



MESSAGE FROM PRINCIPAL

Dear parents,

As we reflect on Term 1, we are filled with gratitude and satisfaction for the many activities and events that have enriched our children's learning. We are thrilled about the upcoming learning opportunities, and we embrace the active partnership we have with our valued parents! Let us continue to build a school where everyone feels supported, respected, and inspired to do their best.

If you have any questions, concerns, or ideas, please don't hesitate to reach out to us at buangkok.chc@kidzmeadow.com. Your input is invaluable to us as we continue to improve on our centre's practices and programme implementation.

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CENTRE CLOSURE TERM 2 2026

- 3 April 2026**
Good Friday
- 1 May 2026**
Labour Day
- 15 May 2026**
Teachers' Training
- 27 May 2026**
Hari Raya Haji
- 1 June 2026**
Vesak Day
- 2 June 2026**
Teachers' Training



INFANT



Our little ones were introduced to an early art experience through chalk scribbling and mark-making exploration. They enjoyed touching, grasping, and moving the chalk across the paper with gentle guidance from their teachers. As they explored, infants practised using their hands and fingers, strengthening early fine motor skills and hand-eye coordination, while showing curiosity and joy in their discoveries. This meaningful experience encouraged confident exploration and supported their overall development as they engaged socially and interacted with teachers throughout the activity.

Our infants were given an opportunity to try out the gym ramp. After being familiarised with the gym ramp, the infants were challenged to use their gross motor skills to climb up and down the gym ramp with minimal help. The teachers placed a toy that interested each of infants at the top or bottom of the gym ramp to encourage them to climb up and down. This activity enhances their confidence and capability in order to overcome challenges.



During our English thematic activity, our infants were introduced to simple facial feature words such as 'eyes', 'ears', 'mouth', and 'nose'. Through songs and gentle repetition, they listened to the words and began becoming familiar with how each word sounds.

With the teacher's support, the infants explored their own facial features using a mirror. They followed the teacher's actions by looking at their reflection and touching their eyes, ears, mouth, and nose. Some infants watched their friends curiously, while others smiled and reacted to their own reflections. This meaningful activity supported early language development, listening skills, and body awareness. By connecting spoken words to their own faces, the infants are building a foundation for self-recognition and an understanding of 'All About Me'.





TODDLER



For their Early Numeracy lesson, our toddlers practised colour recognition through a simple sorting activity. They picked up different objects and placed them into baskets that matched the same colour. During Term 1, they focused on identifying red, yellow, and blue. This hands-on activity helped them develop early classification skills, strengthen fine motor skills, and build their understanding of colours in a fun and engaging way.



During our Show and Tell session, our toddlers stood in front of their friends and shared about their favourite toys. With gentle guidance from the teacher, they described the features of their toys, such as the colour, shape, and the sounds they make. Some children also demonstrated how their toys work and explained how they play with them at home. The toddlers also shared who they usually play with, helping them connect their home experiences with school. After everyone had a turn, they were given time to play together and practise turn-taking and sharing.

It was, indeed, a wholesome activity that supported their confidence, language development, and positive social interactions with their peers.



NURSERY 1



Our N1 children had a wonderful time participating in a sensorial activity where they stuffed and dumped colourful pompoms into a round container. They enjoyed feeling the soft textures and filled the container with excitement, before emptying it out to start all over again. The simple action of putting in and taking out generated much interest and joyful repetition.

This activity strengthens fine motor skills and hand-eye coordination as the children grasped, squeezed, and released the pompoms. It also supports early mathematical concepts such as 'full' and 'empty', 'more' and 'less'. Through this sensorial experience, the children built concentration, independence, and confidence, while engaging in meaningful hands-on learning.



Our N1B children enjoyed a music and movement activity where they happily jumped and shuffled along to the musical beats. As the music played, they twirled around, jumped forward and backward, shuffled their feet from side to side, and performed joyful star jumps with big smiles. Through this fun and energetic session, the children developed better coordination, strengthened their listening skills, and built confidence as they expressed themselves through movement.



