Where fun & creative learning begins

# Preschool News

Kidz Meadow Childcare @ Eunos

Term 3, 2025 Newsletter

## Message from Principal

Dear Parents,

It brings me great joy to share the exciting highlights and memorable moments from Term 3. This term, our children have continued to explore, discover, and learn with incredible energy and enthusiasm. A variety of outdoor experiences were thoughtfully planned to keep them engaged, inspired, and connected to the world around them.

A heartfelt thank you to all parents for your warm Teachers' Day wishes. Your words of encouragement and appreciation truly mean a lot to the team and remind us of the strong partnership we share with you.

In this edition, we showcase the wide range of meaningful activities the children participated in with such joy and dedication. It has been wonderful to witness their curiosity and growth throughout the term.

We hope you enjoy reading this newsletter and gaining a glimpse into the enriching experiences your children have enjoyed. Thank you for your continued support — here's to another exciting term ahead, filled with new adventures and learning!

Warm regards,
Rafeah A. Aziz
Kidz Meadow @ Eunos

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## Closure Dates

- Children's Day — 3rd Oct
- Deepavali — 20th Oct
- Teachers' Training — 24th Oct
- Spring Cleaning — 21st Nov

# Preschool News

## Nature Magnified

### N2






Using a mortar and pestle, the Nursery 2 children explored the vibrant colours hidden inside different flowers. They enjoyed a hands-on experience that sparked their curiosity and creativity as they experimented with textures and discovered how petals can release their colours.

### K1






During their nature walk, the K1 children explored their surroundings, observing flowers up close with magnifying glasses and capturing photos with their cameras. Later, they enjoyed a nature-inspired yoga session and practised poses like the flower and tree poses. The children had fun connecting with nature, discovering new things, and developing their physical skills and mindfulness through playful, hands-on experiences.

# Preschool News

## Nature Magnified

### K2







The children explored flowers in many engaging ways, combining both technology and hands-on learning. Using cameras, they captured photos of the flowers to document their discoveries, while magnifying glasses allowed them to take a closer look at intricate details such as the petals, colours, and shapes. They also engaged their sense of touch by feeling the textures of the flowers, and extended their learning through creative craft activities such as pasting flowers onto their artwork.











# Preschool News

## Toddler










The toddlers went on a little adventure around the neighbourhood to find flowers and learn how they grow — some on trees, some from shrubs. Back in the classroom, they got hands-on with a 'flower soup' activity, touching and exploring the floating petals in a tub of water.



## N1

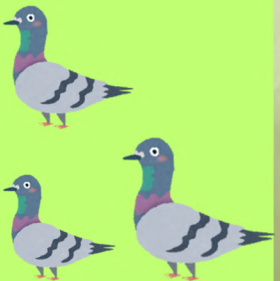


The children became little sound explorers, listening carefully to chirping birds, rustling leaves, and other nature sounds. They excitedly shared their discoveries with friends, building their vocabulary, communication skills, and curiosity about the world around them.









Look, teacher! Birds!

# Preschool News

## Wenhua Yichan




### N1

幼儿用白色和蓝色粘土混合揉搓成图中的样子，制作自己喜欢的青花瓷物品，感知青花瓷云纹特征及色彩的变化，激发幼儿对青花瓷的好奇及探索欲望。



### N2

幼儿通过用蓝色马克笔描出模板上的花纹图案，完成青花瓷作品，对青花瓷有初步认识及感知青花瓷的云纹特征，发展幼儿认知能力及动手操作能力。



### K1

幼儿能够选择自己喜欢的塑料瓶，充分利用线条、形状、颜色和肌理等美术元素用蓝色马克笔画上各种花纹，动手制作青花瓷瓶并感知青花瓷瓶的美，激发幼儿对青花瓷的好奇心和探索欲望。



### K2

幼儿通过欣赏和学习歌曲《青花瓷》,认识青花瓷并了解它的特征，跟着美妙的音乐用蓝色马克笔在雨伞上进行绘画青花瓷，完成手工制作青花瓷雨伞，发展幼儿的认知能力及动手解决问题的能力。

# Preschool News

Kidz Meadow Childcare @ Eunos

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## Warisan Budaya

### Toddler





### N1





Kelas Asuhan dan Tajaka 1 mempelajari tentang seni ukiran. Mereka berpeluang menyentuh dulang yang mempunyai ukiran bunga. Selepas itu, murid-murid menggesek krayon di atas kertas untuk menghasilkan corak ukiran bunga.



