Preschool News

Kidz Meadow Childcare @ Yishun

Term 3, 2026 Newsletter

Principal's Message

Dear Parents and Families,

What a wonderful term it has been! It has been heartwarming to see our children grow, learn, explore and discover new things each day. Every child has been on their own unique learning journey, building confidence, developing new skills and making precious memories along the way.

In Term 3, our children took part in many meaningful and enjoyable activities that encouraged them to learn through play, exploration and hands-on experiences. From creative projects and outdoor adventures, to special learning activities, each experience brought opportunities for our children to be curious, independent and confident learners.

We are also very grateful for the wonderful involvement and support from our parents. Seeing families participate in activities and share these learning experiences with their children has made the journey even more meaningful. These moments of connection between home and school are a beautiful and healthy start in nurturing our children's love for learning.

Thank you, dear parents, for your continued trust, encouragement and partnership. Together, we are creating a warm and caring environment where every child feels valued, supported and excited to learn.

We look forward to another joyful term filled with laughter, discovery and wonderful learning moments!

Warmest regards,
Mdm Huda



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Closure Dates

- 30 October - Teachers' Training
- 9 November - Deepavali
- 20 November - Spring Cleaning
- 25 December - Christmas Day

Upcoming Event Dates

- 2 November - Grandparents Day
- 4 November - Culture Week (Storytelling)
- 5 November - Culture Week (Music)
- 6 November - Culture Week (Art)
- 10 November - Learning Journey to Mandai Bird Paradise (BL)
- 11 November - Disposition Day
- 13 November - Deepavali Celebration
- 10 December - Parents Orientation Day
- 16 December - All Saints Home: Christmas (K2 only)
- December - K3 Field Trip & Farewell Party (TBC)

Preschool News

Learning Journey to Flower Dome

On 24th August, our children had a wonderful time visiting the Flower Dome, where they explored and learnt about a variety of flowers, including orchids. This learning journey provided them with meaningful opportunities to extend their classroom learning into real-life experiences.

Through observing the different plants and flowers in their natural environment, the children were able to deepen their understanding of nature, develop their observation skills, and make connections between what they have learnt in class and the world around them. This experience also encouraged curiosity and exploration in the children, as well as an appreciation for the beauty and diversity of plants.

















Preschool News

Learning Journey to Singapore Air Force Museum

On 10th September, our children had a wonderful time on their learning journey to the Singapore Air Force Museum. They had the opportunity to see real aircraft up close and examine them using their senses. Through this enriching experience, the children were able to connect their classroom learning to the real world, while developing their curiosity and observation skills, and deepening their understanding of aircraft.









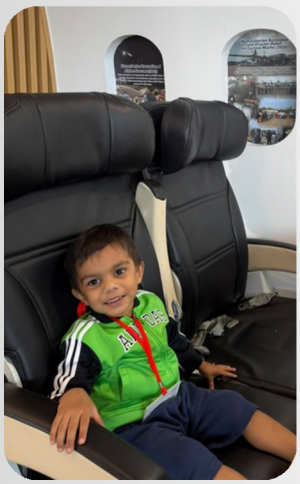













Preschool News

Singapore Red Cross Advocacy Talk on Grateful Hearts Campaign & CPR Booth Engagement Session

Our children had a meaningful and engaging session through our collaboration with the Singapore Red Cross on 11th September. They participated in the 'Grateful Hearts Campaign Advocacy Talk' and explored the CPR/AED engagement booth, where they had fun learning about first aid through hands-on activities. Through these experiences, the children learnt that even small acts of kindness can make a difference. They developed an understanding of how we can care for and help others, while building confidence, empathy and a sense of responsibility towards the community.













Parent Workshop
Digital Safety Awareness





Parents were invited to join their children in a meaningful parental workshop focused on developing healthy screen-time habits and encouraging responsible use of technology on Friday, 11th September. Together, parents and children created a 'Digital Safety Checklist' to support balanced screen-time habits at home. Families were also encouraged to spend more time outdoors together, providing opportunities for meaningful conversations, exploration, and shared experiences. These interactions help children build their communication and language skills, expand their vocabulary, express their thoughts confidently, and strengthen their relationships with their parents.















