



LAKES KNIGHTS CRICKET CLUB

Players & Families Guide

You're registered — here's what happens next. Communicating with your coach, game day, supporting the team, and where to go for information and help.

Welcome

Registration is done — now the season starts properly. This guide picks up from there: how your team communicates, what to expect on game day, how you can support the team (scoring, umpiring, and more), and where to find information whenever you need it.

Lakes Knights competes under three main bodies, each with its own website and resources you'll use through the season:

- Cricket Australia — the sport's governing body, safeguarding framework and PlayHQ platform
- BNJCA (Brisbane North Junior Cricket Association) — runs our main Saturday summer competition
- Warehouse Cricket Association (WCA) — runs the optional Winter Warehouse competition

Communicating With Your Coach

Once teams are formed, your coach will introduce themselves and set up a team communication channel — usually WhatsApp or Messenger, with your team manager as the day-to-day contact point.

- Save the team channel and check it regularly — training changes, wet-weather calls and fixture details all go through it
- Direct questions about your child's development, role or game time to the coach directly, not on the group chat
- Coaches communicate with players only through parent-included channels — never one-on-one direct messages to children, in line with the club's safeguarding rules
- If you haven't heard from your coach by the time training starts, contact your team manager or the Secretary

DON'T SIT ON QUESTIONS

Start with your team manager, then your coach, then the Secretary if needed. The club would rather answer ten questions than have a family feel lost.

OUR COACHES ARE VOLUNTEERS

Every coach at Lakes Knights gives their time for free. Respectful, patient communication is the key to resolving almost any issue directly with them. If something can't be resolved that way, reach out to the club officials below for support — they're there to help.

Game Day — What to Expect

A typical game-day timeline (your team will confirm specifics):

The night before	Check PlayHQ for venue/time/opponent. Pack the cricket bag, fill water bottles, uniform ready.
30–45 min before	Arrive at the ground. Players warm up; parents help set up. Coach assigns roles.
15 min before	Team talk and toss.
Game time	Play starts — roughly 2.5–3 hours depending on age group.
Mid-innings	Drinks break, fielding rotation.
After play	Pack down, quick debrief, sometimes a Players'/Coaches' Player vote.
Afterwards	Coach/manager sends a recap via the team channel. Score uploaded to PlayHQ within 24 hours.

On the day

- Arrive early — coaches need time to set up and brief the team
- Stay if you can — junior cricket runs on parent involvement
- Cheer effort, not just results, on both sides
- Let the coach coach — avoid sideline coaching
- Bring water, sunscreen, a hat and a folding chair

Rained Out? Please Be Patient

The weather can't be predicted, and a wash-out call isn't always simple. A game can be called off for safety by the governing body (BNJCA or WCA), the groundsman, the opposition coach, or your own coach — once the actual state of the ground has been confirmed. That can take time, especially after overnight rain.

- Don't head to the ground until your team manager confirms the call via the team channel
- If the call is late or changes, it's usually because someone is genuinely out checking the ground — thanks for bearing with it
- BNJCA weather updates: check the Rain Radar and Storm Procedure pages below
- [BNJCA Rain Radar \(Bureau of Meteorology\)](#)
- [BNJCA Wet Weather Information](#)
- [BNJCA Storm Procedure](#)

Supporting the Team — Scoring, Umpiring & Helping Out

Junior cricket runs on parent involvement. You don't need to know cricket to help — most parents starting out have never scored or umpired before, and support is always on hand.

Ways to get involved

- Scoring — keeping the official record using the PlayHQ app or a paper scorebook. The app does most of the work; your team manager will show you the first time
- Umpiring — standing at one end, calling overs and extras. Umpiring at junior level is much simpler than what you see on TV, and a second, more experienced adult is usually close by
- Set-up and pack-down — stumps, cones, boundary markers, scorebook
- Transport — carpooling for away games
- Canteen and fundraising — occasional roster during home games

Support that's offered

- Your team manager will walk you through scoring or umpiring the first time you're rostered
- PlayHQ has its own help guides and support line if you get stuck mid-game
- Every team is supplied with rule books, and coaches are always happy to answer rules questions

PlayHQ scoring links

- [PlayHQ e-scoring login](#)
- [PlayHQ e-scoring help guide](#)
- [PlayHQ e-scoring info sheet](#)
- [PlayHQ support](#)
- [Community umpiring resources](#)
- [Umpiring Community Cricket \(video\)](#)

YOU DON'T NEED TO KNOW CRICKET

Every parent here was a beginner once. Ask questions on the day — coaches, managers and other parents are glad to explain anything, from how to fill in a scorebook to what a wide is.

Competitions Explained

Lakes Knights players can take part in up to three different competitions, each run by a different body with its own format and requirements.

Saturday Cricket (BNJCA)	Our main competition, run by the Brisbane North Junior Cricket Association. Saturday mornings, Summer season (roughly October to March). Participation-focused — every player gets meaningful time batting and bowling. Age groups from U10 to Open.
Winter Warehouse (WCA)	An optional extra competition run by the Warehouse Cricket Association, May to August. Saturday junior/senior games plus fortnightly Sunday T20 and 50-over competitions. Same age-eligibility rules as BNJCA — great for extra match experience over winter.
Metro T20 (Sundays)	Higher-level representative cricket. Performance-based selection from across age groups — not every player is selected. Teams limited to 11 players; not everyone bats or bowls every match. Runs alongside Saturday cricket.

