



## Message from Principal

As 2025 comes to an end, we reflect on a year filled with meaningful and memorable moments. Our children thoroughly enjoyed participating in our value-added programmes in Term 4, including the D.E.E.P Project and Disposition Day. For their Nature Magnified learning journey, our N2 to K2 children had an exciting and enriching visit to Bird Paradise.

We were privileged to be invited by Kampong Chai Chee Community Centre to participate in several of their events throughout the year. Together with children from various schools, our children engaged in nature-themed activities that deepened their appreciation of the environment and broadened their learning experiences.

A major highlight of Term 4 in 2025 was receiving the Ixora Award from the Singapore Environment Council, recognising our centre's committed efforts toward sustainability.



Another significant event was witnessing our K2 graduates shine at the K2 Graduation Ceremony. We wish our graduates every success as they embark on the next chapter of their learning journey.

To our parents, we deeply appreciate your unwavering support throughout the year. Your active participation has greatly enriched our children's learning. This strong partnership has played a vital role in enhancing the educational experiences provided by our dedicated staff, and we hope it will continue for many years to come.

With that, we wish everyone a Happy New Year! May the year ahead bring joy, good health, and new adventures to all.

- Mdm Nurhidah

## Term I Closure Dates

### New Year:

Thursday, 1<sup>st</sup> January 2026

### Teachers' Training:

Friday, 13<sup>th</sup> February 2026

### Chinese New Year:

Tuesday & Wednesday, 17<sup>th</sup> & 18<sup>th</sup> February 2026

## Term I Events

### Nature Magnified Soft Launch:

Tuesday, 27<sup>th</sup> January 2026

### Chinese New Year Awareness:

Thursday, 19<sup>th</sup> February 2026

### Term 1 Disposition Day:

Wednesday, 11<sup>th</sup> March 2026



Healthy  
Pre-School



# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

## Infant

As we wrap up Term 4, we would like to share our children's wonderful learning experiences as they explored the theme of farm animals. They learnt to identify different animals and their habitats, as well as their characteristics through engaging, hands-on activities. They were also introduced to colours such as green, yellow, red, and blue through an exploration of the things around them.



### Early Language & Literacy



### Dramatisation



### Early Numeracy



### Songs we learnt:

- The Farm Animals
- The Animal Sounds
- Old MacDonald Had a Farm
- Farmer in the Dell





## Toddlers

### Little Chef



Toddler A children practised their fine motor skills by mashing potatoes with a fork. They enjoyed pressing and squashing the potatoes to make them soft. After mashing, the children were excited to try what they had prepared and had a good time tasting and enjoying their mashed potatoes!

### Gross Motor

Our Toddler B friends made Sensory Shake Bottles, where they explored different textures and materials like pompoms, sequins, and buttons! Using their pincer grasp and eye-hand coordination, they carefully placed the items into the container of water. With a good shake to the container, they watched the 'magic' unfold as the colours and sparkles danced inside!





## Nursery 1A

### Gross Motor



The children practised their balancing skills by hopping from one coloured marker to another. As they grew more confident, they challenged themselves further by hopping on one leg. The children did a great job trying to keep their balance!

### Numeracy



For Numeracy, the children sorted ice cream sticks according to the colours on the given plates. They worked carefully and showed good understanding of colour matching. Well done, children!



## Nursery 1B

### Sensorial Play

The children learnt about the terms 'heavy' and 'light' by comparing different objects. Each child picked up items to feel and compare their weight. This activity was a fun way for them to use their senses, build their vocabulary, and practise their observation skills. By holding the objects, they also worked on their motor skills and began to understand basic ideas about weight. It was great to see them being curious and talking about what they had discovered!



### I CAN SPY! Nature

The children had fun exploring different seashells during our 'I CAN SPY! Nature' activity. They looked closely at the shells and took note of the patterns and textures on them. They also saw that some shells were shiny and curved, and that some came in different colours and shapes. Activities like this help our children build their observation skills, curiosity, and vocabulary as they use words like 'pointy,' 'striped,' and 'bumpy.' Holding the shells also helps them practise their fine motor skills and feel more connected to nature. It was wonderful to see how excited and interested they were as they explored the shells!





