Preschool News

Kidz Meadow Childcare @ Eunos

Term 4, 2025 Newsletter

A Heartfelt Farewell to a Wonderful Year

As we near the conclusion of another amazing year, we would like to extend our sincere gratitude to our cherished parents, devoted teachers, and the incredible children who have been the heart and spirit of Kidz Meadow. Your steadfast support has made this year truly remarkable.

We had thoughtfully organised a variety of engaging activities throughout the year to spark your children's imaginations and enhance their learning. Our collaborative learning journeys with parents offered wonderful opportunities for partnership, creating enriching and enlightening experiences for everyone involved.

To our K2 graduates, our heartiest congratulations to you! We wish them nothing but success in their future endeavors. At Kidz Meadow, we take great pride in being your child's first preschool experience, and you will always hold a special place in our hearts. We will miss you, and your achievements will continue to motivate us for years to come.

As we say goodbye to 2025, we are thankful for the memories created and the growth we have witnessed in our young learners. We wish all of you a joyful and refreshing holiday break, and eagerly anticipate the possibilities and new horizons that the upcoming year will bring!

Warm regards,
Mdm Rafeah A. Aziz



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Closure Dates

New Year's Day	01 Jan 2026
Teachers' Training	13 Feb 2026
Chinese New Year	17 & 18 Feb 2026



Preschool News

Nature Magnified

N2



Little explorers at work!
Our N2 children searched high and low for birds and insects, discovering creatures both above ground and underground.







K1









The K1 children eagerly participated in a show-and-tell activity showcasing their animal collages. Each child confidently presented their work, proudly naming the animals they had chosen and sharing interesting facts or stories about them.



Preschool News

K2











In line with the lesson about 'Nest High and Low', the children engaged in a hands-on art activity where they created their own nests using various recycled materials such as shredded paper, cardboard, and plastic bowls. Through this activity, they explored how birds build their homes and learnt the importance of reusing materials to care for the environment. The children also expressed their creativity by drawing eggs and birds to place inside their nests, proudly showcasing their understanding of how animals live and nurture their young.

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Toddler





Our curious toddlers had an exciting outdoor exploration, spotting various animals and insects in their natural environment. Back in the classroom, they enjoyed colouring pictures of the creatures they had discovered.





N1











Our little N1 explorers enjoyed observing nature around them! They discovered trees with textured bark, rocks, twigs, leaves, and even a little hole in the ground. Using their senses to see and touch, they explored the world around them with wonder.



Preschool News

Wenhua Yichan

Toddler

通过观看图片幼儿了解各民族服饰的特点，小朋友们穿上传统服饰并向同伴展示，跟随音乐舞动自己的身体，感受民族民族服饰的与众不同。







N1

引导幼儿认识各民族服饰，了解其特点，幼儿能区分男孩和女孩的民族服饰，并根据服饰特点给民族娃娃匹配不同的民族服饰，感受中华民族大家庭不同的服饰特点。





N2

幼儿认识民国、唐朝、汉朝三个不同时期的传统服装，了解汉服有哪些部分组成，并选择自己喜欢的服装进行装饰，知道汉服和旗袍是中华传统服饰代表。









K1

幼儿认识不同时期人们的服装和发饰，能够描述这些服装和发饰的特点，并为不同发饰的人物搭配相应的服装，感受传统服装的工艺和美感。







K2

幼儿认识旗袍和汉服，能区分旗袍和汉服的不同特点，大胆选择自己喜欢的环保材料尝试制作喜欢的服装，知道传统服装是传统文化的国粹与代表，培养幼儿欣赏与赞美的品质。





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Warisan Budaya

Asuhan





Tajaka 1





Bagi Warisan Budaya penggal keempat, murid-murid Asuhan dan Tajaka 1 telah diperkenalkan kepada kerongsang sebagai salah satu aksesori tradisional. Mereka berpeluang menyentuh serta mencuba memakai kerongsang. Setelah itu, murid-murid menggunakan kreativiti mereka untuk menghasilkan kraf kerongsang menggunakan bahan yang disediakan.

Tajaka 2






Murid-murid Tajaka 2 berkesempatan mempelajari tentang dokoh sebelum membuat versi mereka sendiri menggunakan piring kertas dan manik-manik. Mereka juga didedahkan kepada fungsi dokoh serta keunikan corak yang dimilikinya.

Tadika 1





Murid-murid Tadika 1 berasa sangat teruja apabila berpeluang mencuba tanjak. Mereka turut menonjolkan kreativiti masing-masing dengan membuat tanjak daripada kertas dan menghiasinya menggunakan pelbagai bahan kraf.

Tadika 2







Pakaian tradisional masyarakat Melayu sememangnya tidak asing bagi murid-murid Tadika 2. Mereka dapat menamakan contoh-contoh busana tradisional dan berkongsi pengalaman ketika memakainya. Seterusnya, mereka turut menghasilkan kolaj baju kurung dan baju Melayu menggunakan kain perca.