SATURDAY vs WINTER vs METRO T20

Saturday (BNJCA) is for everyone, all summer. Winter Warehouse is optional extra cricket over the cooler months. Metro T20 is selective, on Sundays. Your coach will let you know if your child is being considered for representative selection.

Where the rules and formats are set out

- [BNJCA Rule Book](#)
- [BNJCA Quick Reference Rules](#)
- [BNJCA Playing Ages & Season Dates](#)
- [BNJCA Playing Times](#)
- [Warehouse Cricket Association — Winter Competition](#)

Where to Go

Lakes Knights teams play across a number of grounds throughout the region, so there's no single home ground for every team. Your venue for each match is found on PlayHQ (or the Play Cricket app), and your coach will also confirm it during the week — check both if you're ever unsure.

- Fixture venue, time and opponent — PlayHQ or the Play Cricket app
- Anything PlayHQ doesn't cover (parking, canteen, shade) — ask your coach, who can advise or point you to someone who knows the ground
- Every ground is different — what's available at one (canteen, toilets, shelter) may not be at another, so it pays to check ahead, especially the first time your team plays somewhere new
- Parents are encouraged to help with ground set-up when you arrive — stumps, cones, boundary markers — it makes a big difference and doesn't take long with a few hands

NEW GROUND?

If your team is heading somewhere unfamiliar, plug the address into Maps the night before and allow extra travel time. Your coach or team manager can usually flag anything unusual about a ground in advance.

Training is held at a location set by your coach — U10/U11 sessions run for 1 hour; U12 and above run for 1.5 hours. Away match venues are confirmed via PlayHQ by mid-week.

What to Bring

Uniform

All players wear the official Knights playing kit on game days — long white cricket pants, club shirt and a floppy hat while fielding, plus sunscreen. Order through the club shop (linked below).

- [Lakes Knights Cricket Club — Shop \(uniform ordering\)](#)

Uniform collection is from Burpengary Sports Fields, when the shop is open. This runs weekly, with the day/time confirmed at the start of the season via the club's communication channels.

If your uniform hasn't arrived by Round 1, plain white shorts/pants and a white t-shirt are fine for the first game or two — speak with your coach.

Personal kit

- Cricket bat (borrow at training while deciding what suits)

- Helmet — required for batting and wicketkeeping in most age groups
- Neck guard — required by the club for all junior players while batting, in games and in the nets (see below)
- Protective gear — pads, gloves, abdominal guard (essential)
- Cricket shoes or sneakers
- Water bottle — at least 1 litre
- Sunscreen and a hat — non-negotiable
- Healthy snack and spare clothes

CLUB STANCE ON NECK GUARDS

Lakes Knights requires all junior players to wear a neck guard on their helmet while batting, in both games and net training — for every junior age group.

Neck guards are only recommended, not mandated, in community cricket more broadly. This club has chosen to go further and put child safety at the forefront of its approach.

See Cricket Australia's guidance on mitigating head and neck injury risk, linked below.

- [Cricket Australia — Mitigating Risk: Head and Neck Protectors](#)

What the club provides

- Match balls, stumps and bails, scorebook, boundary cones, bowling counter
- Wicketkeeping gloves and pads (most age groups)

SHORT ON EQUIPMENT?

If your player doesn't have everything yet — a bat, pads, or other kit — reach out to your coach, who can arrange spares from the club. Helmets and groin/abdominal protection are the exception: for hygiene reasons these aren't shared and need to be your own.

Cricket Glossary

Quick reference for new cricket families:

Innings	One team's turn to bat.
Over	Six legal balls bowled in a row by one bowler.
Wicket	The stumps + bails, or a batter's dismissal.
Run / Boundary	The scoring unit; a boundary is 4 runs (6 if it clears the rope on the full).
Crease	The line the batter must stay behind to be safe.
Bowled / Caught / LBW / Run out / Stumped	The five common ways a batter is dismissed.
Wide / No-ball	Illegal deliveries — each costs 1 extra run plus another ball.
Maiden	An over with zero runs scored off it.
Batting average / Strike rate	Consistency and scoring-speed measures for batters.

Duck	A batter dismissed for zero.
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Code of Conduct & Behaviour

All members of Lakes Knights agree to follow the club's Code of Behaviour, plus the BNJCA and Cricket Australia codes. The BNJCA codes cover players, parents, spectators, coaches and administrators in detail.

The headline expectations

- Players — respect teammates, opponents, coaches and officials; play within the spirit and laws of the game; accept umpires' decisions; be a good loser and a gracious winner
- Parents & spectators — support all players positively, cheer effort on both sides, respect umpires' decisions, don't sideline-coach, set the example you'd want your child to follow
- Coaches & managers — hold all players to the same standards, communicate clearly, maintain a current Blue Card

ZERO TOLERANCE

There is zero tolerance for abuse, aggressive behaviour, discrimination or unsportsmanlike conduct at training, on game day, or in club channels. Reports go to the committee and are taken seriously every time.