NURSERY 2



During their language lesson, our N2 children discussed what makes each of them different. They learnt more about one another as they shared their favourite things and the activities they excel at. Through this activity, the children discovered that these differences are what make them unique as they practised both expressing their thoughts as well as listening to others.

The children had a hopping good time during their gross motor session as they learnt how to leap. They put their new skills to use during a 'Safari Hunt' game, where they successfully navigated various obstacles such as a 'river', a 'frog pond', and 'rocky roads'.



The children engaged in a hands-on activity to identify 'big' and 'small' using tangible materials. They successfully sorted the given objects by size, strengthening their numeracy skills through the exploration of concrete materials. Additionally, the children named each object independently, demonstrating their growing vocabulary and confidence.

The children demonstrated a clear understanding of a first aid kit's purpose during this experiential learning session. Through their active participation, the children were able to identify each given item before placing it in the kit, as well as explain its use. Through this experience, the children learnt the importance of being prepared, and gained basic knowledge of how to respond to minor injuries. This activity successfully built their awareness of safety and responsibility in a simple, meaningful way.





KINDERGARTEN 1



During Culture Week, our K1 children took part in a variety of activities celebrating Chinese New Year. One of the highlights for our K1 children was creating their very own Chinese lanterns using red coloured paper, glue, scissors, and stickers.

This activity allowed them to showcase their creativity while learning more about Chinese culture and traditions. As they carefully folded, cut, and decorated their lanterns, they also practised important skills such as patience, focus, and fine motor coordination.

This term, the children practised recalling and identifying their birth dates. Each child used a writing sheet with the template: 'My date of birth is...'. While many children could confidently share their birthdays verbally, they are still developing the skills needed to record them in writing. This activity supported their learning by helping them remember a significant personal detail while strengthening their fine motor and speaking skills.



During our phonics lesson, the children were introduced to the letter Hh and its sound /h/. The children practised sounding the letter and identified words that begin with the /h/ sound. They excitedly shared their own ideas, thinking of words such as 'hat', 'house', and 'hen'. The children also practiced air tracing to learn the correct letter formation, which will help them with writing.

The children discovered the unique scents of different foods and spices, including orange, cinnamon, coffee, and vanilla. They sniffed the bottles containing these scents and matched them to corresponding picture cards, developing their observation skills, memory, and ability to connect sensory experiences with visual cues.



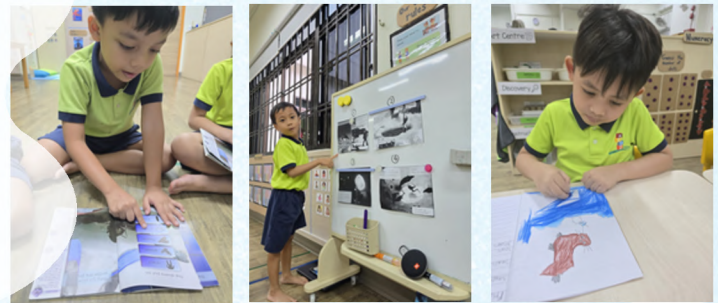


KINDERGARTEN 2



Our K2s revisited the musical elements, tempo and rhythm, as they played different percussion instruments to the song 'Twiddling Thumbs'. They listened carefully to the beat and followed the speed (tempo) and pattern (rhythm) of the music. They also added on body percussion by tapping their laps, snapping their fingers, and stomping their feet. The children performed confidently and ensured that they handled the instruments with care.

During this reading session, K2A children showed enthusiasm as they read the given book with their peers. They remembered to point to the words as they read aloud, ensuring that everyone was reading the same part of the text. The children then sequenced the story by identifying its beginning, middle, and ending. They were also encouraged to retell the story again in their own words. To close the session, they wrote a few factual sentences about seals in their book based on what they have read.



In this fun outdoor activity, the children took turns running through designated 'gates', following simple rules such as waiting for their turn, stopping on a signal, and moving safely within the space. As they ran, stopped, and changed direction, they practised balance, coordination, and listening skills. This activity also encouraged turn-taking and cooperation with their peers.