### N2



Murid-murid Tajaka 2 mendalami teknik anyaman. Mereka berasa teruja apabila berpeluang membuat alas cawan mengkuang menggunakan kertas warna.



### K1



Setelah mempelajari tentang seni keris serta kegunaannya sepanjang zaman, Tadika 1 menghasilkan keris mereka sendiri. Mereka kemudian 'berlawan' menggunakan keris mereka.

### K2





Murid-murid Tadika 2 berpeluang mengenali rumah kampung yang terdapat di Singapura seperti di Lorong Buangkok dan Pulau Ubin. Kemudian, mereka membina model rumah kampung menggunakan bahan-bahan kitar semula.

# Preschool News

## Racial Harmony

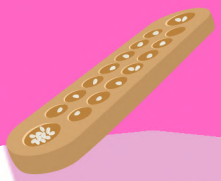















The toddlers explored the traditional game 'congkak' alongside their friends.

















The N1s visited the Malay booth, where they explored traditional games, accessories, and food.













The N2s had a delightful time exploring the sounds of traditional musical instruments.

# Preschool News

## Racial Harmony







The K1 children performed a graceful Chinese fan dance as part of our Racial Harmony Day celebration. After their performance, they explored the Indian booth, where they had the opportunity to examine the patterns and feel the texture of a sari.







The K2 children were given a hands-on experience during Racial Harmony Day, where they had fun playing the mridangam and the Chinese drum.

## International Friendship Day




















On 25 July, the N2 to K2 children celebrated International Friendship Day. The N2s delved into the culture of Saudi Arabia, the K1s learnt about Mexico, while the K2s focused on the Philippines.

In addition to discovering the music, culture, and traditions of these countries, the children also engaged in hands-on activities by creating crafts such as Hojalata, Inabel, and Arabian geometric tiles.




















# Preschool News

## Superkinder Camp















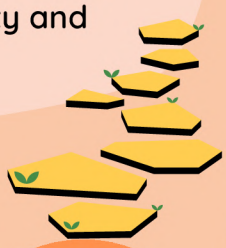


The K1 and K2 children had a wonderful time at their 2-day, 1-night camp, filled with fun, laughter, and new experiences. Throughout the camp, they engaged in a range of exciting activities such as kite flying, tent decorating, water gun play, and group games that encouraged teamwork and creativity. These hands-on activities not only gave them the chance to explore the outdoors but also nurtured their sense of curiosity and adventure.

























# Preschool News

## National Day Celebration with Muhammadiyah Day Care Centre





On 5 August, the K1s visited the Muhammadiyah Health and Daycare Centre to celebrate National Day with the elderly.

They sang National Day songs, recited a poem, played games, and even created Singapore's national flower together.

The session was fun and engaging, and the children were delighted by the special performance the elders had staged for them!









# Preschool News

## National Day













This year marks Singapore's 60th birthday, and our children celebrated with a joyful time of songs, dance, and history to commemorate the nation's incredible journey.

We kicked off the celebration with a workout, followed by the Dance of the Nation, performed by each individual class. The event also included a meaningful session where we learnt about the history of Singapore, including the story of Sang Nila Utama and how our nation was founded.

Adding to the excitement, we had a Singapore costume parade with a unique twist! The parade featured vibrant representations of Singapore's attractions, our proud uniformed groups, and iconic symbols of our nation.





# Preschool News

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## Teachers' Appreciation Day






























This year, our centre celebrated Teachers' Appreciation Day with a heartwarming countryside theme! Both teachers and children came dressed in charming countryside-inspired outfits, bringing a rustic and cheerful vibe to the celebration. The event began with delightful performances by the children, dedicated to their beloved teachers. Their songs and dances were filled with joy and gratitude, creating many touching moments.