Sportybots Programme

Our children had the opportunity to participate in a variety of sports activities conducted by professional coaches from Sportybots. Through these engaging sessions, they developed their gross motor skills, coordination, balance and physical strength while learning new sports skills.

Beyond physical development, sports also encourage children to work together, take turns and persevere when trying something new. As they learnt and improved their skills, the children gained a sense of achievement and confidence, helping them become more willing to participate, try new challenges and believe in their own abilities. Look at them go!



Preschool News

Our children's curiosity was sparked as they took a closer look at the nature around them. They discovered different types of leaves, colourful flowers, tiny insects, interesting shapes and textures in their surroundings. Using their senses, they observed, touched, smelt and listened to the natural environment, showing excitement and interest as they made new discoveries.



These experiential learning sessions helped the children to strengthen their observation and sensory skills, learn new vocabulary and express their thoughts and ideas. Exploring nature also encouraged them to ask questions, make connections and develop a greater appreciation for the environment. Through these meaningful activities, they nurtured their curiosity, confidence and love for learning.































Preschool News

Our N2 to K2 children enjoyed an exciting Nature Magnified experience as they explored and discovered the wonders of nature around them. Their curiosity came alive as they looked closely at colourful leaves, delicate flowers, rough tree bark, tiny insects, interesting seeds and different natural textures.



They eagerly shared their discoveries, asked questions and used descriptive words to talk about what they noticed as they explored their surroundings using their senses. These immersive experiences helped to develop their observation and sensory skills, expand their vocabulary, encourage curiosity and build their confidence in expressing their ideas.

Through Nature Magnified, our children became curious explorers and enthusiastic learners, discovering that there is always something new and wonderful to uncover in the natural world around them.



Preschool News



National Day Awareness

Our children celebrated National Day with much excitement, displaying their national pride as they enjoyed a lively performance and participated in fun activities with their parents. The children and families proudly dressed in the colours of the Singapore flag, creating a sense of togetherness as we celebrated Singapore as one community.

These meaningful experiences helped our preschoolers learn more about Singapore and what it means to celebrate as a nation. Through singing, performing, creating, and participating with their families, the children developed their confidence, social skills, creativity, and sense of belonging. Most importantly, the celebration provided opportunities for children to build positive memories with their families while developing an appreciation for their community and country.














Warisan Budaya









Pada Penggal 3, murid-murid telah diperkenalkan kepada pelbagai jenis perumahan yang terdapat di sekeliling mereka. Mereka mencuba untuk mengenali dan membezakan jenis-jenis rumah seperti rumah teres, rumah pangsa, kondominium, rumah berkembar dan rumah kampung. Melalui perbualan, gambar dan aktiviti yang dijalankan, murid-murid berpeluang berkongsi pengalaman tentang tempat tinggal mereka serta mengenali persamaan dan perbezaan antara pelbagai jenis rumah.

Kanak-kanak meneroka Warisan Budaya pada Penggal 3 dengan mempelajari tentang keris dan kepentingannya dalam budaya Melayu. Keris telah diperkenalkan sebagai sebahagian daripada warisan yang berkaitan dengan pertahanan diri, identiti dan tradisi. Sebagai aktiviti susulan, mereka menghasilkan keris mereka sendiri! Melalui aktiviti ini, kanak-kanak dapat mengembangkan kreativiti, kemahiran motor halus dan penghargaan mereka terhadap budaya, sambil memupuk penghormatan dan penghargaan terhadap kepelbagaian tradisi dalam masyarakat kita.