It was a cheerful start to the lesson as the children sang and danced with their friends, enjoying the song's rhythm and actions. Following this, they were paired up to discuss their likes and dislikes. Each child listened attentively while their partner shared, practising turn-taking and respectful listening. To conclude the activity, the children were encouraged to speak on behalf of their partners, describing their friend's preferences to the rest of the group.



MALAY LANGUAGE



Kanak-kanak Peringkat Asuhan telah menghasilkan kraf 'Salasilah Keluarga' menggunakan teknik capan. Mereka mengecap tapak tangan mereka pada templat yang diberikan untuk melambangkan daun pokok, sebelum mewarnakan batang pokok dengan warna coklat. Mereka kelihatan sangat gembira dan teruja apabila melihat hasil capan mereka telah membentuk daun pokok yang unik. Kanak-kanak juga berpeluang untuk mengembangkan kemahiran bahasa mereka melalui sesi perkongsian tentang keluarga masing-masing.

Peringkat Asuhan B telah mempelajari topik tentang keluarga. Mereka mengikut rentak lagu 'Keluarga Tiya' yang dinyanyikan bersama-sama guru. Selepas itu, murid-murid berpeluang memperkenalkan keluarga masing-masing kepada rakan-rakan dengan menunjukkan gambar ahli keluarga mereka dengan penuh semangat.



Dalam aktiviti ini, kanak-kanak Tajaka 1A telah menghasilkan boneka keluarga menggunakan bahan-bahan seperti kertas warna, gam, pelekat, dan gambar ahli keluarga mereka. Mereka menunjukkan minat dan rasa seronok semasa menghasilkan kraf yang juga menolong untuk mengembangkan kemahiran motor halus mereka. Dengan bimbingan guru, mereka dapat menampal, mewarna, dan menghias boneka mereka dengan kreatif.

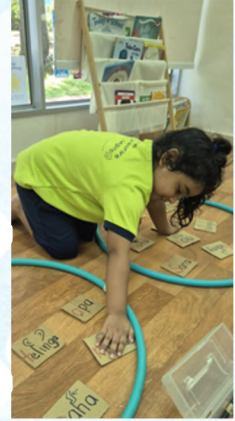
Kanak-kanak mendalami topik mengenai emosi. Mereka diberi peluang untuk memilih kad imbasan emoji kegemaran mereka dan menyanyikan lagu 'Oh Rindu Serindunya' bersama rakan-rakan serta guru. Guru kemudian bertanya, "Apakah perasaan awak hari ini?" dan mereka telah memilih dua kad imbasan emoji. Mereka juga mencuba untuk menyebut perkataan seperti 'sunyi', 'ceria', 'terkejut', dan 'penat' dengan bimbingan guru.



Tajaka 2A telah diperkenalkan kepada nama-nama pelbagai jenis pakaian seperti kemeja-T, seluar panjang, seluar pendek dan gaun. Mereka juga telah bermain di dalam satu aktiviti di mana mereka perlu menunjukkan pakaian yang disebut oleh guru. Satu percubaan yang sangat baik!

MALAY LANGUAGE

Kanak-kanak Tajaka 2B telah mempelajari pelbagai perkataan semasa sesi pembelajaran dijalankan. Mereka telah berjaya mengenal dan menyebut perkataan seperti 'muka', 'paha', 'kaki', 'telinga' dan 'hidung' dengan jelas. Di dalam satu aktiviti yang berkaitan, mereka bergilir-gilir untuk melekatkan perkataan-perkataan yang dipelajari ke dalam ruangan bulatan yang disediakan.



Tadika 1A meneroka tentang jenis pakaian yang sesuai dipakai semasa cuaca panas dan hujan. Mereka gigih bekerjasama dalam memilih pakaian yang tepat bagi setiap situasi. Bagi cuaca panas, mereka memilih seluar pendek, kemeja-T, dan kacamata hitam. Manakala bagi cuaca hujan pula, kumpulan seterusnya memilih baju lengan panjang, baju sejuk, seluar panjang, serta payung. Syabas, Hebat sungguh murid-murid menunjuk kebijaksanaan dalam membuat pilihan!

