



## FCFC Spring 26 Recreational League Rules

### **U6 Division 2022, 2021, 2020, some 2019**

- 5v5 (4 Field Players and a Goalkeeper)
- Field Size 20 x 30 Yards
- Ball Size 3
- Game Length
  - 4 Quarters
  - 8 Mins each
- Coaches will referee the games
- Goalkeeper use their hands in the 4 yard arc - NO PUNTING
- Restarts
  - Sideline are kick-ins (indirect)
  - Endline are goal kicks taken inside the GK arc
  - Endline corner kicks take in the corner (direct)
- No Heading

### **U9 Division Some 2019, 2018, 2017**

- 7v7 (6 Field Players and a Goalkeeper)
- Field Size 30 x 40 Yards
- Ball Size 4
- Game Length ( 5 mins longer due to Roster #)
  - 2 Halfs
  - 30 Mins each
- Assigned referees will referee the games
- Goalkeeper use their hands inside the goal arc -NO PUNTING
- Build Out Line - Dotted Line
- Restarts
  - Sideline are throw ins (indirect)
  - Endline are goal kicks
  - Endline corner kicks take in the corner (direct)
- No Offside - please discourage offside as coaches
- No Heading



## FCFC Spring 26 Recreational League Rules

### **U11 Division**

- 7v7 (6 Field Players and a Goalkeeper)
- Field Size 40x60 Yards
- Ball Size 4
- Game Length
  - 2 Halves
  - 25 Mins each
- League appointed referee for the games
- Goalkeeper use their hands inside the goal arc -NO PUNTING
- Build Out Line - Dotted Line
- Restarts
  - Sideline are throw ins (indirect)
  - Endline are goal kicks taken inside the goal arc
  - Endline corner kicks take in the corner (direct)
- Offside will be called.
- No Heading

### **U13 Division**

- 8v8 (7 Field Players and a Goalkeeper)
- Field Size 50x80 Yards
- Ball Size 4
- Game Length
  - 2 Halves
  - 25 Mins each
- League appointed referee for the games
- Goalkeeper use their hands inside the goal arc -NO PUNTING
- Restarts
  - Sideline are throw ins (indirect)
  - Endline are goal kicks
  - Endline corner kicks take in the corner (direct)
- Offside will be called.
- No Heading.