Full codes of conduct

- [BNJCA Codes of Conduct \(players, parents, spectators, coaches, administrators\)](#)
- [BNJCA Code of Conduct Policy](#)
- [Lakes Knights Code of Behaviour](#)

If There's a Dispute or Issue on Game Day

Disagreements happen in any sport. If something comes up on game day, please be respectful — and let the coach or team manager handle it.

- Speak to your coach or team manager — they are the ones who deal with the incident, not individual parents
- Parents should not get involved in disputes with opposition parents, players or volunteers — even with good intentions, this usually makes things harder to resolve
- Umpires are volunteers too, and they will make mistakes. Umpiring should be as fair as possible and follow the rules of the game — but a wrong call isn't a reason to confront anyone
- Major issues should not be dealt with in the heat of the moment. Step back, stay respectful, and deal with it properly afterwards through the coach, team manager, or the committee

REMEMBER WHY WE'RE HERE

Cricket is for the players' enjoyment. Parent behaviour on the sideline sets the example — kids are watching how the adults handle a bad decision or a tense moment just as closely as they watch the game.

Child Safety & Safeguarding

Lakes Knights follows Cricket Australia's Safeguarding Children and Young People Framework, plus BNJCA's Child Protection and Anti-Bullying policies. All coaches and managers hold a current Blue Card (or exemption), coaches don't run one-on-one sessions without another adult present, and communication with players goes through parent-included channels.

If you have a concern

- Speak directly to your team coach or manager
- Email any committee member, or the President directly: president@thelakescricketclub.org.au
- Urgent or serious concerns — QLD Police on 000
- Child protection concerns — Queensland Child Safety on 1800 177 135

Safeguarding & policy links

- [Cricket Australia — Safeguarding Children](#)
- [Play Cricket — Child Safety](#)
- [QLD Blue Card — apply / renew](#)
- [BNJCA Child Protection Policy](#)
- [BNJCA Anti-Bullying Policy](#)
- [BNJCA Communication Policy](#)
- [Warehouse Cricket Association — Child Protection Policy](#)

Getting Information — Where to Look

Everything you need is spread across a few key places. Bookmark these:

Fixtures, results, scoring	PlayHQ — the platform used by Cricket Australia, BNJCA and WCA
Lakes Knights news, contacts, policies	Club website (below)
Summer competition rules, draws, grounds	BNJCA website
Winter competition draws, handbooks	Warehouse Cricket Association website
Weather / wash-out calls	BNJCA Wet Weather page, or your team channel
Anything else	Team manager → coach → Secretary

PlayHQ — your club and association pages

- [The Lakes Knights Cricket Club on PlayHQ](#)
- [BNJCA on PlayHQ](#)
- [Warehouse Cricket Association on PlayHQ](#)

For Parents — FAQ

Q. Do I need to stay for the whole game?

A. Strongly encouraged. If you need to drop and run, let the coach or team manager know in advance.

Q. Why doesn't my child bat or bowl every week?

A. Coaches aim for fair opportunity across the season, not guaranteed time every match. Talk to the coach if you're concerned.

Q. What if my child gets injured?

A. Coaches/managers have basic first-aid training. For anything serious, we'll call you and follow QLD ambulance protocols. Let the coach know about pre-existing conditions, allergies or asthma.

Q. Who do I talk to if I'm unsure about something?

A. Start with your team manager, then your coach, then the Secretary.

Contacts & Resources

Main club contact

For general questions, the first port of call is the club's main inbox — it's monitored regularly and will be directed to the right person:

General enquiries	info@thelakescricketclub.org.au
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Club committee

President	Daniel Moyle — president@thelakescricketclub.org.au
Vice President	Paul Otway — vicepresident@thelakescricketclub.org.au
Secretary	Stephanie Archibald — secretary@thelakescricketclub.org.au
Registrar	Anurag Srivastava — registrar@thelakescricketclub.org.au

Cricket Australia

- [Cricket Australia — Safeguarding Children](#)
- [Cricket Australia Coach App resources](#)
- [Cricket Australia Help Desk — 1800 274 25 38 \(Weekdays 8am–10pm, Sat 7am–10pm, Sun 8am–5pm QLD time\)](#)

BNJCA (Brisbane North Junior Cricket Association)

- [BNJCA website](#)
- [BNJCA on PlayHQ](#)
- [BNJCA Codes of Conduct](#)

Warehouse Cricket Association (Winter)

- [Warehouse Cricket Association website](#)
- [Winter Competition details](#)
- [WCA on PlayHQ](#)

Lakes Knights

- [Lakes Knights Cricket Club website](#)
- [Lakes Knights Code of Behaviour](#)
- [Lakes Knights on PlayHQ](#)

EMERGENCY

Police, Fire, Ambulance: 000

Queensland Child Safety: 1800 177 135

Lifeline (24/7): 13 11 14

Lakes Knights Cricket Club — Developing Players | Building Community | Inspiring Excellence