



## Message from Principal

Dear Parents,



Welcome to the inaugural newsletter of 2026! We are thrilled to have you and your child as part of the Kidz Meadow family. By now, you should have received our handbook - please take a moment to review it as it contains key policies and essential information.

In this edition, we are excited to highlight the wonderful activities that the children have engaged in during Term 1. It has been truly heartwarming to witness our new children settling in smoothly and actively participating in the planned experiences. A heartfelt thank you to all parents for your ongoing support in your child's learning journey!

We eagerly anticipate collaborating with you to create a meaningful and enriching experience for your child. Your involvement truly makes a difference, and together, we can create a positive impact.

If you have any questions or concerns, please don't hesitate to reach out to us at 6748 1553 / 6748 0702 or connect with us through the Kidz Meadow app.

We are committed to fostering a strong partnership with you and your child while delivering quality education. Thank you for being an integral part of this journey!

Mdm Rafeah A. Aziz

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## Closure Dates

Labour Day	01 May 26
Teachers' Training	15 May 26
Hari Raya Haji	27 May 26
Vesak Day	1 June 26
Teachers' Training	2 June 26







## Nature Magnified Launch



Our N2 to K2 children celebrated the Nature Magnified Launch on 27th January, marking the beginning of an exciting journey as they delved into nature. During the event, parents and children were introduced to Kidz Meadow's unique nature-inspired programme, Nature Magnified, where children will explore the wonders of nature while learning about environmental awareness and sustainability.



Families enjoyed taking part in a range of fun, hands-on nature activities together, such as creating nature crowns, making nature magnets, and playing bowling using recycled materials. A special highlight of the event was the Eco-Pledge Wall, where children and parents shared their promises to care for the environment, and help Singapore move towards a greener and more sustainable future. It was truly a joyful and meaningful event that brought our school community together to celebrate nature and inspire our young eco-champions.







## N2

## Nature Magnified

Our N2 children learnt about plants and their different parts, such as the leaf, stem, roots, and flowers. To deepen their understanding, the children went outdoors to observe real plants in their natural environment. They carefully examined the plants and identified the different parts they had learnt about in class. Through this hands-on exploration, the children developed a better understanding of how plants grow and the important role each part plays.



## K1

The K1 children had an exciting time exploring soil! They observed, touched, and played with soil to learn more about what it looks like and its different textures. The children discovered that soil can be dry, wet, soft, or rough. It was an enjoyable experience for the children as they used small tools to dig the soil and examine the tiny living things they uncovered, such as insects and worms.







## K2

Our K2 children went on a nature walk around the school to get a closer look at plants and observe their natural surroundings. During another activity, they also had an opportunity to observe succulent plants such as the snake plant and aloe vera. Using magnifying glasses, the children got a close-up look at the succulents' thick, fleshy leaves. As they carefully examined the features of the leaves, they were delighted to note the different shapes, textures, and patterns on them.

This hands-on experience helped to develop the children's observation skills, and sparked their curiosity about plants and nature.



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## I CAN SPY! Nature

### Toddler

Our toddlers went outdoors to explore nature around them, developing their observational skills as they walked on the grass and used magnifying glasses to take a closer look at plants and their surroundings. Their curiosity was sparked as they discovered tiny details, textures and patterns.



### N1

Our N1 children had a wonderful time in nature as they identified and named a variety of things they had observed. In another activity, they learnt to say the words 'sink' and 'float', and also discovered which materials were able to float, and which will sink. These hands-on learning experiences encouraged the children's curiosity about nature while supporting their language development, early science understanding, and observation skills. It also strengthened their fine motor skills and hand-eye coordination as they picked up and examined the natural elements.



