Preschool News

Kidz Meadow Childcare @ Eunos

Term 2, 2026 Newsletter

Message from Principal

Dear Parents,

As we mark the end of Term 2, I would like to thank all our families for your continued support and partnership throughout the term..

In Term 2, our children enjoyed many meaningful learning experiences. Through Warisan Budaya and Wenhua Yichan (Cultural Heritage), they explored Singapore's rich cultural heritage and learnt about traditional martial arts.

Our children also participated in Disposition Day, where they demonstrated important learning dispositions such as confidence, resilience, cooperation, and curiosity.

During our Hari Raya Awareness Day, we were honoured to welcome Assoc. Professor Muhammad Faishal Ibrahim and the elderly guests from Muhammadiyah Day Care Centre. Besides learning about the significance and traditions of Hari Raya, our children also benefited from a meaningful intergenerational learning experience.

Our Hari Raya Open House brought together families, children, and staff for a joyful celebration filled with delicious food and fun games. Thank you, parents, for your generous contributions to the potluck.

We also celebrated Mother's Day by giving our children the opportunity to express their love and appreciation for their mothers through special activities and heartfelt creations.

Another highlight of the term was the learning journey to Niqqi's Cheese Prata Shop, where children and parents learned how prata is made and enjoyed a unique hands-on experience together.

We look forward to another exciting term of learning, discovery, and growth.

Warm Regards
Mdm Rafeah A.Aziz

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Closure Dates

National Day	10 Aug 26
Staff Welfare	03 Sep 26
Teacher's Day	04 Sep 26





Preschool News

NATURE MAGNIFIED

N2







Our N2 children proudly presented their WALL-E models made from recyclable materials during Show and Tell, building their confidence in speaking and sharing their ideas with others. Using a camera, the children captured photos of their friends and their creations, developing their skills in using technology to document and celebrate learning, while reinforcing the importance of recycling and reusing materials.

K1

Through a combination of hands-on activities and the exploration of technology tools, our K1 children developed a deeper understanding of plants and ecosystems. They observed plant growth, investigated the different parts of plants and their functions, explored how living things interact within ecosystems, and used digital resources to enhance their learning, inquiry, and curiosity about the natural world.











Preschool News

NATURE MAGNIFIED

K2









Our K2 children went on an environmental walk to observe and identify litter in their surroundings. They collected plastic waste and disposed of them responsibly in the dustbin, and learnt how simple actions can help keep the environment clean and protect our community. Well done, K2 children, for being responsible environmental stewards!











Focusing on repurposing used plastic bottles, our K2 children designed and created unique crafts while learning about the importance of reusing materials. Through this hands-on activity, they discovered that everyday items can be repurposed instead of being thrown away.

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I CAN SPY! NATURE

TODDLER





Our toddlers became little nature explorers during an 'I CAN SPY! Nature' walk around the school grounds. Using picture prompts, they searched for and observed different natural elements such as leaves, grass, and fallen palm fronds. Through this hands-on adventure, the children developed their observation skills, curiosity, and appreciation for the wonders of nature around them.





N1







Our N1 children enjoyed a nature walk around the school grounds, where they explored and collected fallen leaves while observing the environment around them. They were especially excited to discover a fallen coconut palm sheath and eagerly examined its texture and size. Through this hands-on experience, the children developed their observation skills and curiosity about the natural world.



Preschool News

Wenhua Yichan

Toddler

幼儿通过观看视频，了解基本的武术形式，根据老师指令以不同的武术姿态跳动到相应的字母垫板，练习完成跳梅花桩的活动，初步培养幼儿的平衡能力。





N1

幼儿通过观看视频，老师重点讲述武术中的太极运动，知道简单的太极动作，在老师的带领下进行简单的太极组合练习，享受运动的快乐。



N2

幼儿通过观看图片和视频了解打坐的基本动作，知道打坐注意事项，老师带领幼儿随音乐练习打坐，体验打坐时血液通畅和放松身心的感受。



K1

通过观看图片和视频幼儿知道太极的基本动作有起势，抱球，提手等等，能跟随音乐打出比较常见的太极动作，激发幼儿对武术活动的兴趣。



K2

幼儿通过观看有关功夫的图片和视频，了解功夫的基本动作有冲拳，推掌，弓步，马步等等，能跟随音乐锻炼基本功夫，增强幼儿自信心及克服困难的勇气.

