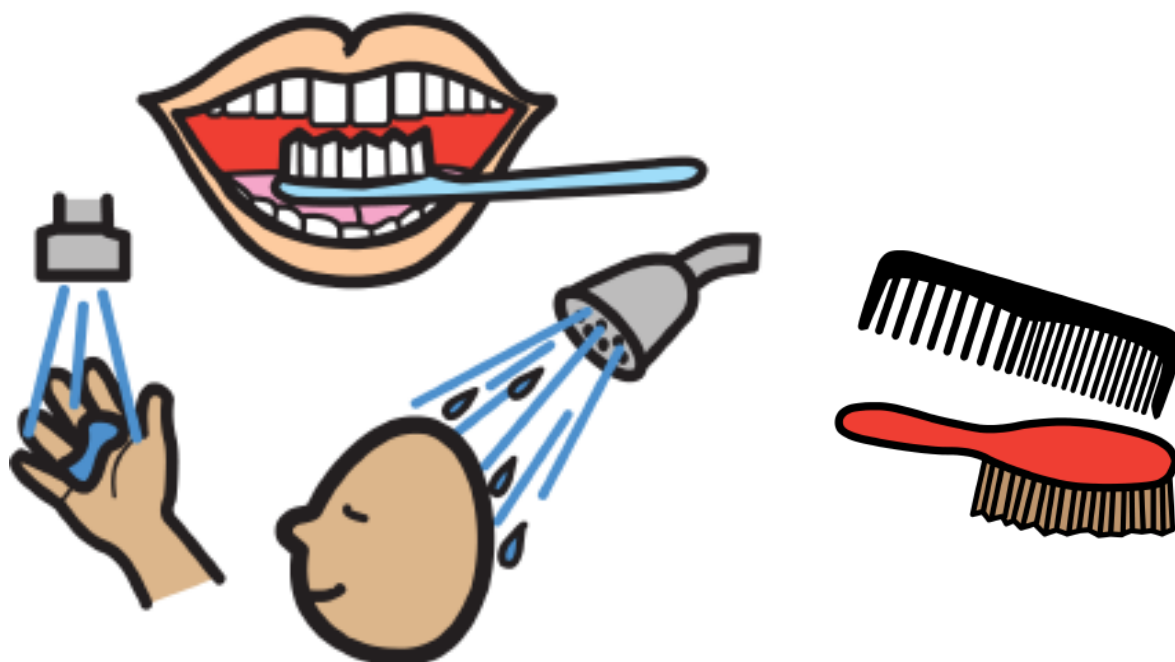


Taking Care of Myself



I do a good job of taking care of
myself everyday



I'm proud of my efforts



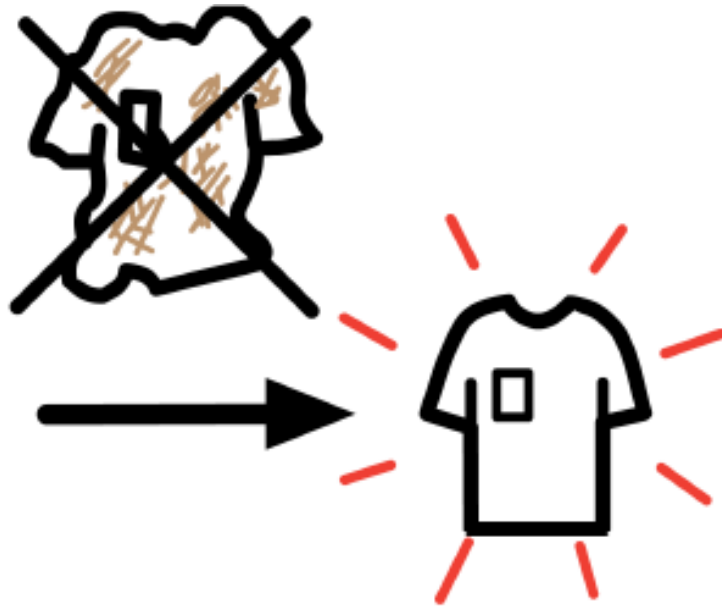
I keep my body clean



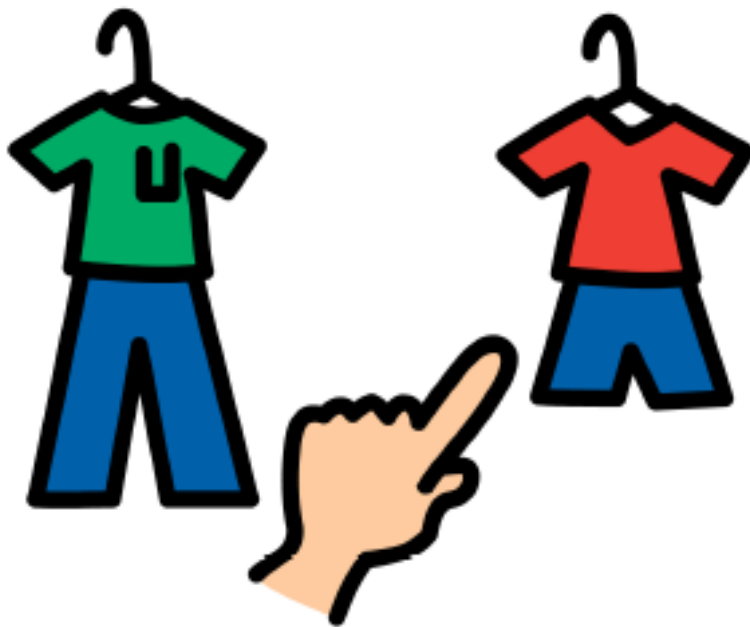
