Preschool News

Kidz Meadow Childcare @ Buangkok (979C) & Hougang

Term 4, 2025 Newsletter

MESSAGE FROM PRINCIPAL

As educators, we have the privilege of nurturing tiny souls and witnessing their growth. It is truly exciting to see them develop their own passions and strengths. We are not only teaching your children but also learning from them every day.

We sincerely appreciate the trust and support you have given us. We remain committed to continuously improving the quality of our service and curriculum. Our educators will strive to enrich your child's learning by developing critical skills and fostering self-awareness—a key focus of the Nurturing Early Learners (NEL) Framework—as we prepare your child to be school-ready!



Shabana Azmi
Centre Leader

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CENTRE CLOSURE - TERM 1 2026

1 January
New Year

13 February 2026
Teachers' Training

17 & 18 February
Chinese New Year

20 March
Centre Closure (0.5)

SPARK Singapore Pre-school Accreditation Framework

Partner Operator

Health Promotion Board

Healthy Pre-School

Preschool News

Kidz Meadow Childcare @ Buangkok (979C) & Hougang

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INFANT

The little ones had a wonderful time peeling tangerines! Using their fingers to pull apart the peel helped strengthen their fine motor skills. They were also eager to explore the fruit's texture and citrus smell, picking up new words like 'orange', 'fruit', and 'orange colour' along the way.









The children had great fun setting up their very own farm! With their teacher's guidance, they learnt new words like 'cow', 'chicken', and 'duck', and happily mimicked animal sounds such as "moo", "cluck", and "quack". This playful activity also strengthened their fine motor skills as they arranged and explored the farm props with their friends.

The infants took part in a language activity focused on animals, practising how to match animal names with their corresponding pictures with the teacher's guidance. They also showed early communication skills and personal preferences by responding to the teacher and pointing to the animals they liked.









The Spray Paint activity was a fun and messy experience for the infants. Working in pairs with their teacher's help, they practised sharing materials and simple turn-taking, supporting their social development. They also learnt to squeeze the bottle to flick out paint, creating unique prints and colour blends while strengthening their fine motor control and hand-eye coordination.

The children listened to the song 'Slippery Fish' and learnt about different types of sea animals. They participated by imitating the actions of each creature, helping to develop their gross motor skills and coordination. Their attempts to babble the animal names also supported their emerging language development and vocabulary growth.









The infants enjoyed an art activity using yarn bundles with their peers. They held the yarn together and swept it across the paper to create colourful prints, while practising early social skills like sharing and turn-taking. The activity also strengthened their gross motor control and hand-eye coordination as they explored different ways to make colourful marks.

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TODDLER

The little learners engaged in an activity that served as a practice for their fine motor control. They were tasked with transferring animal figurines into a small bottle using tongs. This task required determination and hand strength as the children had to press the tongs to grip the small figurines, coordinate their movements, and drop them into the opening of the bottle. This activity was crucial for strengthening their pincer grasp and refining their hand-eye coordination.









The toddlers were introduced to simple shapes - rectangle, triangle, and circle. They sorted fish of corresponding colours onto matching coloured shape templates. This engaging activity enhanced their thinking skills as it required them to identify and match different shapes and primary colours - red, yellow, and blue.

The children joined in a music and movement activity inspired by the ocean. As the song began, their imagination came alive and they pretended to be sea creatures gliding through the water. Some lurked like sneaky sharks, others swam gracefully like fish, and a few wiggled their arms and bodies like playful octopuses. The children listened carefully to the rhythm, moving in time with the beat and expressing themselves through dance.









The toddlers were excited to meet Lucy Lamplight, a friendly character who helped introduce the letter 'l'. Together, we explored a variety of objects and pictures that begin with the letter 'l'. Some toddlers chose to trace the letter 'l' carefully with coloured pencils, while others expressed their creativity by pasting stickers along the letter's shape. Through these hands-on experiences, the children explored early literacy concepts in a fun and engaging way, strengthening their fine motor skills and letter recognition.

Preschool News

NURSERY 1





The Nursery 1A children learnt to identify and recognise the animals on the picture cards and enjoyed making the sounds and movements of each farm animal. They did an excellent job naming the animals, imitating their sounds, and acting out their movements with enthusiasm.

Nursery 1A children engaged in tactile exploration by examining different types of paper products, like coloured paper, drawing paper, tissue paper, and paper plates. This activity supported the development of their fine motor skills, sensory/ tactile discrimination and fostered early cognitive development.







