OUR LADY OF THE ANGELS
Confirmation Sacramental Preparation

SAINT NAME SELECTION FORM

Why do we choose Confirmation Saints?
Part of the Confirmation process is to choose a saint who will become a patron saint for you. This isn't just something to check off a list, but rather, should be the beginning of a lifelong friendship with someone who chose to follow Christ in another time and place, successfully lived out their discipleship, and now can intercede for you to Christ in heaven. Your Confirmation saint can also serve as a role model and example of how to attain holiness and grow in the spiritual life.

The name of the saint you choose is the name you will be confirmed under.

How do I choose my Saint?
Take some time to research and find a saint to whom you can make a personal connection. Choose a saint that you want to imitate. Perhaps he/she had the same struggle or difficulty in life as you; perhaps they had similar hobbies, interests, or personality. Maybe they held a profession you would like to pursue. Or perhaps they are connected to a particular country or period in history you find interesting.

You are allowed to keep your baptismal name only if it is the name of a saint; and your saint's gender must match your own.

Where can I find information about the Saints?
https://catholicsaints.info/
https://www.catholic.org/saints/stindex.php
http://www.catholic-pages.com/dir/saints.asp
https://www.franciscanmedia.org/saints/
http://www.newadvent.org/cathen/

Need help? Don't hesitate to ask.
Talk to your parents, sponsor, or youth leaders to help you select the best saint for you. We want to help you pick someone you will grow close to; pick a person, not just a name.

Confirmation Candidate: _____

Name of Patron Saint: _____

Feast Date of Patron Saint: _____

Basic Information

Where is your saint from? _____

When did your saint live? _____

What is he/she the patron saint of? _____

_____

Life of the Saint

What three events in the life of the Saint or facts about the Saint most impress you? Why?

1. _____

_____

_____

_____

2. _____

_____

_____

_____

3. _____

_____

_____

_____

Saintly Virtues

What three virtues (a virtue is a good habit that enables a person to act with moral excellence)

1. _____

2. _____

3. _____

Imitation of Christ

Sainthood is achieved by allowing Christ to act in you. In what two ways was this Saint most like Jesus?

1.

2.

Specific Ways to Emulate Your Saint

List 3 specific ways you can model this saint in your own life.

1.

2.

3.

Which Gift of the Holy Spirit did your Saint most utilize in his/her life? Explain.

WISDOM: the gift of the Spirit enabling us to see things from God's point of view; to realize the real value of people, events, & things.

UNDERSTANDING: the gift of the Spirit providing us with insight into the truths of the faith and being a follower of Jesus in his Catholic Church.

RIGHT JUDGMENT (COUNSEL): the Spirit's gift helping us to seek advice and be open to advice given to us by the Spirit through others.

COURAGE (FORTITUDE): the Spirit's gift of strength to persevere in the faith and stand up for beliefs in order to live as a follower of Jesus.

KNOWLEDGE: the gift of the Spirit helping us know what God wants of us and how He wants us to respond in certain situations.

REVERENCE (PIETY): the gift of the Spirit that helps us to love and worship God by recognizing we are His children (also known as PIETY).

WONDER & AWE (FEAR OF THE LORD): the Spirit's gift to help us recognize the greatness of God and our dependence on him.