



COVERAGE IS  
GUARANTEED



# PACKAGE ELIGIBILITY

Your package eligibility is determined by your average hours worked and your employment status. All enrollees must be actively at work and not off on any type of leave such as disability or maternity.

## SIGNATURE

### Eligibility

- Currently covered under another group plan for extended health care benefits
- Work 18 or more hours per week, on average
- Under the age of 65
- Permanent\* part-time, or casual employment status

### Benefits

- Employee life insurance
- Employee accidental death, disease and dismemberment insurance (ADD&D)
- Employee long term disability benefits (LTD)

## SUPREME

### Eligibility

- Work 18 or more hours per week, on average
- Under the age of 65
- Permanent\* part-time, or casual employment status

### Benefits

- Employee life insurance, LTD, ADD&D
- Extended health care benefits
- Dental care benefits (optional)

## STANDARD

### Eligibility

- Work less than 18 hours per week, on average
- Permanent\* part-time or casual, temporary or contract\*\* employment status or retiree

### Benefits

- Extended health care benefits
- Dental care benefits (optional)

\*Permanent - a position for which there is NO end date. \*\*Temporary or contract - employment which has a set end date at the time of hire. Temporary or contract employees, regardless of hours worked per week, are eligible only for our Standard package.



# GUARANTEED COVERAGE

HCP is proud to offer eligible enrollees 4 levels of GUARANTEED health and dental plans. No medical questionnaire is required regardless of age, time of enrollment, employment at an endorsing hospital or medical history.

## Endorsing Hospital?

**Yes**

**No**

**60-Day Open Window?**

**Essential or  
Essential Plus  
Health Plan**

**Yes**

**No**

**Complete or  
Complete Plus  
Health Plan & Basic  
Life, LTD, ADD&D\***

**Essential or  
Essential Plus  
Health Plan**

### Basic Life, LTD, ADD&D:

\*Employee life insurance, long term disability benefits (LTD) and accidental death, disease and dismemberment (ADD&D) is based on package eligibility.

### 60-Day Open Window:

Unique 60-day time frame during which an eligible employee will be offered the Complete or Complete Plus health plan with no medical questions asked.

### Endorsing Hospital:

A hospital which actively communicates the opportunity for eligible employees and retirees to enroll in the HCP Plan.

60-day open window eligibility includes 60 days from hire (part-time/casual/contract/temporary), loss of full-time benefits (transfer to part-time/casual/contract/temporary), full-time retiring from the hospital, full-time permanently laid-off from hospital or losing hospital benefits at age 65.



For more information, please visit:  
[www.healthcareproviders.ca](http://www.healthcareproviders.ca)



LTD  
SPECIAL  
OFFER

# \$1000 OF EXCESS LTD COVERAGE --- AT NO COST ---

Now, employees under age 35 who are working more than 18 hours per week (in Signature/Supreme) are eligible to apply for up to an additional \$1000 of long term disability coverage **at no cost**.

This additional coverage is subject to medical underwriting and is above and beyond the \$1000 of LTD coverage already included with Signature & Supreme.

## --- THE IMPORTANCE OF LTD COVERAGE ---

Protecting one's ability to earn an income is something that is often overlooked by many until it's too late - especially by those who are young and healthy. At HCP, we believe in the importance of this coverage and know that life can change in the blink of an eye, which is why we developed a special long term disability offering to those under 35.





# HERE'S HOW TO APPLY:

**Taking advantage of this offer only requires a few simple steps. A small reminder before you get started, Signature & Supreme come standard with \$1000 of coverage so don't forget to factor that in when determining your maximum LTD eligibility!**

- 1** Determine the maximum that you can apply for by calculating 65% of your gross monthly salary (up to \$5000).
- 2** Use the optional coverage worksheet (Form 4) in the enrollment kit to determine the number of units being applied for and calculate your monthly cost, if any. Please submit this with your application.
- 3** Complete the plan member group health form (Form 3) and submit with your application.
- 4** Once received by our office, the medical underwriting process will begin and you will be notified of your status once complete.

If coverage is approved, you will be notified and any additional premiums (in excess of the additional \$1000 of LTD) will be automatically withdrawn from your account on a monthly basis.



## ADDITIONAL, OPTIONAL & EXCESS COVERAGE

### Long Term Disability Special Offer

Applicants under 35 years old, who are working more than 18 hours per week (Signature/Supreme), are eligible to receive up to \$1000 of excess LTD coverage **at no cost!**

### Long Term Disability Income

- Employee only
- Available in units of \$100
- Available up to a total of 65% of your gross monthly salary to a maximum benefit of \$5,000 a month

### Optional Additional Life Insurance

- Employee only
- Convertible
- Available in units of \$10,000
- Available to a maximum of \$500,000

### Optional Life Insurance

- Spouse and/or child
- Spouse convertible, child non-convertible
- Spouse is available in units of \$10,000 to a maximum of \$500,000
- Child is available in units of \$5,000 to a maximum of \$50,000

Please note, these offerings are subject to medical underwriting and evidence of good health. For more information on additional, optional and excess coverages, rates and forms needed to apply, please see **Form 4**.

## THE DETAILS

**Prescription Drugs:** (Pay Direct Drug Card system) Benefits include drugs legally requiring a prescription, diabetic needles and syringes. Pay generic only unless otherwise indicated in the prescription. Benefits do not include smoking cessation products and medication for the treatment of obesity, erectile dysfunction and infertility.

**Travel Benefit:** Out of province/out of country emergency medical services up to 60 days for each trip; dollar maximum is per CALENDAR year regardless of the number of trips.