Wenhua Yichan

本学期，孩子们通过 **Wenhua Yichan**（文化遗产） 的学习，参与了有趣的花瓶创作活动，
探索艺术与文化的魅力。孩子们充分发挥自己的创意与想象力，
亲手设计和装饰独一无二的花瓶，展现个人的想法与创意。

通过这项动手活动，孩子们能够发展小肌肉技能、创造力以及手眼协调能力。同时，
他们也学习按照步骤完成作品、作出自己的选择，并为自己的创作成果感到自豪。
活动也让孩子们有机会接触艺术与文化元素，培养自信心、耐心以及欣赏艺术和文化的意识。





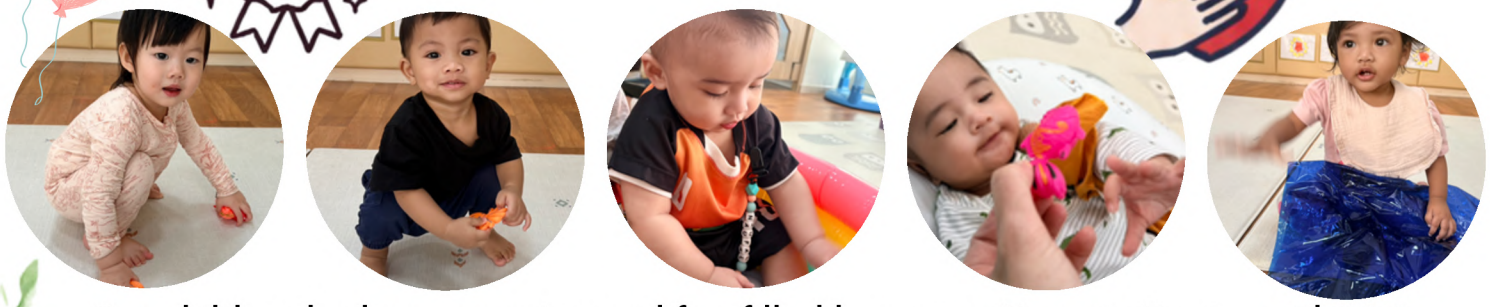







Preschool News

Disposition Day



Our children had an engaging and fun-filled lesson on 'Honesty Begins with Me', where they delved into the importance of telling the truth, being responsible and making honest choices through meaningful discussions and interactive activities. This lesson aimed to nurture positive values, develop trust and respect and encourage the children to understand that honesty is an important part of building strong relationships. Instilling honesty from an early age will help the children develop integrity, empathy and confidence in making responsible decisions, laying a strong foundation for positive character development and lifelong learning.







Preschool News

Racial Harmony Day











Our children came together to celebrate Racial Harmony Day through exciting activities, games and hands-on experiences. As they explored Singapore's diverse cultures and traditions, the children learnt to appreciate differences, respect others, and celebrate what makes each of us unique. These experiences nurture kindness, empathy, inclusivity and a strong sense of togetherness from a young age in our children.

















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Start Small Dream Big Finale

Our annual Start Small Dream Big (SSDB) finale brought our children and families together for a fun-filled day of games and meaningful activities! Through their participation and support of our fundraising campaign, our children felt the joy of giving back and making a positive difference in the community. Through being actively involved, the children developed important values and skills such as kindness, empathy, generosity and teamwork. They also learnt about community spirit, helping others, responsibility, and the importance of contributing to society. These worthwhile experiences have encouraged our young learners to become caring, confident and socially responsible members of the community.


















Chong Pang Community Resilience Sporting Fun and Discovery at Yishun Primary School













Our children and parents had a wonderful time at the Chong Pang Community Resilience Sporting Fun and Discovery event at Yishun Primary School! The day featured an exciting tour of the school's classroom setting, offering children and parents a glimpse into the primary school learning environment and what to expect in the next stage of their educational journey.

Through engaging sports activities and hands-on activities, our children developed teamwork, resilience and confidence while building heartfelt connections with their families and the community. It was a fun-filled day of learning, discovery and creating joyful memories together!











Preschool News

Kidz Meadow Childcare @ Yishun

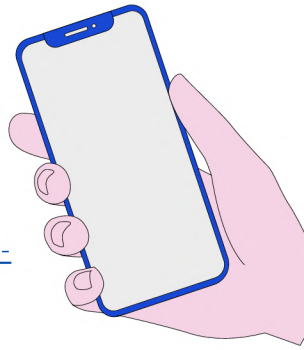
Term 3, 2026 Newsletter



Parental Tips

How can parents balance screen time with healthy digital habits in their children?

