Preschool News

Kidz Meadow Childcare @ Eunos

Term 3, 2026 Newsletter

Message from Principal

Dear Parents,

It brings me great pleasure to share the exciting highlights and memorable moments from Term 3 with you. In Term 3, our children continued to explore, discover and learn with wonderful energy and enthusiasm. A variety of enriching outdoor experiences were thoughtfully planned to keep them engaged, inspired and connected to the world around them.

We would like to extend our heartfelt appreciation to all parents for your warm Teachers' Day wishes. Your kind words, encouragement and appreciation truly mean so much to our team and remind us of the strong partnership we share in supporting our children's learning and development.

In this edition, we are delighted to showcase the wide range of meaningful activities and experiences the children participated in during Term 3. It has been wonderful to witness their curiosity, confidence and growth throughout the term. We hope you enjoy catching a glimpse of the wonderful memories your children have created.

Thank you for your continued support and partnership. Here's to another exciting term ahead, filled with new adventures, discoveries and joyful learning!

Warm Regards
Mdm Rafeah

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Closure Dates

- Teachers' Training — 30th Oct
- Deepavali — 09th Nov
- Spring Cleaning — 20th Nov
- Christmas — 25th Dec

Partner Operator

Healthy Pre-School

kidzmeadow kidz.meadow www.kidzmeadow.com

Preschool News

N2



Our N2 children observed the different colurs, shapes, textures and smells of the flowers around them using their senses. They also used cameras to capture a variety of interesting discoveries during their exploration. Through this hands-on experience, the children developed their observation skills, curiosity and appreciation for the beauty of nature. 📸🌼

K1



Our K1 children explored the beauty of nature by creating their very own flower bookmarks. Using a variety of flowers, they designed unique bookmarks while observing different colours, shapes and textures found in nature. This hands-on activity encouraged creativity, fine motor skills and an appreciation for the natural world.

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K2

Nature Magnified















Our K2 children had a delightful sensory experience examining dried chrysanthemum and rosella flowers! They used their senses to smell, touch, observe the flowers and discovered different tea aromas. They also learnt that flowers such as chrysanthemum, rosella and jasmine can be used to make a variety of foods and drinks, including tea.

Through this hands-on activity, the children cultivated their curiosity and learnt how flowers can be a part of our everyday lives, customs and cultures. 🌺

Preschool News



Toddler







Our Toddlers had fun exploring the sounds of nature using different natural elements. They listened, touched and experimented with items such as leaves and twigs to discover the different sounds that could be made. Through this sensory experience, the children developed their curiosity and awareness of the sounds found in the natural world. 🌿🎶

N1







Our N1 children explored the outdoors and collected natural materials such as leaves, twigs, feathers and seeds. With their teacher's guidance, they used their findings to create their own Nature Mobile.

This hands-on activity encouraged the children to appreciate nature while developing their creativity, observation skills and fine motor coordination as they handled and arranged the different materials. It also provided opportunities for sensory exploration and helped build their confidence in expressing their own ideas through art. 🌱✨

Preschool News

Wenhua Yichan






Toddler

幼儿通过在青花瓷花纹图片和不同形状蓝色纸片贴在纸盘上，从制作青花瓷中认识蓝色和白色，感知青花瓷色彩的变化及云纹特征美。



N1

幼儿用白色和蓝色粘土混合揉搓成图中的样子，制作自己喜欢的青花瓷物品，感知青花瓷云纹特征及色彩的变化，激发幼儿对青花瓷的好奇及探索欲望。



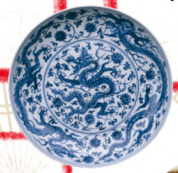



N2

幼儿通过用蓝色马克笔描出模板上的花纹图案，完成青花瓷作品，对青花瓷有初步认识并感知青花瓷的云纹特征，发展幼儿认知能力及动手操作能力。

K1

幼儿能够选择自己喜欢的塑料瓶，充分利用线条、形状、颜色和肌理等美术元素用蓝色马克笔画上各种花纹，动手制作青花瓷瓶并感知青花瓷瓶的美，激发幼儿对青花瓷的好奇心和探索欲望。



K2

幼儿通过欣赏和学习歌曲《青花瓷》，认识青花瓷并了解它的特征，跟着美妙的音乐用蓝色马克笔在雨伞上进行绘画青花瓷，完成手工制作青花瓷雨伞，发展幼儿的认知能力及动手解决问题的能力。




Preschool News

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Warisan Budaya

Asuhan & Tajaka 1

Murid-murid Asuhan dan Tajaka 1 telah diperkenalkan kepada seni ukiran melalui objek tradisional Melayu seperti kendi air, dulang dan congkak. Mereka berpeluang mengenal pasti pelbagai corak ukiran seperti motif bunga.

Aktiviti ini telah menggalakkan kreativiti murid-murid, serta membantu mereka mengenali keindahan seni dan warisan budaya Melayu.









Tajaka 2

Murid-murid Tajaka 2 berasa teruja berpeluang meneroka seni anyaman. Mereka berjaya menghasilkan pelbagai jenis alas cawan ‘mengkuang’ menggunakan kertas warna yang dianyam.