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SSDB CLOSURE





In conjunction with our Start Small Dream Big (SSDB) closure, we set out to spread joy and show appreciation to those who serve our community — particularly bus drivers and MRT captains — and who play a vital role in ensuring our daily journeys are safe and smooth.





The N2 and K2 children visited Eunos Interchange and MRT station to distribute care packs containing tea, biscuits, and chocolates to the staff. Along with the packs, they also handed out handmade appreciation cards to them to express their gratitude.





Through this simple yet thoughtful activity, the children gained a deeper appreciation for the people who work behind the scenes to make their community a safe, clean, and happy place.







Preschool News

Children's Day



We celebrated Children's Day on 2nd October with the vibrant theme of 'Fruits and Vegetables'. Both children and teachers came dressed according to the theme, filling the day with colour and creativity.



The celebration kicked off with an energetic warm-up session, followed by a series of fun, class-based games.



A highlight of the event was a storytelling session of 'The Hungry Caterpillar', brought to life by teachers who acted out the characters. Their lively performance kept the children thoroughly entertained and delighted.





The celebration concluded with a special performance by the teachers, after which the students joined in for a joyful dance. The day ended on an exciting note, with the students happily bouncing and playing on the bouncy castle.







Deepavali

















Kidz Meadow@ Eunos joyfully celebrated Deepavali on 21st October with a vibrant and meaningful programme. The children arrived in colourful Indian outfits, bringing sparkle and festivity to the occasion. They enjoyed sampling a variety of traditional Deepavali treats and took part in fun-filled games that promoted teamwork and cultural appreciation.

Through stories, songs, and guided discussions, the children also learned about the significance of Deepavali, exploring themes of light, kindness, and the triumph of good over evil. It was a lively and memorable celebration that brought everyone together in a spirit of joy and togetherness.

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Recital Day







Our Recital Day was a wonderful celebration of confidence, creativity, and talent! The children showcased an impressive variety of performances, including singing, dancing, role-play, and drama. Each child stepped onto the stage with enthusiasm, turning their nervousness into excitement as they shared their hard work with the audience.

It was truly inspiring to see many of them conquering their stage fright — speaking, acting, and performing proudly in front of others. Their smiles and energy lit up the room, and the joy they felt was clear in every performance.

Recital Day not only highlighted their artistic abilities but also helped build their self-esteem, teamwork, and communication skills. We are incredibly proud of all our young performers for their courage and dedication!











School Green Award









SCHOOL GREEN AWARDS
YELLOW FLAME AWARD

Kidz Meadow Eunos is proud to share that we attended the School Green Awards (SGA) Ceremony on 18th November where we were once again recognised for our continued commitment to sustainability. Our centre received the Yellow Flame Award for the second consecutive year.

This achievement reflects the collective efforts of our teachers, students, and families. Through daily eco-habits, recycling projects, and meaningful green activities, our children are developing stronger environmental awareness and responsibility.

We thank all parents for partnering with us on this meaningful journey. Together, we will continue nurturing young eco-champions and contributing to a greener, more sustainable Singapore.









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Our K2 Graduates









The K2 Graduation Ceremony was a special day for our little graduates!

Our K2 children had worked hard to prepare a heartwarming performance that showcased not only their talents but also the values they had learnt.

Through a drama and dance performance titled ‘Lean on Me’, the children discovered what it means to be helpful, supportive and dependable. Their performance was a beautiful reminder of the friendships built and the growth they have achieved.











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Our K2s were full of energy and confidence as they danced to the song 'Lean On Me'. This was a routine they had been practising diligently for quite some time, and their hard work truly showed on stage. The children gave their best performance, moving with enthusiasm and teamwork. We are sure their parents are proud of their efforts!

Preschool News

Disposition Day



Toddler

Our Toddlers explored pink clay and crafted their very own 'Honesty Heart' as they learnt about honesty. What a fun way to learn!

N1

Delving into the theme of 'Embracing Honesty' during Disposition Day, the N1 children learnt about honesty through many engaging activities.

They also took part in storytelling and songs that helped deepen their understanding of honesty.



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K1

The K1 children learnt about honesty and shared real-life moments when they chose to be truthful. Before making their 'Truth Stone', they reflected on how honesty guides them in daily situations.






N2

The N2 children learnt the meaning and importance of honesty as they created a nature-inspired collage using dried leaves and twigs. They also participated in a picture activity where they had to identify honest and dishonest behaviours.







K2

The K2 children learnt about honesty through pretend play, exploring how telling the truth builds trust and friendships. They also made a 'Truth Stone' to remind themselves to use honest words and actions.

Preschool News

Show & Tell with Toddlers







Our Toddlers proudly shared their animal cow crafts with one another as they talked about their favourite colours and the materials they used to create their artwork. The children displayed confidence while sharing, and enthusiastically showed appreciation for their friends' work. This activity helped them practise turn-taking and talking about familiar farm animals. It was also a good opportunity for them to attempt asking questions.











Active Learners in Action: N1 Hula Hoop Showdown!










