

# FEBRUARY



# 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Join us at Routes all month long for our “Routes Reads” event! Spend time at Routes reading your favourite classics or something new and potentially win an exciting prize!</p>						
01	02 CLOSED	03 3-5:30pm: Drop-in, Dinner, & “Routes Reads” Kickoff! (8+) 5:30-7pm: Teen Drop-in (13+) 	04 3-5:30pm: Drop-in & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Youth Council (12+) 	05 3-5:30pm: Drop-in, Cooking Club, and Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	06 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: <b>DANCE</b> with Mohamed 	07
08	09 CLOSED	10 3-5:30pm: Drop-in, Air Dry Clay Crafts, and Dinner (8+) 5:30-7pm: Teen Drop-in (13+) 	11 3-5:30pm: Drop-in, Parentines Card Making & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Teen Drop-in (13+)   	12 3-5:30pm: Drop-in & Dinner (8+) 5:30-7pm: Positive Space (11+) 	13 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: <b>DANCE</b> with Ella  	14
15/16 <i>Routes Quiet Week</i>		17 <b>CLOSED</b> <i>for Family Day!</i> 	18 3-5:30pm: Self Care Spa Day & Dinner (8+) 5:30-7pm: Tabletop Games (11+)  	19 3-5:30pm: Board Games & Dinner (8+) 5:30-7pm: All Ages Yoga with Nicole! (8+)  	20 5-7:30pm: Dinner & Skating at the Dundas Driving Park (8+) <b>(Permission form required)</b> <i>Centre closed before/after trip</i> 	21
22	23 CLOSED	24 <b>Teen Tuesday</b> 3-7pm: Drop-in and Dinner <b>13+</b>	25 <b>Pink Shirt Day!</b> 3-5:30pm: Drop-in, Pink Shirt Decorating & Dinner (8+) 3:45-5:15pm: Open Gym (8+) 5:30-7pm: Teen Drop-in (13+)  	26 3-5:30pm: Movie Screening and Dinner (8+) 5:30-7pm: Teen Movie Screening (13+) 	27 3-5:30pm: Drop-in and Dinner (8+) 5:30-7:30pm: Open Gym (8+) 7:30-9:30pm: Open Gym (13+) 7:45-9pm: <b>DANCE</b> with Mohamed 	28

See reverse for program descriptions...

# Light Dinner and Snack Provided on all Regular Programming Days



**Wednesday Open Gym:** Have fun with us and participate in non-structured physical activity! The gym will only be open for youth from 3:45-5:15pm.



**Friday Open Gym:** Dedicated time to get your blood flowing through physical activity starting at 5:30pm! A reminder that **starting at 7:30pm every Friday, youth ages 13+ will have exclusive access to the gym.**



**Pink Shirt Day:** Join us in continuing to raise awareness against bullying, practicing kindness, and creating a space for everyone to enjoy. For this year's Pink Shirt Day, stop by Routes to decorate your own pink shirt with a kind message or special design of your choosing!



**Cooking Club:** Learn a new recipe and have fun cooking or baking with friends while preparing a delicious treat for Routes to enjoy!



**Routes Youth Council:** Come be a part of a Routes Youth Committee to have your say in what youth-led programs and events can happen at Routes this year! Youth Council is for **youth ages 12+**.



**Positive Space:** An evening for **2SLGBTQIA+ youth ages 11+** to come together to enjoy community, laughs, and discussion in a space exclusively for them.



**Tabletop Roleplaying Games (TTRPG) Club:** Join our Game Master to play games similar to Dungeons and Dragons! **This club is for ages 11+ with limited spots - first come, first serve!**



**Routes Quiet Week:** An entire week dedicated to self-care, relaxation, and recovery! Enjoy a spa day on Wednesday, yoga on Thursday, and getting outside and active with skating at Dundas Driving Park on Friday!

**13+**

**Teen Day:** This is a day for youth ages 13+ to have exclusive access to Routes! Teens are welcome to drop-in to Routes to hang out, play games, and have snacks & dinner.



**DANCE:** Twice a month, you can feel the groove in an instructional dance class with our wonderful Routes Youth Workers Ella (contemporary) and Mohamed (hip-hop)! **Youth ages 13+ of all skills levels are welcome!** Please speak with a Routes staff member if you are interested in registering for this program.