Following the performances, the teachers and children came together for a series of fun games, strengthening bonds and sharing laughter. It was a wonderful way to highlight the spirit of teamwork and appreciation.

The celebration continued with a heartfelt thank-you speech by the Principal acknowledging the dedication and love that teachers give each day. The event ended on a sweet note as the K2 children presented tokens of appreciation to their teachers to express their gratitude in the most special way.

It was truly a memorable day filled with love, laughter, and gratitude – a celebration to remind us all of the invaluable role teachers play in nurturing and guiding our children. 🧡

# Preschool News

## Disposition Day

HONESTY

### Toddler






### N1






**Honesty Begins With Me**

This term, the Little Bloom children explored the focus of disposition: 'Honesty Begins With Me'. The children learnt to understand the importance of being honest through engaging and age-appropriate activities.

Our toddlers enjoyed the Sensory Truth Bag activity, puppet role-play scenarios, and storytelling. These helped them begin to recognise and express truth in a simple and meaningful way.

Meanwhile, the N1 children learnt to identify what is true and what is pretend. Through puppet role-play, they discovered the consequences of lying and how it can affect people around them. Storytelling sessions further deepened their understanding of honesty, showing how being truthful builds trust and respect among friends and teachers.

# Preschool News

## Disposition Day

### N2



### K1



### K2



**Honesty Begins With Me**

The Bloom children focused on the theme 'Honesty Begins With Me'. They deepened their understanding of honesty through a variety of fun and integrated activities.

During the Honest Movement Challenge, children not only built their gross motor skills by dribbling balls, but also learnt the value of returning lost and found items.

In numeracy, the Honest Counting Adventure combined counting and addition with the practice of giving back belongings to their rightful owners.
The children also enjoyed storytelling sessions with their Malay and Chinese Mother Tongue teachers. These sessions helped them explore and appreciate honesty more deeply in their everyday lives.



# Preschool News



## Tiny Explorers



Our curious toddlers have been hard at work—building, moving, and discovering! In Term 3, our little learners dived into the exciting world of transportation using colourful LEGO blocks. Through hands-on play, they explored early Math concepts by identifying and building with shapes such as triangles, squares, and rectangles.

But the learning did not stop there! The children were also introduced to basic directional concepts like up, down, and roundabout. It was a joy to watch their creativity bloom as they worked together.







# Preschool News

## Little Hands, Big Adventures in N1 Class









The children eagerly took turns rolling the ball. As they played together, they built their gross motor skills and learnt to coordinate their movements with control. This activity also encouraged them to practise turn-taking, develop focus and concentration, and strengthen their sense of balance.









The children enjoyed dropping cards into the slots with their friends. This fun activity built their focus and fine motor skills while learning colours and early numeracy. They were excited to carry out the task and could check their work using the task card after sorting.





# Preschool News

## N2, Our Picassos









### Texture Collage

The N2 children engaged in a creative art activity where they explored various types of fabric to make their own collage. They eagerly touched and felt the materials, using descriptive words such as soft, rough, smooth, and fuzzy to express how each fabric felt. With glue and curious hands, they carefully pasted the pieces onto their papers.

Some children made connections, saying, “This is soft like my blanket!” or “I like the bumpy one!” They enjoyed selecting the colours and textures they preferred, proudly creating unique fabric collages. The activity provided a fun, sensory-rich experience that encouraged them to express their thoughts and feelings through art.





# K1 in Action: Overarm Throw Fun!

Our K1 children had an exciting time learning the fundamentals of the overarm throw through a fun and imaginative game called ‘Guard the Sandcastle’. This engaging activity not only introduced them to the technique of throwing with purpose and control, but also encouraged creativity and teamwork.

It was a joy to watch their enthusiasm and imaginative storytelling come to life. The children are well on their way to becoming confident movers and creative thinkers!















# Preschool News

## Recycling into Art: K2's Supertree Project






During their craft activity, the K2 children had the opportunity to design and build their own 'Supertree' using recycled materials. This creative project not only encouraged them to express their imagination and artistic skills, but also introduced them to the concept of sustainability.