The children enhanced their early numeracy skills through identifying and arranging shaped fish randomly picked from the floor. They further developed their fine motor skills by using design builders to construct circles, triangles, and rectangles. The activity also fostered social competence through shared engagement and communication.

Our young chefs made potato balls with a crunch! To begin, they used plastic forks to mash the cooled boiled potatoes. Then, using their hands, they were prompted to shape a small portion of the mashed potato into balls. The potato balls were then garnished with crushed Koko Krunch cereal as a finishing touch. The children could not wait to taste their creations!





Preschool News

NURSERY 2



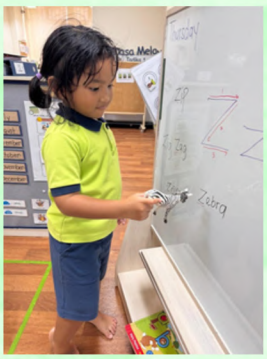

During Discovery lessons, the N2A children learnt that plants are living things. Applying this information, the children planted their own seeds in class using soil and water. They correctly recalled that plants need air, water, and food as they planted, demonstrating an application of their lesson on the requirements for life in plants.




The N2A children explored rhythm during their Music and Movement lesson. They applied what they had learnt when listening to the song 'Ants', demonstrating their understanding by stomping their feet and playing castanets according to the song's beat. They also engaged in imaginative play by pretending to be ants walking around the classroom.

The children participated in a meaningful Special Project lesson on respect. They understood that showing respect means being kind, listening to others, and caring for family and friends. After discussing respectful and disrespectful actions from the book, 'Becky and the Treasure Hunt', they sorted and pasted different scenarios into the correct categories, helping them understand how their choices and behaviour can strengthen family relationships. They also made simple homemade glue using flour and hot water. As they mixed and stirred, the teacher explained that families are like glue — they stick together through love, care, and respect.




The children continued their phonics journey by exploring letters 'S' to 'Z'. Through fun, hands-on activities, such as writing practice and finding objects around the classroom that start with each letter, they learnt to recognise letters, identify their sounds, and connect them to familiar words. This has helped to strengthen their early literacy skills and confidence.

Preschool News

KINDERGARTEN 1




The game 'Let's Play Traffic Light!' was a great activity that fostered both physical and cognitive skills. With one child acting as the 'Traffic Light and another as the 'Traffic Police', the other children who were dribbling balls coordinated their actions with the signals shown. This activity offered the children an opportunity to develop coordination skills, practice essential turn-taking, and reinforce the importance of complying with rules in a fun, active setting.

The children in K1A were engaged in a listening and literacy activity centered on the classic story, 'The Very Hungry Caterpillar'. After listening to the story, they were invited to share their favourite part of the story with their peers, which boosted their oral communication skills and confidence. To reinforce this personal connection, the teacher then guided the children to write down their responses, providing them with the opportunity to practise their early writing and sentence construction skills.







In this fun and engaging activity, the children's shirts were labelled with numbers from 1 to 10. They danced to music, and when the music stopped, they had to work together to observe the numbers on their shirts and rearrange themselves in the correct order. This activity promoted number recognition, sequencing, cooperation, and teamwork as children communicated and helped one another to find their correct positions.

In this art activity, the children explored creativity through texture and design as they created their own unique cardboard stamps using yarn, white glue, and paint. The children then pressed their stamps onto drawing paper to make colorful patterns, experimenting with different designs. Once finished, the artworks were set aside to dry, allowing the children to admire their beautiful prints.




Preschool News

KINDERGARTEN 2





The K2 children delved into different animals and their body parts. As part of the lesson, they were encouraged to create their own 2D animal artwork. They were given blank animal templates and tasked to draw the missing body parts and colour them, then cutting them out and pasting them on coloured paper, before finally, labelling the body parts. This activity helped the children practise their cutting and fine motor skills, develop their creativity, and build confidence in spelling and identifying common animal body parts.

The children were introduced to words with the 'oy' and 'oi' sounds, such as 'boy', 'soil', and 'toy'. After the lesson, they worked in groups to create sentences using these words. This activity helped the children expand their vocabulary and practise writing proper sentences. It also encouraged teamwork and cooperation amonsg them.









The children enjoyed participating in an outdoor 'ball harvest' game. In this activity, each child ran to collect one ball at a time and placed it inside a hula hoop. This encouraged them to work together as a team, developing coordination and turn-taking. Moreover, this outdoor activity enhanced their gross motor abilities, specifically running and overall coordination skills.

