Preschool News

Kidz Meadow Childcare @ Yishun

Term 2, 2025 Newsletter

Message from Principal

Dear Parents,

As we conclude Term 2, I would like to take a moment to reflect on the progress our little ones have made. It has been an exciting and enriching few months, filled with much learning, growth and fun!

Seeing the children exploring and learning various themes, developing their social and emotional skills, building bonds with their friends and teachers has been heartwarming.

I would like to sincerely express my gratitude to all parents for your continued support and partnership, especially to those who have volunteered during our events. Your involvement in your child's education is invaluable and we are grateful for the opportunities to work together.

As we head into Term 3, we shall be focusing on refining the children's skills, exploring new themes and preparing for our upcoming events. More details will be shared soon.

Thank you again for the trust and cooperation.

Regards
Mdm Noor Huda

Table of Contents

- Hari Raya Awareness Day
- Warisan Budaya
- Wenhua Yichan
- Learning Journey to Marina Barrage
- SSDB Launch Day
- Learning Journey to Singapore Air Force Museum
- Learning Journey to Hay Dairies Goat Farm
- Disposition Day
- Community Day with Ahmad Ibrahim Secondary School
- Nature Magnified
- I CAN SPY! Nature
- Infant - Activity Updates
- Toddler - Activity Updates
- Nursery 1 -Activity Updates
- Nursery 2 - Activity Updates
- Kindergarten 1 - Activity Updates
- Kindergarten 2 - Activity Updates
- Article for Parents

Closure Dates

- 9 August - National Day (PH)
- 4 September - Staff Retreat
- 5 September - Teachers' Day

Upcoming Event Dates

- 31 July - Warisan Budaya & Wenhua Yichen
- 8 August - National Day Awareness
- 23 August - NW Cluster Sports Day
- 27 August - Disposition Day
- 3 September - Teachers' Day Celebration & Gift Exchange
- 8 - 12 Sept - Focus Project
- 12 September - Term 3 Learning Journey
- 15 September - SSDB Finale: Charity Bazaar

Preschool News

Hari Raya Awareness Day

Children, along with their parents, grandparents, guardians, and teachers, came together to celebrate Hari Raya. Dressed in traditional Malay attire, they brought potluck dishes to share and took part in cultural games rooted in Malay culture. The celebration created a warm and joyful atmosphere, offering a meaningful opportunity for everyone to appreciate cultural diversity, and strengthen the partnership between families and the school.

Preschool News

Warisan Budaya

Pada penggal ini, murid-murid diperkenalkan kepada seni mempertahankan diri. Mereka mengenakan pakaian silat dan mempersembahkan pelbagai aksi pertahanan diri serta gerakan silat. Melalui aktiviti ini, mereka dapat memahami kepentingan seni silat dalam budaya Melayu.

Preschool News

Wenhua Yichan

在文化遗产课上，幼儿们学习了中华武术。做了太极、打坐、功夫等活动。通过这些活动，让幼儿了解中华武术的基本知识，培养幼儿的体能、协调能力和自信心。

Learning Journey to Marina Barrage

As an extension of our Term 2 Nature Magnified lessons on recycling, upcycling and pollution, the children had the opportunity to participate in the Sustainable Singapore Gallery School Programme at Marina Barrage. During the visit, they learned about Singapore's initiatives in recycling and sustainable water management.

Preschool News

SSDB Launch

During the '*Start Small Dream Big*' (SSDB) Launch, the children from the North-West Cluster came together to create SG60-themed crafts with their parents, teachers and peers. This year, the SSDB project involves children in activities that promote kindness, responsibility and active community involvement to align with the theme '*Together for Tomorrow, Empowering Young Hearts*'. We would like to thank parents for generously donating recyclable materials for the launch activities to be made possible!

Learning Journey to Singapore Air Force Museum

This term, the Nursery 2, Kindergarten 1 and Kindergarten 2 children had the opportunity to embark on a learning journey to the Singapore Air Force Museum as part of the theme '*My Family and My Neighbourhood*'. As this theme focused on community helpers, the visit helped the children gain a deeper appreciation for the role of pilots and their importance in the community. The experience provided a meaningful connection to their learning and enhanced their understanding of how different professions contribute to our society.