The N1 students had so much fun during the 'Hula Hoop Showdown' activity! They jumped into the hula hoops, showed different animal movements, and invited their friends to imitate them - demonstrating confidence and competence in their gross motor skills and physical coordination. This activity also helped to strengthen their muscles, improve balance and coordination, encouraged teamwork and social interaction, and at the same time, deepened their knowledge about animals.

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N2 Identifying Animal Habitats









Our N2 children enjoyed a hands-on exploration of animal habitats. Using picture cards of different habitats and various animal models, they identified where each animal lives. This activity helped them recognise various habitats while building matching and observation skills.









Bringing the Underwater World to Life: K1's Artistic Exploration













Our K1 children had a wonderful time exploring their creativity through a fun 'Under the Sea' craft activity. They painted boxes to create an ocean scene, and drew different sea creatures to fill their dioramas, bringing their imagination to life with bright colours. It was a hands-on learning experience that helped them express their ideas and discover the beauty of the underwater world.

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Our K2 Champs in Action











Our K2 children had an exciting time participating in the ball-batting activity. They took turns hitting the ball using their hands and then eagerly ran to aim and score a goal. Through this game, the children not only strengthened their hand-eye coordination and gross motor skills, but also learnt about teamwork, focus, and perseverance while having lots of fun!

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Learning Journey





Our children had an exciting and enriching experience at Bird Paradise on 19th November.

They explored the different zones in the park, observed a wide variety of bird species, and learnt about the unique habitats these birds live in. The captivating bird shows sparked their curiosity, while the playground offered a joyful space for them to play and bond with their friends.

We are thankful to all parents who joined us on this learning journey. Your support and presence made the outing even more meaningful for the children. Together, we can continue nurturing the children's sense of wonder and appreciation for the natural world. 🐦🌿✨















Preschool News







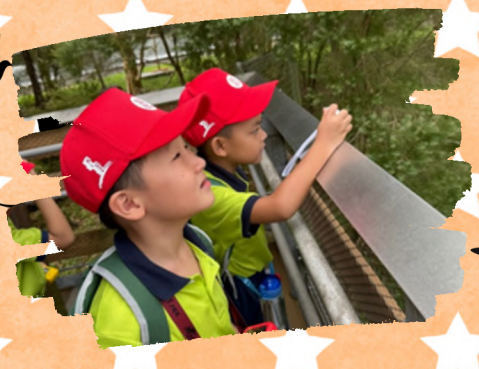




















Healthy Eating



Baked Vegetable Frittata



INGREDIENTS

- 600g orange-flesh sweet potato, peeled
- 2 tbsp canola oil*
- 2 brown onions (220g), peeled & diced
- 200g frozen mixed vegetables, rinsed & drained*
- 2 cloves garlic, peeled & crushed
- 150g shredded cheeses (e.g. a mix of red cheddar & mozzarella)*
- 2 tbsp grated parmesan cheese*
- 8 whole eggs, lightly beaten
- 125ml low-fat milk*
- ½ tsp sea salt flakes
- Pinch of black pepper

**Choose products with the Healthier Choice Symbol.*

METHOD

1. Preheat the oven to 170°C. Grease muffin tins lightly to prevent sticking. Cut baking paper to fit the base of each muffin hole.

2. Cut the sweet potatoes into uniform cubes (1cm by 1cm) and steam/microwave until tender. Drain off excess liquids and set aside to cool.

3. Heat oil in pan and fry the onions until soft and translucent. Add the garlic and cook for 2 minutes before adding in the mixed vegetables.
4. In a bowl, gently mix sweet potato, onions and mixed vegetables. Scoop and divide into muffin holes. Add 2 teaspoons of shredded cheese into each of the muffin holes.

5. In a measuring cup, whisk eggs and low-fat milk gently to combine. Add salt and pepper, and mix further.

6. Pour the egg mixture into the muffin tins, about ¾ full. Press the vegetables down with a spoon or a fork as you pour. Sprinkle some parmesan cheese on top.

7. Bake in the oven for 25 to 30 minutes. Cool for 10 minutes in tins, then using a small knife, remove each frittata onto a cooling rack. Peel off the baking paper and serve.They can be eaten hot, cold or at room temperature. As these frittatas are small but filling, you can have one as a snack or two for breakfast.

TIPS

When whisking the eggs, do not whisk too vigorously as this will introduce air into the egg mixture, causing the frittatas to puff too much during baking.

Nutritional Information (per serving):
1 serving = ½ serve meat & alternatives and ⅓ serve vegetables

Energy: 170kcal	Calcium: 153mg
Protein: 10g	Folic acid: 36mcg
Fibre: 2g	Vitamin C: 16mg
Iron: 1.1mg	Vitamin A: 2366 IU

Source: www.healthhub.sg/programmes/nutrition-hub/healthy-recipes

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Vision

A First-Class Provider in Early Childhood Care & Education

Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.



Our Core Values

C - Community and Parental Involvement
A - Active Learners
R - Resourcefulness
E - Excellence

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560
Eunos 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
Punggol 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117

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