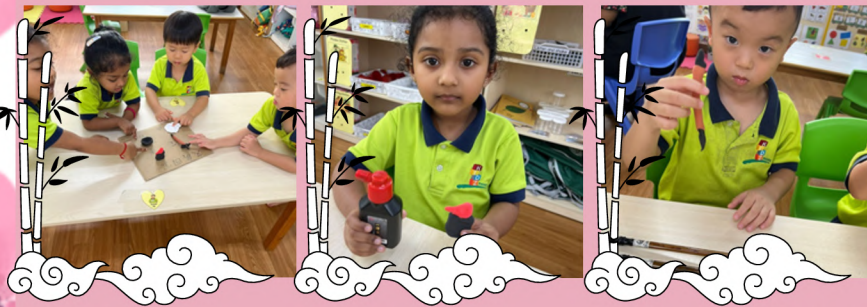


## Wenhua Yichan



**Toddler:** 幼儿通过观察墨汁和触摸宣纸，认识墨汁和宣纸。然后把宣纸放进滴入墨汁的水盆里铺平，完成水墨印画，培养幼儿的审美观。

**N1:** 幼儿通过观察触摸等方式认识文房四宝-笔墨纸砚，尝试使用毛笔在宣纸上创作水墨画。



**N2:** 幼儿在认识笔墨纸砚的基础上能用橡皮泥捏出，并向朋友介绍自己做了什么。

**K1:** 幼儿了解毛笔的结构和用途，学习正确的握笔姿势，能够大胆尝试用毛笔写字，知道写毛笔字和铅笔字的不同握笔姿势。



**K2:** 幼儿能用老师提供的材料大胆尝试制作画轴，学习正确使用毛笔的握笔姿势，并练习完成书法作品，激发幼儿对中国书法的兴趣。





## Warisan Budaya

Bagi Warisan Budaya pada penggal pertama, kanak-kanak peringkat Asuhan dan Tajaka 1 mempelajari penggunaan kendi untuk membasuh tangan. Mereka teruja apabila diberi peluang mencuba dan memegang kendi sebenar untuk memahami fungsinya. Selain itu, mereka turut menghasilkan kraf kendi dengan menghias dan mewarnakan templat kendi yang diberikan.



Tadika 2 berasa ghairah apabila mempelajari huruf Jawi. Mereka berpeluang mengenali dan menulis nama sendiri menggunakan huruf Jawi, sebelum menghasilkan kolaj dengan bahan-bahan kraf!

Kanak-kanak Tadika 1 diberi peluang memainkan beberapa senario yang mendidik mereka tentang kepentingan menghormati ibu bapa. Lihatlah kegembiraan mereka apabila melakonkan watak sebagai ibu, ayah dan anak yang sentiasa menghormati ibu bapa!



Kanak-kanak Tadika 2 bukan sahaja diperkenalkan kepada kuih-muih tradisional Melayu seperti ondeh-ondeh dan putri salat, malah mereka turut berpeluang merasainya serta mencuba menghasilkan kuih-kuih tersebut menggunakan doh mainan!







## Chinese New Year Awareness Day

Our centre radiated joy as we celebrated Chinese New Year with the elderly from Sunlove Day Activity Centre. Our children eagerly welcomed the guests, and fostered intergenerational connections through shared activities and laughter, creating a heartwarming atmosphere.

Together, they participated in a festive craft activity, creating simple Chinese New Year decorations. The children enjoyed sitting alongside the elderly, engaging in conversations and helping one another with the craftwork, creating beautiful moments of co-operation and bonding across generations.

One of the highlights of the celebration was the traditional *lo hei* (prosperity toss). Everyone gathered around the table to toss the colourful ingredients high into the air while exchanging well wishes for health, happiness, and prosperity in the new year. The room was filled with cheerful greetings and smiles.

To conclude the celebration, the children presented oranges to the elderly as a symbol of good luck, prosperity, and blessings. This meaningful gesture allowed the children to learn about the values of respect, gratitude, and sharing during festive occasions.

The celebration was not only a joyful event but also a valuable learning experience. Through this interaction, our children learned the importance of kindness, community, and cultural traditions. It was truly a memorable day for everyone involved.







## Total Defence Day

Our centre celebrated Total Defence Day with a meaningful and engaging experience for the children. They came dressed as different community helpers, and confidently shared about their roles with their friends and teachers.

Through a storytelling session and slideshow, the children were introduced to the six pillars of Total Defence. They also explored various equipment used by community helpers such as doctors, police officers, and firefighters, which ignited much curiosity and conversations about how these roles help to keep our community safe.







## Talk by Geylang Neighbourhood Police Centre (NPC)



Police officers from the Geylang Neighbourhood Police Centre held a crime prevention talk for our children, and shared about their roles in community safety. Much interest was garnered among the children as the officers showcased the equipment used in their daily duties.

Key lessons were imparted to the children, including learning essential safety rules, the importance of listening to trusted adults, staying aware of their surroundings, and making safe choices through practical examples.

The children were excited to have an opportunity to sit in a police car, and were thrilled to learn about emergency responses. It was an educational and enjoyable experience that enhanced their understanding of community helpers and personal safety.

A big thank you to the Geylang Neighbourhood Police Centre officers for inspiring our young learners!







## Disposition Day (Little Bloom)

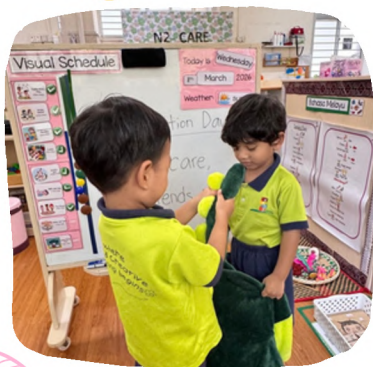
Our Toddler and N1 children participated in activities based on the theme 'Friends Care, Friends Share'. Through simple and engaging play experiences, the children were encouraged to share toys and take turns with their friends. With gentle guidance from teachers, they practised taking turns, and passing items to one another during playtime.