I wash my face and hands



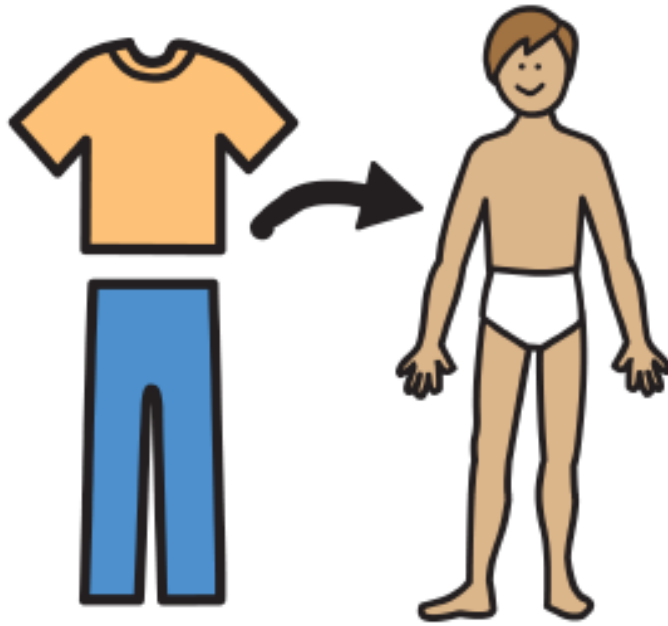
I wash my hair



I wear clean clothes



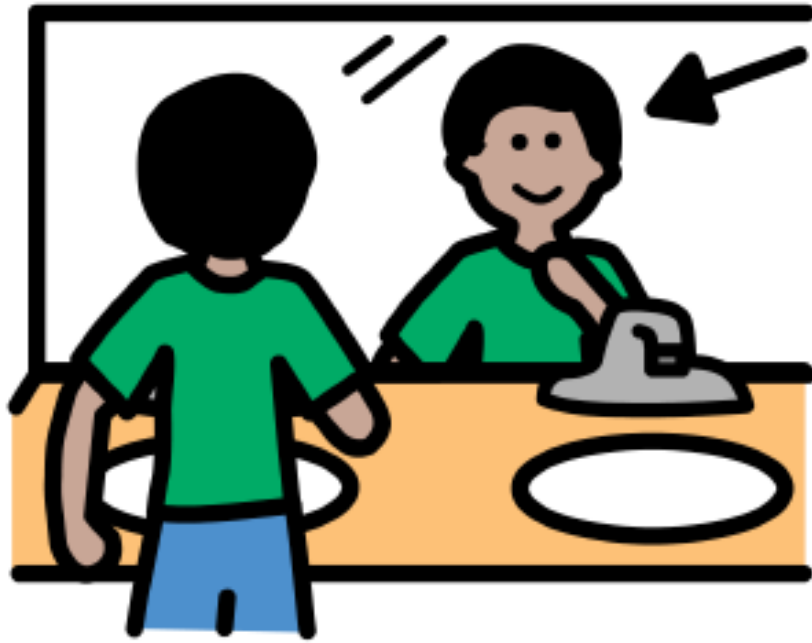
I pick out clothes to wear



I get dressed



I wear a jacket when it's chilly



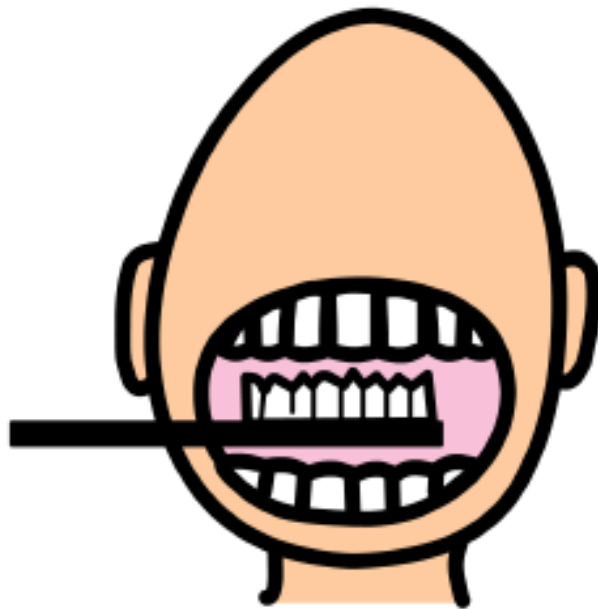