Kanak-kanak telah mempelajari cara mencantum dua suku kata untuk membina satu perkataan yang bermakna. Mereka dapat membaca perkataan yang telah dibina dengan bimbingan minimum daripada guru. Seterusnya, bagi mengukuhkan lagi pemahaman mereka, mereka telah melengkapkan lembaran kerja berdasarkan perkataan-perkataan yang telah dipelajari.



Tadika 2A diperkenalkan kepada pelbagai jenis pakaian. Mereka bekerjasama bagi mengasingkan pakaian mengikut kategori yang tepa. Mereka juga menunjukkan kebolehan dalam melipat dan menyusun baju dengan kemas. Syabas!

Kanak-kanak telah mempraktikkan tatacara menegur dengan sopan apabila melihat rakan tidak beratur semasa hendak mencuci tangan. Mereka menunjukkan amalan murni dengan bersabar menunggu giliran, dan mencuci tangan dengan bersih selepas menjalankan aktiviti. Syabas kerana menunjukkan sikap bertanggungjawab dan prihatin terhadap peraturan sekolah!





WARISAN BUDAYA



Meneroka Kendi Air

Peringkat Asuhan B telah diperkenalkan kepada kendi air apabila mempelajari topik 'Khazanah Warisan Kita'. Mereka diberi peluang meneroka bentuk, corak, dan cara mencuci tangan menggunakan kendi tersebut secara amali. Kanak-kanak kelihatan sungguh focus dan teruja di sepanjang sesi pembelajaran ini!

Menghias Kendi Air

Kanak-kanak turut diberi peluang untuk menghasilkan kraf menghias kendi air. Melalui aktiviti menampal cebisan kertas berwarna-warni pada templat kendi, mereka dapat mengasah kemahiran motor halus di samping mengenal pasti pelbagai warna dan bentuk. Secara keseluruhannya, murid-murid menunjukkan minat yang mendalam dan penglibatan yang sangat aktif semasa menghasilkan kraf mereka.



Meneroka Tulisan Jawi & Penanda Buku

Tajaka 2B telah mempelajari tentang tulisan Jawi. Mereka berpeluang melihat naskhah buku yang ditulis dalam tulisan Jawi, dan agak kagum melihat perbedaannya dengan tulisan Rumi. Murid-murid kemudian meneroka seni tulisan ini dengan menyurih nama masing-masing menggunakan dakwat berwarna-warni. Selain itu, mereka turut mewarnakan kertas tersebut sebelum ia dibentuk menjadi kraf yang menarik. Syabas, mereka kelihatan sangat tekun!

WARISAN BUDAYA



Memperkenalkan Nilai Murni: Menghormati Ibu Bapa

Kanak-kanak telah diterapkan dengan nilai hormat terhadap ibu bapa melalui aktiviti warisan budaya Melayu yang diselenggarakan dengan simulasi situasi harian. Melalui aktiviti ini, mereka dapat menghayati kepentingan mendengar nasihat, mempraktikkan tutur kata yang sopan, serta menzahirkan rasa kasih sayang terhadap keluarga. Secara keseluruhannya, aktiviti ini berjaya membina kesedaran tentang adab dan tanggungjawab sebagai seorang anak.

Kuih Tradisional Melayu

Tadika 2 telah diperkenalkan kepada pelbagai jenis kuih tradisional Melayu.

Mereka berkongsi pengalaman mereka merasa kuih-muih di majlis perkahwinan dan juga Hari Raya. Mereka juga diberi peluang membuat kuih pilihan mereka seperti kuih lapis dan ondeh-ondeh menggunakan tanah liat berwarna.





