



SOUTHEAST SCHOLASTIC SOCCER LEAGUE POWERED BY FCFC

5v5 Modified Rules: 1st/2nd Grade, U6 Grassroots, and U8 Grassroots

1. Field Size

Length: 35 yards

Width: 25 yards

Penalty Arc: 7 yards

2. Goal Size

5 feet high by 10 feet wide

*Notify Visiting Teams if your goals are different

3. Ball Size

Size 4

4. Game Duration

4 x 12 -minute quarters

5-minute halftime

Running clock (no added time)

5. Team Composition

4 field players + 1 goalkeeper

Minimum: 3 players to start a match

6. Substitutions

Unlimited, any stoppage (coach signals referee)

Encourage all players to get equal time

7. Offside Rule

No Offside - But discourage

8. Build-Out Line Rule

Build Out Line - Located halfway between the top of the penalty box and halfway line. Used to promote playing out from the back

Opposing players must retreat behind the build-out line during a goal kick or goalkeeper possession. Goalkeeper cannot punt or drop-kick, normal play restarts as soon as the GK releases the ball. They do not have to wait.

9. Fouls & Free Kicks

Indirect and direct free kicks allowed

Opponents must be at least **6 yards away**

10. Penalty Kicks

Taken from 8 yards

Only for fouls leading to direct free kicks inside the penalty area (arc)

11. Heading

There is no heading allowed in SSSL, indirect free kick awarded to the opposing team if head

12. "Throw-ins"

Kick-ins to replace the throw. Indirect from the spot the ball went out.

13. Goalkeeper Rules

GK - Must be in a different color jersey/pinnie

No punting or drop-kicking

Must roll, pass, or throw the ball to restart play.

A goalkeeper who controls the ball with their hand(s)/arm(s) for more than **eight** seconds will be penalised, with a corner kick being awarded to the other team



SOUTHEAST SCHOLASTIC SOCCER LEAGUE POWERED BY FCFC

7v7 Modified Rules: 3rd/4th Grade and U10 Grassroots

1. Field Size

Length: 55–65 yards

Width: 35–45 yards

Penalty Box: 24 yards x 12 yards

Goal Box: 6 yards x 12 yards

2. Goal Size

6 feet high by 18 feet wide

*Notify Visiting Teams if your goals are different

3. Ball Size

Size 4

4. Game Duration

2 x 30-minute halves

5-minute halftime

Running clock (no added time)

5. Team Composition

6 field players + 1 goalkeeper

Minimum: 5 players to start a match

6. Substitutions

Unlimited, any stoppage (coach signals referee)

Encourage all players to get equal time

7. Offside Rule

Yes, but only enforced from the **build-out line** to the goal line

No offside between halfway line and build-out line

8. Build-Out Line Rule

Build Out Line - Located halfway between the top of the penalty box and halfway line. Used to promote playing out from the back

Opposing players must retreat behind the build-out line during a goal kick or goalkeeper possession. Goalkeeper cannot punt or drop-kick, normal play restarts as soon as the GK releases the ball. They do not have to wait.

9. Fouls & Free Kicks

Indirect and direct free kicks allowed

Opponents must be at least **8 yards away**

10. Penalty Kicks

Taken from 10 yards

Only for fouls leading to direct free kicks inside the penalty area

11. Heading

There is no heading allowed in SSSL, indirect free kick awarded to opposing team if heading occurs.

12. Throw-ins

Regular throw-in rules apply - NO RE Throws

13. Goalkeeper Rules

GK - Must be in a different color jersey/pinnie

No punting or drop-kicking

Must roll, pass, or throw the ball to restart play.

A goalkeeper who controls the ball with their hand(s)/arm(s) for more than **eight** seconds will be penalised, with a corner kick being awarded to the other team



SOUTHEAST SCHOLASTIC SOCCER LEAGUE POWERED BY FCFC

9v9 Modified Rules: 5th/6th Grade

1. Field Size

Length: 70–80 yards

Width: 45–55 yards

Penalty Box: 36 yards x 14 yards

Goal Box: 6 yards x 24 yards

2. Goal Size

7 feet high by 21 feet wide

*Notify Visiting Teams if your goals are different

3. Ball Size

Size 4

4. Game Duration

2 x 30-minute halves

5-minute halftime

Running clock (no added time)

5. Team Composition

8 field players + 1 goalkeeper

Minimum: 6 players to start a match

6. Substitutions

Unlimited, any stoppage (coach signals referee)

Encourage all players to get equal time

7. Offside Rule

Yes, full implementation

Enforced from halfway line onward

8. Heading

There is no heading allowed in SSSL, indirect free kick awarded to the opposing team if heading occurs.

9. Fouls & Free Kicks

Indirect and direct free kicks allowed

Opponents must be at least **8 yards away**

10. Penalty Kicks

Taken from 10 yards

Only for fouls leading to direct free kicks inside the penalty area

11. Throw-ins

Regular throw-in rules apply **NO RE Throws**

12. Goalkeeper Rules

GK - Must be in a different color jersey/pinnie

Can punt, roll, pass, or throw the ball to restart play.

