Understanding Sexuality for Adults

Having trouble understanding relationships, your body, your needs as a person, how to be safe?

PoDDSS are offering an Understanding Sexuality for Adults education course that includes picture-based resources, easy to understand written supports & videos.

Session Covers

- Public & Private Places
- Self-esteem
- Body Parts
- Gender Identity
- Sexual Orientation
- Relationships
- Dating
- Consent
- Sex Workers
- Personal hygiene
- Sex
- Arousal & Masturbation
- Birth Control
- Pregnancy & Parenthood
- STI's
- Porn, Sexual Aids, Sex Toys
- Online Dating

Who Should Attend

- Come because YOU want to learn about things that are happening for YOU
- Bring a trusted person who you can talk to once you leave the session
- Commit to coming to every session

Cost

- 10 x 1 Hour Sessions @ $156.16

Date Tailored to your needs **Time** Tailored to your needs

Venue PoDDSS 10-20 Cottell Street Hyde Park

Contact

PoDDSS Admin for more details
Tel: (07) 4700 6854

PODDSS Pty Ltd
Professional Disability Development Supports & Services