CHINESE LANGUAGE



幼儿在学习身体部位的主题时，玩身体部位粘贴学具，将身体部位图片放入对应的圆圈中，幼儿能说出部分身体部位如：头、肩膀、手、脚等，并且幼儿能认识自己的性别，选择与自己性别相同的人物图片进行粘贴。



幼儿在学习“学习用品”主题时动手制作漂亮的笔筒，首先幼儿使用纸巾筒粘贴在一起，再在外面装饰上毛绒球和亮片。制作完成后幼儿将彩色铅笔放入笔筒中，幼儿很有成就感，赞叹：我们的笔筒太漂亮啦！

WENHUA YICHAN



文化遗产-笔墨纸砚

文化遗产课程上,幼儿自己研磨,用毛笔蘸墨汁,在纸上落下第一笔,他们画圈圈、画雨点、画扭动的线条,感受着毛笔的柔软与纸的接触带来的不可预料的乐趣。这个环节不只在于“水墨画”,更在于感官探索。孩子们通过触觉(笔毛的软硬)、视觉(墨的浓淡)、动作控制(手的力度与稳定),与“笔、墨、纸、砚”进行了第一次充满诗意的对话。

文化遗产-笔墨纸砚

老师用儿歌教幼儿握笔:“食指拇指捏着笔,中指轻轻托起来,无名指小指藏后面,笔杆直立站站稳。”幼儿的小手努力地摆出姿势,神情无比专注。在简单的点线练习后,老师引导幼儿用毛笔描写华文字,“笔”、“墨”、“纸”、“砚”。幼儿拥有自己的一方小砚台,里面盛着一点点墨,仿佛拥有了整个墨色的宇宙。笔墨纸砚是一个非常棒的文化体验课程!将“文房四宝”的文化概念,通过亲身体验传递给幼儿,充满了童趣和教育意义。



文化遗产—文房四宝

幼儿在本次文化遗产活动中,认识文房四宝---笔、墨、纸、砚。

他们拿起一个个文具认真观察,并好奇地问这是什么?老师给幼儿展示每一样文具的使用方式,并让幼儿体验了往砚台里倒水,用墨块磨墨,他们看到墨块变成墨汁觉得很新奇。随后幼儿尝试使用毛笔蘸着墨汁,在纸上画画。

宁宁向老师提问:为什么古代的时候,没有现在用的笔,要用毛笔写字?老师向幼儿解释“因为古代没有工厂制造笔,也没有超市可以买到笔,所以人们用动物的毛绑在竹竿上,做成毛笔来写字。毛笔通常是用羊毛、黄鼠狼毛和兔毛做成”。幼儿表现的很开心,仔细的摸着笔尖,感受软软的触感。

文化遗产—文房四宝

幼儿在本次文化遗产活动中,认识文房四宝---笔、墨、纸、砚。

幼儿了解每一样文具的作用和用法,幼儿尝试倒水自己研磨,并且蘸着墨汁尝试书写。幼儿还用轻黏土做了笔、墨、纸、砚。幼儿参与热情高涨,能用揉、搓、捏等技巧创意制作“文房四宝”。作品充满童趣,活动不仅锻炼了手部精细动作,更在他们心中播下了传统文化的种子。



NATURE MAGNIFIED LAUNCH

Kidz Meadow @ Buangkok & Hougang successfully launched the Nature Magnified Programme 2026 with an engaging morning of learning and family participation. The event began with a warm welcome and a children's performance segment, followed by a sharing session introducing the programme's objectives, and how our children develop respect, responsibility, and appreciation for the natural environment through meaningful experiences. Parents gained insights into how nature-based learning supports children's social-emotional growth, creativity, and discovery of the world around them.

Our children and parents then took part in hands-on activities, including becoming 'Nature Detectives' as they collected natural materials such as leaves, twigs, and flowers, while exploring their surroundings with curiosity and care. Using the collected nature items, families decorated their own picture frames, encouraging creativity, collaboration, and meaningful bonding through shared experiences. The event concluded with a token of appreciation and heartfelt thanks to families for their active participation in supporting their children's learning journey with nature.





I CAN SPY! NATURE



The infants were introduced to nature through a sensory walk on the grass as part of our “I Can Spy! Nature” exploration. Wearing their shoes, they walked across the grassy area while safely exploring and experiencing the outdoor environment. As they moved around, the infants discovered new surroundings, listened to nature sounds and showed curiosity as they looked, pointed and reacted to what they observed. This meaningful experience supported their physical development through walking and balance, while also encouraging confidence, curiosity and early language development as teachers described the environment and engaged with them throughout the activity.