**Trip Cancellation:** Per covered person, per trip included in the overall maximum out of province/out of country.

**Hospital Accommodations:** Semi-private room in a public general hospital.

**Private Duty Nursing:** Services of an RN or RPN or LPN or PSW.

**Vision:** Maximums apply every 24 months based on date of first paid claim. Prescription eye glasses and/or contact lenses and/or laser eye surgery, eye exams (this benefit is only available for residents in provinces that do not cover eye exams under their provincial plan).

**Audio:** Hearing aids, repairs or replacement parts (maximums apply every 5 years based on date of first paid claim).

**Accidental Dental:** Accidental injury to natural teeth. Submit accident report immediately.

**Medical Items:** Includes items such as wheelchair, hospital bed, glucometer and lancets, orthotics, prosthetics, ventilator, pressure gradient stockings etc. Each individual item is scaled to usual customary limits.

**Emergency Transportation:** Land or air ambulance.

**Medical Alert Bracelets:** Maximums apply every 2 years based on date of first paid claim.



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Whitby, Ontario L1N 4L8

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Local: 905.668.7450

info@healthcareproviders.ca

www.healthcareproviders.ca

Benefits that work full-time for those who don't

PACKAGES  
& PLANS

**Maximums:** There is no lifetime maximum or overall annual plan maximum.

**Co-insurance:** Percentage the Insurer pays, subject to coverage maximums, applies to all categories of coverage unless otherwise specifically stated.

**Deductible:** There is no deductible.

**NOTE:** Stated maximums are per benefit year, unless otherwise specified, and apply to each plan member and insured dependant. Complete Form 2 included in this enrollment kit when applying for Optimum health plan.



	SIGNATURE*	SUPREME*	STANDARD
Life Insurance †	\$10,000	\$10,000	X
Long Term Disability †	\$1,000/month	\$1,000/month	X
Accidental Death, Disease & Dismemberment †	\$25,000	\$25,000	X
	† GUARANTEED ANYTIME		† GUARANTEED IN A 60-DAY OPEN WINDOW
			MEDICALLY UNDERWRITTEN
	Essential	Essential Plus	Complete
			Complete Plus
			Optimum
Co-Insurance (Drugs)	X	80%	80%
Prescription Drugs	X	\$750	\$1,000
Co-Insurance (Extended Health Services)	80%	90%	100%
Travel Benefit	\$1,000,000 (100%)	\$1,000,000 (100%)	\$1,000,000
Trip Cancellation	\$5,000 (100%)	\$5,000 (100%)	\$5,000
Hospital Accommodations	X	X	\$3,000
Private Duty Nursing/PSW	\$1,500	\$2,500	\$5,000
Psychologist/ Master of Social Work /Psychotherapist	\$400 combined	\$400 combined	\$400 combined
Speech Therapist	\$400	\$400	\$400
Physiotherapist	\$400	\$400	\$400
Podiatrist/Chiropodist	\$400 combined	\$400 combined	\$400 combined
Massage/Chiropractor/ Osteopath/Naturopath/ Acupuncturist/Dietitian/ Occupational Therapist	\$400 combined	\$400 combined	\$400 combined
Vision	\$100 (100%)	\$100 (100%)	\$150
Eye Exam	\$65 (100%)	\$65 (100%)	\$65
Audio	\$300 (100%)	\$300 (100%)	\$400
Accidental Dental	\$1,500 (100%)	\$1,500 (100%)	\$2,500
Medical Items	\$1,500	\$1,500	\$2,500
Medical Alert Bracelets	\$50	\$50	\$50
Emergency Transportation	Unlimited (100%)	Unlimited (100%)	Unlimited

## DENTAL PLANS

Dental plans are available as an optional add-on to any health plan.

**Deductible:** There is no deductible.  
**Co-insurance:** Percentage of an eligible claim the insurer pays.  
**Fee Guide:** Coverage follows the current fee guide.  
**Maximums:** Plan maximums stated below are per benefit year, unless otherwise specified and apply to each plan member and insured dependent.

### Overall Dental Plan Maximums

Year	Basic	Enhanced
Year 1	\$500 (70%)	\$700 (80%)
Year 2	\$750 (80%)	\$850 (80%)
Year 3+	\$1,000 (80%)	\$1,000 (80%)
Endodontic & Periodontal Services		
	50%	80%
Major Restorative Services		
Available ONLY after the 36th consecutive month of dental coverage		
	Not Included	50%

### Summary of Eligible Services

Eligible services include recall examinations once every 9 months, fillings, cleanings, scalings, examinations, polishing, extractions, general anesthetic and other standard services.

Endodontic treatment includes root canal therapy. Periodontal treatment includes addressing diseased bones and gums.

### Major Restorative Services

(Enhanced Dental Only)  
Dentures include standard complete, immediate, transitional and partial dentures. Crowns include standard onlays or crown restorations (paid to full metal on molar) to restore diseased or accidentally injured natural teeth.

Standard bridges, including pontics, abutment retainers/crowns (paid to full metal on molar) on natural teeth. Standard repair or re-cementing of crowns, onlays and bridge work on natural teeth.

\* **Signature** or **Supreme** package, enrollees can apply for optional life insurance and/or employee long term disability (LTD) † GUARANTEED - eligibility and open window conditions may apply For further details on our **Packages & Plans**, see: healthcareproviders.ca/fine-print



# Premium Guide

Rates are Effective November 1st, 2024 for Residents of Newfoundland & Labrador

SIGNATURE		Under 65
Employee Only	Life Insurance	\$29.70
	Long Term Disability	
	Accidental Death, Disease & Dismemberment	

ADDITIONAL LONG TERM DISABILITY AND LIFE INSURANCE OFFERINGS (INCLUDING EMPLOYEE, SPOUSE & CHILDREN) ARE AVAILABLE TO SIGNATURE & SUPREME APPLICANTS\*.