Source: www.ecda.gov.sg/beanstalk/parents-portal/preschool-matters/in-the-news/mummy-and-daddy-i-want-the-phone



Studies have raised concerns about the impact of screen time on child development, especially for infants and toddlers. Excessive screen time has been linked to physical health risks from sedentary behaviour, poor nutrition and disruptive sleep patterns. It also reduces opportunities for face-to-face interactions, which are crucial in the early years for developing the ability to communicate and regulate emotions. Research further shows that too much screen time is associated with poorer language skills and shorter attention spans.

In response, the Ministry of Health (MOH) revised its screen time guidelines for children in January 2025. These recommendations are part of a new national strategy, Grow Well SG, aimed at promoting healthier lifestyles among children and adolescents. ECDA Fellow Ms Stacey Toh welcomes this move to limit screen use at home. “Excessive screen time interferes with the developmental experiences of young children, affecting their physical, cognitive, social-emotional and mental well-being,” she says. “By building healthy screen habits in children, parents can also foster stronger parent-child bonds and connections.”

Use “SCREEN” strategies - For parents finding it challenging to manage their children’s screen time, Ms Toh shares tips built around the acronym ‘SCREEN’:

S → Set expectations. Lay down clear and simple rules, such as ‘no phones during meals or in the bedroom’. Let your child know the consequences if these rules are not followed. When children understand what is expected of them, they are less likely to resist or push boundaries.

C → Consistency. Be consistent in enforcing rules. This helps children understand boundaries and learn to regulate their behaviour. Apply the rules firmly and avoid making any exceptions.

R → Role-modelling. Children learn by observing people around them. Be a positive role model and adjust your own screen habits. Put away your phone during mealtimes, and give your child your full attention when they speak.

E → Establish routines. Create daily routines that do not involve screens. For instance, fill playtime with hands-on, creative and social activities. Stick to a screen-free bedtime routine (e.g. shower, story time, lights out), even during weekends and holidays. Children thrive on predictability and structure.

E → Engage. Build meaningful connections with your child through conversations. Ask open-ended questions such as ‘What did you do in preschool today?’. These interactions, as opposed to passive screen time, help strengthen the parent-child relationship.

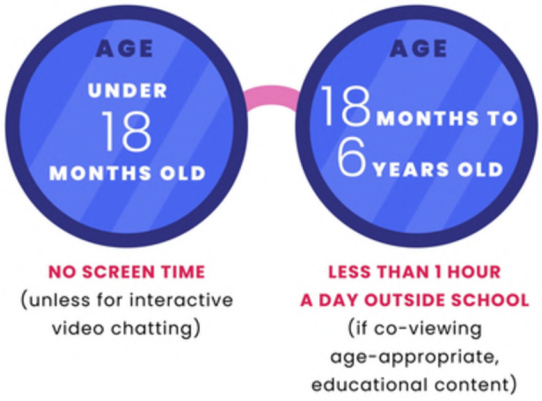
N → Nurture and encourage. Offer positive reinforcement. Praise your child when they choose screen-free activities or put away their device without being told.

Preschool News

ADAPT YOUR APPROACH AS YOUR CHILD GROWS

'Parents should adjust the 'SCREEN' strategies based on their child's developmental stage,' adds Ms Toh. 'Infants, toddlers and preschoolers have different needs and levels of understanding.'

Source: www.ecda.gov.sg/beanstalk/parents-portal/preschool-matters/in-the-news/mummy-and-daddy-i-want-the-phone



IS YOUR CHILD...

AN INFANT? (0 TO 18 MONTHS)

CREATE A SCREEN-FREE ENVIRONMENT.

- Structure the day around interactive, non-screen activities like tummytime and music.
- Establish a calm bedtime routine with lullabies and cuddles.
- When your baby fusses, soothe them through touch and voice instead of using screens.





A TODDLER? (19 MONTHS TO 3 YEARS)

AIM FOR ROUTINES WITH MINIMAL SCREEN USE.

- Set clear screen time limits.
- Keep screen time short and scheduled (e.g. five minutes of a guided educational video).
- Don't fall back on devices as a quick fix for tantrums.