Aktiviti ini bukan sahaja memberi pengalaman baharu pada murid-murid, malah membantu mereka mengenali serta menghargai seni dan warisan tradisional Melayu.

Tadika 1

Murid-murid Tadika 1 meneroka dan mengenali keris, salah satu warisan tradisional Melayu yang terkenal sejak zaman dahulu. Walaupun fungsi keris telah berubah mengikut peredaran zaman, murid-murid diperkenalkan kepada penggunaannya sebagai salah satu aksesori atau perhiasan dalam majlis perkahwinan Melayu.









Tadika 2

Murid-murid Tadika 2 diperkenalkan kepada rumah kampung, sebelum mempelajari keunikan dan ciri-ciri yang terdapat pada rumah tradisional Melayu. Sebagai aktiviti lanjutan, mereka telah menghasilkan kraf rumah kampung dalam bentuk 3D sebelum menghiasinya secara berpasangan.

Aktiviti ini menggalakkan kreativiti dan kerjasama, dan membantu murid-murid mengenali serta menghargai keunikan seni bina dan warisan budaya Melayu.

Preschool News



Father's Day



💙 Celebrating Our Super Dads! 💙

Our children celebrated Father's Day with lots of love and appreciation for the amazing dads and father figures who fill their lives with love, strength and guidance. It was a meaningful celebration filled with smiles and special moments as the children showed just how much their dads mean to them. Thank you for being our children's everyday heroes. Happy Father's Day to all our wonderful dads! 💙

















Preschool News

Kidz Meadow Childcare @ Eunos

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Racial Harmony















Our children enjoyed a meaningful celebration of racial harmony as they delved into Singapore's rich multicultural heritage. They dressed in traditional outfits, played traditional games and enjoyed local favourites such as prata.

Through these fun experiences, the children learnt to appreciate different cultures, respect one another's traditions and celebrate the diversity that makes Singapore special. ❤️

International Friendship Day















Our children embarked on an exciting cultural journey as they celebrated International Friendship Day! They explored the unique cultures of the Philippines, Saudi Arabia, and Mexico, discovering the traditional art, food, music and customs of each country.

Through fun and meaningful activities, the children learnt to appreciate cultural diversity, respect one another's differences, and understand that friendship connects us no matter where we come from.

Preschool News

Kidz Meadow Childcare @ Eunos

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Superkinder Camp







Our K1 and K2 children had an exciting and memorable time at Superkinder Camp, where they embarked on an adventure filled with fun, teamwork and new experiences! Through engaging games and challenges, the children worked together, encouraged one another and demonstrated courage as they completed their camp missions. Our group, Crystal, took on the roles of *Explorers*, *Courage Keepers* and *Protectors of Friendship and Kindness* as they journeyed through the story of *The Shadow Dragon* and helped transform it into the *Guardian Dragon*. The camp provided wonderful opportunities for the children to build confidence, strengthen friendships and create special memories with their friends and teachers.














Preschool News

National Day













🇸🇬 Celebrating Singapore! 🇸🇬

Our children had a wonderful time celebrating National Day by learning about Singapore's history, performing lively dances and participating in fun-filled games. It is with much pride that we celebrated Singapore with our little ones. Many happy memories were created together as the children learnt about our beautiful country.

We love Singapore!

Preschool News

Disposition Day (Little Bloom)

Learning Honesty Through Play!

In Term 3, our children discovered what it means to be honest through puppets, role-play, music and craft activities. Through simple and familiar scenarios, they learnt that being honest means telling the truth, even when they make a mistake.

As they reflected on what happened, how they felt and what they could do next, the children learnt to express their feelings, interact positively with others and make thoughtful choices.












Preschool News

Disposition Day (Bloom)

Honesty Begins with Me!

In Term 3, the children explored the importance of honesty and reflectiveness through meaningful experiences and everyday interactions.

They learnt to pause and think about their thoughts, feelings, words and actions, while recognising the importance of telling the truth and taking responsibility for their choices. Through reflection, the children developed greater self-awareness, confidence and the ability to make thoughtful choices while building positive relationships with others.



Preschool News

Kidz Meadow Childcare @ Eunos

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National Day with Muhammadiyah










Our K2 children had an opportunity to visit Muhammadiyah Health and Day Care Centre to celebrate National Day with the elderly. The children performed classic Singapore songs such as *Di Tanjong Katong* and *Rasa Sayang*, bringing smiles to the seniors as they enjoyed the performance and sang along.

The elders and children also decorated hand fans with Singapore-themed motifs, including local attractions, flowers and other familiar symbols of Singapore. It was a meaningful celebration filled with music, creativity and intergenerational bonding.