These activities helped the children understand that caring for their friends also means sharing and playing together kindly. The children enjoyed exploring, learning, and building friendships in a warm and supportive environment, showing that when friends care, friends share.

Toddler



N1





## Disposition Day (Bloom)

Our N2 to K2s participated in a series of activities that promoted the value of sharing. Through group games, art projects, and collaborative play, the children learnt the importance of taking turns and sharing materials with their friends. During these activities, they worked together, communicated their ideas respectfully, and helped one another complete tasks.

These experiences encouraged the children to develop kindness, patience, and cooperation. By practising sharing in a fun and supportive environment, the children strengthened their friendships and discovered that working together makes activities more enjoyable for everyone.

### N2



### K1



### K2







## Orientation Session



Our new children and parents were warmly welcomed to our Orientation Session, marking the beginning of an exciting learning journey together. The session provided families with the opportunity to get to know our teachers, have a closer look at the learning environment, and understand our centre's routines and curriculum.

Parents were introduced to our programme structure, daily schedule, and the learning experiences their children will participate in throughout the year.

During the session, the children engaged in simple hands-on activities, explored the classroom learning corners, and interacted with their peers.

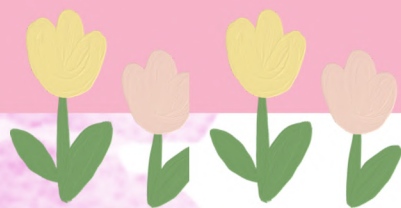
This allowed them to gradually familiarise themselves with the environment, and build a sense of comfort and security.



Our teachers also shared important information regarding communication channels, centre policies, and ways parents can support their child's transition into school life. The session served as a meaningful platform to build strong partnerships between home and school.



We look forward to working closely with our families, and supporting every child as they grow in confidence, curiosity, and independence in the year ahead.







## Orange Distribution



### Spreading Festive Cheer at Block 18

In the spirit of Chinese New Year, our children had the meaningful opportunity to spread joy and blessings to the residents of the nearby block 18.

Accompanied by a group of supportive parent volunteers, the children distributed oranges as a symbol of good luck, prosperity, and well wishes for the new year.

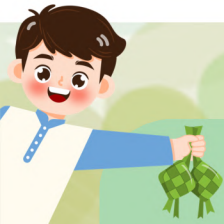
Before the visit, the children learnt about the significance of giving oranges during Chinese New Year and how small acts of kindness can brighten someone's day. They practised simple festive greetings, and were encouraged to offer the oranges politely using both hands as a sign of respect.

During the visit, the children eagerly greeted the residents with warm smiles and cheerful wishes. It was heartwarming to witness the interactions between the young and the elderly, as conversations and laughter filled the void deck. The experience allowed the children to develop confidence, empathy, and an appreciation for community bonding.

This meaningful outreach not only deepened their understanding of cultural traditions but also reinforced important values such as kindness, respect, and gratitude. We are thankful to our parent volunteers for their time and support in making this community activity a memorable one for our children.







## 'Kuih' Distribution

In celebration of Hari Raya, the children had a meaningful and memorable experience as they went out into the community to distribute *kuih* at the MRT station and bus interchange.

This simple yet thoughtful activity allowed the children to share festive joy with members of the public, including commuters and staff working in the area.

With guidance from the teachers, the children greeted the people they came across politely and offered them packed *kuih* with warm smiles.

Through this experience, the children learnt the importance of kindness, generosity, and community spirit. They also gained confidence in interacting with others, and understood how small acts of sharing can bring happiness to those around them.

It was a heartwarming way for the children to celebrate Hari Raya while building positive social values and connections within the neighbourhood.







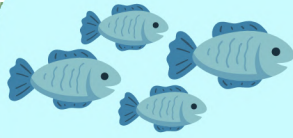
## Little Bloom's Learning Journey to Longkang Fishing



### TINY HANDS, BIG CATCH: OUR FISHING ADVENTURE

Our toddlers and N1 children had an exciting and meaningful experience at Longkang Fishing. With the encouragement and guidance from their parents, the children attempted to use nets to catch the tiny fish, while also having a fun time playing in the water. The children were engaged as they tried to net the fish, and even had the opportunity to feed them. This hands-on experience supported their confidence, coordination, and curiosity about nature, while creating joyful bonding moments with their parents.





