

PADDLING TRAIL

Llandegfedd Lake



Key Information

Llandegfedd is a reservoir set in the beautiful countryside of southeast Wales. It's perfect for water-based activities with a watersport centre, café and safety boat cover. Owned by Dŵr Cymru (Welsh Water) it is a designated SSSI (Site of Special Scientific Interest) and renowned for its diverse wildlife.

Start and finish:

Llandegfedd Reservoir

NP4 0SY

For SatNav use NP4 0TA; on Sluvad Road ignore directions to turn right; continue for ¾ mile instead. Portages: 0

Time: 0.75–1.5 hours

Distance: 3 miles (circular)

OS Map: Explorer 152 Newport & Pontypool



For more information scan the QR code or visit:

or visit: bit.ly/3yjTauj

Llandegfedd Lake is owned by Dŵr Cymru (Welsh Water) and a permit must be obtained before launching. Permits can be purchased online (details on next page). Paddlers must also have 3rd Party Public Liability Insurance (available through membership of Canoe Wales and other NGBs).

The site has two main buildings: the Visitor Centre (with café) and the Watersport Centre, both with toilets (accessible). There is a large car park on-site and there are accessible parking bays alongside both centres. Access to the water is from the Watersport Centre via a gravel shoreline or concrete slipway. There is a pontoon with an EZ-Launch system for wheelchair users. Vehicle access onto the slipway can be arranged at the centre.

This route can be paddled in either direction, starting and finishing at the Watersport Centre. The clockwise option is described here. Llandegfedd Lake is an open stretch of water and the wind can have a real bearing on

time and ability to paddle. The route can be adapted or shortened.

1. Launch from the shoreline in front of the Watersport Centre and paddle across the end of the lake. Keep the straining tower on your left, maintaining a good distance from it.

- **2.** When you reach the far shore, turn right and follow the west bank.
- **3.** Head across the mouth of the large inlet, aiming to the right of the woods on the opposite shore. This area can be busy with gulls up to 5000 can roost here at night.
- **4.** Keep the shoreline on your left and paddle towards the north end of the lake.
- **5.** Cut across the mouth of the small inlet and begin your journey down the east shore, with beautiful views down the lake towards the Visitor Centre.
- 6. Paddle across the small bay, which is a haven for wildfowl.
- 7. Head across the shallow bay and past Pentre-waun woods.
- **8.** Paddle around the headland, into the bay and back to the Watersport Centre to complete your journey.





Find out more information at: gopaddling.info



Discover More



Llandegfedd Lake is open to activities from 1 March to 31 October. Access is via pay-and-play permits which can be pre-booked online. Most paddlecraft are permitted, however, there are equipment and safety requirements, and paddlers must have 3rd Party Public Liability Insurance (available through membership of Canoe Wales and other NGBs). Full details are given on their booking site – eola.co/w/394/activities. When the site is open for activities, there is a safety boat on the water. SUPs, open canoes and sit-on-tops are available to hire.

The reservoir was completed in 1966 creating an artificial lake which is 1.5 miles long, 1 mile wide and 41m at its deepest point, with an average depth of 25m.

The site is owned by Dŵr Cymru (Welsh Water) and has over 400 acres of water, woodland and grassland to explore and enjoy, including 4 miles of trails. On site is a Visitor Centre, with café, minigolf, fishing and watersports equipment hire and tuition.

The entire site is a SSSI (Site of Special Scientific Interest) due to its wildlife: over 240 bird species have been recorded at the lake. To ensure the over-wintering birds are not disturbed, water-based activities do not take place from 1 November to the end of February.

The lake is a well-known venue for bank and boat fishing and holds the British pike record, weighing in at a whopping 46lb 4oz (nearly 21kg) – and over 1.5m long!

Further information can be found at the following websites:

www.canoewales.com www.britishcanoeing.org.uk www.gopaddling.info www.llandegfedd.co.uk



Safety and Licences

We want you to enjoy a safe trip, so here are a few tips for staying safe and paddling responsibly

Paddle Safe. Be prepared and take the right kit:

- Wear a correctly sized buoyancy aid
- Mobile phone in a waterproof case
 Whistle to attract attention in case of emergency
- Map and/or route description
- Appropriate clothing for the weather conditions + spares in a dry bag
- Food, drink & suncream!

Paddle Responsibly. Respect the natural environment and other users:

- Respect other waterway users #sharethespace
- Be environmentally aware, minimise your impact
- Ensure you have the correct licence if required
- Observe navigational rules keep right and give other users space
- Check, Clean, Dry after every trip!

Licences: A permit and 3rd Party Public Liability Insurance are required to paddle on the lake. The permit is not included with Canoe Wales membership, however, 3rd Party Public Liability Insurance is. If you paddle regularly you should consider becoming a member of Canoe Wales (or British Canoeing if you live in England). Membership gives you a whole range of benefits including a licence to paddle on 4500km of Britain's waterways and Civil Liability Insurance, worth up to £10 million. Not only will membership help save you money, it will give you peace of mind when out on the waterways. For more information on Canoe Wales membership please click here.