The children had an amazing time learning the Bhangra dance! They listened to the music, followed the rhythm and directions given, and expressed themselves through joyful movements with much energy. What a fun experience it was learning a new cultural dance!





Preschool News

MALAY LANGUAGE

Murid-murid diajar menyanyi lagu 'Paus Biru' oleh Didi & Friends. Mereka juga diberi peluang untuk menggunakan alat permainan ikan sambil menyanyi. Aktiviti ini membolehkan mereka mengenal pasti ciri-ciri fizikal paus biru dan mengukuhkan kemahiran bahasa lisan apabila mereka berkongsi pengalaman melihat paus biru di laut bersama rakan-rakan. Persekitaran kelas yang meriah juga memupuk interaksi sosial yang positif di kalangan mereka.







Murid-murid menyertai aktiviti nyanyian dan seni lukis di mana mereka bermula dengan menyanyikan lagu 'Ikan Jerung' oleh Didi & Friends. Untuk mengasah kemahiran motor halus mereka, murid-murid diberi templat topeng ikan jerung untuk diwarnakan biru. Setelah selesai, mereka memakai topeng ikan jerung sambil menyanyi bersama-sama. Aktiviti nyanyian ini menggalak perkembangan bahasa dan muzik mereka, serta memupuk kemahiran sosial dan emosi mereka melalui kerjasama.

Murid Tajaka 2A telah diberi peluang untuk menghiasi kraf kereta dengan melekatkan dua kertas hitam berbentuk bulat untuk dijadikan roda, kemudian melukis pelbagai corak atau bentuk di kraf kereta mereka. Mereka juga meletakkan nama mereka dengan bangga di kereta mereka.







Murid-murid Tadika 1A membuat sebuah kraf yang merupakan topeng haiwan pilihan mereka sendiri. Mereka diberi templat topeng haiwan dan telah mewarnakannya dengan cantik. Seterusnya, mereka menggunting topeng mereka dengan teliti. Siap sudah kraf topeng mereka!

Murid-murid Tadika 2A telah diberi peluang untuk berkongsi tentang kraf kenderaan yang telah mereka hasilkan bersama ibu bapa mereka melalui sesi Unjuk dan Ujar. Mereka telah bertutur dalam bahasa Melayu dengan jelas apabila menerangkan tentang proses membuat kraf tersebut. Syabas!



Preschool News

CHINESE LANGUAGE



N1幼儿在学习海洋动物的时候，玩学教具"钓鱼"，他们拿着鱼竿钓起来一种海洋生物就说出相应的名称：章鱼、水母、虾、螃蟹、鲨鱼等。



上华文课时，Toddler幼儿拿着乐器跟着节奏敲打儿歌《鲨鱼一家》，马克非常积极的探索各种打击乐器。



《水果》这本阅读书学习中，幼儿认识了颜色与水果，课堂上老师设计了一个摘水果活动，幼儿需要用夹子将水果采摘下来，放进相同颜色水果杯子中，幼儿合作完成游戏，两人忙乎的不亦乐乎，享受分类游戏乐趣的同时还锻炼了幼儿的手眼协调能力与彩色认知。



学习《猕猴来到了我们家》这个故事，幼儿对猕猴很感兴趣，于是在老师的帮助下幼儿绘画了猴子的轮廓，然后将其剪下，彩纸变身小猴子的同时还锻炼了幼儿的手眼协调性。



K2幼儿在学动物主题时，玩"皮影戏"十二生肖的故事。他们合作一人照灯一人摆动小动物，小动物行动的姿态透过屏幕展示的活灵活现。

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NATURE MAGNIFIED





The N2A children learnt about underground plants during their Nature Magnified lesson. They drew the underground plants, then went on a nature walk to look for the plants. Back in class, they explored different underground plants using their senses and shared information about their favourite plants.





During our Nature Magnified lesson about underground animals, the children were engaged in a hands-on exploration of the soil. Their curiosity was evident as they used magnifying glasses to look for small creatures like ants and earthworms, sharing their exciting discoveries with friends. This activity successfully developed their observational skills, deepened their understanding of nature and animal habitats, and enhanced their fine motor control as they documented their findings through drawing.