I check myself in the mirror



I comb or brush my hair



I blow and clean my nose



I brush my teeth



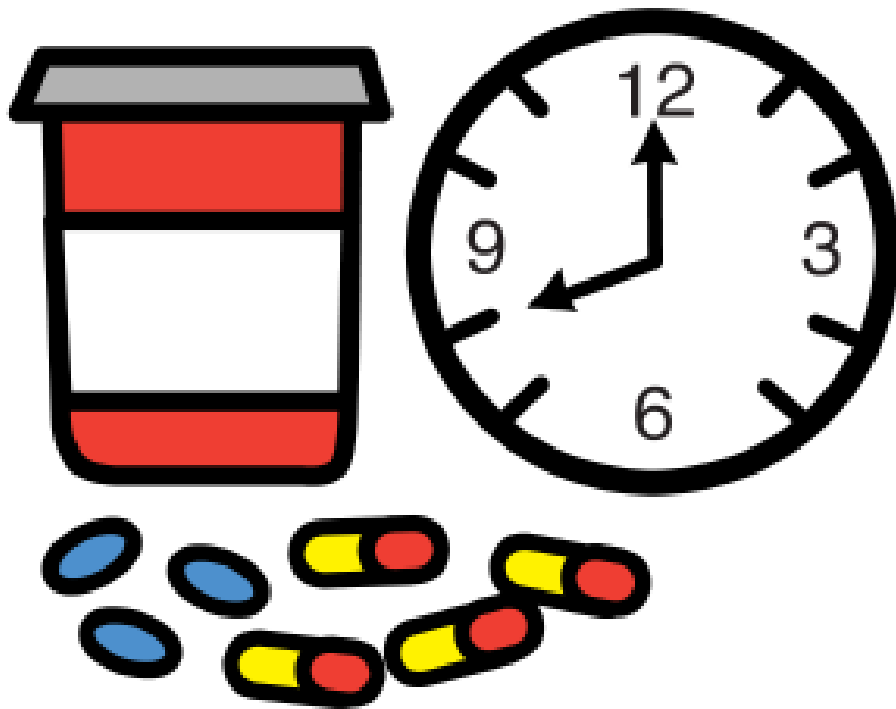
I clip my finger nails



I clip my toe nails



I use lotion and sunscreen



I take my medicine

