



MESSAGE FROM PRINCIPAL

Dear parents,

As we reflect on Term 2, we are filled with gratitude and satisfaction for the many activities and events that have enriched our children's learning. We are thrilled about the upcoming learning opportunities, and we embrace the active partnership we have with our valued parents! Let us continue to build a school where everyone feels supported, respected, and inspired to do their best.

If you have any questions, concerns, or ideas, please don't hesitate to reach out to us at buangkok.chc@kidzmeadow.com. Your input is invaluable to us as we continue to improve on our centre's practices and programme implementation.

Shabana Azmi
Centre Leader

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CENTRE CLOSURE TERM 3

10 August 2026
National Day
3 September 2026
Staff Welfare
(CC Half-Day Closure)
4 September 2026
Teachers' Day
(CC 1 Day Closure)



Infant

Our little ones had a meaningful time listening to the story 'Bad Apple'. They were introduced to different fruits, responded to simple questions, and enjoyed looking at the colourful pictures together. Through the story, the infants were encouraged to show kindness and friendship by sharing, hugging their friends, and playing together.



Ground crackers and corn became our infants' play sand in this enjoyable sensory activity. They explored different textures by mixing, scooping, and transferring the materials with their bare hands and spoons. Through this hands-on activity, they developed their fine motor skills, sensory awareness, and language skills while having fun exploring and learning through play.

Our infants were introduced to green and purple grapes in this activity where they were encouraged to touch and feel the texture of the different parts of the fruit. Then, the infants had fun as they dipped cotton buds into green and purple paint to add colour to their grape artwork. This activity has helped to develop their early numeracy skills by introducing them to colours and numbers.





Toddler



During our phonics activity, the Toddler A children were introduced to Dippy Duck. The children listened attentively to the sound the character makes and recognised how it is represented in Letterland. They were very engaged and showed much excitement while learning about the new phonics character. This activity helped to develop their listening skills, sound recognition, and confidence in participating during group learning experiences.



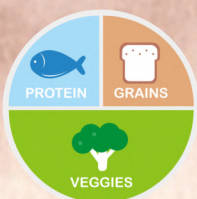
In an activity that developed their social competence, our toddlers practised taking turns and sharing a paper ice cream cone with their friends. The teachers encouraged them to use kind and polite words and phrases, such as, "Can I have some ice cream, please?", "Would you like to share my ice cream?", "Please" and "Thank you" while playing together. Through this experience, the toddlers learnt how to interact positively with their peers, practise turn-taking, and build good manners and communication skills during play.



Nursery 1



Our N1 children participated in an art activity titled 'My Food Basket' where they pasted different healthy food cut-outs onto a basket template. Through this activity, the children learnt to recognise healthy food choices while developing their fine motor skills, hand-eye coordination, and creativity. It also encouraged the children to make connections between healthy eating habits and the foods they consume daily.



The children gained more knowledge about healthy food as they participated in an activity where they identified foods which are nutritious, such as fruits, vegetables and fish. They also had a discussion about why these foods are good for them, and why consuming too much unhealthy food can be bad for their bodies.



Nursery 2



During their Special Project lesson, our N2A children learnt about specially abled people and different types of disabilities. They also explored how people are able to express themselves in different ways. As part of the lesson, the children moved to songs without using their arms or hands, helping them develop empathy and appreciation for the abilities of others.

For Numeracy in Term 2, the children learnt about conservation of numbers, where the number of objects remains the same even when their arrangement changes. They practised counting up to five objects while moving them further apart or closer together, helping them understand that quantity does not change despite the changes in spacing.



The children showcased their creativity through arts and crafts by choosing their favourite fruit template and pasting coloured paper pieces on it. The children carefully arranged the paper pieces to complete their artwork, enhancing their creativity and fine motor skills.

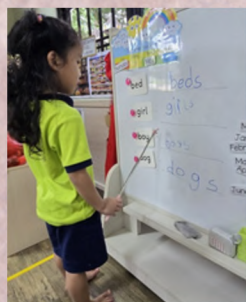


The children practised writing the letters 'b', 'n', and 'r' by carefully tracing the letters first before writing them independently. This activity helped the children remember the letters, sounds, and proper letter formation more easily. As they held their writing materials using the tripod grip, they also developed their fine motor skills.





