



MASTER IACOBUCCI'S MUDO ACADEMY

RULES, REGULATIONS & CLASS PROTOCOL

VOLUME 3

Expert Instruction. Personal Attention. Proven Experience.

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Training Since 1986 | Teaching Since 1988

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1. PURPOSE OF THIS VOLUME

The Rules, Regulations & Class Protocol establish the standards and procedures that apply during training and while participating in MuDo Academy programs.

Students, parents and guardians are expected to understand and follow the applicable rules and class protocols.

These rules have been established to maintain the discipline, focus, respect and spirit of MuDo Academy training.

2. PROGRAM RULES & REGULATIONS

1. Bowing and Greeting

Bow to Master Instructors and all Black Belts when greeting them.

Bowing should be performed in a standing position with the hands at the sides of the body. Lower the head and look down, bending at least 45 degrees.

2. Entering and Leaving the Training Area

Upon entering or leaving the training area (dojang), bow to the flags when displayed or to the Master Instructor or Instructor in charge of the class.

3. Language and Noise

No profanity or loud talking.

4. Attitude During Class

Students must maintain a positive, caring and focused attitude at all times during classes.

5. Proper Respectful Posture

Never address others while standing with hands on the hips or hands folded in front.

This shows a lack of respect for the other person.



6. Discipline, Focus and Attitude

Discipline, focus and proper attitude are the main principles in the training of Martial Arts.

In violation of such principles, students will be verbally reprimanded, dismissed or suspended for a period upon the sole discretion of the Chief Instructor.

7. Conduct Affecting the Program

Students, parents and/or guardians are reminded that interfering with the operation of the Academy, disrupting classes or training, undermining the authority of Master Instructors or Black Belts, making disparaging or negative comments about the Academy, its policies or training methods, or engaging in conduct that negatively affects the morale, discipline or spirit of the program shall result in dismissal.

Concerns, questions or suggestions regarding the Academy should be addressed directly to Master Dean Iacobucci in a positive and constructive manner, as outlined in Rule #8 and Section 5 of this Volume.

Furthermore, there will be no refunds of fees for memberships, tests, camps or events following dismissal.

8. Comments and Suggestions

Comments regarding the program should be addressed to Master Dean Iacobucci in a positive, constructive manner by submitting written suggestions or concerns.

9. Addressing Instructors and Acknowledging Instructions

Students must address Master Instructors, Instructors and Black Belts respectfully using **Mr./Ms. with their surname, Master with their surname, Sir, or Ma'am.**

Students are to acknowledge instructions in a clear, loud voice:

“YES SIR” or “YES MA’AM.”

10. Helping Junior Students

Any higher-ranking student is expected to help junior-ranking students.

11. Training Material

Only learn and practice the materials required for your rank and not beyond.



12. Uniform

MuDo Academy uniforms (Dobok) must be kept bright white, clean and not wrinkled.

Uniforms must be treated with **RESPECT**.

Students may be dismissed from class if the uniform is not properly fitted, stained, dirty or wrinkled.

The uniform is a symbol of Martial Arts; the belt is the badge of your rank.

T-shirts are to be worn under the uniform and should match the student's belt colour.

13. Sparring Gear

MuDo Academy-approved sparring gear is mandatory for students participating in sparring.

Lil Warrior students are required to purchase their own sparring gear from MuDo Academy once they achieve **Black Stripe**.

Students in the regular program are required to purchase their own sparring gear from MuDo Academy once they achieve **Yellow Stripe**.

Comprehensive students, including those who have achieved Yellow Stripe, are required to own their own sparring gear, as their program includes sparring.

Students enrolled in the **Recreational Program** are not required to purchase sparring gear, as sparring is not part of the Recreational Program, even though they may continue to progress through Yellow Stripe and higher ranks.

Sparring gear must be brought to Sparring Class and to any other function where it is required.

14. Lining Up

When lining up, it is necessary to do so with speed and a sense of urgency, with the highest ranking on the right.



15. Entering the Classroom

Upon entering the classroom:

- Ensure that you are signed in.
- Ensure that your belt is tied.
- Place your water bottle on the shelf.
- Be on the floor as quickly as possible.

Do not loaf around once on the training floor.

There should be no unnecessary noise or talking.

The **“Class Line Up!”** command should be a mental signal to commence training and focus on the class.

16. Adjusting the Uniform

In the training area, you must turn away from the flags to adjust your uniform.