SEE FORM 4 FOR RATES AND COVERAGE DETAILS.  
\*Coverage is subject to medical underwriting & additional monthly premiums

SUPREME		Rates For Under 65				
		Essential	Essential Plus	Complete	Complete Plus	Optimum
Single	No Dental	\$89.94	\$119.30	\$128.76	\$197.49	\$128.76
	Basic Dental	\$138.05	\$164.85	\$176.87	\$245.60	\$176.87
	Enhanced Dental	\$148.94	\$178.30	\$187.76	\$256.49	\$187.76
Couple	No Dental	\$153.13	\$209.86	\$226.56	\$357.95	\$226.56
	Basic Dental	\$239.92	\$288.91	\$317.99	\$449.38	\$317.99
	Enhanced Dental	\$271.32	\$320.94	\$338.71	\$470.10	\$338.71
Family	No Dental	\$180.90	\$249.90	\$270.20	\$441.70	\$270.20
	Basic Dental	\$305.62	\$369.83	\$399.55	\$572.99	\$399.55
	Enhanced Dental	\$346.18	\$415.17	\$435.48	\$606.98	\$435.48

Employee Life, Long Term Disability and ADD&D Are Included In Supreme

STANDARD		Rates For Under 65					Rates For 65+				
		Essential	Essential Plus	Complete	Complete Plus	Optimum	Essential	Essential Plus	Complete	Complete Plus	Optimum
Single	No Dental	\$70.12	\$99.48	\$108.94	\$177.67	\$108.94	\$69.10	\$103.72	\$133.25	\$161.56	\$133.25
	Basic Dental	\$118.23	\$145.03	\$157.05	\$225.78	\$157.05	\$134.66	\$166.17	\$192.51	\$218.68	\$192.51
	Enhanced Dental	\$129.12	\$158.48	\$167.94	\$236.67	\$167.94	\$142.41	\$177.03	\$206.56	\$234.87	\$206.56
Couple	No Dental	\$133.31	\$190.04	\$206.74	\$338.13	\$206.74	\$134.08	\$202.32	\$259.08	\$311.47	\$259.08
	Basic Dental	\$220.10	\$269.09	\$298.17	\$429.56	\$298.17	\$253.87	\$315.37	\$361.04	\$409.02	\$361.04
	Enhanced Dental	\$251.50	\$301.12	\$318.89	\$450.28	\$318.89	\$273.36	\$341.59	\$398.36	\$446.88	\$398.36
Family	No Dental	\$161.08	\$230.08	\$250.38	\$421.88	\$250.38	\$148.36	\$226.70	\$293.27	\$359.47	\$293.27
	Basic Dental	\$285.80	\$350.01	\$379.73	\$553.17	\$379.73	\$347.04	\$425.39	\$491.95	\$508.82	\$491.95
	Enhanced Dental	\$326.36	\$395.35	\$415.66	\$587.16	\$415.66	\$359.79	\$434.29	\$498.52	\$564.72	\$498.52

All rates listed are paid **monthly** and are inclusive of all taxes if applicable in your province of residence. Your coverage and your premium may be affected by changes in your weekly hours of work, your job status and/or your family status. It is your sole responsibility to make Health Care Providers aware of any such changes at the time of occurrence. Any premium paid towards coverage for which you were ineligible or which you no longer required as a result of non-contact at the time of the changes will not be refunded.



# Premium Payment

A deposit and first month premium payment are required with each enrollment. Both payments are equal to the monthly premium for the plan into which you are enrolling.



## Deposit and First Month Premium

A deposit and first month premium payment are required with each enrollment. Both payments are equal to the monthly premium for the plan into which you are enrolling.

The deposit will be held in trust for the duration of the time you are covered under the HCP plan and may serve to ensure there is no disruption in your coverage should we not be able to collect payment from you in any given month - ie. - insufficient funds.

If not used to cover premium, it will be returned to you at the time of termination.

The first month premium is used to cover the cost of your first month of coverage under the plan.

You can pay the deposit and first month premium by cheque or credit card.

If you choose to pay the deposit and first month premium by cheque, your deposit cheque is to be dated the same date as your

enrollment forms and WILL be cashed when the enrollment forms are received. This cheque is NOT VOID and must be payable to HCP Group Insurance Plan.

Your first month premium cheque is to be dated for the first month in which your coverage will begin. This cheque is NOT VOID and must be payable to HCP Group Insurance Plan.

## Ongoing Monthly Premium Payment

Following your enrollment, ongoing monthly premium payments are made by pre-authorized, automatic debit from the chequing account of your choice.

The withdrawal will occur on your last pay day each month and are used to pay for your coverage for the following month. You must provide banking details with your enrollment (i.e.: a void cheque, pre-authorized debit form or banking details listed on the enrollment form).

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Benefits that work full-time for those who don't

PREMIUM  
GUIDE





# GROUP ENROLLMENT FORM

# 1

**TO PROCESS YOUR ENROLLMENT, ALL APPLICABLE FIELDS ON THIS FORM MUST BE COMPLETED**

## PART A - Employee/Retiree Contact Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Middle Initial: \_\_\_\_\_ Date Of Birth (MM/DD/YYYY): \_\_\_\_\_ Gender: ☐ Female ☐ Male  
Street Address: \_\_\_\_\_  
Apt: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Marital Status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐ Common Law\*  
I am covered under a provincial Health Plan (i.e. OHIP card): ☐ Yes ☐ No (See page 2)