Kindergarten 1



Our K1A children learnt that adding '-s' to a word means there is more than one, such as cat → cats. They diligently practised reading these words aloud in front of their friends to help them remember the words, and build their confidence in reading aloud.

The children discovered that flowers come in different kinds and have different characteristics. The children showed curiosity and patience as they discovered new facts about the flowers, and individually recorded their observations before sharing them with one another.



During their gross motor activity, the children participated in the game 'Blow Wind Blow', where they practised hopping from one hoop to another. They learnt to take off on one foot and land on the same foot in a continuous and rhythmic movement while maintaining balance on the non-hopping side of their body.

During their Music and Movement lesson, the children explored rhythm through the song Mummy Loves Me using tambourines and body percussion. They experimented with different beats by shaking the tambourines and patting their thighs in time with the music. The children listened carefully to the tempo and followed the actions while singing together with their peers.



Kindergarten 2



The children practised their skipping, hopping, catching, and throwing skills during this activity. They imagined being bees retrieving a piece of honey (a beanbag) before throwing it to a friend to catch. It was an exciting and competitive game that encouraged teamwork, coordination, and active participation.



The children participated in an engaging activity focused on counting and recognising numbers up to 20. They worked together to arrange the numbers 11 to 20 by recognising the numbers on their shirts, then paired up to arrange numbers from one to 20 using Unifix cubes. This hands-on activity strengthened their number recognition, sequencing, teamwork, and counting skills.

Our K2 children were given the challenge to categorise food cards into healthy and unhealthy groups. With their friends, they discussed whether foods such as yogurt and noodles are healthy choices. The children also learnt about the healthy plate, understanding the importance of including different food groups in a balanced meal.



The K2s took a closer look at a variety of flowers and worked collaboratively with a partner to observe and compare two different types of flowers. Through their exploration, they discussed the similarities and differences in the flowers' colours, sizes, and textures. This activity helped to develop the children's observation skills, descriptive language, and appreciation towards the beauty of nature.



Malay Language



Murid-murid peringkat Asuhan mempelajari tentang aiskrim dan berpeluang menghasilkan kraf aiskrim menggunakan kertas berwarna, batang aiskrim dan krayon. Mereka kelihatan begitu tekun dan bersemangat ketika menghias hasil kraf masing-masing.

Murid-murid Tajaka 1B telah mempelajari dan menyanyi lagu 'Milkshake'. Mereka juga berpeluang menghasilkan kraf susu kocak menggunakan kapas putih dan piring kertas untuk menghias templat gelas susu kocak. Murid-murid berasa seronok semasa memilih warna bagi melambangkan perisa coklat atau strawberi untuk susu kocak mereka!



Murid-murid telah diperkenalkan kepada pelbagai jenis dedaun yang digunakan dalam masakan tradisional Melayu, seperti daun kari. Mereka berasa teruja apabila menghidu aroma daun kari, malah ada yang berkongsi pengalaman menikmati kari ayam. Murid-murid kemudian diberi tugas untuk menghias bingkai gambar menggunakan daun kari. Cantik sungguh rekaan mereka!

Murid-murid Tajaka 2B telah mempelajari tentang peranan ahli bomba. Mereka berkongsi pengetahuan yang dipelajari semasa sesi Unjuk Ujar sebelum menghasilkan kraf trak bomba menggunakan cap tangan serta cat berwarna merah dan kuning. Sungguh kreatif!



Malay Language



Murid-murid Tadika 1B menghasilkan kraf kereta kebal menggunakan bahan terpakai. Mereka tekun mengikuti setiap arahan sepanjang aktiviti, di samping berkongsi perasaan dan pendapat dengan rakan-rakan.



Selaras dengan topik 'Makanan Berkhasiat', murid-murid Tadika 2A meneroka pelbagai jenis sayur-sayuran. Mereka juga berpeluang berkongsi tentang sayur-sayuran kegemaran masing-masing bersama rakan-rakan.