Learning Journey to Hay Dairies Goat Farm

The Toddlers and Nursery 1 children embarked on an exciting field trip to a local goat farm in conjunction with our engaging theme of '*Water & Milk*'. This experience allowed the children to learn about goats in a fun and interactive environment alongside their parents.

At the farm, the children discovered many interesting facts about these friendly animals, including how goat milk is collected and processed in a safe and hygienic manner. One of the highlights of the visit was the opportunity for the children to feed the goats. With giggles and excitement, they took turns feeding the goats. Overall, it was an enriching day filled with learning, laughter and memorable moments!

Preschool News

Disposition Day

It was a joyful and enriching Disposition Day as the children engaged in activities revolving around the theme '***Together We Care***, ***Together We Grow!***'. As children learn to care for themselves and others, they begin to develop empathy, kindness and important social skills. At the same time, these experiences support their growth, spark curiosity, encourage exploration and build resilience. These early moments help the children form positive relationships, feel a strong sense of belonging and grow into confident, capable learners.

Community Day with Ahmad Ibrahim Secondary School

The students from Ahmad Ibrahim Secondary School (AISS) worked together with the school to engage the children in sustainability initiatives. The K1 and K2 children had a great time participating in the activities thoughtfully organized and led by the AISS students. They enthusiastically took part in the ice-breaker games and eagerly rotated through the different craft stations. This collaborative effort between the schools not only brought joy to the children, but also helped to foster and strengthen the partnership between the schools and the community.

Preschool News

Nature Magnified

The children explored a variety of topics in line with the theme '*Enchanting Earth*'. Nursery and Kindergarten children were introduced to concepts such as upcycling, recycling and plastic use. Through these lessons, they gained awareness of the importance of creatively transforming used items into new ones — an effort that not only reduces waste but also encourages innovation. They also learnt about the environmental impact of plastic and the importance of making responsible choices.

Preschool News

I CAN SPY! Nature

Our Little Bloom children brought an assortment of natural objects into the classroom such as delicate twigs, vibrant leaves and other intriguing treasures from nature. They joyfully examined the rough and smooth textures of the natural objects through crayon rubbings. The children also used the natural objects to produce a variety of sounds. These hands-on activities provided an exciting opportunity for the children to engage their senses fully.

Preschool News

Infant

Throughout Term 2, the infants had the opportunity to participate in a variety of engaging and developmentally appropriate activities designed to support their social, emotional and physical growth. These included interactive floor play, joyful sing-along sessions with peers, sensory exploration and many other enriching experiences. The infants thoroughly enjoyed these activities and benefitted greatly from the opportunities provided.

YES

Preschool News

Kidz Meadow Childcare @ Yishun

Term 2, 2025 Newsletter

Toddler

The toddlers enthusiastically engaged in a range of activities focused on the theme ‘Food’. Through interactive play, they discovered the differences between healthy and unhealthy food options, enhancing their understanding of nutrition. In addition to their learning, the children expressed their creativity by making vibrant artwork using a variety of paint colours, allowing them to explore their artistic skills while reinforcing their understanding of food.

Preschool News

Nursery 1

The Nursery 1 children participated in many activities that enhanced their gross and fine motor skills. They also collaborated in group activities that encouraged teamwork and communication. Additionally, art activities allowed them to use different materials for food-related projects, fostering creativity while developing their dexterity.

Preschool News

Nursery 2

The Nursery children eagerly took part in hands-on activities related to family members, community helpers and the food we eat. Through the theme '*My Family and Neighbourhood*', they gained a better understanding of their surroundings and the people who support them. These lessons fostered a sense of belonging, social awareness and key values like empathy, cooperation and respect.

Preschool News

Kindergarten 1

Through engaging hands-on activities, the children enthusiastically explored Term 2's theme of '*My Family and Neighbourhood*', covering topics like family members, community helpers and the food we eat. These experiences helped them understand their surroundings, appreciate the people in their lives and develop a sense of belonging, social awareness and empathy.