## PART B - Employment Details

### For Employees Only (Current Position)

☐ Part-Time ☐ Casual ☐ Contract ☐ Temporary Date Hired (MM/DD/YYYY): \_\_\_\_\_  
Occupation: \_\_\_\_\_ Gross Monthly Salary: \_\_\_\_\_ Average Weekly Hours: \_\_\_\_\_  
Are you currently on maternity, disability or any other kind of leave? ☐ Yes ☐ No  
Are you on hospital payroll? ☐ Yes ☐ No Hospital: \_\_\_\_\_

### For Retirees Only

☐ Retired From Hospital Date Retired (MM/DD/YYYY): \_\_\_\_\_ Hospital: \_\_\_\_\_  
Last Day Actively Worked At The Hospital (MM/DD/YYYY): \_\_\_\_\_  
Did you retire while on a disability or any other kind of leave? ☐ Yes ☐ No  
Are you currently collecting ANY long term disability benefits? ☐ Yes ☐ No

## PART C - Enrollment Information For Dependants

Any dependants (including spouse) eligible for coverage must be listed below. Student refers to full-time post secondary enrollment of dependant children age 21-25.

Dependants:	First Name:	Last Name:	Gender: (M/F)	Date Of Birth: (MM/DD/YY)	Student: (Y/N)
Spouse:					
1 <sup>st</sup> Child:					
2 <sup>nd</sup> Child:					
3 <sup>rd</sup> Child:					

My dependants are covered under a provincial health plan (i.e. OHIP card): ☐ Yes ☐ No

## PART D - Coverage Information

Select Package Level: ☐ Signature ☐ Supreme ☐ Standard  
Select Health Plan: ☐ Essential ☐ Essential Plus ☐ Complete ☐ Complete Plus  
Select Dental Plan: ☐ No Dental ☐ Basic Dental ☐ Enhanced Dental

☐ I wish to be considered for the Optimum level of coverage & have included a Statement of Health form (Form 2)





# GROUP ENROLLMENT FORM

# 1

## PART E - Beneficiary Designation (Mandatory for Signature & Supreme Enrollees Only)

Beneficiary: \_\_\_\_\_ Relationship To Insured: \_\_\_\_\_

Trustee (Must Name A Trustee If Beneficiary Is Under 18 Years of Age): \_\_\_\_\_

## PART F - Declaration For Common-Law Coverage\*

I the undersigned, hereby certify that I have been living with \_\_\_\_\_ since (MM/DD/YYYY) \_\_\_\_\_ and representing him/her as my spouse or my (common-law) spouse. I further certify that I and/or my (common-law) spouse are solely responsible financially for either of our children claimed for insurance purposes. I further certify that I do not have or do not wish to provide coverage for my legal spouse, if any.

## PART G - Proof of Coverage (For Signature Package Enrollees Only)

Are you currently covered under your spouse's (or another group) benefits plan? ☐ Yes ☐ No

Provided By: \_\_\_\_\_ Insured Through: \_\_\_\_\_

## PART H - Payment Information (Mandatory On All Enrollments)

Deposit and first month premium are only collected by 2 cheques OR credit card. Choose one method of payment for your deposit and first month premium:

☐ Cheque

We require **two cheques (NOT void)** to be submitted with your enrollment and both must be made payable to **HCP Group Insurance**.

☐ Mastercard ☐ Visa

Name (as it appears on card): \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiry: \_\_\_\_\_

If paying deposit and first month premium by credit card, please attach a void cheque or pre-authorized debit form from your financial institution to your application. \*Your account must have chequing privileges.\* Alternatively, you may provide your banking details in the space below.

Institution: \_\_\_\_\_ Branch: \_\_\_\_\_ Bank Account Number: \_\_\_\_\_

I hereby authorize Health Care Providers to arrange automatic deductions from the account provided.

Dated \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_\_  
(City/Town) (Day) (Month) (Year)

Signature of Employee: \_\_\_\_\_

☐ I'm retired and would like my monthly premium withdrawn on the first of the month

## PART I - Enrollment Acknowledgment

I hereby enroll for the benefit coverage from Health Care Providers Group Insurance Plan™ for which I am eligible, and I authorize the hospital to release my address, phone and income information to the plan administrator if required. I acknowledge all information is complete and accurate. I understand that the health evidence provided by me and my dependants as part of this enrollment may be used by all parties involved in the issuing of my coverage and I hereby consent to such usage on my behalf of myself and any dependants for whom coverage is sought. I understand that Health Care Providers Group Insurance Plan™ reserves the right to audit claims. I understand that coverage is effective on the first of the month following the date that my enrollment is received, unless I elect to delay the effective date one month, provided all the requirements have been met:

- A fully completed, signed enrollment and required premium has been received
- Underwriting approval for instances where underwriting is required
- I continue to meet all eligibility rules

I acknowledge that it is my sole responsibility to inform Health Care Providers Group Insurance Plan™ of any changes in my work hours, status or otherwise in the event that it may affect my eligibility for coverage, and that failure to do so may result in premiums paid when coverage is not required and refunds under these circumstances will not be made.

Date (MM/DD/YYYY): \_\_\_\_\_ Signature of Employee: \_\_\_\_\_

PRIVACY: All information about the insurability of you and your dependants is considered confidential. Health Care Providers Group Insurance Plan™ is a business name registered to HMA The BENEFITS People and we are committed to protecting the privacy, confidentiality, accuracy and security of the personal information that is collected, used, retained and disclosed in the course of conducting business.

Please send all forms to: HCP Group Insurance Plan, 1032 Brock Street South, Whitby, ON L1N 4L8 or email to [info@healthcareproviders.ca](mailto:info@healthcareproviders.ca)





# STATEMENT OF HEALTH OPTIMUM PLAN

2

## PART A - General Information (Employee and Dependants)

Please complete the following information for all persons eligible for coverage including yourself, your spouse and all eligible dependants.