The K1A children's learning began outside where they enthusiastically imitated the sounds and movements of various animal figurines. After piquing their curiosity with animal facts, the lesson moved indoors where they were presented with a significant cognitive challenge as they were tasked to create animals using recyclables. This activity provided them with an opportunity to demonstrate creativity and critical thinking skills as they planned, designed, and constructed their final piece.









The children observed and identified various animals and plants that lived near or in the river such as trout, kingfishers, ducks, reeds, otters, and water lilies. Using pencils, crayons, and coloured pencils, the children drew these animals and plants in their books, adding details to show what they had learnt about the river environment. They then labelled each drawing by writing the names of the animals and plants. This experience reinforced their vocabulary and understanding of the river habitat.

The K2 students were introduced to the different layers of the rainforest by exploring a nearby garden where they could observe various trees and plants. They were encouraged to use their senses to explore and observe where animals may be found in their natural habitats. Through this hands-on activity, the children were able to visualise the four layers of the rainforest — forest floor, understory, canopy, and emergent layer — and identify the common animals that live in each layer.











As part of their rainforest topic, the children engaged in a creative project to build a rainforest diorama using recycled materials such as tissue rolls and cardboard boxes. This activity encouraged them to explore the different layers of the rainforest and develop their understanding of animal habitats by sorting animals into the correct layers. The children actively participated in this task by confidently sharing their thoughts with the class.

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I CAN SPY! NATURE

For I CAN SPY! Nature, our infants rescued the animal toys stuck on the floor or tray. This activity provided an opportunity for them to discover different types of animals, as well as expand their vocabulary and enhance their fine motor skills.









The infants had a wonderful time exploring kinetic sand! They loved squishing and squeezing the soft sand, and watching it slip through their fingers. This hands-on play sparked their curiosity and helped strengthen their fine motor skills as they explored through touch and discovery.

The toddlers participated in an outdoor exploration activity where they looked for green leaves around the neighbourhood. They were encouraged to observe, touch, and feel the texture of the leaves. The children successfully identified the colour green and the various leaf textures, showing great curiosity and excitement as they discovered different types of leaves.







During our outdoor walk, the toddlers used their sense of hearing to take note of the different sounds in their surroundings. With curious ears, they paused to listen carefully to the sounds of birds and crickets chirping, leaves rustling in the breeze, and footsteps tapping on the cement floor. After listening, the children excitedly shared with their peers what they heard, using simple words and short sentences to describe the sounds. Using their homemade binoculars crafted from kitchen rolls and magnifying glasses, they searched for the insects and animals making the noises. This sensory adventure encouraged the toddlers to be observant and expressive while exploring nature through play. They strengthened their listening and communication skills, and also showed growing curiosity about the world around them.



The Nursery 1A children used their senses of sight, sound, smell, and touch to explore and observe the nature around them. They enjoyed feeling, observing and identifying the different textures of natural elements that they could find outdoors. Using crayons and paper to make tree bark rubbings, they captured the unique patterns of the tree bark for their artwork with their colours of choice.







The children participated in 'My Favourite Seashells' activity where they showcased their favourite seashells in an artwork. They were prompted to choose their favourite seashells by touching, smelling and turning the seashells in different directions to observe them closely. They then squeezed white glue on the seashells and pasted them on a cardboard. This activity enhanced their fine motor skills, creativity and problem solving skills.

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WARISAN BUDAYA

Murid-murid di peringkat asuhan diperkenalkan kepada busana Melayu yang merangkumi pakaian tradisional, tekstil dan jenis- jenis fabrik. Mereka mempelajari dan meneroka fabrik seperti batik dan songket. Murid-murid juga berpeluang mengenakan pakaian seperti gaun kain batik dan tanjak songket untuk melestarikan busana Melayu.









Murid-murid Tajaka 1 dididik tentang perhiasan diri tradisional seperti kerongsang, cara pemakaiannya serta cara pembuatannya. Mereka dapat menyentuh dan meneroka pelbagai jenis kerongsang dan juga diberi peluang untuk menggunakan kreativiti mereka bagi menghasilkan kraf tangan kerongsang dari bahan-bahan yang disediakan. Dengan berasa bangga, mereka telah mempamerkan kraftangan mereka yang telah siap kepada rakan-rakan mereka.

Murid-murid mempelajari tentang perhiasan diri tradisional yang boleh diperagakan oleh kaum lelaki dan perempuan iaitu dokoh. Mereka berpeluang meneroka dokoh, dan sebagai aktiviti lanjutan, telah mendapat peluang untuk membuat kraf dokoh.