Sebagai sebahagian daripada aktiviti pembelajaran, murid-murid menikmati jagung rebus dan tomato ceri. Mereka begitu menggemari hidangan tersebut sehingga meminta tambah berkali-kali! Teruskan mengamalkan tabiat pemakanan yang sihat!



Melalui cerita tersebut, mereka diperkenalkan kepada beberapa suku kata serta mempelajari cara mengecam, mengenali dan membunyikan suku kata apabila dicantumkan menjadi perkataan.

Dengan bimbingan guru, murid-murid berjaya membaca dan mengecam perkataan seperti pelampung, ketam dan ombak. Mereka juga menulis perkataan yang terbentuk daripada cantuman suku kata di papan tulis.

Warisan Budaya



Murid-murid Asuhan 1A telah diperkenalkan kepada silat, iaitu seni mempertahankan diri tradisional Melayu. Melalui tayangan video pendek, mereka berpeluang mengenali dan mengikuti beberapa pergerakan asas silat, seperti sikap pasang dan kuda-kuda.

Murid-murid Tajaka 1A telah mengikuti aktiviti Warisan Budaya yang bertemakan pencak silat. Mereka menunjukkan minat yang tinggi terhadap pergerakan asas silat dan mencubanya dengan penuh semangat. Selain itu, murid-murid turut menghasilkan kraf kolaj bertemakan silat.



Murid-murid Tadika 1A kelihatan teruja melihat pakaian silat dan berpeluang menelitinya dengan lebih dekat. Guru turut membaca buku bertajuk 'Silat!'. Dengan pengalaman sedia ada, murid-murid berkongsi bahawa mereka pernah menyaksikan persembahan silat pengantin semasa menghadiri majlis perkahwinan Melayu.





Chinese Language



幼儿探索各种乐器的玩法，迪莎跟着老师一起用乐器棒棒糖、摇铃、沙锤、响板打节拍。迪莎很喜欢棒棒糖，她使用不同的乐器去敲棒棒糖鼓面，听到发出不同的声音她开心的笑。

幼儿使用纸巾制作米饭，先拿纸巾撕成小块，再揉成小球粘贴在碗中。最后把碗彩上自己喜欢的颜色。宁宁问为什么米饭都跑到碗外面了？老师回答因为也可以盛很多。

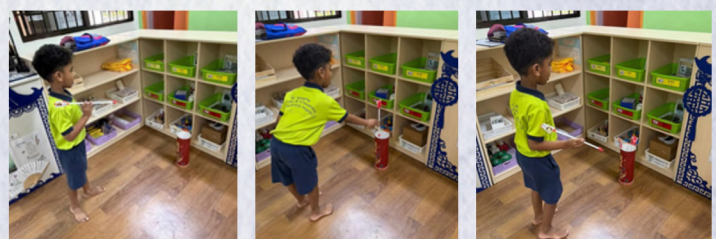


在角色扮演活动中，孩子们穿上帅气的消防背心，戴上防护头盔，背起“氧气瓶”，模拟了一场紧张又有趣的“灭火大行动”。画面中，幼儿全神贯注，手持灭火器模型和水枪，对着“起火”的纸盒大楼精准扑救，配合默契，表现得勇敢又专业！通过这种沉浸式的游戏，孩子们不仅在欢笑中认识了消防器材更掌握了基础的消防安全知识。



幼儿在书写华文数字从一到十，达西塔可以独立写出数字一到四，五之后的数字需要老师写出来，她按照笔画笔顺进行书写。她可以按顺序读出一二三四五六，七之后需要老师提醒。

幼儿在玩投壶玩具，拿一个箭羽瞄准向壶中投去，乔西特投了几次都没进他有点失望，老师让他靠近一点，他走进一点再投每次都可以投进。上面的食物单词他还不能说出，需要重复老师的词语。



I CAN SPY! Nature



For Term 2's I CAN SPY! Nature activity, our little ones explored with twigs found outdoors. Through sensory play, the infants expressed curiosity and learnt about nature as they touched and held the twigs, and also listened to the different sounds the twigs could make.