Relationship:	Name (First, Last):	Date Of Birth (MM/DD/YYYY):	Height (Ft/In):	Weight (lbs):	Smoker (Y/N):
Employee:					
Spouse:					
1 <sup>st</sup> Child:					
2 <sup>nd</sup> Child:					
3 <sup>rd</sup> Child:					

## PART B - Statement of Health Questionnaire

Have you or any of your dependants ever consulted a physician or alternative health care provider (including herbalist, acupuncturist, massage therapist, chiropractor, or practitioner of homeopathy, naturopathy, etc.) about, been treated for, or had any known indication of any of the following:

	Yes	No
1. Anxiety, depression, insomnia, ADD/ADHD, eating disorders or any other emotional, mood, behavioural or mental health disorders		
2. Alzheimer's disease, dementia, Parkinson's disease, seizures/epilepsy, loss of consciousness, multiple sclerosis, paralysis or any other neurological disorders		
3. Kidney stones, kidney disease, interstitial cystitis, benign prostatic hyperplasia (BPH) or any other kidney, bladder or prostate disorders		
4. Liver disorders, including hepatitis		
5. Infertility, ovarian cyst, PCOS, uterine fibroids, irregular menses, menopause or any other reproductive or breast disorders		
6. Crohn's disease, ulcerative colitis, irritable bowel syndrome, ulcer, hernia, persistent heartburn/reflux or any other gastrointestinal disorders		
7. Heart disease, stroke/TIA (mini-stroke), heart attack, irregular heartbeat, angina, high blood pressure, elevated cholesterol or any other circulatory, heart or vascular disorders		
8. Alcoholism or drug dependency		
9. Skin disorders, including acne, rosacea, psoriasis or eczema		
10. HIV, AIDS, ARC (AIDS related complex), or any other immunological disorders		
11. Arthritis, osteoporosis/osteopenia, back pain, joint pain, muscle pain, fibromyalgia or any other joint, bone or muscular disorders		
12. Allergies, asthma, COPD, chronic bronchitis, emphysema or any other respiratory, sleep apnea or lung disorders		
13. Chronic headaches or migraines		
14. Basal cell carcinoma, growths, polyps, tumors, leukemia or any other cancers		
15. Cold sores, herpes or any other sexually transmitted diseases or infections (STDs or STIs)		
16. Diabetes/elevated glucose, hypothyroidism, hyperthyroidism, adrenal fatigue or any other endocrine, hormonal or thyroid disorders		
17. Glaucoma, cataracts, Meniere's disease or any other eye, ear or balance disorders		
18. Anemia or blood disorder		
19. Any other condition, disease, disorder or injury not listed above		
20. Have you or any of your dependants ever been treated or hospitalized for or had any known indication or any physical impairment, condition, disease or disorder not stated above?		
21. Are you or any of your dependants currently taking prescription or non-prescription medications of any kind or been advised by a physician or alternative health care provider to take medication of any kind?		
22. Have you or any of your dependants ever been advised to have an investigation, hospitalization or surgery which has not yet been completed?		
23. Have you, your spouse or any listed dependant children been hospitalized in the last 2 years?		

**If you answered yes to any of the questions above, please provide additional details on the overpage.**





# STATEMENT OF HEALTH OPTIMUM PLAN

2

## PART C - Further Information Regarding Conditions from Overpage

### Details of "Yes" answers

Using the space provided below, please identify the following: Question number, Name of employee or dependent (First, Last), Nature of illness, injury or condition, Date of onset & recovery (mm/dd/yyyy), Type of medication (DIN) or treatment, Approx. monthly cost of medication, How often do you see your doctor for treatment?

Please note that based on your medical history, or that of a listed dependant, coverage may be declined or modified to exclude certain prescription drugs. Coverage that is approved will commence no earlier than the first of the month following final approval of the enrollment which this statement of health is a part of or acceptance of a counter offer.

## PART D - Employee Declaration

I hereby declare that all the statements contained in this application for the Health Care Providers Group Insurance Plan™ are true and complete and together with any other forms signed by me in connection with this application, form the basis for any agreement issued thereunder. I hereby authorize any licensed physician, medical practitioner, hospital, clinic, medical facility, or organization which has records of my or my dependants health to release such information to the plan administrator. I understand and agree that the information related to the administration of benefits may be provided to third parties to whom access has been granted or those authorized by law. A photocopy of this signed authorization shall be as valid as the original. I understand and agree that any injury that occurred on or before the date of this application or any medical condition, the signs of which first appeared on or before the date of this application may not be covered by the agreement. I understand that it is my obligation to inform Health Care Providers Group Insurance Plan™ of a change in my health or that of my spouse or any listed dependant children due to either injury or illness which occurs after the date of application and prior to the date of approval. Failure to disclose such information could result in denial of a claim and the cancellation or modification of this agreement. Health Care Providers Group Insurance Plan™ reserves the right to recover any claims paid due to the applicant's failure to disclose an injury or medical condition that existed on or before the date of this application. I understand that Health Care Providers Group Insurance Plan™ reserves the right to audit claims. **This form is valid ONLY 30 days from the date it is signed.**

Dated \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_\_  
(City/Town) (Day) (Month) (Year)

Signature of Employee: \_\_\_\_\_

PRIVACY: All information about the insurability of you and your dependants is considered confidential. Health Care Providers Group Insurance Plan™ is a business name registered to HMA The BENEFITS People and we are committed to protecting the privacy, confidentiality, accuracy and security of the personal information that is collected, used, retained and disclosed in the course of conducting business.