Murid-murid berpeluang untuk mempelajari tentang tanjak, iaitu hiasan kepala tradisional yang sering dipadankan dengan baju Melayu. Mereka juga mempelajari sejarah tanjak, dan menghasilkan kraf tanjak menggunakan kertas.

Murid-murid diberi kesempatan untuk meneroka pelbagai jenis kain batik, kain songket dan baju kurung Melayu untuk mengenali keunikan seni tekstil tradisional. Mereka juga diajar tentang kepelbagaian warna, bahan dan kegunaan pakaian tradisional dalam masyarakat Melayu.





WENHUA YICHAN



在孩子们奇思妙想的世界里，民族与朝代服饰文化正以生动有趣的方式悄然生根。看！豆豆班幼儿拍摄了民族服饰大头贴，幼小二班幼儿专注的给旗袍卡彩色，幼儿一班的幼儿用折纸制作了汉服，幼儿二班的小朋友们还亲手设计了一套汉制服装，每个作品都是他们对多元文化的独特理解。这不仅是手工创作，更是一场浸润式文化启蒙。在文化穿梭与色彩碰撞间，中华服饰之美如种子般播撒心田，悄然滋养着孩子们的审美能力。文化传承的种子，正以最美好的方式在新时代幼小心灵中绽放。





文化遗产活动中，K2幼儿尝试裁剪、粘贴布料制作汉服，N1幼儿使用轻黏土制作苗族头饰，Toddler幼儿给服装彩颜色，并制作特色的服装。
他们穿上华族传统服装，认识各个朝代的服饰，感受传统服饰的华美。

Preschool News

CHILDREN'S DAY

Our Children's Day celebration combined imaginative play with structured activities, fostering engagement and development across all levels. The day began with a fun 'Pyjama Parade' and lively music, followed by a storytelling session about two astronauts painting the stars, promoting social competence and early language skills.

Many enriching activities were planned for the children - the infants learnt to play alongside peers, the toddlers and N1 children practiced side-by-side interaction, and children from N2 to K2 were engaged in cooperative group play.

The main activities targeted motor skills and hands-on learning. The infants, toddlers, and N1 children practised gross motor skills by throwing lightweight balls in the 'Shooting Stars' activity, while children from N2 to K2 honed balance and coordination in the 'Shooting Galaxy' activity. Fine motor development was supported through cookery sessions and the 'Collect the Moon Rocks' mission, where children across all levels practised dexterity, sensory exploration, and problem-solving skills.














Preschool News

DEEPAVALI CELEBRATION














The centre's Deepavali celebration on Tuesday, 21st October, saw strong engagement across all levels. Ahead of the event, the children had created age-appropriate crafts that decorated the school façade, adding colour and vibrancy to the celebration.

The children showed great curiosity during the introductory video and Q&A sessions on the day of the celebrations — the infants practiced responding to simple 'who' and 'what' questions, while the older children expressed their thoughts confidently through more complex responses. Their social development was also evident as they interacted positively with peers and familiar adults during the 'Modelling Traditional Indian Clothes' segment.

The festive spirit continued as the children participated in a rotation of cultural stations, working together at the henna artist station, the Diwali garland-making station, and the lively 'Let's Dance' session.



SEPTEMBER FOCUSED PROJECT



ALL ABOUT BIRDS

Our infants and toddlers began the 'All About Birds' project with hands-on activities focused on foundational motor and early language skills using familiar neighbourhood birds like the dove and mynah. Infant A children strengthened their fine motor skills through a 'Rock Dove Nest' craft, while children in Infant B and C developed their gross motor skills by flapping and hopping in the 'Move like a Mynah' activity.



The children in N1 and N2 extended their learning through expressive arts, movement, and early classification. N1A children created a 'Handprint Saffron Toucanet' craft and practised large body movements, while N1B children built their coordination through a 'Penguin Obstacle Course'. The children in N2A imitated the peacock through stamping and rhythmic movements, while N2B children sorted macaw 'food' to develop classification, language, and fine motor skills before making a textured feather collage.



K1 and K2 children applied their research, critical thinking, and teamwork skills in a variety of activities. K1A children researched the Southern Cassowary and created a 3D sculpture from recyclables. K2A children explored the Philippine Eagle through storytelling and an energetic 'Catch the Eagle's Tail' game, while their K2B counterparts strengthened their mathematical thinking by solving addition problems using manipulatives in the 'Owl Addition Nest' activity.









