mohamed 	07
08	09 CLOSED	10 3-5:30pm: Painting with Heather & Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	11 3-5:30pm: Drop-in & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Teen Drop-in (13+) 	12 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Positive Space (11+) 	13 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: DANCE with Ella 	14
15	16 CLOSED	17 March Break! Special Hours! 12-2pm: Drop-in & Lunch (8+) 2-5pm: Fun in the Sun at the Dundas Driving Park (8+) 	18 12-2pm: Drop-in & Lunch (8+) 2-3:45pm: Movie Day: Zootopia 2! (8+) 3:45-5pm: Open Gym (8+) 	19 Field Trip to McMaster Planetarium (8+): 12pm - 4pm Centre closed before/after trip 	20 Centre Closed for Home Alone Program (10+) 12pm - 4pm Registration forms available online or at the centre 	21
22	23 CLOSED	24 3-5:30pm: Drop-in, Origami Crafts, and Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	25 3-5:30pm: Drop-in & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Tabletop Games Club (11+) 	26 3-5:30pm: Movie Screening (8+) 5:30-7pm: Teen Movie Screening (13+) 	27 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: DANCE with Mohamed 	28
29	30 CLOSED	31 Teen Tuesday 13+ 3-7pm: Drop-in and Dinner 3:30-5:30pm: Sushi Making with Joyce of Cooking! Sign-up required! 	01	02	03 CLOSED for Good Friday	04

See reverse for program descriptions...

Light Dinner and Snack Provided on all Regular Programming Days



Wednesday Open Gym: Have fun with us and participate in non-structured physical activity! The gym will only be **open from 3:45-5:15pm**.



Friday Open Gym: Dedicated time to get your blood flowing through physical activity starting at 5:30pm! A reminder that **starting at 7:30pm every Friday, youth ages 13+ will have exclusive access to the gym.**



Home Alone Program: The Home Alone Program is a Canada Safety Council course that teaches youth ages 10+ how to be safe and responsible while home alone for short periods of time. For more info or to register for the course, please go to www.routesyouthcentre.ca/babysitting-course or speak with staff!



Cooking Club: Learn a new recipe and have fun cooking or baking with friends while preparing a delicious treat for Routes to enjoy!



March Break: Looking for something exciting to do during March Break? Look no further! Join us for an afternoon at the Dundas Driving Park on Tuesday, a movie screening and Open Gym on Wednesday, and a field trip to the McMaster Planetarium on Thursday!



Routes Youth Council: Come be a part of a Routes Youth Committee to have your say in what youth-led programs and events can happen at Routes this year! Youth Council is for **youth ages 12+**.



Positive Space: An evening for **2SLGBTQIA+ youth ages 11+** to come together to enjoy community, laughs, and discussion in a space exclusively for them.



Tabletop Roleplaying Games (TTRPG) Club: Join our Game Master to play games similar to Dungeons and Dragons! **This club is for ages 11+ with limited spots - first come, first serve!**

13+

Teen Day: This is a day for youth ages 13+ to have exclusive access to Routes to hang out, play games, and enjoy snacks & dinner! A special cooking workshop with Joyce from Joyce of Cooking will be taking place from 3:30-5:30pm. **This special event requires sign-up in advance - register with staff ASAP!**



DANCE: Every week, you can feel the groove in an instructional dance class with our wonderful Routes Youth Workers Ella (contemporary) and Mohamed (hip-hop)! **Youth ages 13+ of all skills levels are welcome!** Please speak with a Routes staff member if you are interested in registering for this program.