# HEALTH CARE PROVIDERS GROUP INSURANCE PLAN PLAN MEMBER GROUP HEALTH FORM

Group Health form to be used  
when Plan Member is applying for:  
- Basic Life, AD&D, & Disability  
- Optional Group Life Insurance  
- Optional Long Term Disability

**3****CONTACT INFORMATION**

Mail: Co-operators Life Insurance Company  
Group Medical Underwriting  
1900 Albert Street Regina, SK S4P 4K8

Email: [group\\_client\\_services@cooperators.ca](mailto:group_client_services@cooperators.ca)

Phone: 1-800-667-8164

Fax: 1-866-889-9924

**INSTRUCTIONS**

To avoid delays, please complete all information.

The completed form can be returned by email, fax, or the original can be mailed to the address provided.

**PLAN MEMBER INFORMATION (To be completed by the Plan Member)**

Group **6414** Account **1** Certificate \_\_\_\_\_

Plan Member \_\_\_\_\_  
First Name Initial Last Name

Address \_\_\_\_\_  
Street City Province Postal Code

Phone Number: Home ( \_\_\_\_\_ ) \_\_\_\_\_ Work ( \_\_\_\_\_ ) \_\_\_\_\_ Cell ( \_\_\_\_\_ ) \_\_\_\_\_

Email \_\_\_\_\_

You acknowledge that data transmitted over the internet may be intercepted and that such transmission is at your own risk. If you no longer wish to communicate with Co-operators Life Insurance Company by email, please send notification to [group\\_client\\_services@cooperators.ca](mailto:group_client_services@cooperators.ca)

Date of Birth \_\_\_\_\_ Sex ☐ M ☐ F ☐ X Height \_\_\_\_\_ ☐ ft/in ☐ cm Weight \_\_\_\_\_ ☐ lbs ☐ kg  
MMM/DD/YYYY

Occupation \_\_\_\_\_ Are you actively at work? ☐ Yes ☐ No If no, why? \_\_\_\_\_

**IF APPLYING FOR ADDITIONAL EMPLOYEE GROUP LIFE COVERAGE, PLEASE COMPLETE THE FOLLOWING SECTION:**

Amount of Additional Employee Group Life Insurance being applied for \$ \_\_\_\_\_ (coverage is available in Units of \$10,000 to a maximum of \$500,000).

Beneficiary \_\_\_\_\_  
First Name Initial Last Name Relationship \_\_\_\_\_

**HEALTH EVIDENCE To be completed by the Plan Member**

1. Have any family members been diagnosed with MS, diabetes, heart disease, high blood pressure, elevated blood fats, cancer, mental illness, HIV, or had a stroke? ☐ Yes ☐ No

If yes, specify condition/relationship/age at diagnosis

2. Have any of your parents, brothers or sisters had any hereditary disorder (i.e.: Huntington's chorea, polycystic kidney disease, etc.)? ☐ Yes ☐ No

If yes, specify

3. Have you ever consulted a physician or Alternative Health Care Provider (including herbalist, acupuncturist, chiropractor or practitioner of homeopathy or naturopathy, etc.) for, or ever had any condition of (please specify which):

**Details of "Yes" answers**

Identify question number, indicate applicable items. Include date, diagnosis, duration, type and amount of treatment (list name of drug, strength and dosage, if applicable), outcome/result, as well as name and address of doctor consulted.

a) Disorder of eyes, ears, nose or throat? ☐ Yes ☐ No

b) Severe headaches, dizziness, fainting, loss of consciousness, epilepsy, seizures, speech disorders, paralysis, stroke, disorder of brain or nervous system? ☐ Yes ☐ No

c) Nervous disorders, including depression, anxiety or suicidal thoughts? ☐ Yes ☐ No

d) High blood pressure, palpitation or pain about the heart or chest, difficult breathing, cardiac disorders, angina or coronary disease, rheumatic fever, heart murmur, heart attack or other disorder of heart or blood vessels? ☐ Yes ☐ No

e) Persistent cough or hoarseness, coughing of blood, asthma, emphysema, pleurisy, bronchitis, tuberculosis, respiratory disease or other disorder of the lungs? ☐ Yes ☐ No

f) Ulcer of stomach or duodenum, recurrent indigestion, jaundice, gall stones, colitis, bleeding or chronic diarrhea, disorders of stomach, gall bladder, liver, intestines, pancreas, rectum, or digestive system? ☐ Yes ☐ No

g) Hepatitis A, B, C, or "type unknown"? ☐ Yes ☐ No

h) Albumin, sugar, pus or blood in urine, diabetes, kidney stone or colic, or any other disorder of kidney or bladder? ☐ Yes ☐ No