Preschool News

Warisan Budaya









Asuhan & Tadika 1

Murid-murid peringkat Asuhan dan Tadika 1 berpeluang mempelajari seni mempertahankan diri tradisional Melayu, iaitu silat. Mereka berasa teruja apabila dapat mencuba pakaian silat dan tanjak, sekali gus mengenali warisan budaya Melayu dengan lebih dekat. Selain itu, murid-murid turut mengikuti dan mencuba beberapa pergerakan asas silat berdasarkan video yang ditayangkan.

Tajaka 2

Murid-murid Tajaka 2 mencuba beberapa pergerakan asas silat seperti menepis dan menendang dengan penuh kegigihan. Walaupun ini merupakan pengalaman pertama mereka, mereka tetap menunjukkan kesungguhan dan berusaha dengan sebaik mungkin. Syabas kepada semua murid atas semangat dan keberanian yang ditunjukkan!

















Tadika 1

Selain mengenakan pakaian silat lengkap dengan tanjak, murid-murid Tadika 1 turut berpeluang mencuba alat muzik tradisional seperti kompang untuk mengiringi persembahan silat. Mereka kelihatan teruja dan bersemangat ketika mempelajari serta melakukan pergerakan silat secaraberkumpulan.

Tadika 2

Lihatlah kebolehan murid-murid Tadika 2 dalam mempersembahkan seni silat! Mereka begitu bersemangat menunjukkan aksi-aksi kreatif seperti tendangan ke udara dengan penuh keyakinan. Murid-murid juga menunjukkan fokus yang tinggi ketika mempersembahkan kebolehan mereka. Selain itu, mereka turut berpeluang menghasilkan kraf keris mereka sendiri sebagai sebahagian daripada aktiviti pembelajaran mereka.







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Hari Raya Awareness Day



Our school celebrated Hari Raya with a fun-filled and meaningful event that brought together students, staff, and members of the community. We were honoured to welcome elders from Muhammadiyah Day Care Centre as well as Member of Parliament, Assoc. Professor Muhammad Faishal Ibrahim as our special guests.

The celebration featured a variety of interactive activities and games that allowed students to learn more about Hari Raya traditions. Some of the highlights included 'Guess the Kuih' and 'Continue the Lyrics', where students enthusiastically participated and showcased their knowledge of traditional Malay snacks and festive songs.

In conjunction with the Hari Raya celebration, students also took part in a creative clay-making activity where they crafted miniature Hari Raya kuih using clay. This hands-on experience encouraged creativity while helping students appreciate the cultural significance of festive treats enjoyed during Hari Raya.

The event provided a wonderful opportunity for students to connect with the community, learn about Malay culture, and celebrate Singapore's multicultural heritage. It was a memorable and enjoyable day for everyone involved.











Hari Raya Open House










In conjunction with Hari Raya, Kidz Meadow @ Eunos hosted a festive open house for children and their families to celebrate this meaningful occasion together. The event brought the community together in a warm and welcoming atmosphere, with parents contributing their home-cooked dishes to a potluck-style feast. The sharing of food created a homely environment and provided an opportunity for families to connect with one another.

The celebration began with a session of interaction and mingling among parents, children, and staff before everyone participated in a series of exciting games. Parents and children enthusiastically took part in the activities, demonstrating great teamwork, creativity, and sportsmanship. One of the highlights of the event was the singing segment, where both parents and children confidently showcased their talents by singing popular Hari Raya songs, adding to the festive spirit and joy of the celebration.

The open house was a memorable occasion that strengthened bonds within the Kidz Meadow @ Eunos family, while celebrating the values of togetherness, sharing, and appreciation.



