

# Volunteer stations

We partner with local agencies to become volunteer stations. If your agency would like to become a volunteer station, reach out for more information.

If you are interested in volunteering for a specific volunteer station, please indicate that when applying.

alzheimer's association®



IOWA STATE UNIVERSITY  
Extension and Outreach



# Want to volunteer?

RSVP is one of the largest volunteer networks in the nation for people 55 and older. Each year in Iowa, nearly 5,000 volunteers serve 350,000 hours. We encourage you to step up and provide a valuable service to your community.

# In need of assistance?

We focus on older adults, people with disabilities, veterans and people with low-income.

# Interested?

If you're interested in volunteering or you're in need of assistance, go to [www.HIRTAHelps.org](http://www.HIRTAHelps.org).

# Contact us

1 (877) 686-0029  
[volunteer@RideHIRTA.com](mailto:volunteer@RideHIRTA.com)  
[www.HIRTAHelps.org](http://www.HIRTAHelps.org)

# HIRTA & RSVP

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## Boone

In partnership with Boone RSVP

## Dallas

In partnership with United Way of Central Iowa

## Madison

HIRTA RSVP



## Marion

HIRTA RSVP



## Warren

In partnership with United Way of Central Iowa

# About RSVP

RSVP (Retired & Senior Volunteer Program) is part of AmeriCorps Seniors which enlists the volunteer service of older adults to use their skills, talents, and experience to help the community.

AmeriCorps Seniors volunteers choose how, where, and when they want to serve, whether that might be a few hours or 40 hours per week.



**AmeriCorps  
Seniors**

# Our Focus



Our food support program volunteers provide rides to food pantries, congregate meal sites as well as assistance with cooking meals or meal preparation.



With our volunteer driver program, volunteers provide trips to medical appointments, the pharmacy, and support groups using their personal vehicles.



Volunteers make phone calls and social visits with community members who are at-risk for social isolation. Volunteers could provide a ride to local events as well.

# Our Program



We are a proud AmeriCorps Seniors grantee for RSVP. Our RSVP strives to make an impact on our communities through matching volunteers with a variety of opportunities to help community members age in place and lead healthy futures. This program closely aligns with HIRTA's mission and vision to promote independent lifestyles. All our RSVP services are available on a donation basis.

Volunteers receive mileage reimbursement and supplemental and liability insurance while volunteering.