i) Arthritis, gout, rheumatism, sciatica, deformity or disorder of joints or limbs, any disorder of the muscles or spine, including degenerative disc disease, pain in neck or back, trauma to spine, use of brace or cervical collar, fibromyalgia or chronic fatigue syndrome? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
j) Leukemia, anemia, hemophilia or any other disorder/abnormality of the blood? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
k) Cancer, tumours, enlarged glands (nodes) or skin lesions, cysts or growths, pituitary, adrenals or other glands or unexplained infections? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
l) Thyroid or other endocrine disorders? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
m) Venereal disease or any sexually transmitted disease or disorder of prostate or reproductive organs? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
n) Other than previously listed, have you had any other conditions, illnesses, ailments, diseases, injuries, operations, visited any other doctor or had any diagnostic tests? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
4. In the past 10 years have you:		
a) Had or been told you had Acquired Immune Deficiency Syndrome (AIDS), "AIDS" Related Complex (ARC), or "AIDS" related conditions? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Received advice or treatment in connection with any of the categories mentioned in (4a)? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
c) Tested positive for antibodies to AIDS (Human T-cell Lymphotropic, TYPE III); HTLV-III virus? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
5. Has an application for insurance on your life/health ever been declined, rated or modified in any way? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	When? _____ Why? _____ Company? _____
6. Do you currently have an individual life policy with Co-operators that has been issued within the last year? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, Policy # _____
7. Have you applied for or received a pension or Workers' Compensation or disability benefits because of illness or injury? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	When? _____ Why? _____
8. Have you lost any time from work during the last 12 months because of illness or injury? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	When? _____ Amount of time? _____ Why? _____
9. Do you have any condition for which future hospitalization or surgery has been advised or is contemplated? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, give details and dates. _____ _____
10. Are you under observation, taking treatment/medication or receiving advice from any physician or alternative healthcare provider, for any medical or physical condition/symptom not previously disclosed? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, provide details _____ _____
11.a) Have you ever had any disease of the breasts, ovaries, cervix or uterus? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	
b) Have any pregnancies or labours been abnormal? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, indicate applicable items. Include date, diagnosis, duration, type and amount of treatment (list name of drug, strength and dosage, if applicable), outcome/result, as well as name and address of doctor consulted. _____ _____
c) Are you pregnant? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, give expected delivery date _____
12. Do you now or have you ever used alcohol? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, complete the following: Frequency of use <input type="checkbox"/> #_____Daily <input type="checkbox"/> #_____Week <input type="checkbox"/> #_____Month Date last used _____
13. Have you ever received or been advised to obtain any treatment for alcohol/drug use (including AA membership)? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, give details and dates: _____ _____
14. Do you now or have ever used non-prescription drugs, hallucinogenic, stimulant, narcotic, sedative or tranquilizing drugs (including marijuana or cocaine)? .....	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, complete the following: Type of drug _____ Frequency of use <input type="checkbox"/> Daily <input type="checkbox"/> #_____ Week <input type="checkbox"/> #_____ Month Date last used: _____



**HEALTH EVIDENCE (CONTINUED)** To be completed by the Plan Member

15. Have you ever used any form of tobacco, nicotine products or substitutes (including nicotine patch and gum)? .....

☐ Yes ☐ No

If yes, for how long and how many per day?

16. Who is your regular family physician? (If none, Walk-In Clinic visited) \_\_\_\_\_

Address \_\_\_\_\_

Street

City

Province

Postal Code

Approximate Date Last Seen \_\_\_\_\_

MMM/DD/YYYY

Reason/**Outcome** \_\_\_\_\_**PRIVACY STATEMENT****Co-operators Privacy Statement**

At Co-operators, we recognize and respect the importance of privacy. When you apply for insurance or open an account with us, we will ask for your consent to collect, use, keep and share your personal information. We will explain what information we need, what we will use it for and who we will share it with. We will open a confidential file to collect, use, keep and share your personal information for the purposes of confirming your identity, reviewing your insurance needs and determining suitability of our products and services for you, assessing your application for insurance, issuing and administering your policy, including assessing and processing claims, administering your investments, meeting our contractual and regulatory obligations, detecting and preventing fraud, and performing business and statistical analysis. We will not share your personal information for other purposes, except with your consent or as required or permitted by law.

We may tell you about products and services that may be of interest to you. You can tell us what information you want to receive from us and you can withdraw your consent at any time. You may access and correct, if needed, the personal information in your file by sending us a request in writing.

We limit access to your personal information to our staff and other people we have authorized who need to use it to perform their duties. This may include our third-party service providers who may use your personal information for processing, storage, analysis and disaster recovery purposes outside of your province of residence or Canada. They could be required by law to give your personal information to courts, governments or regulators outside of Canada. To protect your personal information, we ensure that privacy and security requirements are included in all third-party service provider contracts.

You can find more details about our privacy policy and how to contact our Privacy Officer at [www.cooperators.ca/privacy](http://www.cooperators.ca/privacy).

**PLAN MEMBER DECLARATION AND AUTHORIZATION****APPLICANT AUTHORIZATION AND CONSENT**

I authorize any person or organization who maintains my personal and health records or information to provide Co-operators (or its agents, representatives, and administrators) with my personal and health information for the purpose of underwriting my application for insurance coverage, evaluating my eligibility for any insurance coverage, and adjudicating my insurance claim(s). I authorize Co-operators to release my personal and health information to my physician, the Public Health authorities, and Co-operator's re-insurer(s), when requested. This authorization will remain valid unless I revoke it in writing. A copy of this authorization will be as effective as the original.

**APPLICANT ACKNOWLEDGEMENT AND DECLARATION**

I understand that Co-operators (or its agent, representatives, and administrators) may ask me to undergo a medical or paramedical examination(s) to evaluate my eligibility for insurance coverage. If I refuse to undergo such examination(s), this may result in the delay or denial of my application for insurance coverage. I acknowledge that any information I disclose in any paramedical or medical examination or on any medical evidence form(s), questionnaire(s) or other statement(s) given as evidence of insurability will form part of my application for insurance coverage. I certify and declare that I have disclosed true, complete, and accurate information on my application for insurance coverage. I understand and acknowledge that a failure to disclose true, complete and accurate information or a misrepresentation of any material fact(s) may result in Co-operators voiding my insurance coverage.

Plan Member Signature \_\_\_\_\_

Date \_\_\_\_\_

MMM/DD/YYYY

**This form must be received in our office within 60 days of the above date. Otherwise, a new form must be submitted.**





# OPTIONAL LIFE & LTD COVERAGE WORKSHEET

# 4

## PART A - Optional Life & LTD Coverage Is Available For Signature & Supreme Enrollees Only

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date Of Birth (MM/DD/YYYY): \_\_\_\_\_ Gender: ☐ Female ☐ Male Smoker: ☐ Yes ☐ No

Phone: \_\_\_\_\_ Hospital: \_\_\_\_\_ Gross Monthly Salary: \_\_\_\_\_

Please fill out this worksheet and submit with your master application (Form 1) and any additional health forms (Form 3, 5 or 6) required when applying for optional benefit coverage offered to eligible applicants of Signature & Supreme packages only. A health questionnaire is required for all optional benefit coverage applications. Rates are subject to change.