Our infants enjoyed a fun activity called 'Bang the Twigs'. They used twigs to bang on an empty tub like a drum, discovering different sounds and rhythms through play. Through this hands-on activity, the infants developed their fine motor skills, sensory awareness, listening skills, and creativity, while enjoying music and sound exploration.



Our infants were brought outdoors and participated in collecting dried leaves in the nearby park. The teacher sat with the younger infants, describing to them the features of the leaves as the little ones attempted to pick them up from the ground. The older infants were guided by their teacher to stack the leaves one on top of the other to build a leaf tower. This activity supported their sensorial development as they touched and felt the leaves.

I CAN SPY! Nature



During our I CAN SPY! Nature activity, the Toddler A children participated wholeheartedly in exploring the natural environment. They took a closer look at leaves of different shapes, sizes, colours and textures, developing their sensory awareness and observation skills. After watching a demonstration of leaf rubbing, the toddlers attempted to do one on their own. This engaging activity allowed them to discover the veins and shapes of the leaves through hands-on exploration. The toddlers also shared the leaves with one another, promoting turn-taking, communication, and positive social interactions with their peers.



Our children participated in an activity called 'Sounds from Dried Leaves' where they listened to the different sounds made by crunching, squeezing, and touching dried leaves. This sensory experience helped to stimulate their listening skills, curiosity, and creativity while supporting fine motor development, and encouraging children to explore nature through play.



Our N1B children picked up dried leaves during their outdoor walk which they later made into leaf buntings. This activity helped them to develop their fine motor skills and hand-eye coordination as they carefully threaded each leaf onto the bunting string.

Nature Magnified



Our N2A children learnt about recycling and how to turn trash into treasure. They made their own kendamas using plastic cups, yarn, plastic balls, and ice cream sticks, assembling them creatively while learning about reusing materials and environmental care.



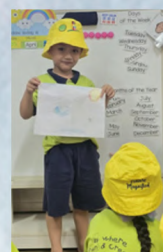
Our N2B children created their own kendama using recyclables such as plastic cups, strings, and bottle caps. Once completed, they confidently shared with the class on their art-making process.



The children also had an enjoyable playing their kendama with their friends. This activity was not only fun, but also helped the children understand the concept of reducing, reusing, and recycling trash.

In Term 2, our children learnt about the different things we can do to help save the Earth. As part of their learning, they were tasked to complete a Parent-Child Activity where children, together with their parents, created a poster showing ways they can help protect and save the environment.

The objective of this activity was not only to assess the children's learning, but also to foster collaboration and strengthen the bond between parent and child through creating their own poster together.



Nature Magnified

Our children learnt how to care for and save the Earth through recycling practices. They were given opportunities to identify recyclable materials such as plastic bottles and cardboard, before placing them into the blue recycling bin. They then worked together to create their own blue recycling bin using large boxes and blue paint. Their completed recycling bin was later placed in the classroom as a reminder for the children to continue practising good recycling habits in their daily routine. This meaningful hands-on activity helped to promote responsibility, teamwork, and environmental awareness among the children.



Our K2A children explored the importance of using alternatives to plastic items, such as glass or stainless steel containers, reusable bags, and biodegradable cutlery cases. After learning about the 3Rs (reduce, reuse, and recycle), the children searched for the 3R logo around the classroom. They also reused and upcycled plastic bottles to create pencil holders, encouraging creativity while practising sustainability.



Focusing on recyclable plastics and the importance of caring for the environment, our children watched recycling campaign videos and actively shared their thoughts and ideas about how recycling helps to reduce waste.

During their discussion, the children demonstrated an awareness of recyclable materials and participated enthusiastically by identifying recyclable items found around their classroom, such as bottle caps, cardboard, and plastic bottles.





Hari Raya Awareness Day

Hari Raya Awareness Day was a fun and meaningful day for the children as they dressed up for the occasion and filled the day with much laughter and learning. They enjoyed making festive treats, exploring traditional kuih and learning about Malay traditional clothing. The children also listened to Hari Raya songs and had fun playing traditional Malay instruments such as the kompang, gamelan and angklung.