17. Sitting in the Training Area

While sitting in the training area, legs must always be crossed.



3. CLASS PROTOCOL

1. Discipline and Attention

Proper discipline is to be always kept, such as not moving when in position and maintaining full attention to the instructor in charge.

2. Remaining in Position

When in a position, you are not to move unnecessarily.

When at ease, you may straighten the uniform but are not allowed to walk around, talk, practice techniques, spar, etc.

3. Asking for Help

When seeking help before, after class or during a break, if the instructor in charge is occupied or not available, a higher-ranking student should be approached.

You must bow before and after asking questions and thank the instructor by saying:

“Thank you sir/ma'am.”

4. Korean Terminology

Use Korean terminology whenever possible.

Learn them and use them properly.

5. Permission Before Sparring

Permission must be given by the instructor in charge before sparring.

6. Free Sparring

Free sparring must be done with good techniques, precision and control.

Mental and physical control must be exercised.

Consideration must always be given to junior members. It should be a learning experience for both participants.

All students must wear headgear during sparring.

Head contact is not permissible during regular Sparring Class.



High-section kicks to the head may only be practiced by students who have been specifically authorized by the Chief Instructor. For students under the age of 18, a parent or guardian must complete the required waiver before the student may participate.

When high-section kicks are practiced during specific workshops or training camps, kicking techniques to the head must be controlled and pulled back within two (2) inches of making contact. **Contact with the head is not permitted.**

Any actual contact with the head will be deemed a lack of control and is against MuDo Academy Class Protocol.

7. Talking During Sparring

During pre-arranged or free sparring, talking is to be kept to a minimum.

A student should verbally help another only when a major mistake has been made.

8. Personal Hygiene

Personal hygiene is essential.

Fingernails and toenails must be kept trimmed to avoid injury.

Body and uniform should be kept clean of odour, or you will be dismissed from class.

9. Jewellery

No jewellery should be worn when training.

Jewellery and religious bracelets that cannot be removed should be taped over or covered with a wristband.

10. Medication and Alcohol

Students who take prescribed medication, including medication for **ADHD**, may participate in training provided they are able to participate safely and without impairment.

Students must not participate in training if medication or alcohol impairs their ability to train safely.

Alcohol must not be consumed prior to participating in MuDo Academy training.

11. Gum

No gum chewing during training.



12. Leaving Class Early

If you need to leave class early, get permission from the instructor in charge prior to the start of the class.

13. Leaving the Training Floor When Ill

If you become ill during class, you may leave the training floor without first receiving permission from the instructor.

Leaving the training floor without permission will be understood as a signal that you are unwell and require attention from the instructor.

The instructor will assess the situation and determine what assistance or further action is required.

14. Punctuality

Students must be punctual when attending class.

The club opens **10 minutes before each class** to allow the previous class to leave and the arriving students to enter, get ready and prepare for their class.

Students arriving for the next class must wait to the side and allow students from the previous class to exit before entering the training area.

Students are expected to be ready to begin class at the scheduled start time. If a student arrives after the scheduled class start time, the instructor in charge reserves the right to refuse entry to the class.

Parents and guardians are responsible for picking up students promptly at the scheduled end of class. Late pickups interfere with the transition between classes and the operation of the Academy.



4. AUTHORITY OF THE CHIEF INSTRUCTOR

The Rules, Regulations & Class Protocol are established for MuDo Academy training and participation.

Where a rule specifically gives discretion to the Chief Instructor or instructor in charge, that discretion applies as stated in the rule.

The Chief Instructor is **Master Dean Iacobucci**.

5. QUESTIONS OR CONCERNS

Comments, questions or concerns regarding the program should be addressed to **Master Dean Iacobucci by email at masterdean@mudoacademy.ca** in a positive and constructive manner.

To ensure that students can enter and leave the Academy safely and on time, and that classes can begin and end as scheduled, **drop-off and pick-up times are not available for discussions regarding Academy programs, policies, training, or student concerns.**

Email is the preferred method of communication because it provides a clear and accurate written record of questions, responses and decisions regarding Academy programs, policies and student matters.

Telephone discussions may be arranged outside of teaching and class-transition times when appropriate. However, parents and guardians are encouraged to follow up any important questions, decisions or agreements discussed by telephone by email so that the details can be confirmed in writing.

Parents and guardians should rely on written communication from MuDo Academy as the official record of Academy policies, requirements, decisions and agreements.

MUDO ACADEMY

Master Dean Iacobucci

Chief Instructor