Preschool News

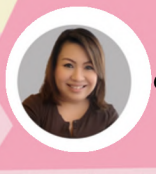
Kindergarten 2

The children took part in a wide range of hands-on activities and showed great enthusiasm while exploring Term 2's topics — family members, community helpers, and the food we eat. Centred around the theme '*My Family and Neighbourhood*', these experiences helped them recognise the significance of the people in their lives and understand their immediate surroundings. It nurtured a sense of belonging, enhanced social awareness and introduced them to the roles and responsibilities that exist within a community. Additionally, it supported their emotional growth and encouraged empathy, cooperation and respect for others.

Preschool News

In the news...

'Mummy and Daddy, I Want the Phone...'
How can parents balance screen time with healthy digital habits in their children?



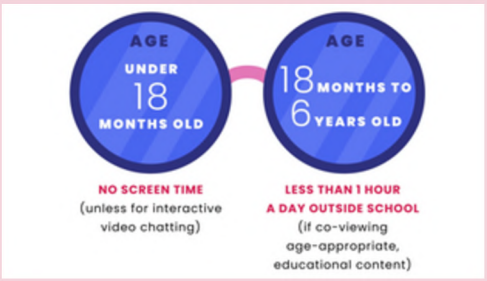
STACEY TOH

Ms Toh is an ECDA Fellow and Deputy Head of Preschools at Star Learners Group Ltd. Her expertise spans across curriculum development, school leadership, teacher training and parenting support, with a strong focus on child development, behaviour and emotional well-being.

Studies have raised concerns about the impact of screen time on child development, especially for infants and toddlers. Excessive screen time has been linked to physical health risks from sedentary behaviour, poor nutrition and disruptive sleep patterns. It also reduces opportunities for face-to-face interactions, which are crucial in the early years for developing the ability to communicate and regulate emotions. Research further shows that too much screen time is associated with poorer language skills and shorter attention spans. In response, the Ministry of Health (MOH) revised its screen time guidelines for children in January 2025. These recommendations are part of a new national strategy, Grow Well SG, aimed at promoting healthier lifestyles among children and adolescents.

TAKE SMALL STEPS FOR BIG RESULTS

- Restricting children's use of digital devices can be challenging, given their ubiquity and convenience. 'Shifting away from screens does not happen overnight,' notes Ms Toh. 'It's about taking progressive steps.'
- Start slow. If your child currently gets two hours of screen time daily, reduce it by 15 to 30 minutes each week until it's within recommended limits.
- Replace screen time with engaging activities. Swap a cartoon before dinner with playdough, sticker books or simple puzzles. Children need to be engaged, otherwise they will resort to screens to ease boredom.
- Set a consistent routine. Make screen use intentional and scheduled (e.g. 'You can watch one episode of your show after playtime, then we turn the TV off'). Use a visual timer so that your child can see how much screen time is left. Children who know when screen time is allowed are less likely to ask for it throughout the day.
- Be patient. Some days are tougher than others. If your child watches a little extra TV occasionally, don't fret. Forgive yourself and acknowledge the progress made rather than worrying about small setbacks. Tell your child, 'We had a long day today, but tomorrow we will try again with less TV time.'



Source: www.ecda.gov.sg/beanstalk/parents-portal/p...in-the-news/mummy-and-daddy--i-want-the-phone

Preschool News

Kidz Meadow Childcare @ Yishun

Term 2, 2025 Newsletter

Where Fun & Creative Learning Begins...

Vision

A first- class provider in Early Childhood Education

Our Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens. active learners and thinkers

Our Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development

Our Core Values

Community and Parental Involvement

We build a strong and trusting partnerships with the parents and the community to enhance the development of the children.

Active Learners

We understand that children are natural and active learners. Through project work. thematic and integrated learning. they are given opportunities to explore. gather information and share knowledge.

Resourcefulness

We continuously upgrade our teaching and learning resources in enhancing children's learning experiences.

Excellence

We strive for excellence in everything that we do.