# Preschool News

## Learning Journey To Gardens By The Bay







On 26 August, our toddlers to K2 children embarked on an exciting learning journey to the Flower Dome. Surrounded by a breathtaking variety of flowers and plants from around the world, the children were filled with awe and curiosity. They eagerly searched for different types of flowers, carefully observing their colours, shapes, and patterns. With cameras in hand, the little explorers captured their discoveries, documenting the beauty they saw around them.







Teachers and children engaged in meaningful conversations as they discussed the origins and unique features of the plants. The experience not only provided an opportunity for hands-on learning, but also encouraged the children to appreciate the wonders of nature.



Through this immersive exploration, the children developed a sense of curiosity, wonder, and joy as they connected closely with the natural environment. It was truly a memorable and enriching day for all.







# Preschool News

Kidz Meadow Childcare @ Eunos

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## Staff Retreat & Staff Appreciation Dinner

🌴 Staff Retreat in Batam (4- 6 September 2025)

Our staff had the wonderful opportunity to relax, recharge, and bond during our annual retreat at Batam. The retreat kicked off with an energising team-building session at Turi Beach. The organiser prepared exciting games that had everyone laughing, cheering, and working together as a team. The enthusiasm and team spirit shown by all staff truly set the tone for the rest of the retreat.

On Day 2, it was all about leisure and personal time. Some staff enjoyed a rejuvenating massage, while others indulged in a shopping spree around Batam. It was a day to relax, explore, and create personal memories.

The highlight of the evening was the much-anticipated Appreciation Dinner. Staff came dressed in vibrant Kawaii Harajuku outfits, bringing fun and colour to the night. This year's theme, 'Kawaii Harajuku', was celebrated with joy, creativity, and laughter as we recognised and appreciated everyone's contributions.

The retreat was not just a short getaway but also a meaningful reminder of the importance of teamwork, appreciation, and togetherness. Everyone returned refreshed, recharged, and with stronger bonds as colleagues and friends.






















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# Healthy Lifestyle



## Tips for Parents

### NUTRITION
**Meals and Snacks**

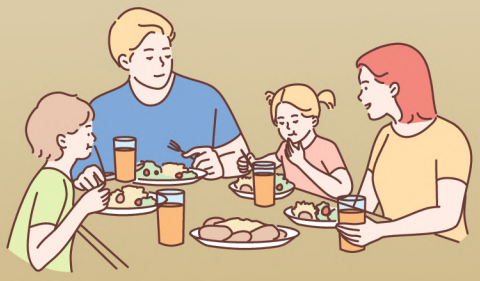
Love veggies? Your children will probably love them too. Snack often? Yeap, they will likely pick up the unhealthy habit. Here are some easy and fun ways for you to start eating healthily as a family.

**Food prep and mealtimes are great opportunities to influence your children about food and nutrition.**

### #1 GET THE CHILDREN INVOLVED!

Bring your child to the grocery store. Start off by selecting a protein or vegetable and let them choose the next ingredient. Introduce your children to healthy ingredients that they would like to be a part of the meal. Take this chance to share the benefits of fruits and vegetables with your children and encourage them to try a variety at a young age.





### #2 EAT TOGETHER & BE FULLY PRESENT DURING MEALTIME

When you eat a wide variety of healthy foods in front of your children, they will follow suit as they model after you.

During mealtime, be fully present. That means putting away devices, and listening to and engaging with your children and the other adults at the dining area.

### #3 HAVE A HEALTHY PLATE OF FOOD THAT YOUR CHILDREN CAN FOLLOW

Use the Healthy Plate as a guide as how much food to put on your plate. Fill plates with 1/4 brown rice, 1/4 plate meat/others and 1/2 plate fruit and veggies.



***Source: healthhub.sg***

# Preschool News

Kidz Meadow Childcare @ Eunos

Term 3, 2025 Newsletter

## Vision

A First-Class Provider in Early Childhood Care & Education

## Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

## Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.




## Our Core Values

C - Community and Parental Involvement
A - Active Learners
R - Resourcefulness
E - Excellence

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

**Bedok North** 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560
**Eunos** 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
**Punggol** 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117

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