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Recital Day



Little Chefs in the Kitchen

Our children confidently performed on stage during our Term 2 Recital Day themed 'Little Chefs in the Kitchen'. Through song and dance, they confidently put on an engaging showcase that reflected what they had learnt.









The children were very excited to perform in front of their friends! It was wonderful to see their confidence, teamwork, creativity, and enthusiasm shine throughout their preparation as well as their performance. They followed instructions well, remembered their actions, and supported one another on the stage. It was heartwarming to see their excitement and joy as they performed with bright smiles and positive energy. We are so proud of all our little stars for their amazing effort and participation!

Earth Day Cum Start Small Dream Big Launch

The children and their families came together to celebrate Earth Day and the launch of our Start Small Dream Big (SSDB) project which focuses on sustainability and caring for the community. Through an Earth Day picture talk, our children learnt about the importance of protecting the environment and how they can make a difference through simple everyday actions.

A highlight of the event was the Recycled Fashion Show and Show & Tell session. The children proudly showcased the creative outfits they had made at home with their parents using recyclable materials. This activity was an opportunity for them to share their ideas and raise awareness about recycling and reusing resources.

The event concluded with a parent-child poster-making activity, providing families with a meaningful opportunity to bond while expressing their commitment to caring for the Earth and the community. Together, we look forward to a year of learning and action through our SSDB project.









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Preschool News

Mother's Day

Mothers hold a special place in our hearts. They are our first teachers, biggest supporters, and a constant source of love and encouragement. Through their care, patience and dedication, they help guide us as we learn and grow each day.

Mother's Day is a meaningful opportunity to express our gratitude for all that mothers do. It is a time to celebrate their unconditional love, sacrifices and the countless ways they make a difference in our lives. We are thankful for all the wonderful mothers who nurture, inspire and support their children every step of the way. Happy Mother's Day to all our amazing mothers!


















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Disposition Day (Little Bloom)

#Reflecting on a Term of Wonder & New Friendships!

We enjoyed an exciting term filled with exploration, creativity, and the joy of forming new friendships!

Through engaging group activities, storytelling, and collaborative play, the children experienced the thrill of teamwork and the importance of caring for others.

As they discovered that helping a friend brings joy to everyone in the room, they flourished in a nurturing environment where all thrived together.

Toddler











N1











Disposition Day (Bloom)

 # Exploring Community and Connection

In Term 2, we delved into the incredible influence of community and connection! Through a lively lens of curiosity and wonder, our children investigated what it truly means to care for one another, collaborate as a dynamic team, and actively engage with their surrounding neighborhood.

By uncovering the beauty of everyday acts of kindness, collaborative play, and meaningful communication, they experienced firsthand how uplifting one another fosters a deep sense of belonging. Ultimately, this journey demonstrated that supporting one another not only ignites personal confidence, but also enables our entire group to grow and flourish together.



Learning Journey (Little Bloom)









Our Little Bloom Toddler and Nursery 1 children enjoyed a meaningful learning journey to Niqqi's Cheese Prata Shop together with their parents.

During the visit, the children had the opportunity to explore and touch the prata dough, learning about its texture and how it can be stretched and shaped. They were excited to watch a live demonstration of how prata is made, observing the skills and techniques used by the 'prata maker'.

The children also enjoyed tasting freshly made prata, making the experience both yummy and engaging. Through this experiential learning journey, the children developed their sensory awareness, observation skills, and an appreciation for local food culture while creating wonderful memories with their parents.













Preschool News

Learning Journey (Bloom)





Our Bloom Nursery 2 to Kindergarten 2 children were excited to visit Niqqi's Cheese Prata Shop together with their parents for their learning journey. The children enjoyed watching a live demonstration on how prata is made and learned about the different steps involved in the process.





After the demonstration, each child was given a piece of dough to try making prata on their own. They were enthusiastic as they stretched, shaped, and explored the dough. This hands-on experience allowed the children to apply what they had observed and gain a better understanding of how prata is prepared. The children also actively participated in the Q&A session that followed. They were delighted to receive an apple as a reward for their participation and correct answers, which spurred their confidence and engagement.