The young infants were introduced to nature through a visit to the nearby outdoor space. Carried individually by their educators, each infant enjoyed a personalised one-to-one experience while observing their surroundings. Through this interaction, they were introduced to vocabulary such as ‘bird’, ‘tree’, and ‘sky’. This activity provided the infants with a fresh change of scenery and new sounds to explore. They demonstrated reciprocity by displaying various reactions, such as smiles or curious gazes, when encountering both new and familiar sights.



As part of our ‘I CAN SPY! Nature’ activity, the educators introduced the infants to natural items collected from the neighbourhood, such as leaves, twigs, and flowers. The children were first shown each item while their educator gently explained what they were and where they could be found.

The infants were then given opportunities to touch and explore the items. Some carefully reached out to feel the different textures, while others observed closely before exploring at their own pace. The variety of textures, from smooth leaves and rough twigs to soft petals, further sparked their curiosity and engagement. This hands-on experience supported their sensory development and fostered curiosity about the natural world, while also building early language skills as they listened to new vocabulary being introduced.



I CAN SPY! NATURE



During our I Can Spy! Nature session, our Toddler A children actively engaged with and explored our natural environment. They were encouraged to practise their emerging language skills by repeating the word 'grass'. The children began to identify the color of the grass, observing its various shades of green under the sunlight. They also listened intently to the rustling sound of the grass beneath their feet, showing a keen interest in how nature responds to their movements. This experience beautifully integrated sensory exploration with early vocabulary development.

The toddlers went for a walk around the neighbourhood, discussing their observations with guidance from the teachers. They took notice of the weather and described it using simple phrases such as, "It's a cloudy day!" As they walked, they explored natural elements like fallen leaves and flowers, and named the different colours they encountered in their surroundings. Through this immersive experience, the children practised their observation skills, expanded their vocabulary, and developed a greater awareness of the natural environment around them.



The children were taken on an outdoor walk to search for long twigs and branches within the natural environment. They observed and compared the sizes of the twigs and branches they had found, selecting the pieces they found interesting. After gathering their materials, they collaborated to stack the twigs, exploring balance and stability through trial and error.

This hands-on experience supports children's gross and fine motor development as they carried, lifted, and positioned the branches. It also strengthened their problem-solving and critical thinking skills as they figured out how to maintain the stack's stability. This activity encourages teamwork, communication, and patience, while nurturing a sense of curiosity and appreciation for nature.

The children had an opportunity to go on a nature walk at the nearby park where they explored the outdoor environment and looked for natural elements such as twigs, dried leaves and pebbles. Back in class, they conducted an experiment to determine whether the collected materials sank or floated. This activity helped them to develop their observational skills while enjoying being outdoors.





PARENTS' TEA SESSION

Our tea session at Kidz Meadow @ Hougang was a great opportunity to bring families together for an interactive morning focused on strengthening relationships and supporting our children's social-emotional development. The event kicked off with welcome remarks and a warm-up activity, followed by a parenting talk, and engaging hands-on stations where parents and children explored emotions such as excitement, happiness, anger, and sadness, through meaningful play experiences. Through these shared activities, families practised communication, cooperation, and emotional expression, while gaining practical strategies to support their children's growth both at home and in school.



TOTAL DEFENCE DAY

Kidz Meadow commemorated Total Defence Day 2026 through meaningful classroom activities that helped children understand unity, resilience, and shared responsibility. The day began with the singing of the National Anthem and an introduction to the six pillars of Total Defence. This was followed by hands-on stations such as obstacle challenges, basic first aid exploration, collaborative building tasks, and creative art activities. Through these age-appropriate experiences, children learnt the importance of teamwork, safety, and working together to keep Singapore strong and united.





SPORTYBOTS FEATURE



Our children were exposed to the essential rugby skills which focused on five core areas - passing, catching, tackling, running/ evasion, and rucking.



They practised throwing accurate long/short passes in quick, lateral movements and changing direction at pace. Look at them in action as they enhance their gross motor skills!