A goalkeeper who controls the ball with their hand(s)/arm(s) for more than eight seconds will be penalised, with a corner kick being awarded to the other team



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League Policy for Games

- Host responsible for assigning refs (2 per game)
- Coppel - FCFC will schedule/assign refs
- Each Team will bring \$30 for refs
- Team 1 (Home Team) will change jerseys if there is a conflict.
- DO NOT ADD, EDIT, DELETE Games in PlayMetrics

Fall 2026 Coppel Field Schedule

Please use the following timeslots to avoid conflicts and ensure refs.

<u>Saturdays</u>	<u>Sundays</u>
9:00am	1:00pm
10:20am	2:20pm
11:40am	3:40pm
1:00pm	5:00pm
2:20pm	
3:40pm	
5:00pm	

Only Monday and Wednesday Evening Games at Coppel

Division	Team Name	First	Last	Email	Cell
1/2	Piketon 1/2	Stacy	Tinney	stacy.tinney@yahoo.com	337-424-3107
1/2	RCCA RED	Courtney	Roush	roushc2014@gmail.com	740-542-2864
1/2	RCCA White	Timothy	Rodriguez	tmrc0792@gmail.com	956-800-8143
1/2	Chillicothe 1/2 Blue	Zach	Breth	zbreth11@gmail.com	740-701-4933
1/2	Chillicothe 1/2 White	Zach	Breth	zbreth11@gmail.com	740-701-4933
34 Boys	Unioto Boys 4th Grade	Jarret	Kelley	jarretkelley@gmail.com	614-230-7256
34 Boys	Chillicothe 3/4 Boys	Tyler	Noble	tn171309@gmail.com	740-804-6028
34 Boys	Circleville Boys 3/4	Evan	Callihan	evan.callihan@cvcasd.com	740-497-8272
34 Boys C	RCCA 3/4	Alexis	McCray	lexihart26@yahoo.com	740-466-8744
34 Boys	Jackson 3/4 boys	Bryan	Profitt	bry2211@gmail.com	740-395-7706
34 Boys C	Greenfield	Thomas	Lubbers	lubberstom18@gmail.com	937-763-3433
34 Boys C	Little Panthers 3rd and 4th	Shaun	Clark	clarkpshaun@gmail.com	740-993-9734
34 Girls	Chillicothe 3/4 Girls	Nathan	Prosch	nsprosch@gmail.com	740-821-4428
34 Girls	Circleville Girls 3-4	Jonathan	Groff	jonathan.groff@cvcasd.com	419-953-3894
34 Girls	Jackson 3/4 girls	Bryan	Profitt	bry2211@gmail.com	740-395-7706
56 Boys	Unioto 5th and 6th grade	Michael	Jaruwannakor n	michael_jaru@hotmail.com	740-253-4409
56 Boys	Chillicothe 5/6 Boys				
56 Boys	Circleville Boys 5/6	Evan	Callihan	evan.callihan@cvcasd.com	740-497-8272
56 Boys	Jackson boys 5/6	Bryan	Profitt	bry2211@gmail.com	740-395-7706
56 Boys	Little Panthers 5/6	Shaun	Clark	clarkpshaun@gmail.com	740-993-9734
56 Boys C	Westfall	Mitchel	Click	mitchclick@gmail.com	614-506-7271
56 Boys C	Piketon Redstreaks 5/6	Josh	Risner	joshuadrisner@gmail.com	740-708-3938
56 Boys C	Logan Elm Braves	Richard	Ash	rja02_98@yahoo.com	614-638-0990
56 Boys C	RCCA 5/6	Adam	Kerns	kernsadam53@gmail.com	220-232-9720
56 Boys C	Pioneer FC	Ben	Hall	ben@advantagetent.com	740-703-4841
56 Boys C	Greenfield	Joshua	Wiseman	joshua.d.wiseman@gmail.com	937-876-9252
56 Girls	Logan Elm Braves G6	Richard	Ash	rja02_98@yahoo.com	614-638-0990
56 Girls	Circleville Girls 5-6	Jonathan	Groff	jonathan.groff@cvcasd.com	419-953-3894
56 Girls	Jackson 5/6 girls	Bryan	Profitt	bry2211@gmail.com	740-395-7706
56 Girls	Lady Sherman's	Amanda	White	amandaleigh.weaver81@gmail.com	614-446-1681
56 Girls	Chillicothe 6 G	Zach	Breth	zbreth11@gmail.com	740-701-4933
56 Girls	Little Lady Tanks 5th Grade	Freddy	Cortez	freddy.cortez45@yahoo.com	740-466-6721
56 Girls	Miami Trace 5/6 Girls	Jeff	Thoroman	jthoroman@hotmail.com	937-302-7154