## Nursery 2A



### Discovery Lesson



The children ventured outdoors to observe living things in the environment. As they walked around the neighbourhood, the children showed curiosity and interest as they pointed out living things that they came across such as trees, red ants and flowers.

### Language Lesson



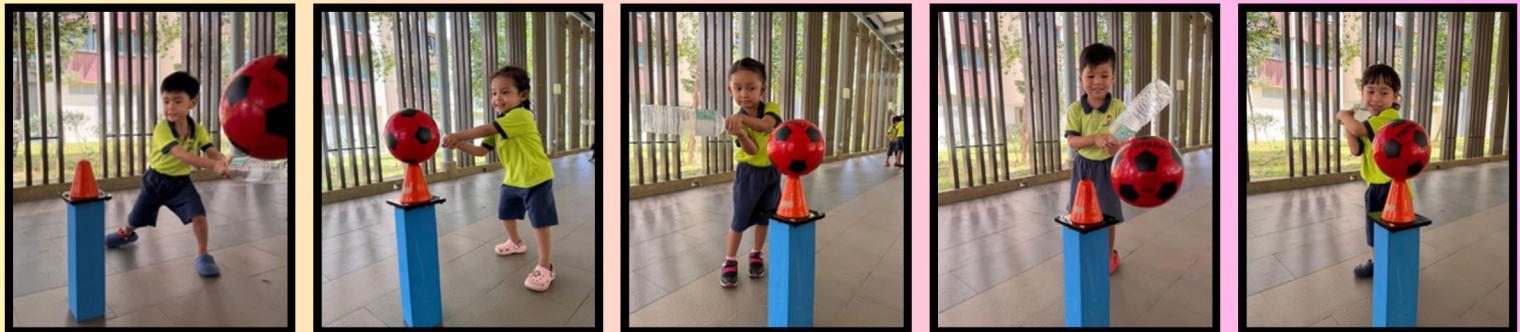
During their Language lesson, the children learnt about different forms of land transportation. They matched pictures of different forms of transportation to the corresponding words, and were also guided to identify the beginning sound of each word before attempting to read it.





## Nursery 2B

### Gross Motor Lesson



The children had an exciting time participating in our gross motor activity, 'Bat to Score'. They took turns holding the bottle (bat), aiming and swinging to hit the target. Through fun and active play, the children developed their hand-eye coordination and social skills.



### Phonics Lesson



During phonics lesson, our children learnt about the letter 'X' through an engaging hands-on activity. They also had an opportunity to hold and explore real objects that have the 'x' sound in their names, making the learning experience more meaningful.



## Kindergarten 1A

### Special Project



Learning about the use of sensory pouches for the elderly with dementia had built curiosity in the children. Through an engaging activity, they created sensory pouches using colourful materials. Through this experience, they explored different textures, strengthened their fine motor skills and had an opportunity to express their creativity.



### Gross Motor



Our little ones enjoyed their gross motor activity where they learnt to bounce a ball continuously. This activity provided opportunities for the children to work on their hand-eye coordination, balance, and control while keeping their bodies active.



## Kindergarten 1B

### Discovery



Let's learn about crickets! The children were introduced to the parts of an insect, using crickets as an example. Once they were familiar with the cricket counter, more insects were added to the tray for children to identify and pick out the crickets among them.



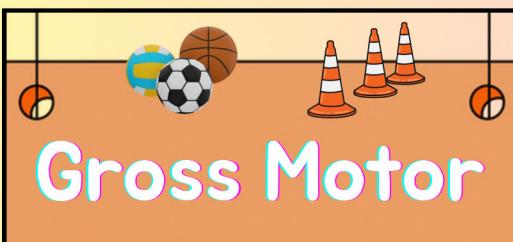
### Reading



After their reading lesson, the children dived into six high-frequency words found in the book. The children then engaged in a simple activity to see if they were able to recognise the sight words learnt. As they jumped and hopped to the high-frequency words pasted on the floor, they also had an opportunity to improve their balance and coordination.