## PART B - Worksheet for Optional Life Insurance (Employee and Dependants)

Complete the following calculations for all persons applying for additional coverage including yourself, your spouse and your dependants by using rates from overpage.

Relationship:	Name (First, Last):	Unit Rate (See Overpage):	Number of Units:	Monthly Premium:
Employee:				
Spouse:				
1 <sup>st</sup> Child:				
2 <sup>nd</sup> Child:				
3 <sup>rd</sup> Child:				
4 <sup>th</sup> Child:				
			Total (A):	

## PART C - Worksheet for Optional Long Term Disability (Employee Only)

Please complete the following calculations for employee only long term disability coverage by using rates from overpage.

Relationship:	Name (First, Last):	Unit Rate (See Overpage):	Number of Units:	Monthly Premium:
Employee:				
<i>NOTE: For those applicants under 35 who are applying for excess LTD, please use the rate of \$0 for the first \$1000 of additional LTD coverage.</i>			Total (B):	
			Total (A+B):	
			Tax (7% MB - 8% ON):	
			Monthly Total:	

## Worksheet Example Optional Life Insurance

Relationship:	Name (First, Last):	Unit Rate (See Overpage):	Number of Units:	Monthly Premium:
Employee:	Jane Smith (Female, 42, Non-smoker)	1.10	10 units	\$11.00
Spouse:	John Smith (Male, 45, Non-Smoker)	2.50	5 units	\$12.50
1 <sup>st</sup> Child:	Kimmy Smith	0.70	2 units	1.40
			Total (A):	\$24.90

## Worksheet Example Optional Long Term Disability (Employee Only)

Relationship:	Name (First, Last):	Unit Rate (See Overpage):	Number of Units:	Monthly Premium:
Employee:	Jane Smith (Female, 42)	2.66	5 units	\$13.30
			Total (B):	\$13.30
			Total (A+B):	\$38.20
			Tax (7% MB - 8% ON):	\$3.06
			Monthly Total:	\$41.26





# OPTIONAL LIFE & LTD COVERAGE WORKSHEET

4

## Optional Life Insurance (Employee and Spouse)

Optional life insurance for an employee and a spouse can be purchased in units of \$10,000 up to a maximum of \$500,000. When submitting your application for optional employee and spousal life insurance coverage, please submit **Form 3** for the employee and **Form 5** for a spouse. Please see chart below for monthly unit rates. **Be sure to include the amount being applied for on the forms.**

Age	Monthly Unit Rates: Smoker		Monthly Unit Rates: Non-Smoker	
	Male	Female	Male	Female
Under 30	\$1.20	\$1.00	\$1.00	\$0.80
30 - 39	\$1.80	\$1.50	\$1.20	\$1.00
40 - 44	\$3.00	\$2.00	\$1.40	\$1.10
45 - 49	\$5.50	\$3.80	\$2.50	\$1.80
50 - 54	\$8.80	\$5.80	\$4.50	\$2.80
55 - 59	\$13.30	\$8.20	\$6.40	\$4.00
60 - 64	\$18.00	\$11.40	\$9.90	\$7.00

## Optional Life Insurance (Child)

Optional life insurance for a child can be purchased in units of \$5,000 at a monthly rate of \$0.70, up to a maximum of \$50,000 in coverage. When submitting your application for optional life insurance coverage for a child, please submit one **Form 6** per child for whom you wish coverage to be considered. **Be sure to include the amount being applied for on the forms.**

## Optional Long Term Disability (Employee Only)

Optional employee long term disability can be purchased in increments of \$100.00. It's important to note that you can purchase optional coverage up to 65% of your gross monthly salary up to a maximum of \$5,000. This maximum includes the \$1,000 of basic LTD coverage offered through the Signature and Supreme packages. For applicants under 35 years of age, you are eligible to receive up to \$1000 of excess LTD coverage at no added cost (subject to medical underwriting and evidence of good health).

Please use this chart for monthly unit rates and include **Form 3** along with this worksheet when applying for excess long term disability coverage.

Age	Monthly Cost Per Unit
Under 35 (First \$1000)	\$0.00
Under 35 (\$1000 +)	\$1.07
35 - 39	\$1.98
40 - 44	\$2.66
45 - 49	\$3.47
50 - 54	\$4.84
55 - 59	\$6.32
60 - 64	\$5.91

## Important Notes

When applying for optional coverage for yourself (the employee), your spouse and/or dependant children, it is important to complete all applicable sections on this worksheet and include all necessary forms with your enrollment.

- ☐ Optional Life Insurance For Employee - Form 3
- ☐ Optional Life Insurance For Spouse - Form 5
- ☐ Optional Life Insurance For Dependant Child - Form 6
- ☐ Optional Long Term Disability For Employee - Form 3

**DO NOT** include the monthly premium that you've calculated for your optional coverage with your enrollment. This additional monthly amount will be withdrawn automatically from your bank account once coverage has been approved.

In this summary, every effort has been made to ensure accuracy and we are not liable for any errors and/or omissions. The policy contract will govern.



# BENEFITS THAT WORK FULL-TIME FOR THOSE WHO DON'T

**1032 Brock Street South  
Whitby, Ontario L1N 4L8**

Toll-Free: 1-866-768-1477 | Local: 905.668.7450  
[info@healthcareproviders.ca](mailto:info@healthcareproviders.ca)

For more information, please visit:  
**[www.healthcareproviders.ca](http://www.healthcareproviders.ca)**

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