Where fun & creative learning begins

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MID-AUTUMN FESTIVAL

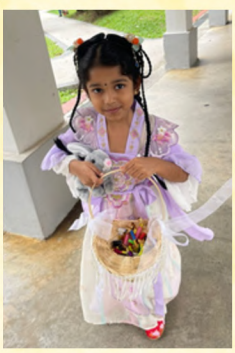
The Mid-Autumn Festival celebration saw active participation across all levels, with children showing great curiosity and motivation throughout the themed activities. Social development was evident as younger children practised playing alongside peers in games like 'Picking the Moon', while the older children from N2 to K2 engaged in cooperative play and confidently shared their thoughts about the festival. The songs and stories also supported emotional development, allowing children to express their feelings through both verbal and non-verbal responses.

Engagement remained high during hands-on activities that targeted motor and cognitive skills. The children showed creativity as they completed their lantern crafts, while gross motor skills were strengthened through various games that were organised.

The infants practised reaching and grasping, the toddlers and N1s refined scooping and pouring in 'Scoop the Moon', and children from N2 to K2 enhanced their striking and force control in the energetic 'Shoot the Moon' activity. The K2 children further developed cognitive and numeracy skills by answering open-ended questions and counting the 'moons' they collected.







Healthy Snack

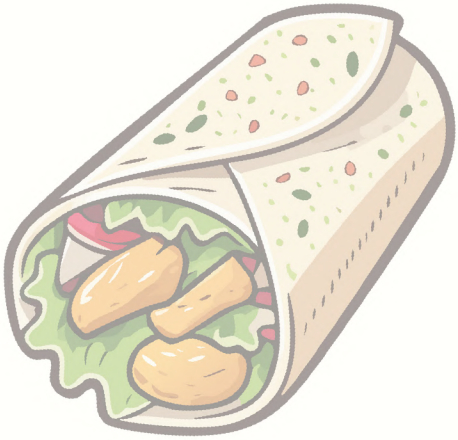
Carrot & Hummus Roll

what you need

- 200g tub hummus
- 4 seeded wraps
- 4 carrots
- small handful rocket leaves

how to do it

- Spread the hummus between wraps.
- Coarsely grate carrots and scatter on top of the hummus, finishing each wrap with a small handful of rocket leaves and some seasoning.
- Roll up and eat.



Source: https://www.bbcgoodfood.com/recipes/carrot-hummus-roll-ups

Where fun & creative learning begins

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PARENTING ARTICLE

Why parents must protect young children from excessive screen time

The article highlights that excessive screen use, especially for infants and toddlers, can severely impact physical, cognitive, and social-emotional development.

Key Risks and Impacts:

Physical Health: Prolonged near-work and lack of outdoor play contribute to a significant rise in myopia (nearsightedness) and obesity. Blue light exposure from screens before bed is also linked to poor sleep quality by disrupting melatonin production.

Cognitive Development: Excessive recreational screen time can affect executive functions, leading to shorter attention spans, increased difficulty focusing on tasks, and poorer language skills (including potential speech delays). Content viewed passively on screens is particularly unhelpful for children under 18 months.

Social and Emotional Development: Using screens as a quick way to soothe upset children can hinder their ability to practice essential emotional coping skills. Excessive use, especially of social media and gaming, can displace crucial face-to-face social interactions, potentially leading to poor social skills and, in some cases, exhibiting autism-like symptoms that may resolve when screen time is reduced.

Safety and Mental Health: Unrestricted access increases the risk of cyberbullying, exposure to inappropriate content, phone addiction, and, in some cases, increased aggression or confusion between virtual and real life.

Source: https://www.straitstimes.com/singapore/health/why-parents-must-protect-young-children-from-excessive-use-of-screen-time





Preschool News



Kidz Meadow Childcare @ Buangkok (979C) & Hougang

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Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers

Vision

A first class provider in Early Childhood Care and Education

Values

C - Community and Parental Involvement

A - Active learners

R - Resourcefulness

E - Excellence

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | **Buangkok (979C)** 6489 8670 | **Buangkok (986C)** 6570 1560
Eunos 6748 1553 | **Hougang** 6282 7632 | **Jurong West** 6316 5103 | **Pasir Ris** 6583 3522
Punggol 6951 7541 | **Woodlands** 6368 9634 | **Yew Tee** 6763 8770 | **Yishun** 6759 5117

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www.kidzmeadow.com