## Kindergarten 2A



'Dribbling Through the Gates' was a fun-filled activity which helped the children develop their gross motor skills as they dribbled the ball along straight and zigzag paths. In their teams, they developed their social skills as they practised communication, teamwork, and patience while waiting for their turn. Cheering for their friends, showing determination, and giving their best to help their team succeed, fostered both coordination and sportsmanship.



The children were engaged in observing different kinds of creepy crawlies. They were able to explore and identify black and red ants, butterflies, and even a grasshopper. Through this activity, their curiosity was sparked, encouraging them to ask questions, make discoveries, and deepen their understanding of the natural world. They eagerly pointed out what they had observed, such as the different colours, sizes, and movements of the insects, and also shared their findings with their friends. These observations helped them develop their communication skills and strengthened their ability to describe and interpret what they see.



## Kindergarten 2B

### Language



The children increased their awareness of Indian culture as they learnt about how Deepavali, also known as the Festival of Lights, is celebrated. They participated in a hands-on activity where they explored the Diya lamp, and had conversations with their peers about it.



### Gross Motor



The children actively participated in a gross motor activity where they had to incorporate two ball skills - bouncing and rolling. They enjoyed the activity so much that they kept score to see who won in the end. As the children were able to demonstrate the skills independently, there was very little facilitation required. Good job, kids!



# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter



## 文化遗产



N2



幼儿学习不同时期的服饰和发饰，并通过观察说出自己看到的不同，给不同的服饰和发饰进行搭配，最后跟同伴展示自己的作品。

K1



幼儿学习不同时期的传统服装，分别尝试穿了民国时期的中山服和汉朝时期的汉服，最后幼儿自由创作自己喜欢的服饰，并能够大胆跟同伴分享。



K2



幼儿学习了汉服和旗袍的不同特点，用喜欢的环保材料动手尝试制作自己喜欢的服装。最后穿上自己动手制作的服装进行服装秀。



N1  
& Toddler



将各民族服饰图片展示给小朋友，并介绍其特点，再让小朋友试穿且展示给大家。





## Warisan Budaya

### Kerongsang



#### Asuhan

Murid-murid mempelajari tentang kerongsang melalui aktiviti mewarna dan mengenal pasti bentuk. Mereka berasa seronok meneroka pelbagai jenis kerongsang.



#### Tajaka 1

Murid-murid menunjukkan minat semasa menghias kerongsang mengikut kreativiti mereka sendiri. Selepas aktiviti ini, murid-murid dapat mengenal pasti bahawa kerongsang merupakan sebahagian daripada busana tradisional Melayu, serta mula mengenali kepelbagaiannya dalam masyarakat Melayu.



#### Dokoh



#### Tajaka 2

Murid-murid telah mempelajari tentang sejarah dokoh, dan acara pemakaian dokoh. Mereka juga diberi peluang membuat dokoh sendiri menggunakan pinggan kertas dan bahan-bahan lain.

### Tanjak



#### Tadika 1

Murid-murid mengasah kreativiti dan kemahiran motor halus semasa menghasilkan kraf tanjak. Melalui aktiviti ini, mereka menghargai keindahan budaya tradisional Melayu dan dapat mengenal pasti bahawa tanjak adalah sebahagian daripada pakaian tradisional dan warisan budaya Melayu.



#### Tadika 2

### Baju Tradisional



Murid-murid diberi peluang untuk memperagakan pakaian tradisional dan meneroka tekstur berbeza yang didapati pada pakaian itu. Mereka juga mempelajari cara pemakaian yang betul.



# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

## I CAN SPY! Nature



Our Little Bloomers demonstrated early observation skills as they had to spot natural elements such as leaves, grass, birds and trees. This activity helped to stimulate their senses as well as develop their fine and gross motor skills. It was also an opportunity for them to build a better connection with nature through meaningful experiences.



## Nature Magnified



Our Bloomers enriched themselves in learning about the rainforest and animal habitats. The K1s created their own river model, while the K2s created their own birds on a nest. The N2s also learnt about underground plants such as potatoes, carrots and onions, and engaged in many fun activities that promote social and cognitive skills.



## Teachers' Day



Our children and teachers donned their best animal-themed outfit on Teachers' Day. The children had a blast working together with their peers, and played exciting games with their teachers. It was such a fun and memorable experience for both the children and teachers!





# Preschool News



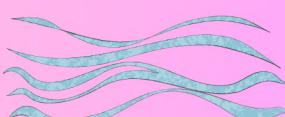
Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

## Children's Day



Special moments with children and their parents on Children's Day at WanToPlay Ocean Fantasy





# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

## Mid-Autumn Festival



The children had an enjoyable time learning about the Mid-Autumn Festival, and walked around the neighbourhood with their beautiful lanterns.





# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

## Deepavali



Our preschoolers came together to celebrate Deepavali, and learnt about the significance of the Festival of Lights through art, music and hands-on experiences.



# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter

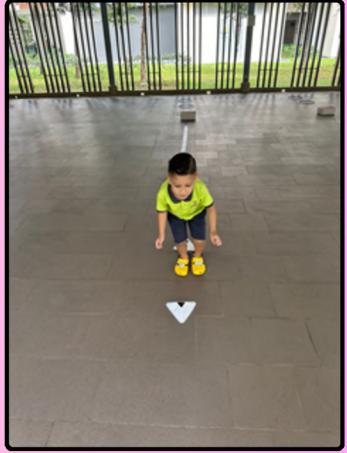
## Learning Journey to Bird Paradise



Our children from Nursery 2 to Kindergarten 2 went for a fun-filled learning journey to Bird Paradise. It was the first time there for most of them, and some children were accompanied by their parents. It was an interesting walk as the children observed the different types of birds and their habitats. They also took a tram to watch a bird show titled 'Predators on Wings'. The event definitely left everyone intrigued and fascinated to know more about birds!



## Term 4 Disposition Day



### Embracing Honesty

The children spent Disposition Day learning about the importance of honesty and perseverance through engaging stories, meaningful discussions, and hands-on activities. They discovered how being truthful and trying their best help them grow with confidence and kindness.



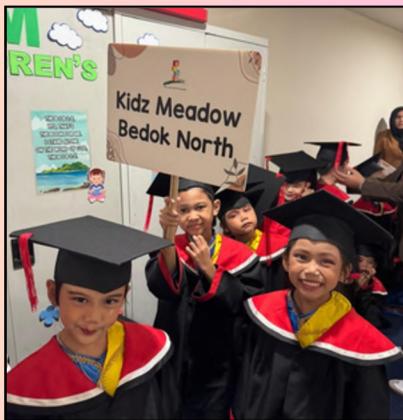


# Preschool News



Kidz Meadow Childcare @ Bedok North

Term 4, 2025 Newsletter



**Congratulations to our K2 Graduates!**

May your journey continue with confidence and joy as you step into Primary 1. Keep shining brightly and always believe in yourself. May curiosity guide you, kindness lead you, and courage help you grow. Remember the lessons we shared, the moments we celebrated, and the love that surrounded you here at Kidz Meadow. We are so proud of all you have achieved and cannot wait to see the amazing things you will discover next!



## HEALTHY RECIPE: OLD SCHOOL COOKIE MONSTER

Source: HPB's Healthier Recipe Ideas

Plain cookies made with wholemeal flour for a wholegrain spin on the family's favourite cookie.

