

AGE-ADJUSTED CLUB CHAMPIONSHIP 2025

Swanage 10k		11 Jan		10 km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian Barnes	64	42:41	33:29	1	
Paul Russell	52	47:05	41:10	2	
Roger Teasdale	50	47:45	42:28	3	
Laura Snoulton	46	49:23	46:10		1
Steven Fowles	53	0:56:12	48:43	4	
Amanda Ackroyd	47	57:54	53:03		2
Richard Palmer-Smyth	53	05:11	56:30	5	
Christopher McKenna	34	1:04:34	04:11	6	

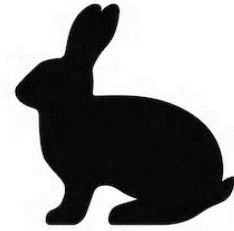


Lytchett 10		08 Feb		10 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian Barnes	64	01:10:53	00:55:44	1	
Steven Page	58	01:09:41	00:57:59	2	
Roger Teasdale	50	01:14:32	01:06:36	3	
Paul Russell	52	01:16:45	01:07:24	4	
Pete Scott	35	01:12:46	01:12:18	5	
Charlie Coleman	28	01:12:19	01:12:19	6	
Arabella De Steiger Khandwa	47	01:21:04	01:13:49		1
Brigata Savickiene	32	01:20:39	01:20:27		2
Laura Snoulton	45	01:27:03	01:20:54		3
Bryan Munce	37	01:22:23	01:21:14	7	
Jane Feather	70	02:02:24	01:21:55		4
Amanda Ackroyd	47	01:34:30	01:26:03		5
Hayley Goddard	47	01:50:11	01:40:19		6
Serena Barnes	58	02:08:44	01:42:23		7

Bay Run Half, Bournemouth		22 Mar		13.1miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Justin Perry	53	01:31:36	01:19:57	1	
Paul Russell	52	01:42:27	01:30:13	2	
charlie coleman	28	01:32:39	01:32:39	3	
Pete Scott	32	01:35:00	01:34:32	4	
Arabella DSL	47	01:45:27	01:36:01		1
Chris Newberry	50	01:51:28	01:39:53	5	
Amanda Ackroyd	47	02:05:00	01:41:29		2
Brigata Savickiene	32	01:45:58	01:45:42		3
Sophie Hibbard	41	02:15:13	02:10:42		4

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Broad Oak Hilly					
April TBC 4 miles					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ed Rees	32	00:25:40	00:24:49	1	
Roger Teasdale	56	00:28:20	00:25:01	2	
Spencer Mogidge	57	00:29:22	00:25:19	3	
Paul Russell	41	00:29:26	00:25:34	4	
Olivia Chapman	*	00:25:53	00:25:53		1
Paul Harrison	45	00:28:44	00:26:09	5	
Chris Newberry	57	00:32:37	00:26:59	6	
Tony Martins	53	00:32:03	00:27:37	7	
Andrew Tuffin	44	00:33:21	00:28:59	8	
Dave Hurst	39	00:35:26	00:29:03	9	
Bryan Munce	65	00:30:07	00:29:07	10	
Charley Mack	56	00:29:43	00:29:43		2
Cathryn Rees	35	00:31:50	00:30:07		3
Brigita Savickiene	54	00:30:31	00:30:29		4
Lucy Hepworth	76	00:32:59	00:30:56		5
Chris Perrett	52	00:38:13	00:31:36	11	
Craig Sanderson	41	0:34:32	00:32:38	12	
Anna Stocker	62	00:42:47	00:32:59		6
Alice Chapman	44	00:35:00	00:33:07		7
Charlotte Mills	65	00:33:12	00:33:12		8
Geoff Hammond	51	00:43:42	00:33:23	13	
Amanda Ackroyd	27	00:36:54	00:33:57		9
Sarah Perrett	47	00:41:39	00:36:15		10
Serena Barnes	66	00:46:20	00:37:33		11
Sophie Hibbard	61	00:39:17	00:37:59		12