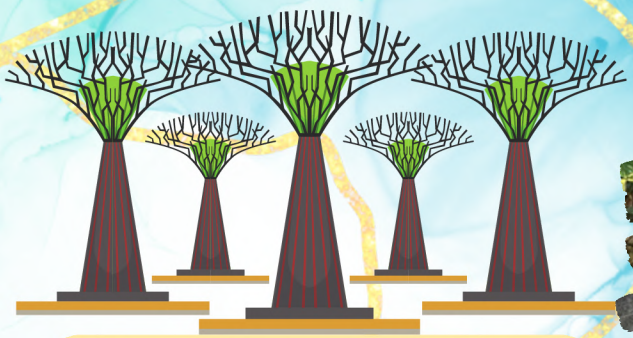






Preschool News

T3 Learning Journey (Gardens by the Bay)



















Our Toddlers and N1 children, together with their parents, enjoyed a wonderful learning journey to the Flower Dome and Cloud Forest. They had the opportunity to explore the beautiful gardens, observe the different plants and flowers and discover the amazing wonders of nature.

The children also took part in a fun *Nature Colour Hunt*, searching for and identifying different colours found in their surroundings. Through this shared experience, the children and families enjoyed learning, exploring and bonding together while creating meaningful memories in nature.

Preschool News

T3 Learning Journey (Gardens by the Bay)











Parents of our N2, K1, and K2 children supported their children in identifying different shapes found in the natural surroundings.

It was a fun-filled way for the children and their families to bond and create memories as they learnt and explored in this shared experience together.









Preschool News

Kidz Meadow Childcare @ Eunos

Term 3, 2026 Newsletter

Teachers' Day Celebration















🌿🌸 Teachers' Day Celebration: Nature Wonderland 🌸🌿

Our Teachers' Day celebration blossomed with much joy as we stepped into our Nature Wonderland! Teachers and children shared a wonderful time playing fun games and participating in exciting activities together.

The celebration became even more special when our children took to the stage to perform for their teachers, expressing their love and appreciation through their performances. It was a heartwarming day filled with laughter, teamwork, precious moments and beautiful memories shared between our teachers and children. 🌻🍃✨

Preschool News

Parent's Tips Healthy Lifestyle

Apple Sesame Tart

Ingredients

- Fuji apple, peeled and sliced finely 250g
- White Sesame Oil 2 tbsp
- Water, as needed
- All-purpose flour 180g
- Salt ½ tsp
- Honey 1 tbsp
- Brown sugar 2 tsp

Tips

- Enjoy the edible skins of fruit and vegetables as they provide additional fibre and nutrients.
- Use fresh fruit, dried fruit, fruit juice or fruit sauces as healthier alternatives over sugar to sweeten your desserts.
- Fruit and vegetables are low in sodium and high in potassium. This helps to maintain a healthy blood pressure.

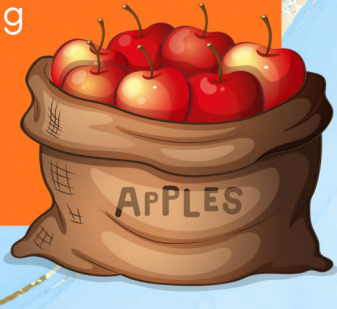
Method

- Knead flour, honey, oil and add salt until dough-like texture. Add water if necessary.
- Wrap dough in cling film and keep in fridge for 1 hour.
- Place 4 cake moulds in a greased baking tray. Divide dough into 4 portions.
- Press each portion into the bottom of a cake mould.
- Add apples on top of dough base.
- Sprinkle brown sugar on top of apple slices. Bake in oven for 20 minutes at 175°C.
- Serve hot.



Nutrition Information (Per Serving):

- Energy (1 kcal = 4.2kJ) 280kcal
- Protein 4.9g
- Total fat (g and % of total calories) 7.4g (23.5%)
- Saturated fat 1.1g
- Cholesterol 0mg
- Carbohydrate 49.1g
- Dietary Fibre 2.9g
- Sodium 149mg



Source: www.healthhub.sg

Preschool News

Parents' Tips

Exercise Snacking

With 10-15 minutes of physical activity spread throughout the day, exercise snacking keeps your child active and energised.



Source: https://healthhub.sg/programmes/parent-hub/preschool/resources-preschool

Preschool News

Kidz Meadow Childcare @ Eunos

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Parents' Tips

Tips for helping children understand emotions

1. Help them to label feelings.

- It can be really useful to draw or make faces together, showing them feelings like 'happy', 'sad' and 'angry'.
- You can also use pretend play as a way to help explain emotions to them – tell them how teddy feels when he is poured a cup of tea or how daddy feels when the superhero saves him.



2. Chat about feelings throughout their day.

- Chat to them regularly about feelings, whether it is theirs or the people around them
- Talk to them about a range of feelings, not just when there is a problem. Talk about times they feel excited, surprised or left out.



3. Set a good example.

- Try to be open and share feelings as a family.
- Make it clear that all feelings are OK, but not all behaviours are.
- Tell your child how you are feeling and what you are going to do about it.



Source: https://www.bbc.co.uk/tiny-happy-people/articles/zc4fsk7

Preschool News

Kidz Meadow Childcare @ Eunos

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Vision

A First-Class Provider in
Early Childhood Care & Education

Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.

Our Core Values

C - Community and Parental Involvement
A - Active Learners
R - Resourcefulness
E - Excellence



KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

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Eunos 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
Punggol 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117

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