## Bloom's Learning Journey to Longkang Fishing



Our N2, K1, and K2 children had an exciting day at Longkang Fishing as they tried fishing with nets. With careful hands, they caught the fish, and also enjoyed feeding them. The children also experienced the fish spa, reacting with giggles and curiosity as tiny fishes nibbled their feet.



This hands-on experience supported their confidence, coordination, and sensory exploration while creating joyful bonding moments with their peers.







## Toddlers



## Stack It Up!



Our toddlers had a fun time making tall towers using blocks. They carefully stacked blocks as high as they possibly could, and celebrated together when their tower of blocks remained upright.



This exploratory play supported their fine motor skills, hand-eye coordination, problem solving skills, and social interaction.







## N1

### Soapy Water Fun

Our N1 children had fun with foam as they made bubbles using water and soap. Using their hands, they stirred and used their sense of touch as they played with the foam. They also had an enjoyable time popping bubbles on the bubble wrap using plastic plates. This sensory play supported the children's fine motor skills, hand-eye coordination, and social interaction.







## N2

### Little Hands, Big Discoveries



During their Discovery lesson, our N2 children went outdoors to apply their sense of touch by using their hands to feel different natural elements such as leaves, grass, tree bark, and stones. As they explored, they described the textures they felt using words like *soft*, *rough*, and *smooth*.

This hands-on experience helped the children develop their sensory awareness, vocabulary, and curiosity about the natural environment.







## Our Little Paramedics



Our children had an exciting and meaningful learning experience as they stepped into the role of little paramedics! Through this practical activity, the children learnt about basic first aid, how to respond during emergencies, and the important role paramedics play in helping others.

The session began with a simple introduction to who paramedics are and how they help people who are hurt or feeling unwell. The children were introduced to basic emergency responses, such as staying calm, calling for help, and informing a trusted adult when someone is injured. They were introduced to simple first aid items such as bandages, plasters, and thermometers, and also learned how these tools are used to care for others.



During the role-play segment, the children eagerly took turns pretending to be paramedics and patients. They practised cleaning 'wounds', applying bandages, and checking on their friends with care and empathy. Through these actions, they developed a deeper understanding of kindness, responsibility, and teamwork.

This engaging experience not only built their awareness of community helpers but also empowered them with simple safety knowledge. Most importantly, it encouraged them to show compassion and lend a helping hand when someone is in need.







## Let's Play Laundry! Building Strong Bodies Through Play

Our K2 children enjoyed playing the *Let's Play Laundry!* game where they pretended to take out shirts, pants, and socks, and then spin around.

This fun physical activity helped the children practise stretching, balancing, and coordination. These movements support gross motor development and help prepare the children for outdoor play and active games.

Learning through pretend play certainly made the activity fun and engaging for the children.





## TIPS FOR PARENTS

# HEALTHY LIFESTYLE

## Guilt-free Healthier Snacks For Kids



## DIY FRUIT POPSICLES

Fruit popsicles are versatile snacks and can be made with a variety of fruits to suit your child's preferences. This recipe calls for freshly squeezed juice and should not be replaced with fruit concentrates or syrups.

### Ingredients:

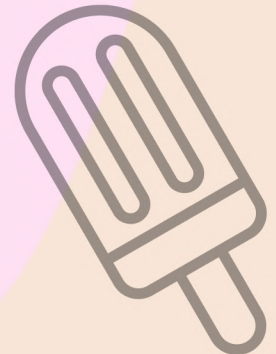
- ¾ cup strawberries (hulled and halved)
- ½ cup blueberries
- ½ cup oranges (peeled and quartered)
- 1½ - 2 cups of freshly squeezed orange juice

Serving size: Makes enough for four molds

Equipment: Popsicle mold and ice cream sticks

### Instructions:

1. Arrange cut fruit in each mould and make sure the pieces fit snugly.
2. Pour juice into each mold to just cover the fruit.
3. Insert ice cream sticks and freeze until solid (about six hours or more, up to two weeks).







## *Vision*

A First-Class Provider in  
Early Childhood Care & Education

## *Mission*

Provide a quality and innovative  
programme that nurtures  
children to be socially  
responsible citizens, active  
learners and thinkers.

## *Philosophy*

We believe in providing an engaging and  
positive environment for the children to  
develop their potential to the fullest in all  
aspects of development.

## *Our Core Values*

- C - Community and Parental Involvement
- A - Active Learners
- R - Resourcefulness
- E - Excellence



## KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | Buangkok (979C) 6489 8670 | Buangkok (986C) 6570 1560  
Eunos 6748 1553 | Hougang 6282 7632 | Jurong West 6316 5103 | Pasir Ris 6583 3522  
Punggol 6951 7541 | Woodlands 6368 9634 | Yew Tee 6763 8770 | Yishun 6759 5117