## AGING GRACEFULLY

Improving Safety and Mobility at Home



Aging Gracefully is a program that allows homeowners to live in and move through their homes safely, ultimately allowing them to stay in their homes longer. Over a four-month period, participants will receive:

- visits from Registered Nurses and Occupational Therapists to improve Activities of Daily Living (ADLs).
- necessary home modifications from Community
  Housing Solutions to address ADL improvements.
  Modifications will meet standards for the Americans
  with Disabilities Act and could include access ramps,
  grab bars, levered door handles, and bathroom
  accessibility.
- calls to participate in three follow-up surveys to measure improvement and the impact of the program.

This program for Guilford County residents is provided by Community Housing Solutions and Cone Health.









## **Qualifications**

**Age** You must be at least 60 years old.

**Residency** You must live in Guilford County. In order for us to complete the repairs on your home, you must be the homeowner.

**Financial** There is a low-income requirement. There could be a minimal payment based on your income.

## Results

99% of homeowners are satisfied with the repairs.

of homeowners believe the program gave them confidence in managing daily tasks.

71% of homeowners believe the repairs prevented a fall.



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