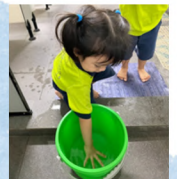


Earth Day

As part of our Earth Day celebration, our children learnt about caring for our planet and simple ways to help protect the environment. Through discussions and activities, they discovered that small actions can make a big difference.

The children created Earth-themed crafts to show what they learnt about protecting the environment. They also took part in an energy-saving activity by turning off the lights and air-conditioning for a short time, helping them understand the importance of saving electricity.

This meaningful experience helped the children build environmental awareness and encouraged them to care for the world around them.



Disposition Day

Our Term 2 Disposition Day focused on the theme 'Together We Care, Together We Grow'. The children participated in a variety of activities that promoted kindness and respect for others, including 'Kindness Relay', 'Kindness Book', 'Respect Game', and 'Daily Compliment Circle'. Through these activities, they demonstrated a good understanding of the values of kindness and respect, while actively engaging in and enjoying the learning experiences.





P1 Immersion Programme



Our K2 children had an amazing time during their visit to Hougang Primary School. They toured various areas of the school, including the garden, canteen, classrooms, parade square, and library. The children practised queueing at the canteen to purchase noodles, learnt about library etiquette, and discovered the different plants and herbs grown in the garden. It was truly an enriching and memorable experience for all of them.

THK Nursing Home



As part of our environmental project, our children visited THK Nursing Home and brought along handmade crafts created from recyclable materials. These thoughtfully crafted gifts were presented to the residents as a gesture of care and appreciation. During the visit, the children also performed a selection of songs, filling the atmosphere with joy and bringing smiles to the elderly residents. The meaningful interaction provided the children with an opportunity to share kindness while promoting the importance of recycling and environmental responsibility.





Parenting Article



Parent-Child Bonding: Strengthening Relationships through Quality Time

The parent-child bond is a foundation for a child's emotional well-being and overall development. Quality time spent together fosters a sense of security, trust, and connection between parents and children. In today's fast-paced world, making deliberate efforts to create meaningful and bonding experiences is essential for building strong parent-child relationships. In this article, we will explore the importance of parent-child bonding, the benefits it brings, and strategies for nurturing this special connection through quality time.

The Importance of Parent-Child Bonding

- Emotional Security
- Social and Emotional Development
- Communication and Trust
- Positive Discipline

Strategies for Nurturing Parent-Child Bonding through Quality Time

- Enhanced Communication
- Emotional Resilience
- Better Academic Performance
- Positive Behavior

Parent-child bonding through quality time is an essential aspect of parenting that lays the foundation for a child's emotional well-being and overall development. By being present, engaging in shared activities, and creating meaningful rituals, parents can strengthen their relationships with their children and provide them with a sense of security and emotional connection. Quality time spent together fosters open communication, emotional resilience, and positive behavior, contributing to a fulfilling and nurturing parent-child bond that will last a lifetime.

Source: <https://cpdsingapore.com/parent-child-bonding-strengthening-relationships-through-quality-time/>





Healthy Snack

PIZZA TOAST

Ingredients:

- tomatoes
- pizza sauce
- bread
- spinach
- cheese



Instructions:

1. Pick your bread and cut creative shapes out of it.
2. Spread the sauce and add your toppings.
3. Freeze some for later if there are extras.
4. Bake until the edges are golden and the cheese is bubbly.



Source: <https://mykidslickthebowl.com/pizza-toast/>



Preschool News



Kidz Meadow Childcare @ Buangkok (979C) & Hougang

Term 2, 2026 Newsletter



Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.

Vision

A first class provider in Early Childhood Care and Education.

Values

C - Community and Parental Involvement
A - Active learners
R - Resourcefulness
E - Excellence

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

Bedok North 6917 0692 | Buangkok (979C) 6489 8670 | Buangkok (986C) 6570 1560
Eunos 6748 1553 | Hougang 6282 7632 | Jurong West 6316 5103 | Pasir Ris 6583 3522
Punggol 6951 7541 | Woodlands 6368 9634 | Yew Tee 6763 8770 | Yishun 6759 5117