To end the learning journey, the children enjoyed eating freshly made prata with their classmates. It was a meaningful and enjoyable experience that promoted observation skills, active participation, and an appreciation of local food culture while creating wonderful memories with their friends.















TIPS FOR PARENTS

Healthy Eating



28 Healthy Snacks Your Kids Will Love

Children often experience hunger between meals, but many packaged snacks contain unhealthy ingredients such as refined flour, added sugars, and artificial additives. As a parent, snack time offers an excellent opportunity to increase your child's nutrient intake. Rather than relying on highly processed snacks, opt for whole foods that provide both energy and nutrition. Here is a list of kid-friendly snacks that are both healthy and delicious:



Sliced apples with peanut butter
https://www.healthline.com/nutrition/healthy-snacks-for-kids#peanut-butter-dip



Carrot sticks with hummus
https://www.healthline.com/nutrition/healthy-snacks-for-kids#carrot-sticks-and-hummus

Yogurt
https://www.healthline.com/nutrition/healthy-snacks-for-kids#yogurt



These snacks are sure to satisfy your child's hunger and provide the essential nutrients they need to grow and thrive.

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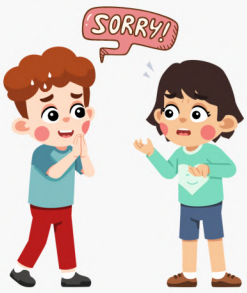
Tips for Parents

Reinforcing Values and Self-Care Practices at Home

The preschool years are an important time for children to develop positive values and self-care habits. Here are some simple ways parents can support learning at home:

❤️ Reinforcing Positive Values

- Model kindness and respect through your daily interactions. Children learn best by observing adults.
- Encourage your child to use polite words such as 'please', 'thank you', and 'excuse me'.
- Praise positive behaviours such as sharing, helping others, taking turns, and showing empathy.
- Read stories together and discuss the values demonstrated by the characters.





🧼 Encouraging Self-Care Practices

- Establish consistent routines for handwashing, brushing teeth, bathing, and dressing independently.
- Give your child opportunities to practise self-help skills such as packing their school bag, tidying toys, and putting on their shoes.
- Encourage healthy eating habits by involving your child in simple meal preparation and making healthy food choices.
- Ensure your child gets adequate sleep and rest to support their growth, learning, and well-being.

Remember, small daily habits and positive role modelling help children develop confidence, responsibility, and independence that will benefit them throughout their lives.











Helping Children Manage Emotions and Build Resilience



As children grow, they experience a wide range of emotions. Learning to recognise, express, and manage their feelings helps them build confidence and resilience.

😊 Help Your Child Name Their Feelings

Encourage your child to talk about their emotions using simple words such as happy, sad, angry, worried, or excited. Naming emotions helps children understand and express themselves appropriately.



🌈 Teach Healthy Ways to Calm Down

Model and practise simple calming strategies such as taking deep breaths, counting to ten, listening to music, drawing, or taking a quiet break when feeling upset.



💪 Encourage Problem-Solving

Instead of immediately solving problems for your child, guide them to think of possible solutions. This helps develop confidence, independence, and perseverance.



⭐ Praise Effort and Persistence

Celebrate your child's efforts rather than focusing only on results. Positive encouragement helps children develop a growth mindset and learn that mistakes are opportunities to learn.

❤️ Be a Positive Role Model

Children learn by observing adults. Demonstrating calmness, empathy, and resilience in everyday situations teaches children how to respond to challenges positively. Together, we can help our children develop the emotional skills they need to navigate challenges and build strong, positive relationships.



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Vision

A First-Class Provider in
Early Childhood Care & Education

Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.

Our Core Values

C - Community and Parental Involvement
A - Active Learners
R - Resourcefulness
E - Excellence



KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560
Eunos 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
Punggol 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117