TERM 1 DISPOSITION FRIENDS CARE, FRIENDS SHARE

Our children from Infant to K2 participated in the 'Friends Care, Friends Share' activity as part of our Term 1 Disposition, focusing on the value of appreciation. Through music, art and hands-on play experiences, the children explored simple ways to show care and kindness towards their friends. Infants practised passing items to one another during music activities, while older children engaged in creative art experiences such as paint exploration, playdough creations, woven hearts, and appreciation flowers. Through these meaningful activities, the children learnt to express gratitude, cooperate with their peers, and recognise the importance of friendship in their daily interactions.





CHINESE NEW YEAR AWARENESS DAY

Kidz Meadow celebrated Chinese New Year 2026 with a vibrant day of cultural learning and festive fun across all levels. The celebration began with a storytelling session on the legend of the Nian, followed by a lively lion dance performance, and class photo moments. Our children came dressed in red or traditional attire, immersing themselves in the festive atmosphere while learning about the meaning and traditions behind this special occasion.

Throughout the day, children participated in hands-on cookery experiences such as longevity noodles, air-fried crabstick crackers, and dumplings, exploring textures, traditions, and teamwork as they tried their hand in creating these yummy treats. They also enjoyed interactive game stations including 'Grab the Angbao Challenge', 'Pick the Pompoms', and Chinese character mark-making, supporting fine motor development, coordination, and cultural appreciation. The celebration concluded with a photobooth session, creating joyful memories and strengthening bonds among peers and teachers.





PARENTING ARTICLE

Why Outdoor Play Matters for Young Children

In the early years, play is how children discover the world and themselves. When they spend time outdoors running, climbing, touching leaves or feeling the breeze, they learn in the most natural way. Outdoor play builds strength, confidence, creativity and emotional wellbeing, while helping children learn how to solve problems and build friendships.

Benefits of Outdoor Play

Strong Bodies

Running and balancing build muscles and coordination.

Curious Minds

Nature encourages questions and exploration.

Confident Hearts

Outdoor Play teaches sharing, patience and resilience.

Simple Ways to Encourage Outdoor Play

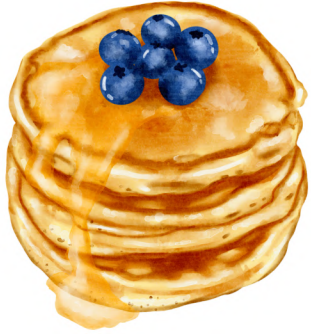
- Visit a nearby park or playground regularly
- Let your child lead the play
- Allow safe climbing and exploration
- Keep it simple; nature is enough

Outdoor play does not need to be complicated. A little time outside each day can make a difference in your child's growth and happiness.





HEALTHY SNACK



Mini Yoghurt Pancakes



Ingredients

- 1 cup plain Greek yoghurt (about a 250g tub)
- 1 large egg
- ½ cup self-raising flour
- 1 tablespoon milk (optional, for smoother batter)
- 1 teaspoon honey or mashed bananas (optional, for natural sweetness)
- 1 teaspoon oil or butter (for cooking)
- A small handful of blueberries (optional toppings)

Instructions

1. In a bowl, mix the yoghurt and egg together until smooth.
2. Add flour and stir gently to form a thick batter. Add a little milk if the batter is too thick.
3. Heat a pan on low heat and lightly grease with oil or butter.
4. Spoon small amounts of batter onto the pan to make mini pancakes. Cook for about 2–3 minutes on each side until golden.
5. Let cool slightly and serve with blueberries or other fruits if desired.



Philosophy

We believe in providing an engaging and positive environment for the children to develop their potential to the fullest in all aspects of development.

Mission

Provide a quality and innovative programme that nurtures children to be socially responsible citizens, active learners and thinkers.

Vision

A first class provider in Early Childhood Care and Education.

Values

C - Community and Parental Involvement
A - Active learners
R - Resourcefulness
E - Excellence

KIDZ MEADOW EARLY CHILDHOOD & DEVELOPMENT CENTRES

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