Hardy Half					
10 May 13.1 miles					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Paul Russel	52	02:02:53	01:48:13	1	
Jane Feather	70	03:13:58	02:09:49		1

Purbeck 10k					
12 Jun 10k					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian Barnes	64	00:43:11	00:33:53	1	
Roger Teasdale	50	00:43:17	00:38:30	2	
Paul Harrison	45	00:43:28	00:40:17	3	
Chris Newberry	57	00:49:19	00:41:16	4	
Pete Scott	35	00:42:00	00:41:37	5	
Flora Brooke	73	01:05:20	00:42:03		1
Charlie Coleman	28	00:43:53	00:43:53	6	
Suzanne Torgersen	63	01:04:27	00:45:33		2
David Torgersen	66	01:00:51	00:46:50	7	
Jane Feather	70	01:10:20	00:47:29		3
Steve Fowles	53	00:55:36	00:48:12	8	
Amber Burnett	25	00:53:02	00:53:02		4
John Cowley	70	01:12:06	00:53:17	9	

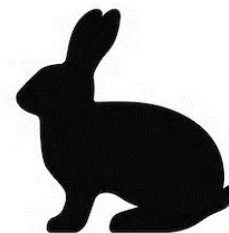
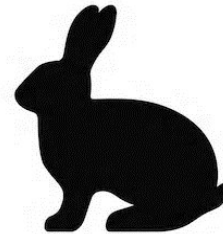
AGE-ADJUSTED CLUB CHAMPIONSHIP 2025

Maiden Newton 10k		22 Jul		10km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian Barnes	64	47:21	0:37:09	1	
Suzanne Torgersen	63	1:14:03	0:55:26		1
Alvina Shepard	55	1:11:32	0:59:33		2

Club Stickler		August TBC		9.5 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Ian Barnes	65	01:28:04	01:08:32	1	
Paul Russel	52	01:27:34	01:16:52	2	
Andrew Tuffin	52	01:40:29	01:28:12	3	
Roger Teasdale	50	01:41:08	01:30:19	4	
Bryan Munce	38	01:34:02	01:32:14	5	
Ed Rees	38	01:36:59	01:35:08	6	
Iris Perry		01:40:29	01:38:14		1
Laura Snoulton	46	01:48:54	01:40:12		2
Amanda Ackroyd	48	01:58:04	01:46:18		3
Meri Wallis	34	01:48:25	01:47:40		4
Peter Scott	35	01:48:26	01:47:42	7	
Jane Feather	70	02:41:00	01:47:45		5
Ella Hoey	17	01:54:15	01:49:58		6
Sarah Perrett	53	02:16:00	01:55:18		7

The Beast		06 Sep		13 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Sharon Hutchings	29	1:48:11	1:48:11		1
Paul Russel	52	2:21:29	2:04:35	1	
Harriet Austin-Bowerman	24	2:11:33	2:11:33		2

Studland Stampede		04 Oct		7 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK



AGE-ADJUSTED CLUB CHAMPIONSHIP 2025

Wimborne 10		15 Nov		10 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

Stur 5		Dec TBC		5 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK



SEE NEXT PAGE FOR BEST MARATHON AND 5K TIMES

AGE-ADJUSTED CLUB CHAMPIONSHIP 2025

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Best 5K (Excluding Park Runs)							
		Whenever 5K					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE
Rich White	41	16:00	15:03	1		Yeovil 5k	09-Sep
Ian Barnes	64	20:03	15:46	2		Yeovil 5k	09-Sep
Peter Scott	35	18:40	16:00	3		Yeovil 5k	09-Sep