### Ingredients

- 225 g plain flour
- 75 g of wholemeal flour
- 2 teaspoons of baking powder
- ½ teaspoon of salt
- 100 g of granulated sugar
- 2 eggs, beaten
- 100 ml of canola oil (with the Healthier Choice symbol)
- 2 teaspoons of vanilla extract



Preparation time: 20 minutes

Cooking time: 12 minutes

Serves: 20 children

Makes about 25 cookies (per piece 25 g)

### Instructions

- Line parchment paper onto a baking sheet and pre heat oven to 200 degrees Celsius.
- Place all the dry ingredients into a mixing bowl and mix thoroughly.
- Make a well in the middle of mixing bowl and add eggs, canola oil and vanilla extract.
- Mix until all ingredients are combined. Use your hand to ensure that the ingredients are properly mixed.
- Pinch a portion of the dough (about 25 g) and roll into a ball the size of a golf ball.
- Place the rolled dough on the parchment paper. Allow sufficient space between the rolled dough as it will flatten during baking.
- Place the baking sheet into the preheated oven and bake for about 12 minutes or until the edges of the cookie turn golden brown.
- Remove cookies from the oven and allow to cool in an enclosed area that is not windy.

### Tips

- During mixing, do not over knead the dough as it will cause the cookie to be hard.
- As wholemeal cookies are quite dense, they are best served with hot low fat milk which the child can dunk the cookie into while eating.



## PARENTS' TESTIMONIALS

Never regret putting our child in Kidz Meadow as we find all the teachers are friendly and professional in handling the students. We would like to thank Teacher Lovely for her superb dedication and we are grateful that our daughter is in her class.

**Nur Faezah**  
**Parent of Ayra Alisha**

Heartfelt thanks to the amazing teachers and staff at Kidz Meadow Bedok North. My child has been thriving in a nurturing and fun environment since joining in Oct 2022. The care, creativity, and encouragement she's received have been incredible. We love how they've made learning an adventure! 😊 Grateful for the wonderful foundation and memories.

Highly recommend!

**Khairul Izwan**  
**Parent of Auliya Miqaila**

My daughter, Shivi, and our family would like to thank all teachers in Kidz Meadow @ Bedok North. We can happily say we are proud members of the Kidz Meadow family. The way they treat and teach my daughter is amazing. Their involvement with the children is really extra ordinary. Thank you so much.

**KhushBoo**  
**Parent of Shivi**

We would like to take this opportunity to also thank the parents for the reviews and testimonials given. We truly appreciate it.

My firstborn son has been attending Kidz Meadow Childcare @ Bedok North since January 2022 and I'm glad that he has made a lot of progress ever since.

Now, my second one, a girl, is attending Infant Care at the same centre since September 2025 and she is thriving!

The staff - teaching and non-teaching - are caring towards the children and it is evident when my son enjoys sharing stories about the teachers and staff he adores in school. My little girl also enjoys the interaction in class and always finds it easy to adjust to the routine and teachers taking care of her.

They always do their best to create a fun and wholesome experience for the children. I truly appreciate their hard work in engaging children and parents in various parent-child activities and events. Thank you, KMBN, for giving my son and daughter the best early childhood experience!

**Shahirah**  
**Parent of Aidan Zigri & Aishah Sara**



## Vision

We aim to be a First-class Provider in Early Childhood Care & Education

## Mission

We work towards providing a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.

## Philosophy

We believe in providing an engaging and positive environment for the children to develop to the fullest potential in all aspects of development.

## Core Values



### C: Community & Parental Involvement

We build a strong and trusting partnership with the parents and the community to enhance the development of the children

### A: Active Learners

Children are natural and active learners. Through project work, thematic and integrated learning, they are given opportunities to explore, gather information and share knowledge.

### R: Resourcefulness

We continuously upgrade our teaching and learning resources in line with early childhood education trends to enhance children's learning experiences.

### E: Excellence

We strive for excellence in everything that we do.

## KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

**Bedok North** 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560  
**Eunos** 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522  
**Punggol** 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117