A PRESCHOOLER? (4 TO 6 YEARS)

SUPPORT YOUR CHILD'S DEVELOPING ABILITY TO SELF-REGULATE AND KEEP SCREENS A LIMITED PART OF THEIR DAY.

- Maintain routines to avoid negotiations. For example, allow screens only at a specific time (e.g. after homework) and never randomly.
- Praise your child for demonstrating positive screen habits (e.g. "Great job playing with your puzzles instead of asking for the tablet!").



Parents' Testimonials

We are incredibly grateful to everyone at Kidz Meadow @ Yishun — Principal Mdm Huda, all the teachers, assistant teachers, office staff, kitchen team and housekeeping staff — for creating such a warm, caring and nurturing environment for our children. Everyone genuinely knows each child's personality and supports them in bringing out their best. We especially appreciate the school's focus on developing not only academics, but also confidence, communication skills, kindness, and inclusivity.

A special thank you to Teacher Rina and Teacher Regene for your wonderful guidance and dedication to Aurora Lwin. We truly appreciate how you kept us informed of her strengths, interests, and areas for growth, and partnered with us to help her thrive. Aurora has loved every teacher she has had and we couldn't have asked for a better start to her learning journey.

A heartfelt thank you to Teacher Nurin and Teacher Elyana for the love, patience and support you gave Lucas Lwin as he settled into a new school. In just six months, we have seen remarkable growth in his motor skills, communication, and confidence. Most importantly, your genuine care helped him feel safe, trust his teachers and truly enjoy going to school every day. Thank you for making such a positive difference in our children's early years.

Khin Laynwe, Parent of Aurora Lwin
Kindergarten 2



I am writing to share my heartfelt appreciation for Teacher Su and the rest of the teachers managing the K1 class. I am deeply grateful for the immense patience, care and dedication they show every single day, especially during morning drop-offs. Despite my daughter crying every morning, Teacher Su and the team always welcome her with open arms and reassuring gentleness. Their patience comforts my daughter and gives me great peace of mind as a parent.

Please convey our sincere thanks to Teacher Su and all the K1 teachers for their hard work and empathy. We are incredibly fortunate to have such a supportive team at Yishun!

Madam Nurhasimah, Parent of Nia Qahirah
Kindergarten 1

Parents' Testimonials

Kidz Meadow @ Yishun has been a wonderful foundation for our three children's preschool journey. Our heartfelt thanks to Teachers Rina, Maria, Zhazzy, Nurin and Min for making a positive and lasting impact on their learning experiences.

The children enjoy coming to school every day and always look forward to their time there. Their foundation in literacy, numeracy, and social skills has been nurtured and strengthened through the care and guidance of the teachers.

Thank you to all the teachers and Principal Huda for creating a joyful yet meaningful preschool experience, helping our children transition confidently into their next stage of learning.

Mdm Nur Syahidah,
Parent of Dian Syaheera & Muhd Darwisy
Kindergarten 2 & Nursery 2



We moved to Singapore from Germany and both of our children are attending this preschool. We are very happy with the caring environment and the dedication of the teachers.

The recent teacher-parent conference was a wonderful opportunity to understand our children's progress and I truly appreciate the open communication and engagement from all the teachers. Their commitment makes us feel confident and grateful that our kids are in such good hands. Thank you all very much to put in so much love!

Oliver Peter Hess,
Parent of Hess Lion & Hess Nael
Kindergarten 2 & Nursery 2

Preschool News

Kidz Meadow Childcare @ Yishun

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Where Fun & Creative Learning Begins...

Vision

A first- class provider in Early Childhood Education

Our Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens. active learners and thinkers

Our Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development

Our Core Values

Community and Parental Involvement

We build a strong and trusting partnerships with the parents and the community to enhance the development of the children.

Active Learners

We understand that children are natural and active learners. Through project work. thematic and integrated learning. they are given opportunities to explore. gather information and share knowledge.

Resourcefulness

We continuously upgrade our teaching and learning resources in enhancing children's learning experiences.

Excellence

We strive for excellence in everything that we do.

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560
Eunos 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
Punggol 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117

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