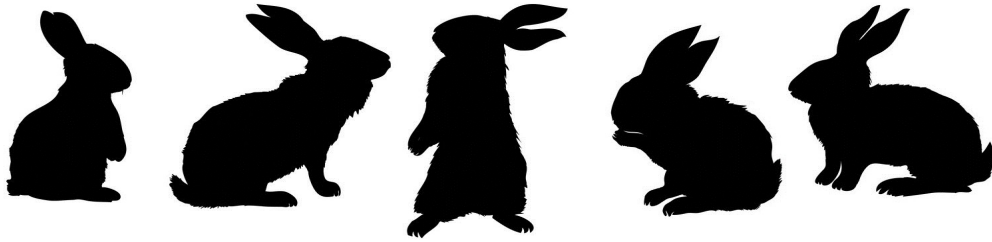


AGE-ADJUSTED CLUB CHAMPIONSHIP 2026 - MEN

RUNNER		Swanage 10k	Lytchett 10	Bay Run Half, Bournemouth	Broad Oak Hilly	Hardy Half	Purbeck 10k	Maiden Newton 10k	Club Stickler	The Beast	Studland Stampede	Wimborne 10	Sturminster 5	Best 5K	Best Marathon	TOTAL OF BEST 4	RANKING
Demetrie	Allard															-	
Nick	Berry															-	
Ian	Barnes	1	1				1	1	1					2	3	5	
Alfie	Blaber															-	
Gary	Blaber															-	
Carlo	Blanco															-	
Nick	Brooke															-	
Richard	Bryant															-	
Paul	Christopher															-	
Matt	Clayton															-	
Charlie	Coleman		6	3			6									-	
Tom	Collis															-	
Tim	Cotton															-	
John	Cowley						9									-	
Neil	Cranidge															-	
Dave	Cull															-	
Danny	de la Hay															-	
Dave	Fitzsimon															-	
Steve	Fowles	4					8									-	
Adam	Frampton															-	
Nicholas	Frampton															-	
Nick	Hall															-	
Geoff	Hammond				13											-	
Paul	Harrison				5		3									-	
Oliver	Hawkins															-	
Jonny	Hayes															-	
Geoff	Horwood															-	
Richard	Hull															-	
David	Hurst				9											-	
Charlie	Hutchinson															-	
David	Jackson															-	
Stephen	James															-	
Barry	Jenkins															-	
Antonio	Martins				7											-	
Stewart	McConnell															-	
Chris	McKenna	6														-	
Tom	Mitchell															-	
Spencer	Mogridge			3												-	
Phil	Monk															-	
Ian	Moore															-	
Bryan	Munce		7		10				5							-	
Brian	Murison															-	
Chris	Newberry				6		4									-	
Steve	Page		2													-	
Richard	Palmer-Smyth	5														-	
Nick	Papas															-	
Richard	Parke															-	
Damian	Patterson															-	
Chris	Perrett				11											-	
Justin	Perry			1											4	-	
Ed	Rees				1				6							-	
Nick	Reynolds															-	
Steve	Rigby															-	
Mark	Riley															-	
Paul	Russell	2	4	2	4	1			2	1						8	
Colin	Ryall															-	

Craig	Sanderson				12												
Pete	Scott		5	4			5		7					3	5		
Barry	Shea															-	
Graham	Smith															-	
Mike	St Leger															-	
Mark	Stockford															-	
Paul	Stockley															-	
Nick	Summons															-	
Roger	Teasdale	3	3				2		4							-	
Fabrizio	Terzaghi															-	
Jay	Terzaghi															-	
David	Torgersen						7									-	
John	Townsend															-	
Andrew	Tuffin				8				3							-	
Shamsul	Wahab															-	
John	Walsgrove															-	
Duncan	Ward															-	
Pete	Waterer															-	
Craig	White															-	
Richard	White													1	1	-	
John	Willis															-	
Chris	Wright															-	

SEE NEXT PAGE FOR WOMEN



AGE-ADJUSTED CLUB CHAMPIONSHIP 2026 - WOMEN

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Samantha	Van Der Berg																-	
Lisa	Verity																-	
Meri	Wallis								4									
Jane	Ward																-	
Julie	Wareham																-	
Jill	Watson																-	
Victoria	West																-	
Sarah	Wheeler																-	
Rebecca	White																-	
Christine	Willis																-	
Lisa	Yates																-	

SEE PREVIOUS PAGE FOR MEN

